



AUTUMN WINTER 2019/20

MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,
18 Nov, 9 Dec, 13 Jan, 3 Feb



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetarian sausage roll,
gravy & roast potatoes

Soya Gluten



Yorkshire pudding
with chipolatas
& gravy

Milk Egg Gluten Sulphur Dioxide



BBQ Chicken pizza
& potato wedges

Milk Gluten



Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide



MSC Fish fingers
& diced potatoes

Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

MAINS



Beef & vegetable pie
with mashed potatoes

Milk Fish Gluten

OR



Sweet & sticky turkey
noodles

Soya Egg Gluten Sesame

OR



Macaroni vegetable cheese
& garlic bread

Mustard Soya Milk Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide

OR



Tomato & basil pasta
with garlic slice

Soya Milk Gluten

DESSERT



Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten

DESSERT



Chocolate rice pudding

Milk

DESSERT



Bakewell tart
& custard

Milk Egg Gluten Sulphur Dioxide

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request



AUTUMN WINTER 2019/20

MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,
16 Dec, 20 Jan, 10 Feb



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers
& savoury rice

Milk Egg Gluten



Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide



Cheese & bacon pinwheel

Allergens Milk Gluten



Roast gammon,
Yorkshire pudding, gravy,
mashed & roast potatoes

Milk Egg Gluten



Fish goujons
& potato wedges

Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Mediterranean tagliatelle
& garlic slice

Soya Milk Gluten

MAINS



Spaghetti bolognese
& garlic slice

Soya Milk Fish Gluten

OR



Roast Quorn, Yorkshire
pudding & gravy with
mashed & roast potatoes

Milk Egg Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Marble sponge
& custard

Milk Egg Gluten

DESSERT



Fruit flapjack

Gluten

OR



Venison hotpot
& roast potatoes

Celery Fish

DESSERT



Fruits of the forest muffin

Egg Gluten

DESSERT



Raspberry ripple
ice cream roll

Soya Milk Egg Gluten

AVAILABLE DAILY: Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served. **Vegetarian meals available upon request**



AUTUMN WINTER 2019/20

MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,
2 Dec, 6 Jan, 27 Jan



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Yorkshire pudding
with chipolatas & gravy

Milk Egg Gluten Sulphur Dioxide



Beef lasagne
& garlic slice

Mustard Soya Milk Fish Gluten



All day breakfast wrap
& diced potatoes

Celery Milk Egg Gluten Sulphur Dioxide



Roast turkey,
stuffing & gravy with
mashed & roast potatoes

Gluten



MSC Breaded fish
& chips

Fish Gluten

MAINS



Vegetable nuggets
with BBQ dip
& baby baked potatoes

Gluten

OR



Venison burger
in a wholemeal bun
& carrot fries

Soya Egg Gluten Sulphur Dioxide

OR



Sweet & sour chicken
& wholegrain rice

Celery

OR



Quorn roast,
stuffing & gravy with
mashed & roast potatoes

Milk Egg Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Pasta Neapolitan
& garlic slice

Soya Milk Gluten Sulphur Dioxide

DESSERT



Butterscotch tart

Milk Gluten

DESSERT



Chocolate ice cream roll
& chocolate sauce

Soya Milk Egg Gluten

DESSERT



Icky sticky pudding
& custard

Milk Egg Gluten

DESSERT



Apple & cinnamon muffin

Egg Gluten

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request