



AUTUMN WINTER 2019/20

MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,
18 Nov, 9 Dec, 13 Jan, 3 Feb



FIRST COURSE

SECOND COURSE

MONDAY

Jacket potatoes with
cheese, beans or tuna
& mixed salad
Milk Egg Fish



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide



TUESDAY

Beef Tacos
& potato wedges

Fish



Fruit in jelly
& shortbread biscuit

Gluten



WEDNESDAY

BBQ Chicken pizza
& potato wedges

Milk Gluten



Strawberry mousse
& fruit

Milk



THURSDAY

Melon
& ham salad



Roast pork, stuffing, gravy,
mashed potatoes
& Yorkshire pudding
Milk Egg Gluten



FRIDAY

MSC Fish fingers
& diced potatoes

Fish Gluten



Bakewell tart
& custard

Milk Egg Gluten Sulphur Dioxide



SERVED DAILY

Best of both bread **Gluten and Soya** **Seasonal vegetables** available daily **Coleslaw** **Egg** when served
Vegetarian meals can be made available upon request



AUTUMN WINTER 2019/20

MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,
16 Dec, 20 Jan, 10 Feb



FIRST COURSE

SECOND COURSE

MONDAY

Yorkshire pudding
with chipolatas & gravy

Milk Egg Gluten Sulphur Dioxide



Panini & salad,
assorted fillings

Milk Fish Gluten



TUESDAY

Mediterranean tagliatelle
& garlic slice

Soya Milk Gluten



Fruit flapjack

Gluten



WEDNESDAY

Beef cottage pie,
roast potatoes & gravy

Fish Gluten



Fruit cookie
& hot chocolate

Milk Gluten



THURSDAY

Chicken enchiladas
& savoury rice

Milk Gluten



Fruits of the forest muffin

Egg Gluten



FRIDAY

Fish goujons
& potato wedges

Fish Gluten



Raspberry ripple
ice cream roll

Soya Milk Egg Gluten



SERVED DAILY

Best of both bread Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served
Vegetarian meals can be made available upon request



AUTUMN WINTER 2019/20

MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,
2 Dec, 6 Jan, 27 Jan



FIRST COURSE

SECOND COURSE

MONDAY

Cheese & bacon pinwheel
& salad

Milk Gluten



Vegetable nuggets
with BBQ dip &
baby baked potatoes

Gluten



TUESDAY

Beef lasagne
& garlic slice

Mustard Soya Milk Fish Gluten



Butterscotch tart

Milk Gluten



WEDNESDAY

Porkies in gravy,
Yorkshire pudding
& mashed potatoes

Soya Milk Egg Gluten



Chocolate ice cream roll
& chocolate sauce

Soya Milk Egg Gluten



THURSDAY

Roast turkey,
stuffing & gravy with
mashed & roast potatoes

Gluten



Icky sticky pudding
& custard

Milk Egg Gluten



FRIDAY

Roast gammon
& pineapple with chips



Apple & cinnamon muffin

Egg Gluten



SERVED DAILY

Best of both bread Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served
Vegetarian meals can be made available upon request