



AUTUMN WINTER 2019/20

MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,
18 Nov, 9 Dec, 13 Jan, 3 Feb



Croft Primary
School



MONDAY



Vegetarian sausage roll,
gravy & roast potatoes

Soya Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide

TUESDAY



Savoury beef with
mashed potatoes &
Yorkshire pudding

Celery Milk Egg Fish Gluten

Savoury quorn with mashed
potatoes & Yorkshire
pudding

Celery Milk Egg Gluten

OR



Tomato & basil pasta
with garlic slice

Soya Milk Gluten

DESSERT



Cheese, crackers
& apple wedge

Milk Gluten

WEDNESDAY



BBQ Chicken pizza
& potato wedges

Milk Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten

THURSDAY



Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide

Quorn sausage, gravy
& mashed potatoes

Milk Egg Gluten

OR



Roast pork, stuffing, gravy,
mashed potatoes
& Yorkshire pudding

Milk Egg Gluten

DESSERT



Fruit yoghurt
& apple wedge

Milk

FRIDAY



MSC Fish fingers
& diced potatoes

Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Oatmeal & yoghurt muffin

Milk Egg Gluten

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request



AUTUMN WINTER 2019/20

MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,
16 Dec, 20 Jan, 10 Feb



Croft Primary
School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers
& savoury rice

Milk Egg Gluten



Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide

Quorn sausage, gravy
& mashed potatoes

Milk Egg Gluten



Spaghetti bolognese
& garlic slice

Soya Milk Fish Gluten

Quorn spaghetti bolognese
& garlic slice

Soya Milk Egg Gluten



Roast gammon,
Yorkshire pudding, gravy,
mashed & roast potatoes

Milk Egg Gluten

Roast Quorn, Yorkshire
pudding & gravy with mashed
& roast potatoes

Milk Egg Gluten



Fish goujons
& potato wedges

Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Mediterranean tagliatelle
& garlic slice

Soya Milk Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Cheesy tomato pasta
& garlic slice

Soya Milk Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Marble sponge
& custard

Milk Egg Gluten

DESSERT



Fruit flapjack

Gluten

DESSERT



Fruit cookie
& hot chocolate

Milk Gluten

DESSERT



Fruit yoghurt
& apple wedge

Milk

DESSERT



Raspberry ripple
ice cream roll

Soya Milk Egg Gluten

AVAILABLE DAILY: Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served. **Vegetarian meals available upon request**



AUTUMN WINTER 2019/20

MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,
2 Dec, 6 Jan, 27 Jan



Croft Primary
School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetable nuggets
with BBQ dip &
baby baked potatoes
Gluten



Venison burger
in a wholemeal bun
& carrot fries
Soya Egg Gluten Sulphur Dioxide
Quorn burger in a bun
& carrot fries
Soya Milk Egg Gluten



Porkies in gravy,
Yorkshire pudding
& mashed potatoes
Soya Milk Egg Gluten
Vegeballs in gravy, Yorkshire
pudding & mashed potatoes
Soya Milk Egg Gluten



Roast turkey,
stuffing & gravy with
mashed & roast potatoes
Gluten
Quorn roast, stuffing &
gravy with mashed & roast
potatoes **Milk Egg Gluten**



MSC Breaded fish
& chips
Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad
Milk Egg Fish

OR



Tomato & basil pasta
with garlic slice
Soya Milk Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad
Milk Egg Fish

OR



Cheesey leek pasta
& garlic slice
Mustard Soya Milk Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad
Milk Egg Fish

DESSERT



Fruit salad
& vanilla sauce
Milk

DESSERT



Butterscotch tart
Milk Gluten

DESSERT



Chocolate ice cream roll
& chocolate sauce
Soya Milk Egg Gluten

DESSERT



Honey & oatmeal cookie
with milkshake
Milk Gluten

DESSERT



Apple & cinnamon muffin
Egg Gluten

AVAILABLE DAILY: Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily Coleslaw **Egg** when served. **Vegetarian meals available upon request**