



AUTUMN WINTER 2019/20

## MENU WEEK 1



Toton  
**Bispham Drive**  
Junior School  
*Ad esse optimum*

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,  
18 Nov, 9 Dec, 13 Jan, 3 Feb



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Vegetable cobbler,  
roast potatoes  
& gravy  
*Celery Milk Gluten*



Beef Tacos  
& potato wedges  
*Fish*



Margherita pizza  
& jacket wedges  
*Milk Gluten*



Nottinghamshire sausage,  
Yorkshire pudding, gravy  
& mashed potatoes  
*Milk Egg Gluten Sulphur Dioxide*



MSC Fish fingers  
& diced potatoes  
*Fish Gluten*



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad  
*Milk Egg Fish*



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad  
*Milk Egg Fish*



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad  
*Milk Egg Fish*



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad  
*Milk Egg Fish*



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad  
*Milk Egg Fish*

#### DESSERT



Cheese, crackers  
& apple wedge  
*Milk Gluten*

#### DESSERT



Fruit in jelly  
& shortbread biscuit  
*Gluten*

#### DESSERT



Magic chocolate pudding  
& chocolate sauce  
*Milk Egg Gluten*

#### DESSERT



Pancake with frozen yoghurt  
& hot cherries  
*Milk Egg Gluten*

#### DESSERT



Oatmeal & yoghurt muffin  
*Milk Egg Gluten*

**AVAILABLE DAILY:** Best of both bread *Gluten and Soya* Seasonal vegetables available daily Coleslaw *Egg* when served. **Vegetarian meals available upon request**



AUTUMN WINTER 2019/20

## MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,  
16 Dec, 20 Jan, 10 Feb



Toton  
**Bispham Drive**  
Junior School  
*Ad esse optimum*



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Tuna & sweetcorn pasta  
& garlic bread

Soya Milk Fish Gluten



Mediterranean tagliatelle  
& garlic slice

Soya Milk Gluten



Spaghetti bolognese  
& garlic slice

Soya Milk Fish Gluten

Quorn spaghetti bolognese  
& garlic slice

Soya Milk Egg Gluten



Chicken enchiladas  
& savoury rice

Milk Gluten

Quorn enchiladas  
& savoury rice

Egg Gluten



Fish goujons  
& potato wedges

Fish Gluten

Fishless finger  
& jacket wedges

Gluten

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

### DESSERT



Marble sponge  
& custard

Milk Egg Gluten

### DESSERT



Fruit flapjack

Gluten

### DESSERT



Fruit cookie  
& hot chocolate

Milk Gluten

### DESSERT



Fruits of the forest muffin

Egg Gluten

### DESSERT



Raspberry ripple  
ice cream roll

Soya Milk Egg Gluten

**AVAILABLE DAILY:** Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served. **Vegetarian meals available upon request**



## AUTUMN WINTER 2019/20 MENU WEEK 3

### WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,  
2 Dec, 6 Jan, 27 Jan



Toton  
**Bispham Drive**  
Junior School  
*Ad esse optimum*



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Pasta Neapolitan  
& garlic slice

Soya Milk Gluten Sulphur Dioxide



Venison burger  
in a wholemeal bun  
& carrot fries

Soya Egg Gluten Sulphur Dioxide

Quorn burger in a bun  
& carrot fries

Soya Milk Egg Gluten



All day breakfast wrap  
& diced potatoes

Celery Milk Egg Gluten Sulphur Dioxide

Vegetarian all day breakfast  
wrap & diced potatoes

Celery Milk Egg Gluten



Cheesey leek pasta  
& garlic slice

Mustard Soya Milk Gluten



MSC Breaded fish  
& chips

Fish Gluten

Fishless finger  
& chips

Gluten

OR

OR

OR

OR

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

### DESSERT

### DESSERT

### DESSERT

### DESSERT

### DESSERT



Carrot & pineapple traybake  
& cream

Milk Egg Gluten



Oaty apple crumble  
& custard

Milk Gluten



Chocolate ice cream roll  
& chocolate sauce

Soya Milk Egg Gluten



Honey & oatmeal cookie  
with milkshake

Milk Gluten

Fruit salad



Apple & cinnamon muffin

Egg Gluten

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request