



AUTUMN WINTER 2019/20

## MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,  
18 Nov, 9 Dec, 13 Jan, 3 Feb



Richard Bonington  
Primary and Nursery School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetarian sausage roll,  
gravy & roast potatoes

Soya Gluten



Savoury beef with  
mashed potatoes  
& Yorkshire pudding

Celery Milk Egg Fish Gluten



Yorkshire pudding  
with chipolatas & gravy

Milk Egg Gluten Sulphur Dioxide

Yorkshire pudding with  
vegetarian sausage & gravy

Milk Egg Gluten



Roast pork, stuffing, gravy,  
mashed potatoes  
& Yorkshire pudding

Milk Egg Gluten



MSC Fish fingers  
& diced potatoes

Fish Gluten

OR



Lentil bolognese  
& garlic slice

Soya Celery Milk Gluten

OR



Savoury quorn with  
mashed potatoes  
& Yorkshire pudding

Celery Milk Egg Gluten

MAINS



BBQ Chicken pizza  
& potato wedges

Milk Gluten

OR



Quorn roast,  
stuffing, gravy,  
mashed & roast potatoes

Milk Egg Gluten

OR



Vegetable & cheese bake  
& diced potatoes

Mustard Milk Gluten

DESSERT



Cornflake tart  
& custard

Milk Gluten Sulphur Dioxide

DESSERT



Coconut sponge  
& custard

Milk Egg Gluten Sulphur Dioxide

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

DESSERT



Pancake with frozen yoghurt  
& hot cherries

Milk Egg Gluten

DESSERT



Bakewell tart  
& custard

Milk Egg Gluten Sulphur Dioxide

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request





AUTUMN WINTER 2019/20

## MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,  
16 Dec, 20 Jan, 10 Feb



Richard Bonington  
Primary and Nursery School



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Quorn dippers  
& savoury rice

Milk Egg Gluten



Nottinghamshire sausage,  
Yorkshire pudding, gravy  
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide



Spaghetti bolognese  
& garlic slice

Soya Milk Fish Gluten



Roast gammon,  
Yorkshire pudding, gravy,  
mashed & roast potatoes

Milk Egg Gluten



Fish goujons  
& potato wedges

Fish Gluten

OR



Tuna & sweetcorn pasta  
& garlic bread

Soya Milk Fish Gluten

OR



Quorn sausage, gravy  
& mashed potatoes

Milk Egg Gluten

OR



Quorn spaghetti bolognese  
& garlic slice

Soya Milk Egg Gluten

OR



Roast Quorn, Yorkshire  
pudding & gravy with  
mashed & roast potatoes

Milk Egg Gluten

OR



Fishless finger  
& jacket wedges

Gluten

DESSERT



Marble sponge  
& custard

Milk Egg Gluten

DESSERT



Fruit flapjack

Gluten

DESSERT



Cheese, crackers  
& apple wedge

Milk Gluten

DESSERT



Fruits of the forest muffin

Egg Gluten

DESSERT



Raspberry ripple  
ice cream roll

Soya Milk Egg Gluten

**AVAILABLE DAILY:** Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served. **Vegetarian meals available upon request**



AUTUMN WINTER 2019/20

## MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,  
2 Dec, 6 Jan, 27 Jan



Richard Bonington  
Primary and Nursery School



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Vegetable nuggets  
with BBQ dip  
& baby baked potatoes  
**Gluten**



Beef lasagne  
& garlic slice  
**Mustard Soya Milk Fish Gluten**



Tomato & mozzarella  
bruschetta & salad  
**Milk Gluten Sesame**



Roast turkey,  
stuffing & gravy with  
mashed & roast potatoes  
**Gluten**



MSC Breaded fish  
& chips  
**Fish Gluten**

#### OR



Pasta Neopolitan  
& garlic slice  
**Soya Milk Gluten Sulphur Dioxide**

#### OR



Quorn lasagne  
& garlic slice  
**Mustard Milk Egg Gluten**

#### MAINS



All day breakfast wrap  
& diced potatoes  
**Celery Milk Egg Gluten Sulphur Dioxide**

#### OR



Quorn roast,  
stuffing & gravy with  
mashed & roast potatoes  
**Milk Egg Gluten**

#### OR



Fishless finger  
& chips  
**Gluten**

#### DESSERT



Fruit yoghurt  
& apple wedge  
**Milk**

#### DESSERT



Butterscotch tart  
**Milk Gluten**

#### OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad  
**Milk Egg Fish**

#### DESSERT



Honey & oatmeal cookie  
with milkshake  
**Milk Gluten**

#### DESSERT



Fruit topped yoghurt  
& jelly layer  
**Milk**

**AVAILABLE DAILY:** Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served. **Vegetarian meals available upon request**