



AUTUMN WINTER 2019/20

MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,
18 Nov, 9 Dec, 13 Jan, 3 Feb



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetarian sausage roll,
gravy & roast potatoes

Soya Gluten



Beef & vegetable pie
with mashed potatoes

Milk Fish Gluten



BBQ Chicken pizza
& potato wedges

Milk Gluten



Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide



MSC Fish fingers
& diced potatoes

Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Tomato & basil pasta
with garlic slice

Soya Milk Gluten

OR



Sweet & sticky turkey
noodles

Soya Egg Gluten Sesame

OR



Quorn sausage, gravy
& mashed potatoes

Milk Egg Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide

DESSERT



Fruit in jelly
& shortbread biscuit

Gluten

DESSERT



Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten

DESSERT



Pancake with frozen yoghurt
& hot cherries

Milk Egg Gluten

DESSERT



Oatmeal & yoghurt muffin

Milk Egg Gluten

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request



AUTUMN WINTER 2019/20

MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,
16 Dec, 20 Jan, 10 Feb



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers & savoury rice

Milk Egg Gluten



Nottinghamshire sausage, Yorkshire pudding, gravy & mashed potatoes

Milk Egg Gluten Sulphur Dioxide



Beef cottage pie, roast potatoes & gravy

Fish Gluten



Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Milk Egg Gluten



Fish goujons & potato wedges

Fish Gluten

OR



Jacket potatoes with cheese, beans or tuna & mixed salad

Milk Egg Fish

OR



Porkies in gravy, Yorkshire pudding & mashed potatoes

Soya Milk Egg Gluten

OR



Spaghetti bolognese & garlic slice

Soya Milk Fish Gluten

OR



Roast Quorn, Yorkshire pudding & gravy with mashed & roast potatoes

Milk Egg Gluten

OR



Jacket potatoes with cheese, beans or tuna & mixed salad

Milk Egg Fish

DESSERT



Marble sponge & custard

Milk Egg Gluten

DESSERT



Fruit flapjack

Gluten

DESSERT



Spiced apple cake & custard

Milk Egg Gluten

DESSERT



Butterscotch mousse & shortbread finger

Milk Gluten

DESSERT



Pear & chocolate sponge & chocolate sauce

Milk Egg Gluten

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request



AUTUMN WINTER 2019/20

MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,
2 Dec, 6 Jan, 27 Jan



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Pasta Neapolitan
& garlic slice

Soya Milk Gluten Sulphur Dioxide



Beef lasagne
& garlic slice

Mustard Soya Milk Fish Gluten



Porkies in gravy,
Yorkshire pudding
& mashed potatoes

Soya Milk Egg Gluten



Turkey & vegetable pie
roast potatoes & gravy

Milk Fish Gluten



MSC Breaded fish
& chips

Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Venison burger
in a wholemeal bun
& carrot fries

Soya Egg Gluten Sulphur Dioxide

OR



Sweet & sour chicken
& wholegrain rice

Celery

OR



Quorn roast,
stuffing & gravy with
mashed & roast potatoes

Milk Egg Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Carrot & pineapple traybake
& cream

Milk Egg Gluten

DESSERT



Butterscotch tart

Milk Gluten

DESSERT



Chocolate ice cream roll
& chocolate sauce

Soya Milk Egg Gluten

DESSERT



Icky sticky pudding
& custard

Milk Egg Gluten

DESSERT



Apple & cinnamon muffin

Egg Gluten

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request