



AUTUMN WINTER 2019/20

MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,
18 Nov, 9 Dec, 13 Jan, 3 Feb



Pinewood
Infant School &
Foundation Unit



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetarian sausage roll,
gravy & roast potatoes

Soya Gluten



Tomato & basil pasta
with garlic slice

Soya Milk Gluten



BBQ Chicken pizza
& potato wedges

Milk Gluten



Roast pork, stuffing, gravy,
mashed potatoes
& Yorkshire pudding

Milk Egg Gluten



MSC Fish fingers
& diced potatoes

Fish Gluten

OR



OR



OR



Margherita pizza
& jacket wedges

Milk Gluten

OR



Quorn roast,
stuffing, gravy,
mashed & roast potatoes

Milk Egg Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Apple & plum crumble
& custard

Milk Gluten

DESSERT



Fruit in jelly
& shortbread biscuit

Gluten

DESSERT



Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten

DESSERT



Fruit salad

DESSERT



Bakewell tart
& custard

Milk Egg Gluten Sulphur Dioxide

OR

Cheese, biscuits
& apple wedge

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

OR

Cheese, biscuits
& apple wedge

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

OR

Cheese, biscuits
& apple wedge

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

OR

Cheese, biscuits
& apple wedge

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

OR

Cheese, biscuits
& apple wedge

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request



AUTUMN WINTER 2019/20

MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,
16 Dec, 20 Jan, 10 Feb



Pinewood Infant School & Foundation Unit



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers
& savoury rice

Milk Egg Gluten



Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide



Spaghetti bolognese
& garlic slice

Soya Milk Fish Gluten



Roast gammon,
Yorkshire pudding, gravy,
mashed & roast potatoes

Milk Egg Gluten



Fish goujons
& potato wedges

Fish Gluten

OR



OR



Quorn sausage, gravy
& mashed potatoes

Milk Egg Gluten

OR



Quorn spaghetti bolognese
& garlic slice

Soya Milk Egg Gluten

OR



Roast Quorn, Yorkshire
pudding & gravy with
mashed & roast potatoes

Milk Egg Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Rice pudding
& jam

Milk Sulphur Dioxide

DESSERT



Fruit flapjack

Gluten

DESSERT



Fruit yoghurt
& apple wedge

Milk

DESSERT



Butterscotch mousse
& shortbread finger

Milk Gluten

DESSERT



Raspberry ripple
ice cream roll

Soya Milk Egg Gluten

OR

Cheese, biscuits
& apple wedge

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

OR

Cheese, biscuits
& apple wedge

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

OR

Cheese, biscuits
& apple wedge

Milk Gluten

OR

Cheese, biscuits
& apple wedge

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

OR

Cheese, biscuits
& apple wedge

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

AVAILABLE DAILY: Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served. **Vegetarian meals available upon request**



AUTUMN WINTER 2019/20

MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,
2 Dec, 6 Jan, 27 Jan



Pinewood Infant School & Foundation Unit

MONDAY



Pasta Neapolitan
& garlic slice

Soya Milk Gluten Sulphur Dioxide

OR



TUESDAY



Beef lasagne
& garlic slice

Mustard Soya Milk Fish Gluten

OR



Quorn lasagne
& garlic slice

Mustard Milk Egg Gluten

WEDNESDAY



All day breakfast wrap
& diced potatoes

Celery Milk Egg Gluten Sulphur Dioxide

OR



Vegetarian all day breakfast
wrap & diced potatoes

Celery Milk Egg Gluten

THURSDAY



Roast turkey,
stuffing & gravy with
mashed & roast potatoes

Gluten

OR



Quorn roast,
stuffing & gravy with
mashed & roast potatoes

Milk Egg Gluten

FRIDAY



MSC Breaded fish
& chips

Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish



Fruit salad

DESSERT



Butterscotch tart

DESSERT

Milk Gluten



Chocolate ice cream roll
& chocolate sauce

DESSERT

Soya Milk Egg Gluten



Honey & oatmeal cookie
with milkshake

DESSERT

Milk Gluten



Fruit topped yoghurt
& jelly layer

DESSERT

Milk

OR

Cheese, biscuits
& apple wedge

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

OR

Cheese, biscuits
& apple wedge

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

OR

Cheese, biscuits
& apple wedge

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

OR

Cheese, biscuits
& apple wedge

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

OR

Cheese, biscuits
& apple wedge

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request