



AUTUMN WINTER 2019/20

MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,
18 Nov, 9 Dec, 13 Jan, 3 Feb



FIRST COURSE

SECOND COURSE

MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY
SERVED DAILY

Jacket potatoes with
cheese, beans or tuna
& mixed salad
Milk Egg Fish



Fruit yoghurt
& apple wedge
Milk



Filled roll with cheese,
ham, egg or tuna
& mixed salad
Soya Milk Egg Fish Gluten



Coconut sponge
& custard
Milk Egg Gluten Sulphur Dioxide



BBQ Chicken pizza
& potato wedges
Milk Gluten



Magic chocolate pudding
& chocolate sauce
Milk Egg Gluten



Roast pork, stuffing, gravy,
mashed potatoes &
Yorkshire pudding
Milk Egg Gluten
TODAY'S VEGETARIAN OPTION
Quorn roast, stuffing, gravy,
mashed & roast potatoes
Milk Egg Gluten



Fruit yoghurt
& apple wedge
Milk



MSC Fish fingers
& diced potatoes
Fish Gluten



Bakewell tart
& custard
Milk Egg Gluten Sulphur Dioxide



Best of both bread **Gluten and Soya** **Seasonal vegetables** available daily **Coleslaw** **Egg** when served
Vegetarian meals can be made available upon request



AUTUMN WINTER 2019/20

MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,
16 Dec, 20 Jan, 10 Feb




FIRST COURSE

SECOND COURSE

MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY
SERVED DAILY


Panini & salad,
assorted fillings

Milk Fish Gluten




Marble sponge
& custard

Milk Egg Gluten




Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide




Crispy jam tart
& custard

Milk Gluten Sulphur Dioxide




Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish




Cheese, crackers
& apple wedge

Milk Gluten



Fish nuggets,
tomato dip
& salad

Fish




Roast gammon,
Yorkshire pudding, gravy,
mashed & roast potatoes

Milk Egg Gluten




Fish goujons
& potato wedges

Fish Gluten



Raspberry ripple
ice cream roll

Soya Milk Egg Gluten



Best of both bread Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served
Vegetarian meals can be made available upon request



AUTUMN WINTER 2019/20

MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,
2 Dec, 6 Jan, 27 Jan



Killisick Junior School



FIRST COURSE

SECOND COURSE

MONDAY

Jacket potatoes with
cheese, beans or tuna
& mixed salad
Milk Egg Fish



Cheese, crackers
& apple wedge
Milk Gluten



TUESDAY

Venison burger
in a wholemeal bun
& carrot fries
Soya Egg Gluten Sulphur Dioxide



Butterscotch tart
Milk Gluten



WEDNESDAY

All day breakfast wrap
& diced potatoes
Celery Milk Egg Gluten Sulphur Dioxide



Chocolate ice cream roll
& chocolate sauce
Soya Milk Egg Gluten



THURSDAY

Roast turkey,
stuffing & gravy with
mashed & roast potatoes
Gluten



Fruit yoghurt
& apple wedge
Milk



FRIDAY

Tomato & mozzarella bruschetta
& salad
Milk Gluten Sesame



Roast gammon & pineapple
with chips



SERVED DAILY

Best of both bread *Gluten and Soya* **Seasonal vegetables** available daily **Coleslaw** *Egg* when served
Vegetarian meals can be made available upon request