



AUTUMN WINTER 2019/20

MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,
18 Nov, 9 Dec, 13 Jan, 3 Feb



St Andrew's C of E
Primary & Nursery School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetarian sausage roll,
gravy & roast potatoes

Soya Gluten

Lentil bolognese
& garlic slice

Soya Celery Milk Gluten

OR



Cheese & tomato panini
& salad,

Milk Gluten

DESSERT



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide

Fruit salad



Savoury beef with
roast potatoes
& Yorkshire pudding

Celery Milk Egg Fish Gluten

Savoury quorn with roast
potatoes & Yorkshire pudding

Celery Milk Egg Gluten

OR



Filled roll with
ham & mixed salad

Soya Gluten

DESSERT



Fruit in jelly
& shortbread biscuit

Gluten

Fruit salad



BBQ Chicken pizza
& potato wedges

Milk Gluten

Margherita pizza
& jacket wedges

Milk Gluten

OR



Jacket potato with
cheese & mixed salad

Milk

DESSERT



Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten

Fruit salad



Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide

Quorn sausage, gravy
& mashed potatoes

Milk Egg Gluten

OR



Macaroni vegetable cheese
& garlic bread

Mustard Soya Milk Gluten

DESSERT



Cheese, crackers
& apple wedge

Milk Gluten

Fruit salad



MSC Fish fingers
& potato noisette

Fish Gluten Milk

Fishless finger
& potato noisette

Gluten Milk

OR



Jacket potato with
tuna & mixed salad

Egg Fish

DESSERT



Oatmeal & yoghurt muffin

Milk Egg Gluten

Fruit salad

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request



AUTUMN WINTER 2019/20

MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,
16 Dec, 20 Jan, 10 Feb



St Andrew's C of E
Primary & Nursery School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers
& savoury rice

Milk Egg Gluten

Tuna & sweetcorn pasta
& garlic bread

Soya Milk Fish Gluten

OR



Ham & cheese panini
& salad

Milk Gluten



Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide

Quorn sausage, gravy &
mashed potatoes

Milk Egg Gluten

OR



Filled roll with
cheese & mixed salad

Soya Milk Gluten



Spaghetti bolognese
& garlic slice

Soya Milk Fish Gluten

Quorn spaghetti bolognese
& garlic slice

Soya Milk Egg Gluten

OR



Jacket potato with
beans & mixed salad



Roast gammon,
Yorkshire pudding, gravy
& roast potatoes

Milk Egg Gluten

Roast Quorn,
Yorkshire pudding & gravy
& roast potatoes

Milk Egg Gluten

OR



Cheesy tomato pasta
& garlic slice

Soya Milk Gluten



Fish goujons
& potato wedges

Fish Gluten

Salmon & sweet potato
fishcake & jacket wedges

Mustard Soya Milk Egg Fish Gluten

OR



Jacket potato with
tuna & mixed salad

Fish Egg

DESSERT



Marble sponge
& custard

Milk Egg Gluten

Cheese, crackers
& apple wedge

Milk Gluten

DESSERT



Fruit flapjack

Gluten

Fruit salad

DESSERT



Fruit cookie

Gluten

Fruit salad

DESSERT



Fruits of the forest muffin

Egg Gluten

Fruit salad

DESSERT



Raspberry ripple
ice cream roll

Soya Milk Egg Gluten

Fruit salad

AVAILABLE DAILY: Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served. **Vegetarian meals available upon request**



AUTUMN WINTER 2019/20

MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,
2 Dec, 6 Jan, 27 Jan



St Andrew's C of E
Primary & Nursery School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetable nuggets
with BBQ dip &
baby baked potatoes
Gluten

Pasta Neapolitan
& garlic slice
Soya Milk Gluten Sulphur Dioxide

OR



Tuna & cheese panini
& salad
Milk Fish Gluten

DESSERT



Carrot & pineapple traybake
& cream
Milk Egg Gluten

Fruit salad



Venison burger
in a wholemeal bun
& carrot fries
Soya Egg Gluten Sulphur Dioxide

Quorn burger in a bun
& carrot fries
Soya Milk Egg Gluten

OR



Tomato & basil pasta
& garlic slice
Soya Milk Gluten

DESSERT



Butterscotch tart
Milk Gluten

Fruit salad



Porkies in gravy,
Yorkshire pudding
& mashed potatoes
Soya Milk Egg Gluten

Vegeballs in gravy, Yorkshire
pudding & mashed potatoes
Soya Milk Egg Gluten

OR



Jacket potato with
cheese, beans
& mixed salad
Milk

DESSERT



Chocolate ice cream roll
& chocolate sauce
Soya Milk Egg Gluten

Fruit salad



Roast turkey,
stuffing & gravy
with roast potatoes
Gluten

Quorn roast, stuffing & gravy
with roast potatoes
Milk Egg Gluten

OR



Filled roll with
turkey & mixed salad
Soya Gluten

DESSERT



Honey & oatmeal cookie
Gluten

Fruit salad



MSC Breaded fish
& chips
Fish Gluten

Fishless finger
& chips
Gluten

OR



Jacket potato with
tuna & mixed salad
Egg Fish

DESSERT



Apple & cinnamon muffin
Egg Gluten

Fruit salad

AVAILABLE DAILY: Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily Coleslaw **Egg** when served. **Vegetarian meals available upon request**