



AUTUMN WINTER 2019/20

## MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,  
18 Nov, 9 Dec, 13 Jan, 3 Feb



Netherfield  
Primary School

### FIRST COURSE

### SECOND COURSE

MONDAY

Vegetarian sausage roll, gravy  
& roast potatoes

Soya Gluten



Apple & plum crumble  
& custard

Milk Gluten



TUESDAY

Beef & vegetable pie  
with mashed potatoes

Milk Fish Gluten

**TODAY'S VEGETARIAN OPTION**

Quorn & vegetable pie, gravy  
& roast potatoes

Egg Gluten



Fruit salad



WEDNESDAY

Sweet & sticky turkey noodles

Soya Egg Gluten Sesame

**TODAY'S VEGETARIAN OPTION**

Sweet & sticky quorn noodles

Soya Egg Gluten Sesame



Strawberry mousse  
& fruit

Milk



THURSDAY

Nottinghamshire sausage,  
Yorkshire pudding, gravy  
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide

**TODAY'S VEGETARIAN OPTION**

Quorn sausage, gravy  
& mashed potatoes

Milk Egg Gluten



Chocolate rice pudding

Milk



FRIDAY

MSC Fish fingers  
& diced potatoes

Fish Gluten

**TODAY'S VEGETARIAN OPTION**

Fishless finger  
& jacket wedges

Gluten



Fruit yoghurt  
& apple wedge

Milk



SERVED DAILY

**Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served  
**Vegetarian meals can be made available upon request**



AUTUMN WINTER 2019/20

## MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,  
16 Dec, 20 Jan, 10 Feb



Netherfield  
Primary School

### FIRST COURSE

### SECOND COURSE

MONDAY

Quorn dippers  
& savoury rice

Milk Egg Gluten



Marble sponge  
& custard

Milk Egg Gluten



TUESDAY

BBQ Vegeballs in a pitta  
& jacket wedges

Soya Gluten



Fruit flapjack

Gluten



WEDNESDAY

Spaghetti bolognese  
& garlic slice

Soya Milk Fish Gluten

**TODAY'S VEGETARIAN OPTION**

Quorn spaghetti bolognese  
& garlic slice

Soya Milk Egg Gluten



Fruit cookie  
& hot chocolate

Milk Gluten



THURSDAY

Roast gammon,  
Yorkshire pudding, gravy,  
mashed & roast potatoes

Milk Egg Gluten

**TODAY'S VEGETARIAN OPTION**

Roast Quorn, Yorkshire pudding &  
gravy with mashed & roast potatoes

Milk Egg Gluten



Fruit yoghurt  
& apple wedge

Milk



FRIDAY

Fish goujons  
& potato wedges

Fish Gluten

**TODAY'S VEGETARIAN OPTION**

Fishless finger  
& jacket wedges

Gluten



Raspberry ripple  
ice cream roll

Soya Milk Egg Gluten



SERVED DAILY

**Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served  
**Vegetarian meals can be made available upon request**



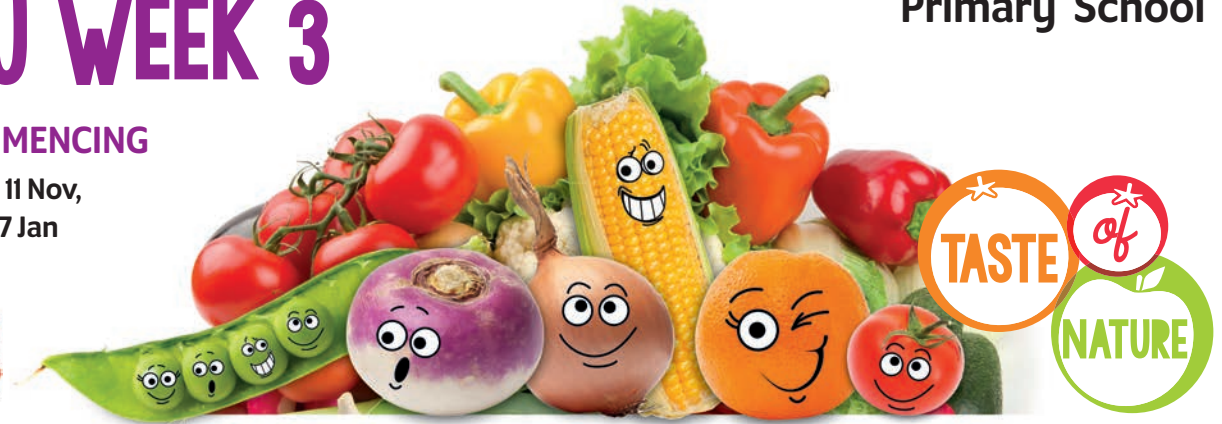


AUTUMN WINTER 2019/20

## MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,  
2 Dec, 6 Jan, 27 Jan



Netherfield  
Primary School

### FIRST COURSE

### SECOND COURSE

MONDAY

Vegetable nuggets  
with BBQ dip &  
baby baked potatoes  
**Gluten**



Cheese, crackers  
& apple wedge

**Milk Gluten**



TUESDAY

Tomato & basil pasta  
with garlic slice

**Soya Milk Gluten**



Butterscotch tart

**Milk Gluten**



WEDNESDAY

Porkies in gravy,  
Yorkshire pudding  
& mashed potatoes

**Soya Milk Egg Gluten**

**TODAY'S VEGETARIAN OPTION**

Vegeballs in gravy, Yorkshire pudding  
& mashed potatoes

**Soya Milk Egg Gluten**



Chocolate ice cream roll  
& chocolate sauce

**Soya Milk Egg Gluten**



THURSDAY

Turkey & vegetable pie  
roast potatoes & gravy

**Milk Fish Gluten**

**TODAY'S VEGETARIAN OPTION**

Quorn & vegetable pie, gravy  
& roast potatoes

**Egg Gluten**



Honey & oatmeal cookie  
with milkshake

**Milk Gluten**



FRIDAY

MSC Breaded fish  
& chips

**Fish Gluten**

**TODAY'S VEGETARIAN OPTION**

Fishless finger  
& chips

**Gluten**



Fruit topped yoghurt  
& jelly layer

**Milk**



SERVED DAILY

**Best of both bread** **Gluten and Soya** **Seasonal vegetables** available daily **Coleslaw** **Egg** when served  
**Vegetarian meals can be made available upon request**