



AUTUMN WINTER 2019/20

MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,
18 Nov, 9 Dec, 13 Jan, 3 Feb



FIRST COURSE

SECOND COURSE

MONDAY

Vegetarian sausage roll, gravy
& roast potatoes

Soya Gluten



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide



TUESDAY

Savoury beef
with mashed potatoes
& Yorkshire pudding

Celery Milk Egg Fish Gluten

TODAY'S VEGETARIAN OPTION

Savoury quorn with mashed potatoes
& Yorkshire pudding

Celery Milk Egg Gluten



Coconut sponge
& custard

Milk Egg Gluten Sulphur Dioxide



WEDNESDAY

BBQ Chicken pizza
& potato wedges

Milk Gluten

TODAY'S VEGETARIAN OPTION

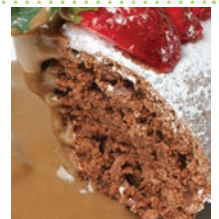
Margherita pizza
& jacket wedges

Milk Gluten



Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten



THURSDAY

Fish nuggets,
tomato dip
& salad

Fish



Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

Quorn sausage, gravy
& mashed potatoes

Milk Egg Gluten



FRIDAY

MSC Fish fingers
& diced potatoes

Fish Gluten

TODAY'S VEGETARIAN OPTION

Fishless finger
& jacket wedges

Gluten



Bakewell tart
& custard

Milk Egg Gluten Sulphur Dioxide



SERVED DAILY

Best of both bread Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served
Vegetarian meals can be made available upon request



AUTUMN WINTER 2019/20

MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,
16 Dec, 20 Jan, 10 Feb



FIRST COURSE

SECOND COURSE

MONDAY

Jacket potatoes with
cheese, beans or tuna
& mixed salad
Milk Egg Fish



Marble sponge
& custard

Milk Egg Gluten



TUESDAY

Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes
Milk Egg Gluten Sulphur Dioxide



Fruit flapjack

Gluten



TODAY'S VEGETARIAN OPTION
Vegetarian sausage,
Yorkshire pudding & mashed potato
Soya Milk Egg Gluten Sulphur Dioxide

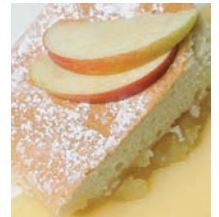
WEDNESDAY

Spaghetti bolognese
& garlic slice



Spiced apple cake
& custard

Milk Egg Gluten



Soya Milk Fish Gluten
TODAY'S VEGETARIAN OPTION
Quorn spaghetti bolognese
& garlic slice
Soya Milk Egg Gluten

THURSDAY

Roast gammon,
Yorkshire pudding, gravy,
mashed & roast potatoes
Milk Egg Gluten



Fruit yoghurt
& apple wedge

Milk



TODAY'S VEGETARIAN OPTION
Roast Quorn, Yorkshire pudding &
gravy with mashed & roast potatoes
Milk Egg Gluten

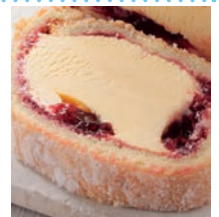
FRIDAY

Fish goujons
& potato wedges



Raspberry ripple
ice cream roll

Soya Milk Egg Gluten



Fish Gluten
TODAY'S VEGETARIAN OPTION
Fishless finger
& jacket wedges
Gluten

SERVED DAILY

Best of both bread *Gluten and Soya* **Seasonal vegetables** available daily **Coleslaw** *Egg* when served
Vegetarian meals can be made available upon request



AUTUMN WINTER 2019/20

MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,
2 Dec, 6 Jan, 27 Jan



FIRST COURSE

SECOND COURSE

MONDAY

Jacket potatoes with cheese, beans or tuna & mixed salad

Milk Egg Fish



Fruit yoghurt & apple wedge

Milk



TUESDAY

Venison burger in a wholemeal bun & carrot fries

Soya Egg Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

Quorn burger in a bun & carrot fries

Soya Milk Egg Gluten



Butterscotch tart

Milk Gluten



WEDNESDAY

All day breakfast wrap & diced potatoes

Celery Milk Egg Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

Vegetarian all day breakfast wrap & diced potatoes

Celery Milk Egg Gluten



Cherry pie & custard

Milk Gluten



THURSDAY

Turkey & vegetable pie roast potatoes & gravy

Milk Fish Gluten

TODAY'S VEGETARIAN OPTION

Quorn & vegetable pie, gravy & roast potatoes

Egg Gluten



Honey & oatmeal cookie with milkshake

Milk Gluten



FRIDAY

MSC Breaded fish & chips

Fish Gluten

TODAY'S VEGETARIAN OPTION

Fishless finger & chips

Gluten



Fruit yoghurt & apple wedge

Milk



SERVED DAILY

Best of both bread Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served
Vegetarian meals can be made available upon request