



AUTUMN WINTER 2019/20

MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,
18 Nov, 9 Dec, 13 Jan, 3 Feb



FIRST COURSE

SECOND COURSE

MONDAY

Vegetarian sausage roll, gravy
& roast potatoes

Soya Gluten



Apple & plum crumble
& custard

Milk Gluten



TUESDAY

Beef Tacos
& potato wedges

Fish

TODAY'S VEGETARIAN OPTION

Quorn tacos
& jacket wedges

Egg



Fruit in jelly
& shortbread biscuit

Gluten



WEDNESDAY

BBQ Chicken pizza
& potato wedges

Milk Gluten

TODAY'S VEGETARIAN OPTION

Margherita pizza
& jacket wedges

Milk Gluten



Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten



THURSDAY

Roast pork, stuffing, gravy,
mashed potatoes &
Yorkshire pudding

Milk Egg Gluten

TODAY'S VEGETARIAN OPTION

Quorn roast, stuffing, gravy,
mashed & roast potatoes

Milk Egg Gluten



Cheese, crackers
& apple wedge

Milk Gluten



FRIDAY

MSC Fish fingers
& diced potatoes

Fish Gluten

TODAY'S VEGETARIAN OPTION

Fishless finger
& jacket wedges

Gluten



Oatmeal & yoghurt muffin

Milk Egg Gluten



SERVED DAILY

Best of both bread Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served
Vegetarian meals can be made available upon request



AUTUMN WINTER 2019/20

MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,
16 Dec, 20 Jan, 10 Feb



FIRST COURSE

SECOND COURSE

MONDAY

Tuna & sweetcorn pasta
& garlic bread

Soya Milk Fish Gluten



Marble sponge
& custard

Milk Egg Gluten



TUESDAY

Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

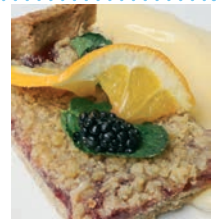
Quorn sausage, gravy
& mashed potatoes

Milk Egg Gluten



Crispy jam tart
& custard

Milk Gluten Sulphur Dioxide



WEDNESDAY

Venison hotpot
& roast potatoes

Celery Fish

TODAY'S VEGETARIAN OPTION

Quorn hotpot
& roast potatoes

Celery Egg



Spiced apple cake
& custard

Milk Egg Gluten



THURSDAY

Roast gammon,
Yorkshire pudding, gravy,
mashed & roast potatoes

Milk Egg Gluten

TODAY'S VEGETARIAN OPTION

Roast Quorn, Yorkshire pudding &
gravy with mashed & roast potatoes

Milk Egg Gluten



Cheese, crackers
& apple wedge

Milk Gluten



FRIDAY

Fish goujons
& potato wedges

Fish Gluten

TODAY'S VEGETARIAN OPTION

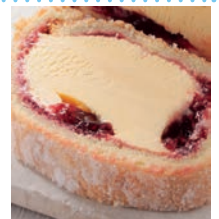
Fishless finger
& jacket wedges

Gluten



Raspberry ripple
ice cream roll

Soya Milk Egg Gluten



SERVED DAILY

Best of both bread Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served
Vegetarian meals can be made available upon request



AUTUMN WINTER 2019/20

MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,
2 Dec, 6 Jan, 27 Jan



FIRST COURSE

SECOND COURSE

MONDAY

Vegetable nuggets
with BBQ dip &
baby baked potatoes
Gluten



Winter fruit salad
& Vanilla sauce.

Milk



TUESDAY

Venison burger
in a wholemeal bun
& carrot fries
Soya Egg Gluten Sulphur Dioxide



Oaty apple crumble
& custard

Milk Gluten



WEDNESDAY

Porkies in gravy,
Yorkshire pudding
& mashed potatoes
Soya Milk Egg Gluten



Cherry pie
& custard

Milk Gluten



THURSDAY

Turkey & vegetable pie
roast potatoes & gravy
Milk Fish Gluten



Cheese, crackers
& apple wedge

Milk Gluten



FRIDAY

MSC Breaded fish
& chips
Fish Gluten



Fruit yoghurt
& apple wedge
Milk



SERVED DAILY

Best of both bread **Gluten and Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served
Vegetarian meals can be made available upon request