



AUTUMN WINTER 2019/20

## MENU WEEK 1



WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,  
18 Nov, 9 Dec, 13 Jan, 3 Feb



### FIRST COURSE

### SECOND COURSE

MONDAY

Vegetarian sausage roll, gravy  
& roast potatoes

Soya Gluten



Cornflake tart  
& custard

Milk Gluten Sulphur Dioxide



TUESDAY

Savoury beef with  
mashed potatoes  
& Yorkshire pudding

Celery Milk Egg Fish Gluten



Cheese, crackers  
& apple wedge

Milk Gluten



WEDNESDAY

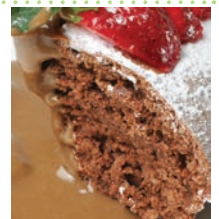
BBQ Chicken pizza  
& potato wedges

Milk Gluten



Magic chocolate pudding  
& chocolate sauce

Milk Egg Gluten



THURSDAY

Nottinghamshire Sausage, gravy,  
Yorkshire pudding  
& mashed potatoes

Milk Egg Gluten Sulphur dioxide



Pancakes with  
frozen yoghurt  
& hot cherries

Milk Egg Gluten



FRIDAY

MSC Fish fingers  
& diced potatoes

Fish Gluten



Fruit yoghurt  
& apple wedge

Milk



SERVED DAILY

**Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served  
**Vegetarian meals can be made available upon request**



AUTUMN WINTER 2019/20

## MENU WEEK 2



WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,  
16 Dec, 20 Jan, 10 Feb



### FIRST COURSE

### SECOND COURSE

MONDAY

Tuna & sweetcorn pasta  
& garlic bread

Soya Milk Fish Gluten



Marble sponge  
& custard

Milk Egg Gluten



TUESDAY

Nottinghamshire sausage,  
Yorkshire pudding, gravy  
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide



Fruit flapjack

Gluten



WEDNESDAY

Spaghetti bolognese  
& garlic slice

Soya Milk Fish Gluten



Fruit cookie  
& hot chocolate

Milk Gluten



THURSDAY

Roast gammon,  
Yorkshire pudding, gravy,  
mashed & roast potatoes

Milk Egg Gluten



Fruits of the forest muffin

Egg Gluten



FRIDAY

Fish goujons  
& potato wedges

Fish Gluten



Raspberry ripple  
ice cream roll

Soya Milk Egg Gluten



SERVED DAILY

**Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served  
**Vegetarian meals can be made available upon request**



AUTUMN WINTER 2019/20

## MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,  
2 Dec, 6 Jan, 27 Jan



### FIRST COURSE

### SECOND COURSE

MONDAY

Yorkshire pudding  
with chipolatas  
& gravy  
*Milk Egg Gluten Sulphur Dioxide*



Vegetable nuggets  
with BBQ dip  
& baby baked potatoes  
*Gluten*



TUESDAY

Venison burger  
in a wholemeal bun  
& carrot fries  
*Soya Egg Gluten Sulphur Dioxide*



Butterscotch tart  
*Milk Gluten*



WEDNESDAY

All day breakfast wrap  
& diced potatoes  
*Celery Milk Egg Gluten Sulphur Dioxide*



Chocolate ice cream roll  
& chocolate sauce  
*Soya Milk Egg Gluten*



THURSDAY

Fish nuggets,  
tomato dip & salad  
*Fish*



Roast turkey,  
stuffing & gravy with  
mashed & roast potatoes  
*Gluten*



FRIDAY

MSC breaded fish  
& chips  
*Fish Gluten*



Fruit topped yoghurt  
& jelly layer  
*Milk*



SERVED DAILY

**Best of both bread** *Gluten and Soya* **Seasonal vegetables** available daily **Coleslaw** *Egg* when served  
**Vegetarian meals can be made available upon request**