



AUTUMN WINTER 2019/20

## MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,  
18 Nov, 9 Dec, 13 Jan, 3 Feb



North Wheatley  
C of E Primary  
School



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish



Beef & vegetable pie  
with mashed potatoes

Milk Fish Gluten



BBQ Chicken pizza  
& potato wedges

Milk Gluten



Nottinghamshire sausage,  
Yorkshire pudding, gravy  
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide



MSC Fish fingers  
& diced potatoes

Fish Gluten

OR



OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

OR



### DESSERT



Cornflake tart  
& custard

Milk Gluten Sulphur Dioxide

### DESSERT



Fruit yoghurt  
& apple wedge

Milk

### DESSERT



Magic chocolate pudding  
& chocolate sauce

Milk Egg Gluten

### DESSERT



Cheese, crackers  
& apple wedge

Milk Gluten

### DESSERT



Oatmeal & yoghurt muffin

Milk Egg Gluten

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request



AUTUMN WINTER 2019/20

## MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,  
16 Dec, 20 Jan, 10 Feb



North Wheatley  
C of E Primary  
School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish



Nottinghamshire sausage,  
Yorkshire pudding, gravy  
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide



Spaghetti bolognese  
& garlic slice

Soya Milk Fish Gluten



Roast gammon,  
Yorkshire pudding, gravy,  
mashed & roast potatoes

Milk Egg Gluten



Fish goujons  
& potato wedges

Fish Gluten

OR



OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

OR



Jacket potatoes with cheese,  
beans or tuna & mixed salad

Milk Egg Fish

OR



Jacket potatoes with cheese,  
beans or tuna & mixed salad

Milk Egg Fish

OR



DESSERT



Marble sponge & custard

Milk Egg Gluten

DESSERT



Fruit flapjack

Gluten

DESSERT



Cheese, crackers & apple  
wedge

Milk Gluten

DESSERT



Fruits of the forest muffin

Egg Gluten

DESSERT



Raspberry ripple ice cream  
roll

Soya Milk Egg Gluten

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request



AUTUMN WINTER 2019/20

## MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,  
2 Dec, 6 Jan, 27 Jan



North Wheatley  
C of E Primary  
School



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish



Venison burger  
in a wholemeal bun  
& carrot fries

Soya Egg Gluten Sulphur Dioxide



All day breakfast wrap  
& diced potatoes

Celery Milk Egg Gluten Sulphur Dioxide



Roast turkey,  
stuffing & gravy with  
mashed & roast potatoes

Gluten



MSC Breaded fish  
& chips

Fish Gluten

OR



OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

OR



### DESSERT



Carrot & pineapple traybake  
& cream

Milk Egg Gluten

### DESSERT



Butterscotch tart

Milk Gluten

### DESSERT



Chocolate ice cream roll  
& chocolate sauce

Soya Milk Egg Gluten

### DESSERT



Honey & oatmeal cookie  
with milkshake

Milk Gluten

### DESSERT



Fruit topped yoghurt  
& jelly layer

Milk

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request