



AUTUMN WINTER 2019/20

MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,
18 Nov, 9 Dec, 13 Jan, 3 Feb



Greasley Beauvale
Primary School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetarian sausage roll,
gravy & roast potatoes

Soya Gluten



Beef & vegetable pie
with mashed potatoes

Milk Fish Gluten



Sweet & sticky turkey
noodles

Soya Egg Gluten Sesame



Roast pork, stuffing, gravy,
mashed potatoes
& Yorkshire pudding

Milk Egg Gluten



MSC Fish fingers
& diced potatoes

Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Tomato & basil pasta
with garlic slice

Soya Milk Gluten

OR



BBQ Chicken pizza
& potato wedges

Milk Gluten

OR



Quorn roast,
stuffing, gravy,
mashed & roast potatoes

Milk Egg Gluten

OR



Vegetable & cheese bake
& diced potatoes

Mustard Milk Gluten

DESSERT



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide

Fruit salad

DESSERT



Fruit in jelly
& shortbread biscuit

Gluten

Fruit salad

DESSERT



Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten

Cheese, crackers
& apple wedge

Milk Gluten

DESSERT



Pancake with frozen yoghurt
& hot cherries

Milk Egg Gluten

Cheese, crackers
& apple wedge

Milk Gluten

DESSERT



Bakewell tart
& custard

Milk Egg Gluten Sulphur Dioxide

Fruit salad

AVAILABLE DAILY: Best of both bread **Gluten** and **Soya** **Seasonal** vegetables available daily **Coleslaw** **Egg** when served. **Vegetarian meals available upon request**



AUTUMN WINTER 2019/20

MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,
16 Dec, 20 Jan, 10 Feb



Greasley Beauvale
Primary School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers
& savoury rice

Milk Egg Gluten



Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide



Spaghetti bolognese
& garlic slice

Soya Milk Fish Gluten



Roast gammon,
Yorkshire pudding, gravy,
mashed & roast potatoes

Milk Egg Gluten



Fish goujons
& potato wedges

Fish Gluten

OR



Tuna & sweetcorn pasta
& garlic bread

Soya Milk Fish Gluten

OR



BBQ Vegeballs in a pitta
& jacket wedges

Soya Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Roast Quorn, Yorkshire
pudding & gravy with
mashed & roast potatoes

Milk Egg Gluten

OR



Quorn sausage twist
& jacket wedges

Milk Egg Gluten

DESSERT



Marble sponge
& custard

Milk Egg Gluten

DESSERT



Fruit flapjack

Gluten

DESSERT



Fruit cookie
& hot chocolate

Milk Gluten

DESSERT



Butterscotch mousse
& shortbread finger

Milk Gluten

DESSERT



Raspberry ripple
ice cream roll

Soya Milk Egg Gluten

Fruit salad

Fruit salad

Fruit salad

Fruits of the forest muffin

Egg Gluten

Fruit salad

AVAILABLE DAILY: Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served. **Vegetarian meals available upon request**



AUTUMN WINTER 2019/20

MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,
2 Dec, 6 Jan, 27 Jan



Greasley Beauvale
Primary School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetable nuggets
with BBQ dip &
baby baked potatoes
Gluten



Farmhouse pie
mashed potatoes
& gravy
Fish Gluten



All day breakfast wrap
& diced potatoes
Celery Milk Egg Gluten Sulphur Dioxide



Roast turkey,
stuffing & gravy with
mashed & roast potatoes
Gluten



MSC Breaded fish
& chips
Fish Gluten

OR



Pasta Neopolitan
& garlic slice
Soya Milk Gluten Sulphur Dioxide

OR



Venison burger
in a wholemeal bun
& carrot fries
Soya Egg Gluten Sulphur Dioxide

OR



Sweet & sour chicken
& wholegrain rice
Celery

OR



Quorn roast,
stuffing & gravy with
mashed & roast potatoes
Milk Egg Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad
Milk Egg Fish

DESSERT



Cheese, crackers
& apple wedge
Milk Gluten

DESSERT



Butterscotch tart
Milk Gluten

DESSERT



Chocolate ice cream roll
& chocolate sauce
Soya Milk Egg Gluten

DESSERT



Honey & oatmeal cookie
with milkshake
Milk Gluten

DESSERT



Apple & cinnamon muffin
Egg Gluten

Fruit yoghurt
& apple wedge
Milk

Fruit salad

Fruit yoghurt
& apple wedge
Milk

Fruit salad

Fruit salad

AVAILABLE DAILY: Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served. **Vegetarian meals available upon request**