

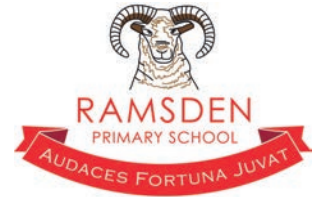


AUTUMN WINTER 2019/20

MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,
18 Nov, 9 Dec, 13 Jan, 3 Feb



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetable cobbler,
roast potatoes
& gravy
Celery Milk Gluten



Beef & vegetable pie
with mashed potatoes
Milk Fish Gluten



Chicken casserole,
mashed potatoes
& Yorkshire pudding
Milk Egg Gluten Sulphur Dioxide Celery



Roast pork, stuffing, gravy,
mashed potatoes
& Yorkshire pudding
Milk Egg Gluten



Fish fingers
& diced potatoes
Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad
Milk Egg Fish

MAINS



Filled roll with cheese,
ham, egg or tuna
& mixed salad
Soya Milk Egg Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad
Milk Egg Fish

MAINS



Filled roll with cheese,
ham, egg or tuna
& mixed salad
Soya Milk Egg Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad
Milk Egg Fish

DESSERT



Apple & plum crumble
& custard
Milk Gluten

OR



Coconut sponge
& custard
Milk Egg Gluten Sulphur dioxide

DESSERT



Magic chocolate pudding
& chocolate sauce
Milk Egg Gluten

OR



Cornflake tart
& custard
Milk Gluten Sulphur dioxide

DESSERT



Bakewell tart
& custard
Milk Egg Gluten Sulphur Dioxide

AVAILABLE DAILY: Best of both bread *Gluten and Soya* Seasonal vegetables available daily Coleslaw *Egg* when served. **Vegetarian meals available upon request**

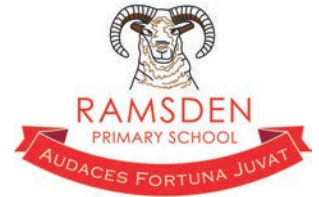


AUTUMN WINTER 2019/20

MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,
16 Dec, 20 Jan, 10 Feb



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Tuna & sweetcorn pasta
& garlic bread

Soya Milk Fish Gluten



Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide



Beef cottage pie,
roast potatoes
& gravy

Fish Gluten



Roast beef,
Yorkshire pudding, gravy,
mashed & roast potatoes

Milk Egg Gluten



Salmon & sweet potato
fishcake
& jacket wedges

Mustard Soya Milk Egg Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

MAINS



Filled roll with cheese,
ham, egg or tuna
& mixed salad

Soya Milk Egg Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

MAINS



Cheesy tomato pasta
& garlic slice

Soya Milk Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Marble sponge
& custard

Milk Egg Gluten

OR



Crispy jam tart
& custard

Milk Gluten Sulphur dioxide

DESSERT



Spiced apple cake
& custard

Milk Egg Gluten

OR



Fruit forest muffin

Egg Gluten

DESSERT



Pear & chocolate sponge
& chocolate sauce

Milk Egg Gluten

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request

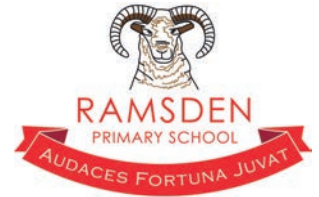


AUTUMN WINTER 2019/20

MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,
2 Dec, 6 Jan, 27 Jan



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Pasta Neapolitan
& garlic slice

Soya Milk Gluten Sulphur Dioxide



Farmhouse pie
mashed potatoes
& gravy

Fish Gluten



Porkies in gravy,
Yorkshire pudding
& mashed potatoes

Soya Milk Egg Gluten



Roast turkey,
stuffing & gravy with
mashed & roast potatoes

Gluten



Roast gammon
& pineapple
with chips

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

MAINS



Filled roll with cheese,
ham, egg or tuna
& mixed salad

Soya Milk Egg Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Filled roll with cheese,
ham, egg or tuna
& mixed salad

Soya Milk Egg Fish Gluten

MAINS



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Carrot & pineapple traybake
& cream

Milk Egg Gluten

OR



Butterscotch tart

Gluten Milk

DESSERT



Cherry pie
& custard

Milk Gluten

DESSERT



Icky sticky pudding
& custard

Milk Egg Gluten

OR



Apple & cinnamon muffin

Egg Gluten

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request