



Nottinghamshire

Adult Social Care Directory 2019/20

The essential guide to choosing and
paying for care and support

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01949 480480: Rushcliffe area

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www.homeinstead.co.uk/Nottingham

www.homeinstead.co.uk/eastnottingham

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To obtain extra copies of this Directory, free of charge, call **Nottinghamshire County Council** on: **0300 500 80 80**.

Alternative formats

This Directory is available electronically at www.carechoices.co.uk. The e-book is also Recite Me compatible for those requiring information in the spoken word.



Introduction

Our focus is to help you promote your independence so you can live a more fulfilled, enjoyable life with strong links to your community. This Adult Social Care Directory contains useful information for younger and older adults, carers and families. Here, you can find information about active living, staying connected and money matters, as well as a range of services to support you and help keep you independent.

Where you need support, we will make it as easy as possible to get the right support, at the right time and in the right place. This will mean working closely with local community groups, the voluntary sector, your carers and family to support you.

To help you to remain living in your own home, we will work alongside organisations such as healthcare providers to develop local, community-based support. This will include, wherever possible,

reducing avoidable hospital admissions as well as the reliance on permanent residential care.

The type and level of support you can expect will adapt and differ as your needs change. We will have conversations with you about how your needs may best be met.

This includes providing advice and guidance, signposting you to available resources and assessing your care and support needs. If you fund your own care, we also have information available to help you to make informed decisions about your future.

There are three key stages of support:

1. Helping you to help yourself.
2. Helping you when you need it.
3. Helping you to be independent over the longer-term and keeping your progress under review.

1. Helping you to help yourself (see section 1: pages 6 - 14)

Connecting you with support and information you can access in your local community and helping you to make the best use of your existing networks.

We will make sure that you have access to information and advice to support your wellbeing before you need formal social care services. This is a universal offer to all, whether you pay for your care and support yourself, or are state-funded.

We will focus on your skills, experience and networks of existing support and see how these might help

in the future. Finding out what support is already available can help you to remain independent and stop you entering the social care system earlier than is necessary.

You may find it enough to talk through difficulties you are experiencing and to have assistance to consider support options that might already exist. Or you may need more help and professional advice on how to access support in the community or issues such as how to get about the house safely or to keep yourself active. If more support is needed, we will move to the next step with you.

2. Helping you when you need it (see section 2: pages 15 - 20)

We will work with you in a timely way and support you to make your own decisions about short-term support to help you maintain or restore your independence.

People often approach us for help when they are desperate or in crisis. We will act quickly to help

prevent the situation getting worse. We will help you through the time of crisis and then work with you and your family when things are more stable to consider what, if any, ongoing or long-term needs require support. We know that what most people want is to live independently in their own home.

During times of crisis, we will avoid conversations about long-term services such as care homes following a stay in hospital. Instead, we will ensure that you are informed about the options available to you that might help you regain your independence and live at home.

Equally, we will look at short-term options when you are not in a crisis. If you only need help over the short-term to regain your independence, we will work with you to achieve this. By avoiding making long-term decisions too soon, we can avoid the

risk of inadvertently reducing your independence instead of promoting it.

We will agree some short-term approaches with you that might only involve a few weeks of support until you feel confident and able to go forward with fewer or no formal interventions.

By working with you to help yourself and putting support in place for short periods, we can start to build a more personalised offer for you and help address your specific needs.

3. Helping you to be independent over the longer-term and keeping your progress under review (see section 3: pages 20 - 35)

We will work with you to set achievable goals to promote your independence and wellbeing. We will help you achieve what is important to you by keeping your progress under review.

Even after helping you to help yourself via community resources and trying some short-term options such as rehabilitation, you may still have needs that require a longer-term solution. We will look at what you might need in the longer term, whilst remembering the purpose of any support will be to help you maintain or restore your independence, helping you to live as settled and fulfilled a life as possible.

A support plan is the tool used to set goals to promote independence and wellbeing. By understanding what you want to achieve and setting short-term goals to help you get to where you want to be, the right balance can be achieved between support for as long as is needed and increasing your abilities and independence over time. This means we will have open conversations with you about your support, including reducing this over time if and when you regain or return to independence.

We will also make sure we keep your progress under review so that you are getting the support you need.

If you have the potential to be more independent, we will support you to help make this happen and achieve your personal goals.

We will have conversations with you, your carers and family about your aims for the future and your expectations about ongoing formal social care. This will include how we can work together and share responsibility with them and other providers in meeting your needs.

If you contribute towards the cost of your care, we will ensure you are only paying for what is required. We will also work with you, so you are informed about any benefits you are entitled to.

We will use our professional knowledge and experience to determine when it is the right and safe time to conclude support. We can do this by helping you to set your ambitions for what your life could be like in the future and identify realistic steps to achieve this.



For care and support services in Nottinghamshire:

www.nottshelpyourself.org.uk

0300 500 80 80

Section 1: Helping you to help yourself

The best way to stay independent and well is to take care of yourself by:

- living a healthy lifestyle;
- maintaining a safe home environment;
- understanding and managing your health conditions;

- looking after your mental wellbeing; and
- staying busy and connected with others.

You can use: **www.nottshelpyourself.org.uk** to find a whole range of organisations, opportunities and resources in your local area to help you look after yourself.

Active living

All types of physical activity, including walking, gardening and strength and balance exercise classes can significantly improve mobility, protect against ill-health, enhance mental wellbeing and lower the risk of cognitive decline, as well as keeping you more independent for longer. You should also try to break up long periods of sitting with light activity, since sedentary behaviour is considered an independent risk factor for ill health, no matter how much exercise you do.

Find out more about the benefits of being active at: **www.nhs.uk** and try the NHS Fitness Self-Assessment to discover if you are active enough. If you are over 65, you may be interested in the Department of Health's useful factsheet which includes physical activity guidelines: **www.nhs.uk/Livewell/fitness/Documents/older-adults-65-years.pdf**

If you are not used to exercising, you should start gently and gradually increase the amount you do. There are various activities to help you get and stay active in Nottinghamshire. Find out about activities, clubs and groups at: **www.nottshelpyourself.org.uk**

Other key active ageing initiatives include:

Stop smoking

We all know smoking is bad for you. There are lots of reasons to stop smoking and there's a range of local support that can help you by:

- assessing what's going to help you;
- explaining what's happening to your body as you give up; and

- offering free stop smoking aids, like nicotine replacement therapy or the stop smoking medication, Champix.

You can get this support from **Smokefree Life Nottinghamshire**.

Tel: **0115 772 2515** or **0800 246 5343**

Text: 'QUIT' to **66777**

Email:

info@smokefreelifenottinghamshire.co.uk

Web: **www.smokefreelifenottinghamshire.co.uk**

Health checks

An NHS health check only takes 20 minutes and can help you spot any health risks before they become an issue. They are aimed at people aged 40 to 75 and they assess your risk of developing heart disease, kidney disease, type-2 diabetes, stroke and dementia.

Should any issues be identified, you'll get plenty of advice and support, so you can make changes to the way you live.

To get a health check, contact your GP. For more information, visit: **www.nhs.uk**



Eating well

If you eat too many foods that are high in fat and sugar, and you're not as active as you should be, you're more likely to put on weight. Becoming overweight or obese increases your risk of getting type 2 diabetes, heart disease and some cancers.

Whether you're trying to lose weight or just live a healthier life, eating well has lots of benefits, from improving your health to saving you money.

You can still enjoy the foods you love, by making some small changes and food swaps to help you cut back. Find out more at: **www.nhs.uk**

Staying warm

Cold homes can have a significant impact on your health. Visit: **www.ageuk.org.uk** or: **www.nhs.uk** for help on keeping warm and staying healthy in the cold.

Top tips for keeping warm:

- avoid going out in bad weather – if you must go out, wrap up in plenty of layers;
- try to be active during the day;
- get heating, radiators and boilers serviced;
- use a room thermometer (your living room should be between 18-21°C); and
- have at least one warm meal each day and drink warm drinks.

Falls prevention

If you are an older person, a fall can often result in a multitude of problems, including admission to hospital or residential care, loss of confidence or independence, distress, physical pain and even death.

Falls are not an inevitable part of getting older and experts believe that the majority of falls could be prevented with tweaks to your lifestyle and environment and doing exercises to improve your strength and balance. The 'ENGAGE' programme offers a series of affordable exercise classes for over 55s. Visit: **www.everyonehealth.co.uk/engage-falls-programme**

There is a range of preventative measures that

can reduce the risk and impact of falling. Please consider the 10 Top Tips for Staying Steady below in association with the national 'Get Up & Go' guide.

10 Top Tips for Staying Steady:

- 1. Exercise regularly** – focus on activities that challenge your balance and strengthen your legs and upper body, such as gardening, dancing or tai chi.
- 2. Check your eyes and hearing** – go for regular sight tests and report difficulties you have with hearing in order to identify problems affecting your balance.
- 3. Look after your feet** – wear well-fitted shoes and slippers and report any foot problems to your GP or podiatrist.
- 4. Review your medication** – certain medicines can make you feel faint or affect your balance. Please let your GP or pharmacist know if you ever feel like this.
- 5. Get enough vitamin D intake** – vitamin D is essential for keeping bones strong – the best source is sunshine.
- 6. Eat a diet rich in calcium** – calcium also helps to keep your bones strong. Good sources are dairy foods, fortified soya products and canned fish with bones, for example sardines.
- 7. Check your home for hazards** – make sure your home is hazard-free, well-lit, warm and don't climb up to reach things out of cupboards.
- 8. Contact your GP** – if you've had a fall or are worried about falling, tell your GP. There are many ways to help you feel confident again.
- 9. Remove clutter** – mop up any spillages quickly.
- 10. Get a free home safety check** – contact us on: **0300 500 80 80** to find out more. Our Handy Persons Adaptations Service can provide help with essential minor adaptations and small practical jobs. See page 14 for more information.

For more information on falls, and to download the **Get Up and Go Guide**, visit: **www.nottinghamshire.gov.uk/falls**

Living with dementia

Dementia is the term used to describe a range of brain disorders whose symptoms include a decline of brain function and memory. The most common types of dementia are Alzheimer's disease, vascular dementia and dementia with Lewy bodies (a condition that has symptoms of Alzheimer's and Parkinson's diseases).

Dementia can affect people of any age but is most common in older people, particularly those aged over 65. With the right support, many people with dementia continue to lead active, healthy lives. There are varied services and community groups

across Nottinghamshire supporting people with dementia and their carers. They include memory cafés, arts and music groups, creative therapies and mental health services and support for carers.

To find information about dementia services and support groups near you, visit:

www.nottshelpyourself.org.uk

Alzheimer's Society also has information about services and support groups, visit:

www.alzheimers.org.uk

Mental health and wellbeing

Mental health issues are widespread and common, and people can and do recover. They range from the worries we all experience as part of everyday life to serious long-term conditions.

There is a variety of support available to help you maintain good mental health and wellbeing:

- The NHS website has a range of information and advice on mental health, including tips for good mental health.
- The NHS 'Every Mind Matters' campaign promotes ways for people to take care of their mental health through managing stress and anxiety. The campaign gives expert advice, practical tips and a personalised action:
www.nhs.uk/oneyou/every-mind-matters

There are five steps that we can all take to improve our mental wellbeing:

- connect with those around you;
- be active;
- take notice – try savouring the moment;
- keep learning – try something new; and
- give – volunteer your time, do something for someone else.

We work with our partners to provide a range of support for people with a mental health issue to help them live as independently as possible. We

work together with people experiencing mental health difficulties to find new ways to meet their needs. This is known as co-production – a way of working together to make sure the services available are suitable for the people who need them.

Co-production can help people to make new friends and socialise; join a group or club; share skills and experiences or develop a project in their area. Find out more at: **www.nottinghamshire.gov.uk/care/adult-social-care/mental-health-wellbeing/co-production**

Reading Well books on prescription

The Reading Well books on prescription scheme helps people to understand and manage their health and wellbeing through helpful reading and is available in libraries throughout Nottinghamshire. Books can be recommended or prescribed by GPs or other health professionals and are also available to borrow from the local library without a prescription.

Find out more about the scheme at:

www.inspireculture.org.uk/reading-information/health-and-wellbeing/reading-well or pop in to your local library.

Mental illness

You may experience changes in mood or behaviour at times of stress and emotional upset – this is quite normal. Physical health issues, particularly long-term conditions, may also affect your mental

wellbeing. There are services which provide psychological (talking) therapies which can help you for common conditions such as depression, anxiety, panic, phobias, obsessive compulsive disorder (OCD), trauma and stress.

If you are concerned about your mental health, or that of someone you care for, the first thing to do is speak to your GP. They will help you decide what support is needed.

www.nottshelpyourself.org.uk provides information about useful support and organisations to help you. Other sources of support around mental health include:

Anxiety UK

Supports those living with anxiety and anxiety-based depression by providing information and services. Open Monday to Friday, 9.30am to 5.30pm.

Tel: **0344 477 5774**

Text: **07537 416905**

Email: **support@anxietyuk.org.uk**

Web: **www.anxietyuk.org.uk**

It's Good to Talk – British Association for Counselling & Psychotherapy (BACP)

Helps you learn about the benefits of counselling

and psychotherapy and provides a directory of UK counsellors and therapists.

Web: **www.itsgoodtotalk.org.uk**

Mind

Information on mental health conditions, where to get help, medications and alternative treatments and advocacy. Open Monday to Friday (except bank holidays), 9.00am to 6.00pm.

Tel: **0300 123 3393**

Text: **86463**

Email: **info@mind.org.uk**

Web: **www.mind.org.uk**

Rethink Mental Illness

Provides expert accredited advice and information to people affected by mental illness, including carers and family.

Web: **www.rethink.org**

Samaritans

Support and someone to talk to. Open 24 hours a day, every day.

Tel: **116 123**

Sane

A UK mental health charity improving quality of life for people affected by mental illness.

Web: **www.sane.org.uk**

Staying connected

Feeling lonely doesn't always mean you have no-one nearby. You may be surrounded by friends and family but still feel lonely.

You may be lonely if you:

- have had a bereavement;
- have moved to a different area;
- are missing the social contact you had at work; or
- have health issues that make it difficult to get out.

There are several things you can do to tackle loneliness. You may want to consider joining a local group, taking up a new activity or finding out about befriending services. Find details for your local area at: **www.nottshelpyourself.org.uk**

We also have a service called Connect which can help you combat loneliness. See page 15 for more information. →



→ Veterans Together Network

If you are aged 65 or over and have been in the Armed Forces, you can join our Veterans Together Network. We are helping to set up groups around the county to reduce loneliness and get veterans involved in activities like music, cookery, gardening and trips out. We are also encouraging veterans to share their experiences through photography, art and a war memories archive.

To join the Network, visit: **www.nottinghamshire.gov.uk/supporting-armed-forces** or phone: **0300 500 80 80**.

Coping with bereavement

The death of someone close can be devastating. Everyone experiences grief differently and how you react can depend on your age, personality, circumstances, cultural background and religious beliefs.

There is no right or wrong way to grieve. You may initially feel shocked, numb, guilty, angry and afraid. These feelings may change to feelings of sadness, loneliness – even hopelessness and concern about the future.



**Ex Armed Forces?
Over 65?**

**Get support, meet veterans
and make a difference.**

Join the Veterans
Together Network:
[www.nottinghamshire.gov.uk/
supporting-armed-forces](http://www.nottinghamshire.gov.uk/supporting-armed-forces)
0300 500 80 80

Nottinghamshire
County Council

Many people worry that they will forget the person who has died – what they looked or sounded like and the experiences they shared. There are some things you can do to help keep their memory alive:

- keep a photo album;
- save some of their special possessions; or
- commemorate them, by planting a tree, paying for a park bench, or making a donation to a charity.

One of the most helpful things is to talk about the person who has died and your relationship with them. You may wish to talk to your family, friends,

Struggling to stay independent?

Feeling lonely and isolated?

Get in touch for free information, advice and practical support:

Bassetlaw

NCHA: **0115 844 3541**

Ashfield, Mansfield, Newark & Sherwood

Age UK: **01623 488217**

Broxtowe, Gedling and Rushcliffe

Metropolitan: **0115 939 5406**

Connect

Funded by



**Nottinghamshire
County Council**



a faith/spiritual adviser, your GP or a support organisation.

There are also many organisations for people who need friendship or wish to get out and keep active and busy. Some organisations are specifically for people who have experienced bereavement, but

many are for people who just want to socialise and take part in activities. Find out more at:

www.nottshelpyourself.org.uk

For more information on end of life care and registering a death, see the information on page 32.

Safe at home

Fire safety

There are over 700 fires in homes in Nottinghamshire every year. Having a smoke alarm fitted could save your life.

If you have any concerns about fire safety or need help fitting smoke alarms, contact Nottinghamshire Fire and Rescue Service on: **0115 967 0880** or email: **enquiries@notts-fire.gov.uk**

Handy tips:

- have a smoke alarm fitted and ensure it's tested every week;
- make sure ovens, hobs, heaters etc. are switched off after use;
- keep clothing away from heaters;
- ensure cigarette ends are put out;
- never smoke in bed;
- always keep keys in their usual place;
- check everything's off before going to bed and close all doors; and
- keep escape routes clear of obstacles.

Safe and sound

Burglaries can leave a lasting impact on victims and the possibility of a repeat burglary is sometimes the greatest fear, especially among vulnerable people. Every year, specially trained carpenters who work for the police visit people's homes to fit security door and window locks to the homes of elderly burglary victims. At the same time, people are given tips on how to prevent crime.

Handy tips:

- make sure all your windows and doors are locked properly if you are going out;

- do not leave windows open unless you are in the room;
- keep outer doors locked at all times and remove the key;
- always use a door viewer/chain (if fitted) when answering the door;
- keep any spare keys to the property in a safe place; and
- cancel any deliveries if you are going on holiday or into hospital.

If you have any queries about crime prevention, contact **Nottinghamshire Police**.

Tel: **101**

Web: **www.nottinghamshire.police.uk/advice/prevention**

Doorstep crime

We advise that you don't answer your door to uninvited callers, who may be selling goods or offering to carry out repairs on your property.

Advice for dealing with uninvited callers:

- if it's someone important, they will have your contact details and will send you a letter;
- if you feel the need to speak to the caller, speak through an opened window; and
- if you are expecting a caller, check their identity – any genuine trader won't mind you taking their card and ringing the phone number from a bill/phonebook. Don't call the number on their card as this may be part of the scam. If they refuse to give you their card, be very suspicious.

For consumer advice, or to refer something to Trading Standards, contact the **Citizens Advice Consumer Service**. →

→ Tel: **0345 404 0506**

Textphone: **18001 0345 404 0506**

Web: **www.citizensadvice.org.uk**

If you feel threatened or in any danger, always dial **999** and request police assistance.

Approved trader scheme

We work in partnership with Checkatrade to help consumers choose a trader they can trust and rely upon.

All traders have undergone rigorous checks. The details of approved traders can be found at:

www.checkatrade.com or by calling: **0333 014 6190**.

Alternatively, ask family and friends if they can recommend anyone. It is advisable to obtain three written quotes before employing a tradesperson.

Nominated Neighbour scheme

If you live in Nottinghamshire, the Nominated Neighbour scheme can help to protect you from unscrupulous doorstep callers and rogue traders. You can nominate a trusted neighbour to speak to

any doorstep callers on your behalf.

This means that you don't need to answer the door. You can pass the caller a card and your neighbour will deal with the caller instead.

Nominated Neighbours don't have to be at home – they can deal with the doorstep caller over the phone. The Nominated Neighbour will check the reason for the visit and confirm the caller's identity.

If you, or someone you know, may benefit from the scheme contact the Citizens Advice Consumer Service on **0345 404 0506** or visit

www.nottinghamshire.gov.uk and search 'nominated neighbour' for more information.

Nottinghamshire Neighbourhood Watch (NottsWatch®)

Nottinghamshire Neighbourhood Watch aims to prevent and reduce crime and anti-social behaviour and to develop stronger, more supportive and safer communities.

Find out about neighbourhood watch schemes in your area or find out how to set up a new scheme:

www.nottswatch.co.uk/LocalArea

nottshelpyourself.org.uk

Find health and social care support and information



**Nottinghamshire
County Council**

0300 500 80 80

minicom: 01623 434993

Money matters

If you need support and guidance on any financial matters or claiming benefits, there are organisations that can help you; visit: **www.nottshelpyourself.org.uk** for a list of financial organisations that can provide support.

You can also contact us on: **0300 500 80 80** and we can signpost you to information about financial planning, Powers of Attorney and Courts of Protection.

The online benefits directory can help you find out about welfare benefits and whether you are eligible. Visit: **www.nottinghamshire.gov.uk** (search

‘welfare benefits’) or phone: **0300 500 80 80**.

You receive benefits if you:

- have a long-term illness or disability;
- care for someone;
- are unemployed or work part-time;
- are having a baby;
- have a disabled child; or
- are over pension age.

For information about paying for care, see page 28.

Where you can get support

You may be finding it harder to do some of the tasks you used to do easily – like dressing, washing or getting out and about – due to your age, disability or a long-term condition. This Directory gives you an idea of the range of support that is available in Nottinghamshire to help you stay living independently at home.

There are a number of services that can help you to maintain your independence, without the need for an assessment:

Nottinghamshire Help Yourself

The first place to look for support is: **www.nottshelpyourself.org.uk/** Notts Help Yourself enables you to search for the information you’re looking for in one place such as care and support providers, activities, events and groups in your local area. If you don’t have access to the internet, you can visit your local library where staff can help you find the information you need. Or you can phone Nottinghamshire County Council on: **0300 500 80 80** where our advisers can guide you through the options.

Meals at home service

County Enterprise Foods provides an award-winning service, delivering great value hot and frozen meals across Nottinghamshire. The service offers a range of over 70 meals. Dinners are nutritionally balanced and made with fresh

ingredients and seasonal vegetables.

County Enterprise Foods offers:

- breakfasts, dinners and teas;
- meals for special diets;
- free safe and well checks;
- home from hospital hampers; and
- free delivery.

The delivery team go the extra mile, for example, plating your meal or bringing in the post. They provide free ‘safe and well’ checks when they visit and will call the office if you need help. The home from hospital hampers mean when you return from a stay in hospital, you don’t need to worry about shopping. Choose from the list of competitively priced useful food items (for example tea, milk and butter) and they will be delivered to your home, along with your meal. →

While delivering delicious meals, we check **850 people are safe and well every day**

Nottinghamshire County Council

countyenterprisefoods.co.uk

01623 490015

COUNTY ENTERPRISE FOODS

ORDER TODAY

→ For more information, contact the team.

Tel: **01623 490015**

Email: **county.enterprisefoods@nottsc.gov.uk**

Web: **www.countyenterprisefoods.co.uk**

Handy Persons Adaptations Service

The Handy Persons Adaptations Service provides the help and support you may need to keep safe and secure in your home, with low-cost, high-quality adaptations and small practical jobs.

The service is available to Nottinghamshire residents aged 60 or over or who have a disability. The work is carried out by professional traders who have been approved by 'Checkatrade' in partnership with our Trading Standards Service.

The traders will carry out small jobs or minor adaptations to your home to reduce the risk of a fall or help you remain living independently. Jobs range from fitting door locks and internal grab rails to changing light bulbs and putting up shelves. Often, very small jobs such as fixing loose carpets can prevent a fall and avoid unnecessary distress.

There is a £15 fee for some works and you can have up to four hours of handyperson work. For more information about the service or to access the scheme, please contact us on: **0300 500 80 80** or email: **enquiries@nottsc.gov.uk**

Making life easier at home

If you are finding it harder to carry out tasks such

as dressing, cooking or washing, our occupational therapy videos can help. This series of short clips informs you about simple and inexpensive equipment that is available to keep you living independently at home.

Items like cooking baskets, bed levers and chair raisers can make life much easier for people who are finding it harder to lift, bend, stand or sit because of their age or disability. Each video shows how the equipment works and includes a link to where it can be bought. Watch the videos at:

www.nottinghamshire.gov.uk/equipment



For care and support services in Nottinghamshire:

www.nottshelpyourself.org.uk

0300 500 80 80

Section 2: Helping you when you need it

You may need some help over the short-term to regain your independence if you have had a fall or operation or are just finding it harder to cope. We will work with you but will look at some short-term approaches that might only involve a few weeks

of support until you feel confident that you can continue with fewer or no formal interventions.

Some examples of short-term services are listed below.

Connect service

If you have had a bereavement, are becoming frailer as you grow older or your health is deteriorating because of a long-term condition, you may be finding daily life harder or feeling lonely. The Connect service can help you by finding information about local services, activities and opportunities. If needed, Connect staff can work with you around money issues, housing problems, health management and other things. This short-term support will be tailored to your needs and will focus on achieving what you want in a way that suits you.

If you, or someone you know, might benefit from the advice and support of **Connect**, phone:

Ashfield, Mansfield, Newark and Sherwood

Tel: **01623 488217**

Bassetlaw

Tel: **0115 844 3541**

Broxtowe, Gedling and Rushcliffe

Tel: **0115 939 5406**

Support to find work

If you are aged 16 or over, have a diagnosed learning disability, Autism or Asperger's, live in Nottinghamshire and are looking for paid employment, our i-Work team can help you by:

- getting to know you, your skills, interests and support needs;
- carrying out job searches and marketing specifically for you;
- supporting you with travel training, application forms and interviews;
- meeting with the employer and learning the job

role ourselves;

- supporting you in your work, providing ongoing one-to-one support;
- encouraging natural support to form and grow within the workplace;
- offering training and support; and
- being available to you, your employer and colleagues to provide support and advice.

Find out more at:

www.nottinghamshire.gov.uk/iwork

Short-term support in your own home (reablement)

Reablement is about regaining your skills and confidence to help you live as independently as possible. It is designed to help you to re-learn skills if you are finding it harder to carry out everyday tasks at home, such as getting dressed, getting about your home or making a drink.

Reablement is a free, short-term, time-limited

service. It will help us to understand whether you have any ongoing care and support needs.

You can benefit from reablement support if:

- you are older or disabled and feel vulnerable and less confident doing things around the home; or
- you have had an accident or illness that has

caused you to lose the ability to do the things at home you used to do.

Our team will:

- visit you to discuss the kind of support you need and how we can help you;
- agree the support we can offer you in a support plan; and
- work with you to help you achieve what's been agreed in your plan.

Our staff may suggest different ways for you to do things or offer small items of equipment to

make tasks easier. Our staff can also let you know about other kinds and different ways you can pay for it.

After your period of reablement, if you still need ongoing support, you may find that there is a waiting period until a long-term provider is found. During this period, our START service can continue to provide support to you, but there will be a charge for this service.

For more information, visit:

www.nottinghamshire.gov.uk/adultsocialcare
or phone: **0300 500 80 80**.

Notts Enabling Service

This service aims to prevent or delay the need for long-term support by working with you to increase your independence and helping you do things for yourself at home. We can also help you find useful resources in your community to support your social care needs.

If you are an adult with a learning or physical disability or Asperger's, Promoting Independence Workers (PIWs) can help you to develop, maintain and improve your daily living skills through short-term support.

Support could include help to:

- develop or learn new skills at home, for example domestic tasks and preparing food;
- prepare for and connect with opportunities for

voluntary/paid work;

- use technology to aid communication or self-care;
- find places to go and to travel independently;
- build links to support you to meet people and make connections to promote wellbeing; and
- keep safe – support with building confidence and skills.

Where there are few local resources, the co-production team can help you and other people create your own groups and activities dependent on your interests.

If you think you need support from the service, contact: **0300 500 80 80**.

Home First Response Service

The Home First Response Service (HFRS) is a short-term rapid response service which can help get you home from hospital quickly and/or support you at home if you have a short-term crisis. It is mainly for people over the age of 65 but can be for younger adults if required.

The service can provide short-term support for up to one week and will:

- help you to recuperate from your illness or short-term crisis;
- support you to regain skills and rebuild your confidence;

- help you live as independently as possible; and
- help you if you are finding it harder to perform everyday tasks at home, for example getting dressed, getting around your home or making a drink.

While you are receiving this service, you may have an assessment to see whether you need ongoing services.

If you are in hospital, you can access the service through the Hospital Social Care Team or, if you are at home, you can contact us on: **0300 500 80 80**.

Telecare and Assistive Technology

Assistive Technology enables help to be requested in an emergency and may be useful if you feel vulnerable in your home. Sensors around the home can automatically detect falls, fires, flooding, extreme temperatures, bed wetting and epileptic seizures, and can also tell if you have left your home at night-time, which can be useful for people with dementia.

If the sensors are triggered, an alert is either sent to a carer in your home or (via a special box attached to your phone line) to trained operators at a 24-hour monitoring centre. Staff at the monitoring centre will try to contact you immediately to find out more about your situation, and, if necessary, can arrange a suitable response, such as calling an ambulance or asking a friend or relative to pop round to check that you are OK. If you have issues with memory, other

Assistive Technology can prompt you to carry out daily tasks, such as taking your medication.

If you have dementia, it is sometimes difficult for other people to know how well you are managing at home. As part of your assessment for ongoing support, we may use activity sensors around the home to detect your movements (there are no cameras). Information from the activity monitors can help professionals and families to better understand how your dementia is affecting your independence and ensures that the most appropriate care is provided to help you stay in your own home.

For more information, visit:

www.nottinghamshire.gov.uk/adultsocialcare
or phone: **0300 500 8080**.

Assessment beds

If you have been in hospital and are now medically fit to leave, you may still need some support before you can return home. Assessment beds offer you short-term support, usually in a care home, one of our care and support centres or a housing with care scheme. During your stay, you will receive support to regain your independence and confidence. This

may include help with dressing, washing and any other tasks you might be finding difficult. As your strength improves, we will gradually reduce the level of support until you are ready to return home. If you are unable to return home, we will work with you to consider other options, such as moving to housing with care or residential care.

Intermediate care

Similar to assessment beds, intermediate care supports you following illness or an operation. This short-term service is provided jointly with health.

A multi-disciplinary team, including therapy, nursing and social care staff, will work with you to help you rehabilitate.

Short breaks for adults with learning disabilities

A planned short break is a break from the routine of caring. It is planned in advance and is not the result of an emergency or crisis. Some examples of services that provide a short break are:

- residential and nursing homes;
- dedicated short break units;
- the Shared Lives short break scheme (see page 23); and
- sitting services provided by home care agencies.

To find out if your carer is eligible for a short break, you must have a Care and Support Assessment. Your carer will also need to have a carer's assessment. The results of these assessments will show the impact that caring is having on your carer's health, wellbeing and quality of life.

Visit: **www.nottinghamshire.gov.uk/adultsocialcare** or phone: **0300 500 80 80** to find out more about the assessment process.

Short breaks units

We offer residential short breaks for adults aged 18-65 who have a moderate to severe learning disability and are living with parents or carers.

Our professional team of staff are skilled at working with people with complex behavioural issues or health needs. We can provide one-to-one support with all areas of care, including personal care, social activities, eating and drinking, moving and handling and mobility. We also offer health services, including PEG feeding, blood monitoring and administration of oxygen and rescue medication for epilepsy.

We have three units across Nottinghamshire, which meet high standards and are open 24-hours, 365 days a year. People who are eligible for our short breaks can book into any of the three units, depending on availability. Phone: **0300 500 80 80**.



Brighter Futures (younger adults)

Brighter Futures supports younger adults across Nottinghamshire to maintain or achieve independence, build positive connections and improve their wellbeing. The service can help with things like finding accommodation, accessing specialist services, financial issues, claiming benefits and finding local courses or activities.

Brighter Futures offers a personalised service, based on what help you need and working together to agree how to achieve your goals. It is for people who have a learning disability, autistic spectrum disorder or acquired brain injury and need help with housing-related support, improving health and wellbeing, building networks of support or getting involved in their community. Where possible, Brighter Futures aims to support people so they do not require formal social care support.

For more information, or to make a referral, contact:

Ashfield

Outram Street Centre,
Outram Street,
Sutton-in-Ashfield NG17 4AX
Tel: **01623 675418**
Email: **ashfieldnass@frameworkha.org**

Bassetlaw

2 Queen Street, Worksop S80 2AN
Tel: **0115 850 4014**
Email: **bassetlawnass@frameworkha.org**

Mansfield

The Heath Community Centre, Fritchley Court,
Oak Tree Lane Estate, Mansfield NG18 3QE
Tel: **01623 675402**
Email: **mansfieldnass@frameworkha.org**

Newark and Sherwood

The Exchange, 38 Water Lane, Newark NG24 1HA
Tel: **0115 850 4155**
Email: **newarknass@frameworkha.org**

South Notts

Val Roberts House, 25 Gregory Boulevard,
Nottingham NG7 6NX
Tel: **0115 970 9581**
Email: **southnottsnass@frameworkha.org**

You can contact us yourself or get someone else (such as a family member, friend or GP) to do this for you.

Tel: **0300 500 80 80**
Email: **enquiries@nottsc.gov.uk**
Web: **www.nottinghamshire.gov.uk**



For care and support services in Nottinghamshire:

www.nottshelpyourself.org.uk
0300 500 80 80

Looking after someone

You are a carer if you provide unpaid support to a family member, neighbour or friend. They may need support because they are ill, frail, disabled, or have a mental health or substance misuse issue.

The support you provide could include washing and dressing, shopping and food preparation, helping with laundry or housework, keeping someone company, helping someone take medication, emotional support, helping to manage difficult behaviour, or making sure someone is safe.

You are still a carer if you don't live with the person you care for, are not the only person providing care for someone, are caring for more than one person or are not related to the person you care for.

Being a carer may affect your health, work, social life, finances, education, or family and personal life. It is important that you know what help is available to help you balance your caring life with a life of your own.

There are various local and national organisations that provide support to carers, and Nottinghamshire County Council and health services may be able to provide additional support.

Nottinghamshire Carers Hub

Carers Trust East Midlands provides timely, personalised information and support via the Nottinghamshire Carers Hub to make caring for a loved one easier. The scheme is funded by Nottinghamshire County Council and the local NHS.

The Nottinghamshire Carers Hub can provide support in various ways, for example free access to:

- information advice and guidance;
- signposting to other organisations;
- access to carers' groups and drop-ins;
- free health and wellbeing memberships;
- access to carers' breaks;
- free training and caring support;
- 'Carers Smart' benefits and discounts;
- carers' grants; and
- peer support.

For more information, contact the **Nottinghamshire Carers Hub**.

Tel: **0115 824 8824**

Email: **hub@carerstrustem.org**

Web: **www.carerstrustem.org/hub**

Facebook: **@CTEastMidlands**

Twitter: **@CarersTrustEM**

Carers' information, advice and support

We can provide you with information about services available to support you with your caring role, via our Customer Service Centre. Advisers at the Customer Service Centre can also arrange for an assessment for the person you are caring for, or for you as a carer.

For more information, contact the **Customer Service Centre** on: **0300 500 80 80** Monday to Friday, 8.00am to 6.00pm, or email: **enquiries@nottscg.gov.uk**

Carers' emergency card

The carers' emergency card is a free card which you carry with you and which identifies you as a carer in an emergency. It will alert anyone who finds it that you are a carer and that someone you care for may need assistance.

In the event of an emergency, a 24-hour system is put in place to ensure that the person you care for is looked after by people that you have chosen. To apply for an emergency card, contact us on: **0300 500 80 80**, or complete the online application form at: **www.nottinghamshire.gov.uk/care/adult-social-care/carers/caring-emergencies**

Home First Response Service (HFRS)

The HFRS is a short-term, free rapid response service which can help you if you need social care support to remain at home.

HFRS can help you get home from hospital quickly and/or support you at home if you have a short-term crisis and are therefore at risk of unnecessary admission to hospital or urgent short-term care in a care home. This includes situations where your main carer is temporarily unable to look after you, e.g. due to ill health or an unexpected event. →

➔ The service is mainly for people over the age of 65, but can be for younger adults if required, and will provide short-term support for one to seven days.

The service will:

- help you to recuperate from your illness or short-term crisis;
- support you to regain skills and rebuild your confidence;
- help you live as independently as possible; and
- help you if you are struggling with everyday tasks at home, e.g. getting dressed, getting about your home or making a drink.

For more information contact us on:
0300 500 80 80.

Carers' assessment

If your caring role is affecting your health or

wellbeing, you may want to ask for a carers' assessment. The assessment is about you, not the person you care for. It focuses on your health, work, social life, finances, education, or family and personal life.

The assessment can be offered in a number of ways, including a self-assessment online (which is followed up by a telephone call from a social care worker), a telephone assessment with a social care worker, or face-to-face at a social care clinic or in your own home.

To request a carers' assessment contact us on:
0300 500 80 80 or visit:
www.nottinghamshire.gov.uk/adultsocialcare

If you need some help for the person you care for, or you want a regular break from caring, the person that you are caring for may also need an assessment.

Section 3: Helping you to be independent over the longer-term

Support plan

Most people will be supported to help themselves or receive short-term interventions. For a small number of people this is not enough. After working with you to identify available community resources and try short-term options (see pages 15 to 20), you may find that you need a longer-term solution.

By understanding what you want to achieve and setting short-term goals to help you get to where you want to be, the right balance can be achieved between support for as long as is needed and increasing your abilities and independence over time.

We can work with you to develop a support plan which will set the goals you want to achieve to improve your independence and wellbeing.

We follow national, government-set regulations when deciding who is eligible to receive community

care support funded by the Council. The regulations are there to ensure that all councils make decisions about who gets help in a similar way.

If you are eligible for support, we will:

- encourage you to find solutions, if possible, by providing you with information and advice;
- consider with you, how people around you can help (for example, family members, friends and local organisations);
- provide help for only as long as it is needed to enable you to become, and stay, as independent as possible in your home; and
- meet your needs in the most cost-effective way.

If you have explored sections one and two and still feel like you need more support, please contact us on: **0300 500 80 80** for information and advice.

Will I have to pay towards my care?

Most people will have to pay something towards the cost of the care or support they receive. This is so we can concentrate our limited resources on preventing people's needs from escalating and to provide support to as many people as possible.

A member of staff will talk to you about your financial circumstances to decide how much you will need to pay towards your services. If you have eligible needs, you will be allocated a personal budget – this is the amount it will cost to meet your eligible needs. Depending on your finances and eligibility, we may contribute towards your personal budget.

How would a personal budget be paid to me?

There are three ways to receive any Council contribution towards your personal budget:

1. Direct payment – this is a cash payment we give you (if you are eligible) so that you can buy the support you need yourself. A direct payment gives you the most flexibility and control over your support. You also have more responsibility for arranging your support.
2. Mixed personal budget – you can receive part of your personal budget as a direct payment to arrange some of your support yourself and ask us to arrange the rest with a managed

personal budget.

3. Managed personal budget – we will arrange the services that meet your support needs for you. A managed personal budget is less flexible than a direct payment, but you have less responsibility for arranging your support.

Arranging services on your behalf

If you pay for all of your own care, and you want us to help arrange community-based services on your behalf, there is a charge of £10.26 per four-week period for this 'brokerage' service. It may include things like:

- ringing round providers to discuss your requirements;
- taking you to visit a provider;
- negotiating rates with providers;
- arranging taster sessions;
- quality monitoring of providers and services; and
- management of payments and resolving queries.

If you are receiving Nottinghamshire County Council-run day care or respite, or your support costs less than £84.40 per four-week period, you will not be subject to the charge.

Power of Attorney

A Lasting Power of Attorney (LPA) is a legal document that lets you (the 'donor') appoint one or more people (known as 'attorneys') to help you make decisions or to make decisions on your behalf. This gives you more control over what happens to you if you have an accident or an illness and can't make your own decisions.

There are several reasons why you might need someone to make decisions for you, or for them to act on your behalf. It could be temporary, for example, if you are in hospital and need help with everyday things such as making sure bills are paid, or you may need to make more long-term plans if, for example, you have been diagnosed with dementia or have been in a serious accident.

You can arrange an LPA by going to: **www.gov.uk/power-of-attorney/** The current cost for doing this online is £82 which could save you money compared to using a solicitor.



For care and support services in Nottinghamshire:

www.nottshelpyourself.org.uk
0300 500 80 80

Claiming benefits

You could receive benefits if you:

- have a long-term illness or disability;
- care for someone; and/or
- are over pension age.

If you are looking for advice on your potential benefits entitlement, you can self-refer to our Benefits Team via the Customer Service Centre on: **0300 500 80 80**.



Longer-term services

Following an assessment of your needs, there are several options that could help you. We will ensure that your support is appropriate to your needs and will keep your progress under review.

Services include:

- Support at home:
- Personal Assistants: below.
- Home care: below.
- Shared Lives: page 23.
- Housing options for younger adults: page 24.
- Housing with care: page 24.
- Residential care: page 25.

Support at home

Personal Assistants

If you need help with everyday tasks such as getting washed and dressed, getting out and about, preparing and cooking food or healthcare support, a Personal Assistant (PA) may be able to help you with your care and support.

Employing your own PA can increase the choice you have in deciding how your support needs are met, who cares for you and what tasks they do. However, you will have responsibilities as an employer, including having Employers' Liability Insurance, carrying out 'Right to Work' checks and managing the recruitment and payroll responsibilities or registering with the Council's Accredited Direct Payment Support Service if you don't wish to do this yourself.

We have a register of PAs who have had Disclosure and Barring Service (formerly CRB) checks and have received training. Find out more about employing a PA and view our register at:

www.nottinghamshire.gov.uk/personal-assistants

Home care

If you are an older person or have a physical disability, learning disability or mental health needs, you may be eligible for home care support.

Home care staff can help you to meet your personal goals and live a more independent life. Home care staff could support you with things such as getting up so you are ready for your day, or helping you to get out and about so you can continue to be part of your local community. They may also help with some practical tasks like laundry, shopping and some meal preparation.

The aim of support in your home is to increase or maintain your independence so that you can remain living at home for as long as possible.

The amount of support you require may reduce over time as you regain your ability to do things for yourself; we will work with you to review the level of support you need.

Home care services can be provided by:

- independent agencies;
- voluntary agencies; or
- individuals.

Home care can be paid for using a direct payment, if you have one, see page 21 for more information.

Home care staff must be specially trained in areas such as manual handling, first aid and food hygiene. They will also need to have had background checks with the Disclosure and Barring Service (DBS), previously known as Criminal Records Bureau checks.

Some agencies offer a night sitting or even a live-

in service and some are also registered as nursing agencies, meaning they can provide registered nurses if needed. All home care organisations that provide personal care must register with, and be inspected by, the Care Quality Commission (CQC), which ensures that quality standards are met by the service and that staff are appropriately trained to do their job.

Phone: **0300 500 80 80** or visit:

www.nottinghamshire.gov.uk/adultsocialcare

for more information about home care and the assessment process. Listings of local authority contracted home care providers in Nottinghamshire begin on page 37, followed by other registered home care providers on page 39.

Shared Lives

Shared Lives is a housing scheme aiming to help people experience ordinary life with real relationships. Support is mainly provided within, or connected to, a Shared Lives carer's own home. Carers are trained to support older people, people with physical disabilities, learning disabilities or mental health needs.

It is a regulated service for people who:

- need support to live in the community;
- are over 18; and
- are eligible for social care services.

Shared Lives can be delivered as:

- sharing or living in a Shared Lives carer's home and getting support with everyday life;
- daytime support – regular support sessions in

the carer's home and out in the community; or

- outreach support – in your own home and the carer provides help where needed so you can live independently.

If Shared Lives is suitable for your needs following an assessment, we will try to match you with a carer. This means you get a chance to find out about the carer and they can find out about you to make sure everyone is happy before any support starts.

You will have to pay towards your living costs if you live with a carer or stay with them in their home.

Call: **0300 500 80 80** or visit:

www.nottinghamshire.gov.uk/sharedlives to find out more.



Housing with care

Housing with care schemes offer people the privacy of their own self-contained home and the security of tenancy or ownership rights within a community setting, with personal care readily available. This type of scheme is generally for over 55s but can also be appropriate for some younger people who have personal care needs.

Housing with care, which is also known as ‘extra care’, is an extension to traditional supported housing and each scheme is different. It offers:

Privacy, independence and security – you have the freedom to live your life how you wish, in your own home with your own front door; you can come and go as you please.

Control and choice – you keep complete control over your finances. Depending on the accommodation on offer within each scheme, you can rent, buy or part own your home.

Support and flexibility – support is on hand to help you with everyday care and support tasks. The support provided is tailored to your own situation and changes according to your needs.

Stability – if your needs increase, you don’t have to move to get more support, as the care offered by the on-site care team can change according to your needs.

Sense of community – communal areas allow you to easily socialise with other residents and join in group activities.

There are now 13 housing with care schemes in

Nottinghamshire:

- Westmorland House in Harworth
- Abbey Grove in Worksop
- Vale View in Newark
- Moorfield Court in Southwell
- Hilton Grange in Edwalton
- Cricketers Court in West Bridgford
- Spring Meadows in Cotgrave
- St Andrews in Mapperley
- Bilsthorpe Bungalows in Bilsthorpe
- Poppy Fields in Mansfield
- Darlison Court in Hucknall
- Gladstone House in Newark
- Town View in Mansfield

As part of our commitment to improving choice and support for older adults, we are continuing to develop further housing with care schemes to increase the number of available places across the county. You will need a social care assessment to be considered for housing with care accommodation, as it is only for people with personal care needs. However, the schemes also have other accommodation without personal care, so please contact each landlord to find out the criteria for each scheme.

For further information, call: **0300 500 80 80** or visit: **www.nottinghamshire.gov.uk/care/adult-social-care**

Housing options for younger adults

We aim to help people maintain their independence. If you are eligible for social care services, we can help you consider which housing and support option might best meet your needs.

You may wish to continue living in your own home and we may be able to help you do this. We could arrange for someone to visit you and help you develop or maintain your independent living skills or we could assess your home for possible adaptations. Alternatively, one of our supported living schemes may meet your needs. This offers a level of

independence and the chance to meet other people in similar situations. People with high levels of needs can live in supported living with appropriate support in place. Staff will be available at agreed times and will work with you to help you. People living in supported living usually have their own tenancy and have access to a range of welfare benefits. There are schemes in every district of the county. In exceptional cases, you may need to consider residential care on either a short- or long-term basis.

Paying for care is discussed on page 30.

Residential care

Before you think about residential care, please take time to look at the other options that are available to help you stay living independently at home. You may find that equipment, an adaptation to your home or support with washing and dressing means that you can stay in your own home for longer.

First, visit: **www.nottshelpyourself.org.uk** or phone: **0300 500 80 80** for details about a range of services which can help you. There are also other options when you can no longer stay at home, such as Shared Lives or housing with care (see page 23).

If you are considering residential care, we would advise you to contact us for a conversation about your needs. This is strongly advised, even if you are funding the cost of your own care. Firstly, it will ensure that you have taken full advantage of our expertise – we can provide information and advice and possibly suggest alternative ways to meet your needs.

Secondly, if you move into a care home while you are funding your own care, and your assets fall below the self-funder threshold of £23,250, you need to be aware that we will not automatically fund the full cost of the care home you are living in. In this situation, we will undertake a Care and Support Assessment and may not fund your care if you do not have assessed eligible needs. Or, if you have assessed eligible needs, we may only be able to contribute less than the cost of the care home you have been living in.

If you are considering residential care for yourself or a family member, please contact us on: **0300 500 80 80**; we will be happy to assist you.

Types of homes

Care homes (personal care only)

If you need someone to look after you 24 hours a day, but don't need nursing care, a care home offering only personal care may be the best option. Personal care includes bathing, feeding, dressing and help with moving.

Care homes with nursing

Care homes with nursing provide the same personal care support as a care home, but with fully-trained nursing staff available 24 hours a day. If you think

you may need nursing care in a home, you will need to be visited by a member of our social care team to work out what care you will need. This visit might be in your own home, or in hospital if you've been ill, or in a care home. It is important that you have this nursing assessment before you move into a care home with nursing, so that you do not pay more for your care than you need to.

If a care home with nursing is the best solution for you, we will give you information to help you find a home which meets your care requirements. A contribution to the nursing care part of your fees is paid by the NHS to the home directly; see page 30 for more information.

Quality in care homes

Our staff visit each care home in Nottinghamshire every year and assess a range of factors, including how effectively managed the service is, how people are protected, if they are supported by competent staff, what their experience is like and whether care is focused around the person's needs and wishes. Judgements on each standard are made and are used to give each older adults' care home a quality rating, with band one being the lowest quality and band five the highest.

For further information on quality bands, see page 29.

The Care Quality Commission (CQC) also inspects and reports on standards in care homes, see page 33 for more information about the CQC.

What happens if my relative lives outside Nottinghamshire?

If you are considering a home outside Nottinghamshire because it is nearer to your family or friends, then you may still be eligible for a financial contribution towards your placement. We will be able to give you more information about this during an assessment.



Specialist dementia care

Usually, the initial point of contact to access dementia care services is either your GP (for healthcare solutions) or us (for most other services). Your GP, as well as discussing your concerns, will be able to refer you to the Memory Assessment Service in your area. This service will be able to carry out a series of tests which will establish the nature of your condition and advise whether treatment is available.

You will also be able to access the Dementia Advice and Support Service which can give advice about dementia and local support services.

If the time comes when remaining at home is no longer possible, the benefits of moving into a care home may need to be considered. Differentiating one care home from another can be difficult but the quality and quantity of staff training is especially important, along with the turnover of staff, as continuity of relationships in this type of home is critical.

Advice on choosing care homes for people with dementia is available from Alzheimer's Society: www.alzheimers.org.uk or Age UK: www.ageuk.org.uk and a checklist is included on page 57 to

help when making your decision. We have also introduced the Dementia Quality Mark to recognise high-quality dementia care in care homes.

Dementia Quality Mark

The Dementia Quality Mark (DQM) was introduced to set the standard for high-quality dementia care in Nottinghamshire care homes. It is awarded to care homes that provide a high standard of care to people living with dementia.

Criteria that the homes must meet and evidence to achieve the award include: having a positive attitude towards dementia, allowing people with dementia emotional and physical freedom, ensuring daily routines are carried out, and providing meaningful activities and stimulation.

Care homes that are awarded the DQM receive an enhanced payment for residents living with dementia identified as requiring more specialist care.

More information and a list of current homes with the DQM can be found at: www.nottinghamshire.gov.uk/care/adult-social-care/somewhere-to-live/somewhere-to-live

Nottinghamshire Care Association



Nottinghamshire Care Association (NCA) is a not-for-profit organisation

that represents a wide range of independent care homes throughout Nottinghamshire and Nottingham City.

What do independent homes have to offer a resident?

Choice

Independent homes range from small, comfortable and homely through to five-star hotel-style luxury, with a vast range in between. NCA members' homes come in all shapes, sizes and locations, nearly every town has an independent care home. Although, in Nottinghamshire, all nursing homes are provided by the independent sector.

Uniqueness

NCA members' homes each provide a unique service, but all enable older people to enjoy what is best for individual needs. For example: if you feel isolated in your own home, you can gain companionship; if you are struggling to cope alone, you can receive 24-hour help; and if you feel like you are a burden, you can find yourself much more independent.

Caring staff

Above all, it is our staff who make the difference: a smile that can make you smile back and feel valued; being dependable and sensitive to your needs also brings renewed confidence; offering help with the things that are hard to do which can make a difference to your life and results in an important and highly fulfilling role; being on hand 24/7.

High standards

Independent care homes provide care that is over and above the Care Quality Commission's Fundamental Standards – caring about every aspect of your life including health, diet, exercise, hobbies and social activities. The homes aim to ensure that you continue to enjoy life whilst receiving the very highest standard of care.

All homes provide personal services and registered nursing homes also provide 24/7 qualified nursing care. Some homes also provide dementia care, learning disability support and other more specialist care.

Quality

NCA members are passionate about providing good quality. All independent homes are registered with the Care Quality Commission (CQC) and are subject to stringent inspections by the CQC, the local councils, fire officers, the health and safety executive, environmental health officers and, for nursing homes, by the NHS-CCG. Unsurprisingly, NCA members have a vested interest in providing a high-quality service to all residents. Independent government quality reports on every home can be found on the CQC website: **www.cqc.org.uk**

Good value

Accommodation and care charges vary according to the service offered and required – but all homes aim to provide good value for money. You may be surprised by how little high-standards of care cost. Although higher quality care often does cost more.

Details of the financial support available can be found elsewhere in this Directory. However, specialist independent financial advice should always be considered.

Website

If you are looking for a care home in Nottinghamshire, why not visit one of our members' care homes? The NCA website provides some useful information to assist you in choosing an independent care home: **www.nca.care**

If you go to the 'Looking for Care' section of the website there is a database of all homes to search.

Activities of the NCA

The NCA represents individual companies, groups of homes, individuals and charities in the independent care home sector.

The NCA is committed to helping care providers to give the best possible service to vulnerable people – working in partnership with others to make this a reality. The NCA promotes the care sector by lobbying politicians for the benefit of residents, members and staff. NCA lobby for equal, fair and consistent support of residents whether you are in an independent or publicly-owned care home. The NCA works with the statutory authorities to negotiate economic levels of fees from the government and local authorities.

NCA also work with the Care Quality Commission, the local councils and NHS to raise standards and encourage training and development of staff.

Chris Allison, Chairman

Nottinghamshire Care Association Ltd

Tel: **01384 637116**

Fax: **01384 637116**

Email: **enquiries@nca.care**

Web: **www.nca.care**



For care and support services in Nottinghamshire:

www.nottshelpyourself.org.uk

0300 500 80 80

Section 4: Financial arrangements for care

Do I need to pay for my own care?

If you are moving into residential care and your savings, which includes your investments and your other assets, are more than £23,250, you will be expected to pay for the full cost of your care and support.

The value of your home will be included in the calculations unless your partner, a relative who is over 60, or under 60 but receiving disability benefits, or a child under 16 who you or a former partner have legal responsibility for, still lives there.

If you are receiving care in your home, the value of that home is not taken into account, but you are still required to pay the full cost of your care if your savings and investments (not including your home) are more than £23,250.

If your savings are less than £14,250, the amount you need to contribute towards your care and support costs will be assessed on your income only.

If your savings and investments fall between £14,250 and £23,250 a sliding scale operates, whereby you contribute £1 per week for each £250 you have above the lower figure, plus a contribution from your income.

If your savings are less than £23,250 or are likely to fall below that level in the near future, please contact us on: **0300 500 80 80** before you arrange your care and support. We will be able to assess your need for care and discuss with you what care and support is available.

Seeking financial advice on paying for care

If you are paying for your own care, meeting the care costs from limited savings and not knowing how long care might be needed can be worrying. Despite this, many people do not seek appropriate financial advice to understand how best to meet the costs; as interest rates remain low it would be prudent to seek advice from a specialist financial adviser.

Money held on deposit can be depleted very quickly if it is being used to pay for care; therefore, it could be sensible to consider other forms of investments that could potentially deliver higher income to meet the fees.

Before deciding on what may be the most appropriate solution for meeting care costs, it would be sensible to talk to a specialist care fees adviser who has the relevant qualification to advise on funding long-term care. You can contact us on: **0300 500 80 80** for information about financial advice and support, visit our website: **www.nottinghamshire.gov.uk/care/adult-social-care/paying-for-care/financial-advice-support** or contact one of the organisations listed adjacent:

Citizens Advice

Tel: **03444 111444**

Web: **www.citizensadvice.org.uk**

Which? Elderly Care

Tel: **0292 267 0000**

Web: **www.which.co.uk/elderly-care**

Society of Later Life Advisers (SOLLA)

Tel: **0333 202 0454**

Email: **admin@societyoflaterlifeadvisers.co.uk**

Web: **www.societyoflaterlifeadvisers.co.uk**

Money Advice Service

Tel: **0800 138 7777**

Web: **www.moneyadviceservice.org.uk**

Please note:

We have supplied details of some financial advice services for your information only. The information is not exhaustive and there are more financial advisers available on the market. We have not vetted any financial advisers and are not responsible or liable for them or any advice or services they provide. We

do not endorse or make any representations about any financial advisers, or any results or advice that may be obtained from using them.

Before deciding to use any financial adviser, please ensure that you conduct your own prudent checks.

Third party payments

In some cases, the home you choose will cost more than the rate we might pay them. If this is the case, you will need to ask someone, perhaps a family member, a friend or a charity, to make up the difference so you can live in the home. This is known as a 'third party payment' or 'top-up'.

With third party payments, it's important that the person making the payments is confident they'll be able to keep up their financial commitment. They also need to be made aware that the third party payment may change at any point in the future.

Nottinghamshire County Council – Banded Fee Rates 2019/20

Older people's weekly care home fee rates are based on a five-band quality rating scale. Our staff currently visit each care home every year and assess a range of factors to determine how outcomes for residents are being met.

This process is used to determine a quality rating. Band 5 is the highest rating that can be achieved, but it should be noted that, due to the Council regularly reviewing the care homes, the ratings can change.

Care home banding	Residential care	Residential care including DQM Payment*	Nursing care*	Nursing care including DQM Payment*
Band 1	£473	£487	£514	£525
Band 2	£525	£579	£589	£635
Band 3	£558	£609	£620	£667
Band 4	£571	£621	£633	£680
Band 5	£588	£640	£651	£696

*See page 33

Please note – the nursing rates above are net and do not include the £165.56 nursing care contribution (see page 30).

The above fees are those that we will pay to the

care home if we are contributing towards your care. However, please note that some care homes may charge more, and the difference will need to be paid via a top-up or third party payment, discussed above.

NHS continuing healthcare

NHS continuing healthcare is a package of care arranged and funded by the NHS. It is not means-tested and, to be eligible, your main or primary need must relate to your health and meet the criteria set out by the NHS National Framework.

NHS continuing healthcare support may be

provided in a variety of settings including a care home or your own home. If care is provided in a care home, NHS continuing healthcare will cover the care home fees, including the cost of accommodation, personal care and healthcare costs. If it is provided in your own home, it will cover personal care and healthcare costs.

NHS funded nursing care

If you live in a care home that provides nursing care, whether as a temporary or a permanent resident, and you do not meet the eligibility criteria for NHS continuing healthcare, you may be eligible for NHS funded nursing care if you need care from a registered nurse.

This is not means-tested and can be paid directly to the home by the Clinical Commissioning Group (CCG) or paid by us on behalf of the CCG. The

current rate is £165.56 a week, but this could change. Contact us for up-to-date figures.

People who receive nursing care are still likely to need to make a financial contribution towards their residential care.

Contact us on: **0300 500 80 80** to find out more about claiming financial support.

Paying for your own care in a care home

Even if you are paying for your own care (if you have assets of over £23,250), we would still advise you to contact us for a care and support assessment. This means that we can make you aware of all the options available. If you do not have an assessment and your assets are at, or fall below £23,250, we may not be able to support you until after you have had an assessment and we can determine that you are receiving the appropriate level of care for your needs. Please contact us on: **0300 500 80 80** for a care and support assessment.

Depending on the type of care and support that you are eligible for, you may be entitled to the following financial support.

Benefits and Pension Credit

If you need someone to help care for you, you may be eligible for Attendance Allowance (AA) or Personal Independence Payment (PIP) – non-means-tested, non-taxable benefits from the Department for Work and Pensions.

Up-to-date figures of what will be paid to you if you are eligible can be found at: **www.gov.uk**

AA helpline

Tel: **0800 731 0122**

Textphone: **0800 731 0317**

Monday to Friday, 8.00am to 6.00pm

PIP helpline

Tel: **0800 121 4433**

Textphone: **0800 121 4493**

Monday to Friday, 8.00am to 6.00pm

You may also be entitled to Pension Credit. Visit: **www.gov.uk/pension-credit** for more information.

Twelve-week property disregard

If your former home is included in your financial assessment but your other capital is less than £23,250 and your income doesn't cover your care home fees, we may help with the cost during the first twelve weeks of permanent care, providing we agree that this type of care is needed.

This is known as 'twelve-week property disregard funding'. During this time, you will still be charged a contribution towards the cost of your care, but not the full cost.

Deferred payment agreements

Once the twelve-week property disregard period has ended, you may be able to have a deferred payment agreement if you are eligible, which means that some of your care costs are set against the value of your home, to be paid when the home is sold. There may be administrative and interest charges for this. We strongly recommend seeking independent financial advice if you are considering this option.

Council Tax exemption

If your property is left empty when you move into a care home, you should receive full exemption from Council Tax until your property is sold.



Section 5: Essential information

Safeguarding adults at risk of abuse and/or neglect

An adult at risk is a person aged 18 years or over who can't protect themselves from abuse, neglect or from being exploited.

This may be because they have:

- a mental health condition or learning disability;
- a physical impairment;
- a sensory impairment;
- some form of illness; or
- are old and frail.

What is safeguarding?

Safeguarding means protecting an adult's right to live in safety, free from abuse and neglect. It is about people and organisations working together to prevent and stop both the risks and experience of abuse or neglect, whilst making sure that the adult's wellbeing is promoted, including consideration of their views, wishes, feelings and beliefs in deciding on any action.

The aim of adult safeguarding is to:

- stop abuse or neglect wherever possible;
- prevent harm and reduce the risk of abuse or neglect to adults with care and support needs;
- safeguard adults in a way that supports them to make choices and control how they live, focusing on outcomes that are important to them;
- concentrate on improving life for the adults concerned;
- raise public awareness so that communities, alongside professionals, play their part in preventing, identifying and responding to abuse

and neglect; and

- provide accessible information and support to help people understand the different types of abuse, how to stay safe and how to raise a concern about the safety or wellbeing of an adult, and address what has caused the abuse or neglect.

Forms of abuse could be physical, sexual, psychological, discriminatory or financial. It could also be self-neglect or organisational abuse, where the abuse is a result of the way a service or organisation is run. Abuse might also be linked to modern slavery or domestic abuse. It can happen anywhere – in someone's own home, in a care home, a hospital, in a workplace, at a day centre or educational establishment, in supported housing or in the street.

What to do if you think someone is at risk

We are committed to ensuring that adults who use services are protected from abuse and neglect and to responding promptly when abuse is suspected. All agencies that provide services to adults have a zero-tolerance approach towards abuse and neglect.

Contact us on: **0300 500 80 80** to report a safeguarding incident or for further help and advice. Your concerns will be taken seriously and will receive prompt attention.

If there is danger to life, a risk of injury, or a crime is taking place and immediate action is needed, call the **police** on: **999**.

For more information, visit:

www.nottinghamshire.gov.uk/adultsocialcare



For care and support services in Nottinghamshire:

www.nottshelpyourself.org.uk
0300 500 80 80

End of life care

Although the subject of dying is often painful to contemplate, it is essential that you and your relatives discuss your wishes as you near the end of your life. Good planning for all your needs should mean that you can (if you choose) remain in your home or care home in your last days and not be admitted to hospital.

When choosing a service, such as home care or residential care, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care, and the way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and your family and work with your GP to ensure your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, establish your preferences and choices.

You could complete the Notts Advance Care Plan document on: **www.epaccs.com** to help with outlining your wishes. This document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life. The information will be transferred onto a Respect Form by your doctor or nurse as a means of ensuring that priorities for care are respected by all social and healthcare professionals. Visit: **https://midnottspathways.nhs.uk/media/2362/2017_04_29_respect-patient-guide-v10.pdf**

It is also important to know that all health and social care staff must be trained in communication regarding end of life care and will be trained in needs assessments for carers and families.

It is worth asking providers whether they are working towards The Gold Standards Framework. This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

For more information about end of life care, and for links to other useful organisations, visit:

www.nottshelpyourself.org.uk

Registering a death

If a loved one has passed away, it may feel like many things need to be arranged. Our registration team can help you through this process.

One of the first things you will need to do is make an appointment to register the death. You can do this online at: **www.nottinghamshire.gov.uk/registrars** or call: **0300 500 80 80**.

Registering the death will provide you with the documents needed to arrange the funeral and to deal with the deceased's estate.

A death should be registered within five days, unless the Coroner is involved. We can also pass the information onto other relevant agencies on your behalf after you have registered a death, so that you do not have to contact so many organisations.

Comments, compliments and complaints

All organisations need to know how they are performing. They are happy to receive your feedback on their service whether it is a compliment or complaint. Tell them what you think – your comments can be used constructively to improve the service.

You should feel able to complain about any aspect of your care that affects your happiness or comfort.

This could be about the way you are treated by staff or the quality of the food. You can also make comments and suggestions about possible improvements to your surroundings and the services provided.

Making a complaint should not be made difficult for you. Providers are required to have a simple and easy to use complaints procedure that they will

be happy to give you. If you are concerned about the care that you, a friend or a relative is receiving, it makes sense to speak to the manager before you take any further action. The problem may be resolved quite easily once they are made aware of it. However, if you need to make a formal complaint, you should initially contact the registered owners of the service. They have a duty to respond to any complaints made.

If we have arranged and funded your care and you wish to make a complaint to us, phone: **0300 500 80 80**, email: **enquiries@nottscg.gov.uk** or visit: **www.nottinghamshire.gov.uk/contact-and-complaints/complaints/make-a-complaint-comment-or-compliment**

If you believe there has been a breach of regulations, you may also wish to contact the

Care Quality Commission.

Tel: **03000 616161**

Email: **enquiries@cqc.org.uk**

Web: **www.cqc.org.uk**

If you have arranged and funded your care without the Council's involvement and you are unhappy with the response to your complaint by the service provider, you can contact the Local Government and Social Care Ombudsman (LGSCO) for advice. The LGSCO looks into complaints about councils and some other organisations including adult social care providers (such as care homes and home care providers).

The Local Government and Social Care Ombudsman

Tel: **0300 061 0614** • Web: **www.lgo.org.uk**

Inspecting and regulating care services

Health and social care services must be registered to show that they meet a set of standards.

The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of what it found. The report looks at how well the service meets the CQC's five key questions: Is the service safe? Effective? Caring? Responsive to people's needs? Well-led?

Each care home and home care agency will get an overall rating of outstanding, good, requires improvement or inadequate. It will also get ratings for each key question. The ratings mean you can

easily see where a service is performing well, and where it needs to improve.

It's always a good idea to check inspection reports and ratings when choosing a care service. You can find reports and ratings on the CQC's website (**www.cqc.org.uk**). Care providers must also display their latest rating at their premises and on their website.

You can also tell the CQC about your experiences of care – good or bad. It can use your information to see where it should inspect next, and what to look out for when it does. If you want to share your experience of care, visit: **www.cqc.org.uk/share**

Tel: **03000 616161**

Email: **enquiries@cqc.org.uk**

Web: **www.cqc.org.uk**

Write to: The Care Quality Commission, Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country.

Your search can be refined by the type of care you

are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 33), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using

the 'Recite Me' function. Visit:
www.carechoices.co.uk

You can also use **www.nottshelpyourself.org.uk** to search for services and support in Nottinghamshire. If you don't have access to the internet, you can visit your local library where staff can help you find the information you need.

Or you can phone Nottinghamshire County Council on: **0300 500 80 80** where our advisers can guide you through your options.

Useful contacts

For details about services, providers and groups to help you, visit: **www.nottshelpyourself.org.uk** or phone Nottinghamshire County Council on: **0300 500 80 80**.

Age UK

Working for all older people in Nottinghamshire.

Tel: **0115 844 0011**

Email: **info@ageuknotts.org.uk**

Web: **www.ageuk.org.uk/notts**

Alzheimer's Society (Nottinghamshire Branch)

Offer advice and support to people with dementia and their carers.

Tel: **0115 934 3800**

Email: **nottingham@alzheimers.org.uk**

Web: **www.alzheimers.org.uk**

Carers Federation, The

Provides a wide range of services and useful information for carers.

Tel: **0115 962 9310**

Email: **info@carersfederation.co.uk**

Web: **www.carersfederation.co.uk**

Citizen's Advice

Nottingham and District Citizen's Advice.

34-36 Carrington Street,

Nottingham NG1 7FG

Tel: **0300 330 5457**

Web: **www.citizensadvicenottingham.org.uk**

Disability Nottinghamshire

Free, impartial and confidential advice and

information on any aspect of disability (both general disability advice and specific welfare and benefits advice).

Tel: **01623 625891**

Email: **advice@disabilitynottinghamshire.org.uk**

Web: **www.disabilitynottinghamshire.org.uk**

Inspire Nottingham

A small, local charity based in Nottingham and provides services and support for people with learning disabilities to enable them to develop their potential for living full and independent lives.

Tel: **0115 847 5757**

Email: **enquiries@inspire-nottingham.org.uk**

Web: **www.inspire-nottingham.org.uk**

Nottinghamshire Help Yourself

Directory of social care and support services in Nottinghamshire.

Web: **www.nottshelpyourself.org.uk**

Nottingham Mencap

An independent local voluntary and community charity, dedicated to people with a learning disability or difficulty and their families and carers, living in Nottingham and Nottinghamshire.

Harpenden House, 203 Edwards Lane, Sherwood,
Nottingham NG5 3JA

Tel: **0115 920 9524**

Email: **info@n-mencap.org**

Web: **www.nottinghammencap.org.uk**

Nottinghamshire Care Association

Represents the majority of care homes/care homes

with nursing throughout Nottinghamshire.
Tel: **01384 637116** • Email: **enquiries@nca.care**
Web: **www.nca.care**

Tel: **0300 500 80 80**
Email: **enquiries@nottsgov.uk**
Web: **www.nottinghamshire.gov.uk**

Nottinghamshire County Council

County Hall, West Bridgford, Nottingham NG2 7QP
Customer Service Centre:

The Care Quality Commission (CQC)

Tel: **03000 616161** • Email: **enquiries@cqc.org.uk**
Web: **www.cqc.org.uk**

Health contacts

Healthwatch

Represents the views of local people of the health and social care services they receive.

Tel: **0115 956 5313**

Email: **infohwnn.co.uk**

Web: **www.healthwatchnottinghamshire.co.uk**

Hospitals

Ashfield Community Hospital

Tel: **01623 784723**

Bassetlaw Hospital

Tel: **01909 500990**

Kings Mill Hospital

Tel: **01623 622515**

Mansfield Community Hospital

Tel: **01623 785050**

Newark Hospital

Tel: **01636 681681**

Nottingham City Hospital

Tel: **0115 969 1169**

Nottinghamshire Healthcare

Tel: **0115 969 1300**

Queens Medical Centre

Tel: **0115 924 9924**



At Annesley Lodge, we understand that each of our residents are individuals. Everyone has a unique personality with their own personal bonds and friendships, which we enable them to continue, whilst living a fulfilling and enjoyable life.

Proudly not-for-profit.

Annesley Lodge care home Hucknall NG15 8AY
Call **0808 102 4386** Visit **anchor.org.uk/Annesley Lodge**



Keep this Directory near your telephone so you can easily access these useful contact details.



Sutton Lodge is a purpose built home of the highest quality banding in care and food offering specialist award winning dementia care. The home offers excellent facilities with en-suite bedrooms, comfortable lounges, a dining room and an on-site hairdressing salon.

We would welcome you for a visit and are more than happy to help with all lengths of stay from temporary care right through to a long term care package.

Priestsc Road, Sutton in Ashfield NG17 2AH
T: 01623 441130 E: **enquiries@ashmerenotts.co.uk**
www.ashmerenotts.co.uk

Our Services Include:

- Specialist dementia care facilities
- En-suite bedrooms
- Friendly, comfortable & caring
- On-site hydrotherapy pool
- Deluxe Double Suites
- On-site catering & laundry
- Front and rear gardens



Pets are welcome

Agency 1

Agency 2

Agency 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you have paper with you when speaking with home care agencies so you can make notes.
You can download and print this checklist at www.carechoices.co.uk/checklists

About the agency

- How long has the agency been operating? ☐ ☐ ☐
- How long are staff allocated per visit? ☐ ☐ ☐
- Can you contact the agency in an emergency or outside office hours? ☐ ☐ ☐
- Does the agency have experience with your specific needs? ☐ ☐ ☐

Staff

- Are you likely to be visited by different staff each day? ☐ ☐ ☐
- Are all staff checked with the Disclosure and Barring Service? ☐ ☐ ☐
- Will you be notified in advance if your care worker is on holiday or sick? ☐ ☐ ☐
- Are staff matched to you specifically, based on your needs and preferences? ☐ ☐ ☐
- Can you meet your care worker(s) before they start? ☐ ☐ ☐
- Does the agency have both male and female staff? ☐ ☐ ☐

Accommodating your needs

- Can the agency accommodate your needs if they increase? Ask about the process for this. ☐ ☐ ☐
- Does the agency have a training scheme in place? ☐ ☐ ☐
- Are all staff trained to a certain level? ☐ ☐ ☐
- Are staff able to help with administering medication if required? ☐ ☐ ☐
- Is there a way for staff to communicate with each other about the support they provide when they visit you? How? ☐ ☐ ☐

Regulation

- Will your support plan be reviewed at regular intervals? ☐ ☐ ☐
- Can you see the agency's contract terms? ☐ ☐ ☐
- Can you lodge a complaint easily? ☐ ☐ ☐
- Are complaints dealt with quickly? ☐ ☐ ☐
- Can you see a copy of the agency's CQC registration certificate and quality rating? ☐ ☐ ☐

Notes

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*See page 33.

Local authority contracted home care providers

All domiciliary agencies listed below are registered by the regulatory body, the Care Quality Commission

(CQC). Nottinghamshire County Council currently has contracts with specific providers listed below.

ASHFIELD AND MANSFIELD

Lead provider

Fosse Healthcare – Nottinghamshire

Mansfield

Tel: 01623 362656

OP D PD LDA MH SI YA

Additional providers

Caremark (Mansfield)

Mansfield

Tel: 01623 404550

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OP D PD LDA MH SI AD

Comfort Call Nottingham

Nottingham

Tel: 0115 975 1441

OP D PD LDA MH SI YA AD

Direct Health (North Notts)

Mansfield

Tel: 01623 707773

OP D PD LDA MH SI YA

BASSETLAW

Lead provider

Comfort Call Nottingham

Nottingham

Tel: 0115 975 1441

OP D PD LDA MH SI YA AD

Additional providers

Gemini Exclusive Care Ltd

Mansfield

Tel: 01623 880192

OP D PD SI YA

Leda Homecare

Worksop

Tel: 01909 512550

OP D PD MH SI

BROXTOWE

Lead provider

Direct Health (Nottingham)

Nottingham

Tel: 0115 896 4005

OP D PD LDA MH SI YA

Additional providers

Caremark (Broxtowe & Erewash)

Nottingham

Tel: 0115 943 6064

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OP D PD LDA MH SI YA

Fosse Healthcare - Nottinghamshire

Mansfield

Tel: 01623 362656

OP D PD LDA MH SI YA

GEDLING

Lead provider

Human Support Group Ltd – Nottingham

Nottingham

Tel: 0115 936 1739

OP D PD MH SI YA

Additional providers

Caremark (Gedling & Rushcliffe)

Nottingham

Tel: 0115 837 5230

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OP D PD LDA MH SI YA AD

NEWARK AND SHERWOOD

Lead provider

Fosse Healthcare – Newark

Newark

Tel: 01522 412181

OP D PD LDA MH SI YA AD

Additional providers

Bhandal Homecare

Newark

Tel: 01636 701117 Advert page 42

OP D PD SI YA

Gemini Exclusive Care Ltd

Mansfield

Tel: 01623 880192

OP D PD SI YA

RUSHCLIFFE

No lead provider

Additional providers

Agincare UK Notts County

Nottingham

Tel: 0115 920 4948

Advert page 38

OP D PD LDA MH SI YA AD

Absolute Home Care Nottingham Ltd

Nottingham

Tel: 0115 697 9808

OP D YA

Direct Health (Nottingham)

Nottingham

Tel: 0115 896 4005

OP D PD LDA MH SI YA

Westminster Homecare Ltd (Nottingham)

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See page 39 for Service User Bands key

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Advertisers are highlighted

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Nottingham

Tel: 0115 998 8790

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24hr Care Services Ltd

Nottingham

Tel: 0115 808 2169

OP D PD LDA MH SI YA

A-2-E

Mansfield

Tel: 01623 821534

OP PD MH SI YA

A.C.C.E.S.S 2016 Ltd

Sutton-in-Ashfield

Tel: 07434 884161

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Absolute Dignity Care Ltd

Sutton-in-Ashfield

Tel: 07486 682199

OP D PD LDA MH SI

Absolute Home Care Nottingham Ltd

Nottingham

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OP D YA

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Nottingham

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OP D PD SI YA

Ace Care 4 U Ltd

Nottingham

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Advert page 38

OP D PD MH YA

Age Gracefully Ltd

Nottingham

Tel: 0115 929 8633

Advert page 38

OP D PD MH SI YA AD

Agincare Live-in Care (Central)

Nottingham

Tel: 0115 704 3222

Advert page 38

OP D PD LDA MH SI YA

Agincare UK

– Hilton Grange Extra Care Scheme

Nottingham

Tel: 0115 928 6862

Advert page 38

OP D PD SI YA

Agincare UK – Notts County

Nottingham

Tel: 0115 920 4948

Advert page 38

OP D PD LDA MH SI YA AD

Agincare UK

– St Andrews House Extra Care Scheme

Nottingham

Tel: 0115 928 6862

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OP D PD MH SI YA

Agincare UK – Woodvale Extra Care Scheme

Nottingham

Tel: 0115 928 6862

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OP PD SI YA

AKA Case Management Ltd

Nottingham

Tel: 0115 711 7070

OP PD SI YA

Allied Healthcare Nottingham

Nottingham

Tel: 0115 975 0885

OP D PD LDA MH SI YA AD

AMG Nursing and Care Services

– Nottingham

Nottingham

Tel: 0115 982 7121

OP D PD LDA MH SI YA

APT Care Ltd

Nottingham

Tel: 0115 837 5115

OP D PD LDA MH SI YA AD

Archangel Home Care

Nottingham

Tel: 0115 824 6746

OP D PD LDA MH SI YA AD

Ashfield Homecare Services

Nottingham

Tel: 07858 102725

OP D PD SI YA

Assisted Home Living

Doncaster

Tel: 01302 215572

Advert page 38

OP D PD YA

Axis Recruitment Ltd

Nottingham

Tel: 0115 841 4505

OP D PD LDA MH SI YA AD

Balm of Gilead

Nottingham

Tel: 0115 808 6755

OP D YA

Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs



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OP D

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Nottingham

Tel: 0115 912 0196

OP D PD MH SI YA

Beaumont House

Newark

Tel: 01636 610556

OP YA

Caremark (Gedling & Rushcliffe)

Nottingham

Tel: 0115 837 5230

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OP D PD LDA MH SI YA AD

Belvoir Home Care

Nottingham

Tel: 01949 829307

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Caremark (Mansfield)

Mansfield

Tel: 01623 404550

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OP D PD LDA MH SI AD

Bespoke Health & Social Care

Nottingham

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Catherine Tam Agency

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Tel: 0115 968 3888

PD LDA MH YA

Bestways Healthcare Headquarters

Nottingham

Tel: 0115 964 8305

OP D YA

CCA Training Ltd

Nottingham

Tel: 07730 473961

OP D PD MH SI YA

Bethel Healthcare Services Ltd

Nottingham

Tel: 07821 433174

OP D PD LDA MH SI YA

CCT Community Enablement Team

Sutton-in-Ashfield

Tel: 07528 261591

OP D PD LDA MH SI YA

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Nottingham

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Nottingham

Tel: 07941 446011

OP D PD MH SI YA

Bhandal Homecare

Newark

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OP D PD SI YA

Charlesworth 247 Ltd

Worksop

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Newark

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Nottingham

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OP D PD LDA SI YA

CJAJ Angels Supporting Living Ltd

Nottingham

Tel: 07500 202328

OP D PD SI

Break Barriers Nottingham Ltd

Nottingham

Tel: 0115 900 3188

OP D PD LDA MH SI YA

Clarity Homecare (Worksop)

Worksop

Tel: 01302 5905 90

OP D PD MH SI AD

Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs

DPOptimal Care

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dupe.joseph@dpoptimalcare.co.uk

www.dpoptimalcare.co.uk



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EvolveOTLtd@gmail.com

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Tel: 01302 746791

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Comfort Call (Worksop)

Worksop

Tel: 01909 470685

OP D PD LDA MH SI YA AD

Comfort Call Nottingham

Nottingham

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OP D PD LDA MH SI YA AD

Community Crisis Support Service

Nottingham

Tel: 0115 852 8000

OP D YA

Community Integrated Care

– Nottingham Regional Office

New Basford

Tel: 0115 870 0316

OP PD LDA MH SI YA

Compassion Care Ltd

Nottingham

Tel: 0115 989 2610

OP D YA

Compassionate Care Team Ltd

Retford

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OP D PD LDA SI YA

Concord House

Nottingham

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PD LDA MH SI

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Nottingham

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OP D PD LDA MH SI YA

Crossroads Care East Midlands

– Nottingham Office

Nottingham

Tel: 0115 962 8920

OP D PD LDA MH SI YA

Crossroads Care North Nottinghamshire

Mansfield

Tel: 01623 658535

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Darlison Court

Nottingham

Tel: 01623 880 865

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DCK Care Ltd

Nottingham

Tel: 0115 989 9122

OP YA

Dice Healthcare Ltd

Mansfield

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OP D PD LDA SI YA

Dignity

– Innova House

Mansfield

Tel: 01623 626252

OP D PD LDA MH SI YA

Direct Health (North Notts)

Mansfield

Tel: 01623 707773

OP D PD LDA MH SI YA

Direct Health (Nottingham)

Nottingham

Tel: 0115 896 4005

OP D PD LDA MH SI YA

Direct Health (Nottingham City)

Nottingham

Tel: 0115 896 4007

OP D PD LDA MH SI YA

Disabled Children's Support Services

Mansfield

Tel: 01623 433433

PD LDA SI

Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs



Hidmat Care Limited
Home Care Agency

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- Personal Hygiene Care
- Physical Disability
- Sensory Impairment

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- Sensory Rooms

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Tel: 07758 649066

OP D PD LDA MH YA

Dove Caring Ltd

Nottingham

Tel: 0115 964 8243

OP D YA

Duncan Macmillan House (Trust Headquarters)

Nottingham

Tel: 0115 969 1300

OP D PD LDA MH SI YA AD

Durbia Healthcare Ltd

Nottingham

Tel: 07990 926420

OP D PD LDA MH SI YA AD

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Nottingham

Tel: 0115 984 1961

OP D PD LDA MH SI YA

**Eden Supported Living Ltd
– Mansfield Regional Office**

Mansfield Woodhouse

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OP D PD LDA MH SI YA

**Eden Supported Living Ltd
– Newark Regional Office**

Newark

Tel: 01636 611363

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Nottingham

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LDA YA

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LDA YA

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OP D PD SI YA

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Newark

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Mansfield

Tel: 01623 880192

OP D PD SI YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Gracious Health Solutions Ltd**– Nottinghamshire**

Nottingham

Tel: 0115 935 2068

OP D PD LDA MH SI YA

Helping Hands West Bridgford

Nottingham

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OP D PD MH SI YA

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Advert page 44

OP D PD SI YA

Home Instead Senior Care

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Advert inside front cover

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OP D PD LDA MH SI YA

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Tel: 0115 936 1739

OP D PD MH SI YA

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Nottingham

Tel: 07790 386765

OP D PD LDA MH SI YA

**In Out and About Community
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Tel: 01949 837227

OP PD LDA MH SI YA

Inclusive Care Ltd

Nottingham

Tel: 07841 432170

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Nottingham

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OP D PD LDA MH SI YA AD

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OP D PD LDA YA

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Nottingham

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OP D PD LDA MH SI YA AD

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Mansfield

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OP D PD LDA MH SI YA AD

Joy2care

Nottingham

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OP D PD SI YA

JRH Support – Head Office

Nottingham

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OP D PD LDA MH SI AD

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Mansfield

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OP D PD LDA MH YA

Karvonettes

Mansfield

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OP D PD MH SI YA

KCL Care Ltd

Nottingham

Tel: 0115 837 7576

OP D PD LDA MH SI YA

Knights Home Care Services Ltd

Doncaster

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OP D LDA MH SI YA

Krystal Care Ltd

Nottingham

Tel: 0115 978 4589

OP D PD SI

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Leda Homecare

Worksop

Tel: 01909 512550

OP D PD MH SI

Leen Valley Home care

Hucknall

Tel: 0115 964 0400 **Advert page 42**

OP D PD

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Nottingham

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OP D PD LDA SI

Leymar Healthcare

Sutton-in-Ashfield

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OP D PD MH SI YA

Lifeways Community Care Ltd (Nottingham)

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OP D PD LDA MH SI YA

LMT Support Care

Nottingham

Tel: 07786 376648

OP D PD LDA MH YA

Local Care Group Ltd, The

Newark

Tel: 01636 676359

OP D PD LDA MH SI YA AD

Mark Time Care Ltd

Nottingham

Tel: 07794 199612

OP D PD MH SI YA

Mencap – Central Notts Services

Sutton-in-Ashfield

Tel: 0808 808 1111

LDA

Mencap – Mansfield**Domiciliary Care Agency**

Worksop

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Mencap – Newark Domiciliary Care Agency

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Worksop

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LDA

Mencap Portland and Oxborough Services

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Tel: 0115 847 9434

LDA

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OP D PD LDA SI YA

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OP D PD LDA SI YA AD

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OP D PD MH SI YA

Nationwide Care Services Ltd (Nottingham)

Nottingham

Tel: 0115 960 7900

D PD LDA MH SI

Newark and Sherwood District

Newark

Tel: 07961 704990

Advert page 42

OP D PD LDA MH SI YA

Nottingham Assured Home Care Ltd

Nottingham

Tel: 07974 685094

OP D PD SI YA

Nottingham Home Care

Nottingham

Tel: 0115 876 3222

YA

Nottingham Mencap Short Breaks Service

Nottingham

Tel: 0115 920 4433

OP PD LDA YA

Nottingham Supported Living (DCA)

Nottingham

Tel: 07843 265390

OP PD LDA MH SI YA

Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs

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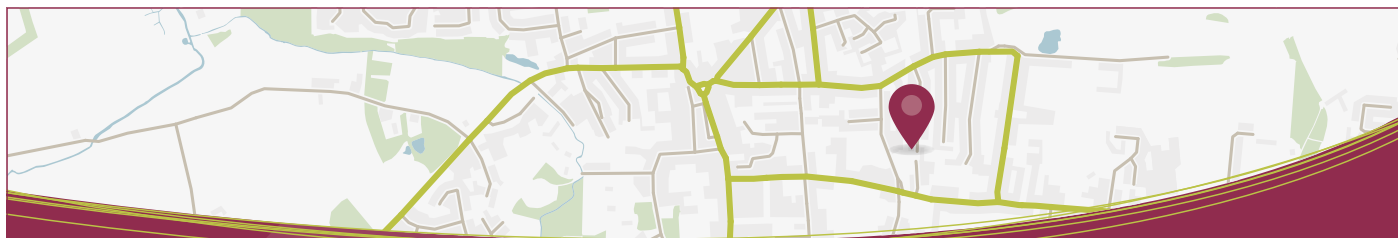
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Newark

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OP D PD MH SI YA

Nottz Care

Nottingham

Tel: 0115 964 8277

OP YA

NurtureCare Ltd

Nottingham

Tel: 0115 964 0557

OP D PD LDA MH SI YA AD

Olive

Mansfield

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OP D LDA MH YA

Olive Care

Nottingham

Tel: 0115 923 3585

OP D PD LDA MH SI YA AD

Pathway Care Solutions Head Office

Nottingham

Tel: 0115 947 3142

LDA YA

Percurra

Nottingham

Tel: 0844 544 7780

OP D PD LDA MH SI YA

Personalised Support Team**– North Nottinghamshire**

Worksop

Tel: 0115 844 3540

OP PD LDA MH SI YA

Personalised Support Team – Nottingham

Nottingham

Tel: 0845 196 0061

OP D PD MH SI YA

Poppy Fields

Mansfield

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OP D PD LDA YA AD

Premier Care

Mansfield

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Quality Life UK

Loughborough

Tel: 01509 767879

OP D PD MH SI YA

Radcliffe Home Help Services

Nottingham

Tel: 0115 871 7960

Advert page 48

OP D PD MH SI YA

Radiant 247 Ltd

Nottingham

Tel: 0115 837 0808

OP D PD LDA MH SI YA

Radis Community Care (Nottingham)

Nottingham

Tel: 0115 943 0604

OP D PD LDA MH SI YA AD

Rainbow Care Services Ltd**– 2a Kempson Street**

Nottingham

Tel: 0115 921 2555

OP D PD MH SI

Raynes Healthcare

Nottingham

Tel: 07985 745481

OP D PD LDA MH

Reach Care

Southwell

Tel: 01636 919946

PD LDA SI YA

Reach Housing & Enablement Services Ltd

Sutton-in-Ashfield

Tel: 01623 559299

PD LDA MH SI YA AD

Real Lives Community Interest Company

Nottingham

Tel: 07772 127691

OP D PD LDA MH SI YA AD

Respectful Care – Mansfield

Mansfield

Tel: 01623 665011

Advert outside back cover

OP D PD LDA SI YA

Respectful Care – Nottingham

Nottingham

Tel: 0115 920 4317

Advert outside back cover

OP D PD LDA MH SI YA

Respectful Care – Nottingham South

Nottingham

Tel: 0115 778 8566

Advert outside back cover

OP D PD LDA MH SI YA

Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs

Retford Enterprise Centre

Retford

Tel: 07932 107857

OP D PD MH YA

Richmand House Residential Home Ltd

Nottingham

Tel: 0115 914 2609

OP D MH

Right at Home**(Nottingham South)**

Nottingham

Tel: 0115 880 0911

OP D PD SI YA

Rosecarolink Care Nottingham Ltd

Nottingham

Tel: 0115 795 0109

OP D PD SI YA

RoseLea House

Nottingham

Tel: 0115 846 2251

OP LDA MH YA

Service Tree Ltd, The

Nottingham

Tel: 0115 9455639

OP D MH YA

Sevacare**– Nottingham**

Nottingham

Tel: 0115 924 4682

OP D PD SI YA

Sherwood Prime Care Ltd

Worksop

Tel: 01909 512127

OP D PD SI YA

Silver Service Carers Ltd

Newark

Tel: 07906 115755

Advert page 51

OP D PD LDA MH SI YA AD

SJW**– The Wright Care**

Worksop

Tel: 01909 512163

OP D PD SI YA

Solo Support Services

Nottingham

Tel: 0115 815 7010

OP D PD LDA MH SI YA AD

Springs of Joy Care Solution (SOJ) C.I.C

Nottingham

Tel: 07830 735352

OP D PD LDA MH SI YA AD

Start Service**– Broxtowe, Gedling & Rushcliffe Locality**

Nottingham

Tel: 0115 804 1149

OP

Start Service**– Mansfield and Ashfield Locality**

Sutton-in-Ashfield

Tel: 0115 804 1234

OP

Start Service**– Newark and Bassetlaw Locality**

Newark

Tel: 0300 500 8080

OP

T & G Resourcing Ltd

Nottingham

Tel: 0115 929 4216

OP D YA

Tailor Maid Care Solutions Ltd

Nottingham

Tel: 0330 223 3855

OP D PD LDA MH SI YA

Total Healthcare Solutions Ltd**– 59 Aylesbury Way**

Mansfield

Tel: 07780 001439

OP D PD LDA MH SI YA

Truly Care Services Ltd**– 221 Eakring Road**

Mansfield

Tel: 07411 209316

OP D PD LDA MH SI YA AD

Ultimate Group Services East Midlands Ltd

Nottingham

Tel: 0115 964 8261

OP D PD LDA MH SI YA

United Response – Nottingham DCA

Mansfield

Tel: 01623 709890

LDA

Valued Living Home Care Services

Nottingham

Tel: 0115 981 3217

OP D PD LDA MH SI YA

Victoria Cottage Residential Home

Nottingham

Tel: 0115 966 3375

OP D

Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs

Other registered home care providers continued

Victoria Home Care Solutions

Nottingham

Tel: 0115 967 6136

OP YA

Workwise Healthcare Ltd

Mansfield

Tel: 01623 642853

OP D PD MH SI

Vines, The

Nottingham

Tel: 0115 960 6038

OP PD LDA SI YA

Yourlife

(West Bridgford)

West Bridgford

Tel: 0115 982 5163

OP D PD SI

Vitascare

Nottingham

Tel: 07446 276581

PD LDA MH SI YA

VP Community Care

Nottingham

Tel: 0870 850 4265

OP PD LDA MH SI YA AD

Westminster Homecare Ltd

(Nottingham)

Nottingham

Tel: 0115 982 1331

OP D PD LDA MH SI YA AD



Sandy Lodge

DAY CENTRE

North Muskham, Newark



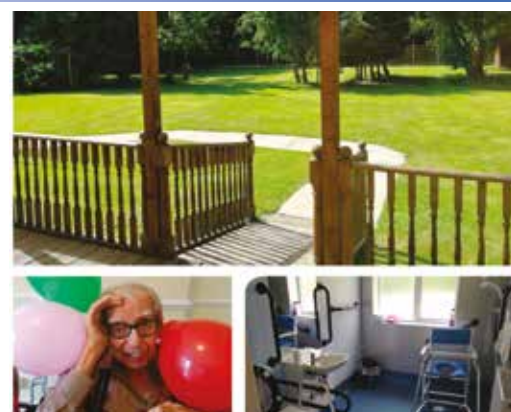
Silver Service Carers

Adult care & support

**Respite and recreation
in relaxing surroundings**

- ★ Fully refurbished luxury facilities
- ★ Extensive garden & terrace area
- ★ Friendly team, all DBS checked
- ★ Home cooked meals in our own kitchens
- ★ Social activities including puzzles, games, crafts, reading, exercise groups, pamper days & more
- ★ Support for limited mobility, dementia & other conditions

Call us to arrange a FREE taster day



Sandy Lodge, Bathley Lane, North Muskham, Newark NG23 6HR

☎ **01636 676566 | 07906 115 755**

✉ **enquiries@silverservicecarers.co.uk | www.silverservicecarers.co.uk**

Service	OP Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism
User Bands	MH Mental health	SI Sensory impairment	YA Younger adults	AD People who misuse alcohol or drugs

Telephone: **01623 752288**

Fax: **01623 237375**

Email: **info@lowmoorcare.com**

Lowmoor Road, Kirkby-in-Ashfield,
Nottinghamshire NG17 7JE

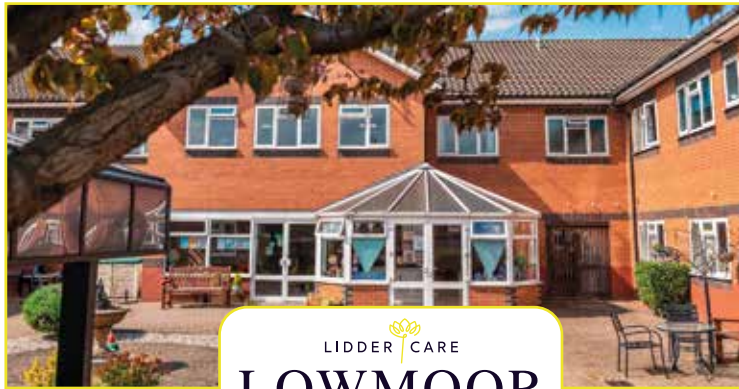


Telephone: **01623 622322**

Fax: **01623 621200**

Email: **manager@newgatelodge.com**

Newgate Lane, Mansfield,
Nottinghamshire NG18 2LG



LIDDER CARE
LOWMOOR
NURSING HOME

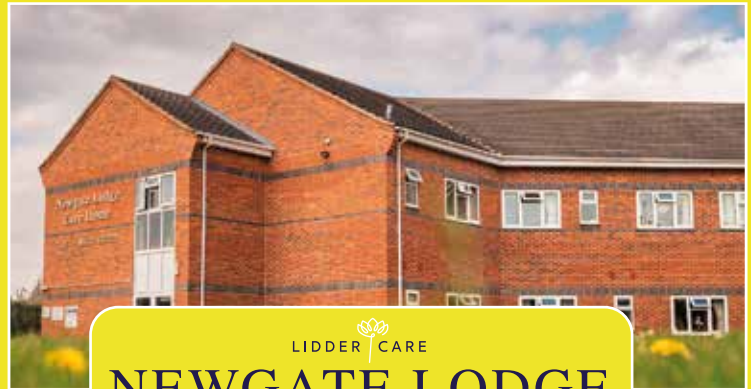
Purpose built 42 bedded nursing home situated in Kirkby in Ashfield that provides 24 hour specialist nursing care including behaviours' that may challenge.

- Intense care for individuals that require a more bespoke care provision.
- Specialist single sex units, Oaks (male 18 beds) and Cedars (female 10 beds).
- 14 bedded mixed unit that accommodates dementia and physical care needs.
- Care team specialise in managing behaviours in a positive and proactive manner.



OTHER SPECIALIST FEATURES

- Close to local town centres with easy bus and train access
- In-house Pub and Tea Room for resident and family use
- Secure enclosed garden courtyard for residents use
- 3 dining rooms with 5 star home cooking
- Hair dressing salon on site
- Regular visits from pet therapy services
- Events Team providing daily workshops
- Bespoke person centred activities and group activities
- Regular day trips for residents and families
- An attending clergy service for residents
- Excellent relationships with visiting professionals and GP's



LIDDER CARE
NEWGATE LODGE
CARE HOME

Purpose built care home with 55 ensuite bedrooms and walking distance of Mansfield Town Centre. The spacious and beautifully decorated home has a welcoming atmosphere and homely environment.

- Professional, experienced and dedicated staff team specialising in dementia and residential care
- 32 bed dementia floor, tailored to specific needs
- 23 bed residential floor with Garden access
- Respite and Day care available (subject to room availability)



OTHER SPECIALIST FEATURES

- Spacious lounges providing alternative environments
- 2 Passenger lifts giving easy access to both floors
- 4 dining rooms with 5 star home cooking
- Lifestyle team providing person centred activities
- Seasonal outings, outdoor activities & weekly entertainment
- Regular pet therapy visits
- Gentle seated exercise sessions
- Reminiscence lounge, Visitors lounge & Tuck shop
- Secure private garden courtyard with fountain
- Hairdressing salon on site
- Excellent relationships with visiting professionals and GP's

Feel free to pop in for a cup of tea and a chat, you're always welcome.





ASHA
Healthcare



Ashfield Nursing Home

Beech Avenue,
Kirby-In-Ashfield,
Nottingham
NG17 8BP
Tel: **01623 723724**



Forest Manor

Mansfield Road,
Sutton-in-Ashfield,
Nottingham
NG17 4HG
Tel: **01623 442999**

ASHA Healthcare has over 30 years of experience in delivering care and providing support to vulnerable adults. Our ethos centres around ensuring that every one of our clients is enabled to live an independent lifestyle within our Homes whilst maintaining their health, safety and wellbeing. We actively encourage family and friends to play an active role in helping us to provide a bespoke service.

ASHA Healthcare is always keen to integrate the local community and looks to organise a number of events to encourage local residents to visit our Homes.

Facilities & Services

- Nursing and residential care
- Supporting those living with Dementia
- Day care
- Respite care
- Physiotherapy
- Own GP if required
- Own furniture if required
- Lift and wheelchair access
- Gardens for residents

For more information please contact us:

Tel: **0115 972 9465**

Email: **info@ashahealthcare.co.uk**

Visit: **www.ashahealthcare.co.uk**



MANSFIELD MANOR

NURSING HOME



A prestigious purpose built care home offering luxurious standards of accommodation and facilities, particularly for social services funded residents as well as private residents.

We warmly welcome visitors to come and enjoy a cup of tea/coffee with our staff and residents at any time.



Distinctive features:

- Nursing, Residential and Dementia care
- CQC rated Outstanding Quality of Care. Mansfield's only care home to achieve it
- Prestigious Gold Standards Framework Accreditation for End of Life care
- Band 5 (excellent) rating by Social Services inspectors
- Luxury ensuite bedrooms with large LED TVs
- Specially adapted showers and bathrooms
- Tranquil and safe beautiful gardens
- Town centre location (opposite Tesco Superstore)
- Highly trained staff including nurses
- Active daily proprietor involvement
- Excellent selection of home cooked meals
- Sky TV and internet available

Please call **01623 631163** for further information

E: info@mansfieldmanor.co.uk • www.mansfieldmanor.co.uk

30-32 Chesterfield Road South Mansfield Nottinghamshire NG19 7AD

Home 1

Home 2

Home 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you take paper with you when visiting care homes so that you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

Staff

What is the minimum number of staff that are available at any time? ☐ ☐ ☐

Are staff respectful, friendly and polite? ☐ ☐ ☐

Do staff have formal training? ☐ ☐ ☐

Are the staff engaging with residents? ☐ ☐ ☐

Activities

Can you get involved in activities you enjoy? ☐ ☐ ☐

Is there an activities co-ordinator? ☐ ☐ ☐

Does the home organise any outings? ☐ ☐ ☐

Are residents escorted to appointments? ☐ ☐ ☐

Do the residents seem entertained? ☐ ☐ ☐

Does the home have a varied activities schedule? ☐ ☐ ☐

Life in the home

Is the home adapted to suit your needs? ☐ ☐ ☐

Can you bring your own furniture? ☐ ☐ ☐

Are there enough plug sockets in the rooms? ☐ ☐ ☐

Are there restrictions on going out? ☐ ☐ ☐

Is there public transport nearby? ☐ ☐ ☐

Does the home provide any transport? ☐ ☐ ☐

Can you make/receive calls privately? ☐ ☐ ☐

Can you decide when to get up and go to bed? ☐ ☐ ☐

Does the home allow pets? ☐ ☐ ☐

Does the home use Digital Care Planning accessible to families? ☐ ☐ ☐

Personal preferences

Is the home too hot/cold? Can you control the heating in your room? ☐ ☐ ☐

Is the décor to your tastes? ☐ ☐ ☐

Are there restricted visiting hours? ☐ ☐ ☐

Is there somewhere you can go to be alone? ☐ ☐ ☐

Does the home feel welcoming? ☐ ☐ ☐

Catering

Can the home cater for any dietary requirements you may have? ☐ ☐ ☐

Does the menu change regularly? ☐ ☐ ☐

Can you eat when you like, even at night? ☐ ☐ ☐

Can you have food in your room? ☐ ☐ ☐

Is there a choice of food at mealtimes? ☐ ☐ ☐

Is alcohol available/allowed if you want it? ☐ ☐ ☐

Can visitors join you for meals? ☐ ☐ ☐

Fees

Do your fees cover all of the services and activities? ☐ ☐ ☐

Are fees likely to change regularly? ☐ ☐ ☐

Is the notice period for cancellation of the contract reasonable? ☐ ☐ ☐

Could you have a trial period? ☐ ☐ ☐

Can you keep your room if you go into hospital? ☐ ☐ ☐

Can you handle your own money? ☐ ☐ ☐

*See page 33.

Specialising in RESIDENTIAL and DEMENTIA care
'Where care comes first'

Clifton View Care Home

67 Widecombe Lane, Clifton, Nottingham NG11 9GH



Purpose built 76 bed Care Home offering:

- Specialist residential and Dementia Care
- Long or short term stays and day care available
- Spacious bedrooms with en-suite shower rooms
- 3 large lounges with kitchenettes
- Large wet rooms, hoist assisted or Parker baths available
- Freshly cooked meals that truly promote choice
- 5 star in food hygiene

- Twice weekly hairdresser visits
- Attractive well maintained gardens
- Regular visits from GP Optician and chiropodist
- Close proximity to local amenities
- Bus and tram stops 2 minutes walk from the home
- Close to Clifton town centre and Lark Hill Retirement Village
- The home has extensive wifi and modern nurse call system TV points in all bedrooms and wireless internet

0115 984 2021 • info@cliftonviewcarehome.com • www.cliftonviewcarehome.com

Wollaton Park Care Home

2A Lambourne Drive, Wollaton, Nottingham NG8 1GR

- Purpose built 40 bed home comprising of 38 single and 1 double room all with either en-suite bathroom or shower
- Adjacent to the popular Wollaton Park
- Dementia and residential care
- Lounge and dining area
- Large garden
- Parker bath and three assisted showers
- Regular doctor visits
- TV / telephone point in every room
- Modern call system
- Twice weekly hairdresser visits
- Modern lift
- Dentist, optician and chiropodist available
- 5 star in food hygiene



0115 928 3030 • info@wollatonparkcarehome.com • www.wollatonparkcarehome.com

Wollaton View Care Home

21 Lambourne Drive, Wollaton, Nottingham NG8 1GR



- 46 large bedrooms with all en-suite facilities
- 2 large lounges overlooking the garden
- 2 large lifts
- Beautiful lawned garden
- Close to Wollaton Park
- Respite and long term care available

- CCTV coverage throughout
- Reval Caprice HI LO bath
- Modern nurse call system and TV points in all rooms with wireless internet
- Regular doctor visits
- Dentist, optician and chiropodist available
- Twice weekly hairdresser visits

0115 928 9119 • info@wollatonviewcarehome.com • www.wollatonviewcarehome.com

Connect House Care Home

8A Ribber Crescent, Nottingham NG5 1LP

- 56 large bedrooms with all en-suite facilities
- Connect House is also a reablement facility as well as long term care
- We cater for nursing and residential long term care
- 2 acres of delightful garden
- Reval Caprice HI LO bath
- Modern nurse call system and

- TV points in all rooms with wireless internet
- Regular doctor visits
- Dentist, optician and chiropodist available
- Salon on site
- 5 star food hygiene rating
- CCTV throughout
- Good access link to transport



0115 924 5467 • info@connecthousecarehome.com • www.connecthousecarehome.com

OPENING IN AUGUST 2019



Wilford View Care Home

Brookthorpe Way, Nottingham NG11 7FB

Beautifully designed new 83 bed Care home in the parish of Wilford, Nottingham



Home 1

Home 2

Home 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on page 55. You can download and print this checklist at www.carechoices.co.uk/checklists

Design

- Are there clear signs throughout the home? ☐ ☐ ☐
- Has the home been designed or adapted for people with dementia? ☐ ☐ ☐
- Are the home and grounds secure? ☐ ☐ ☐
- Are there prompts outside the residents' rooms to help people identify their own? ☐ ☐ ☐
- Is the décor familiar to your loved one? ☐ ☐ ☐

Choices

- Do residents get choice in terms of what they wear each day? ☐ ☐ ☐
- Are residents encouraged to be independent? ☐ ☐ ☐
- Can residents decide what to do each day? ☐ ☐ ☐
- Can residents have a say in the décor of their room? ☐ ☐ ☐

Activities

- Are residents able to join in with household tasks like folding washing? ☐ ☐ ☐
- Are there activities on each day? ☐ ☐ ☐
- Can residents walk around outside on their own? ☐ ☐ ☐
- Are residents sitting in front of the TV or are they active and engaged? ☐ ☐ ☐
- Are there rummage boxes around? ☐ ☐ ☐

Health

- Can residents get help with eating and drinking? ☐ ☐ ☐
- How often does the home review residents' medication? ☐ ☐ ☐
- Does the home offer help if a resident needs assistance taking medication? ☐ ☐ ☐
- Do GPs visit the home regularly? ☐ ☐ ☐

Staff

- Are staff trained to identify when a resident might be unwell? ☐ ☐ ☐
- Are staff trained to spot when someone needs to go to the toilet? ☐ ☐ ☐
- Do the staff have any dementia specific training/experience? ☐ ☐ ☐
- Will your loved one have a member of staff specifically responsible for their care? ☐ ☐ ☐

Approach to care

- Does the home follow a specific approach to dementia therapy, for example, validation therapy? ☐ ☐ ☐
- Will the home keep you informed about changes to your loved one's care? ☐ ☐ ☐
- Does the home have a specific approach to end of life care? ☐ ☐ ☐
- Does the home keep up to date with best practice in dementia care? ☐ ☐ ☐

*See page 33.



The award winning Hazelgrove Care Home offers a warm friendly atmosphere, with a strong emphasis on caring for one another like family. Offering a range of services from nursing to dementia care. **Give us a call.**

- ✓ **Dementia Quality Mark**
- ✓ Rated "Good" by CQC
- ✓ **Highest Quality Band Rating by Nottinghamshire County Council**
- ✓ Running for more than 20+ years
- ✓ **All reviewers on carehome.co.uk would recommend this home**

“

Can only compliment the home on the love & dedication they have to all the residents.

My mother has been happy & content there since September 2005 & now she is now 99 years old & continues to be cared for with dignity & respect.



Hazelgrove Care Home, Farleys Lane, Hucknall, Nottinghamshire, NG15 6DY

Tel. 0115 968 0706
E-mail | hazelgrove@milfordcare.co.uk
Web | www.milfordcare.co.uk



Dementia Care | Long-term Care | Residential Care | Day Care



Buddleia House

A care home where residents can play bowls, feed the chickens and enjoy a pint!

"Wow, I've been up and down the country and I've never seen anything like this, it's more than a new build, the thought that has gone into the individual living here is amazing, it's given me goosebumps"

**YOUR NEW CARE HOME
IN Hucknall**

Book Your Personal Tour Today

Buddleia House Care Home, 16 Croft Avenue
Hucknall, Nottinghamshire, NG15 7JD
Tel. 0115 968 0900 | www.buddleia-house.co.uk



Adams House

Willowbridge Lane, Sutton-in-Ashfield NG17 1DS
Tel: 01623 559009

LDA YA

Aldercar Residential Care Home

36 Wood Lane, Hucknall, Nottingham NG15 6LR
Tel: 0115 963 7797

Band 4

OP

Annesley Lodge Care Home

Annesley Road, Hucknall, Nottingham NG15 8AY
Tel: 0808 102 4386

Band 3

Advert page 35

OP D

Ashland Road West, 134

Sutton-in-Ashfield NG17 2HS
Tel: 01623 516641

OP LDA YA

Autism Support and Care

Jubilee Court, 1 Jubilee Road,
Sutton-in-Ashfield NG17 2DB
Tel: 01623 212090

LDA YA

Beech Court Care Home

52 Church Lane, Selston, Nottingham NG16 6EW
Tel: 01773 581450

Band 5

Advert below

OP D PD SI YA

Belmont Road

87 Belmont Road, Kirkby-in-Ashfield,
Nottingham NG17 9DY
Tel: 01623 754191

LDA

Blackwell Road

156e Blackwell Road, Huthwaite NG17 2RF
Tel: 01623 651987

LDA MH YA

Bluebell Lodge

Ashfield Street, Skegby, Sutton-in-Ashfield NG17 3BE
Tel: 01623 440188

OP D

Broad oak Park

Nuncargate Road, Kirkby-in-Ashfield,
Nottingham NG17 9DS
Tel: 01623 721924

OP LDA YA

Buddleia House Care Home

Croft Avenue, Hucknall, Nottingham NG15 7JD
Tel: 0115 968 0900

Advert page 58

OP D PD YA

Elm Tree House

37a Ogle Street, Hucknall,
Nottingham NG15 7FQ
Tel: 0115 963 3573

Band 4

OP D PD MH

Elmleigh Homes Ltd

Elmleigh House, 133 Vernon Road,
Kirkby-in-Ashfield, Nottingham NG17 8ED
Tel: 01623 753837

LDA

Elms, The

Portland College, Nottingham Road,
Mansfield NG18 4TJ
Tel: 01623 657117

LDA

Enablement Care

Brook Street, Sutton-in-Ashfield NG17 1ES
Tel: 01623 397750

OP D PD MH YA

Fieldings, The

Huthwaite Road, Sutton-in-Ashfield NG17 2GS
Tel: 01623 551992

OP D PD MH YA AD

Five Gables Care Home

113 Victoria Road, Kirkby-in-Ashfield,
Nottingham NG17 8AQ
Tel: 01623 752512

Band 5

Advert below

OP D PD SI

Beech Court

Residential & Dementia Care Home

Quality Care Delivered by Our Experienced Team

- Providing long term, respite & day care
- Friendly & relaxed atmosphere
- Personal & individual approach
- Good Community Links
- Rooms individually decorated & furnished
- Patio looking onto child friendly garden



52 Church Lane, Selston Green, Nottinghamshire NG16 6EW
Telephone: 01773 581450 Email: beechcourtcare@yahoo.co.uk
www.careffp.co.uk

Five Gables

Residential Care Home

Always "A Warm Welcome"



- Providing Quality Care & support
- Friendly and relaxed atmosphere
- Personal & individual approach
- Comfortable rooms all en-suite
- Good community links
- Large Patio, gardens & water feature

111/113 Victoria Road, Kirkby in Ashfield, Nottinghamshire, NG17 8AQ
Telephone: 01623 752512 Email: fivegablescare@yahoo.co.uk
www.careffp.co.uk

Service

OP Older people (65+) D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs

The Limes Nursing Home



Park Road, Mansfield Woodhouse, Nottinghamshire NG19 8AX

Tel: **01623 632681**

Fax: **01623 622644**

Email: **thelimescarehome@live.co.uk**

“Where care matters”

A luxurious purpose built Nursing Home with 40 beds, specialising in Residential, Dementia Care and Nursing Care within a safe, caring, warm environment.

- Welcoming clients for Nursing, Residential and Dementia Care
- Professionally trained and experienced, dedicated workforce
- Hairdressing salon, Library, in-house Chiropodist, specialist treatment available on request
- Spacious dining rooms
- Several luxuriously decorated lounges
- All en-suite bedrooms
- Private and Social Services funded clients welcome
- Patio area with landscaped gardens
- Recreational activities programme and outings
- Nutritious and varied menu, with specialist diets catered for
- Excellent bus routes



Regulated by



Visitors are welcome at any time

Tel: **01623 632681** • Email: **thelimescarehome@live.co.uk**

Forest Street

17 Forest Street, Kirkby-in-Ashfield,
Nottingham NG17 7DT
Tel: 01623 407923

LDA YA
Heathcotes (Hucknall & Watnall)

Lancaster Road, Hucknall,
Nottingham NG15 6WG
Tel: 0115 963 0707

PD LDA MH SI YA
Heathcotes (Moorgreen)

Lancaster Road, Hucknall,
Nottingham NG15 6WG
Tel: 0115 963 2374

LDA MH YA
Heathcotes (Taylor View and Gilbert Lodge)

220 Watnall Road, Hucknall,
Nottingham NG15 6EY
Tel: 0115 963 6379

LDA MH
Hollies, The

20 Alfretton Road, Sutton-in-Ashfield NG17 1FW
Tel: 01623 512850

OP LDA MH YA
Hucknall Hope Lea Project

11-13 Annesley Road, Hucknall,
Nottingham NG15 7AD
Tel: 0115 953 8385

LDA
Ina Lodge

4 De Morgan Close, Underwood,
Nottingham NG16 5EU
Tel: 0115 860 2258

OP LDA YA
Kingfisher Court

Kingfisher Way, off Coxmoor Road,
Sutton-in-Ashfield NG17 4BR
Tel: 01623 440325 **Band 5 Advert page 64**

OP D
Larwood House

1 Edison Street, Kirkby-in-Ashfield,
Nottingham NG17 9EP
Tel: 01623 752936

OP PD LDA MH YA
Leen Valley Care Home

3 Nottingham Road, Hucknall NG15 7QN
Tel: 0115 964 0400 **Band 3 Advert page 42** **OP D PD**

Limes Care Home, The

Park Road, Mansfield Woodhouse,
Mansfield NG19 8AX
Tel: 01623 632681 **Advert page 60**

OP D
Loxley Lodge Care Home

School Street, Kirkby-in-Ashfield,
Nottingham NG17 7BT
Tel: 01623 757475 **Band 2**

OP DPD MH
Manor House Care Home

Brook Street, Sutton-in-Ashfield NG17 1ES
Tel: 01623 554552 **Band 2**

OP PD MH
Orchard Care Home, The

10 Papplewick Lane, Hucknall,
Nottingham NG15 7TE
Tel: 0115 952 7102

OP D PD LDA MH SI YA
Orchard Street, 2-8

Hucknall, Nottingham NG15 7JX
Tel: 0115 968 0525

OP LDA MH YA
Quinton House

2 The Hill, Kirkby-in-Ashfield,
Nottingham NG17 8JR
Tel: 01623 723321

LDA
Richmond Lodge

Off 35a Road, Kirkby-in-Ashfield,
Nottingham NG17 7PR
Tel: 01623 750620

PD LDA MH YA
Royal Mencap Society – Brierley Bungalow

Ashfield Court, Stoneyford Road,
Sutton-in-Ashfield NG17 2DR
Tel: 01623 512666

OP LDA YA
Royal Mencap Society – Newstead Bungalow

Ashfield Court, Stoneyford Road,
Sutton-in-Ashfield NG17 2DR
Tel: 01623 552392

OP LDA YA
Royal Mencap Society – Silverhill Bungalow

Ashfield Court, Stoneyford Road,
Sutton-in-Ashfield NG17 2DR
Tel: 01623 512666

OP LDA YA
Service
OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands
MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs



Exceptional Care for Loved Ones

SUTTON COURT • SUTTON LODGE • SUTTON MANOR



Our three Residential Care Homes in Nottinghamshire make up the Ashmere Care Centre which features:

- Single and double en-suite bedrooms with emergency call buttons
- Indoor hydrotherapy pool and jacuzzi
- Full time activity co-ordinators
- Social services and privately funded residents
- Lunch club, day care, short term and long term care
- Specialist dementia unit • Private visitors lounge
- Plenty of visitor parking • Front, rear and courtyard gardens

Why Choose Ashmere Notts?

We have won numerous awards which demonstrate our top quality homes and staff. However, we never rest on our laurels and as such, we are constantly looking for ways to improve. We work alongside our residents and their families to ensure a unified approach in aspiring to have the best care homes in Nottinghamshire.

Ashmere Notts Ltd

Priestsic Road, Sutton in Ashfield NG17 2AH

T: 01623 441130

E: enquiries@ashmerenotts.co.uk

www.ashmerenotts.co.uk



Royal Mencap Society – Teversall Bungalow

Ashfield Court, Stoneyford Road,
Sutton-in-Ashfield NG17 2DR
Tel: 01623 512666

OP LDA YA

Shortwood House

145 Beardall Street, Hucknall, Nottingham NG15 7HA
Tel: 0115 952 0950 **Band 4**

OP D

Sutton Court

Priestsic Road, Sutton-in-Ashfield NG17 2AH **Band 5**
Tel: 01623 441130 **Advert page 62** **OP D PD SI YA**

Sutton House

57 Kirkby Road, Sutton-in-Ashfield NG17 1GG
Tel: 01623 555900 **Advert page 98**

LDA

Sutton Lodge

Priestsic Road, Sutton-in-Ashfield NG17 2AH **Band 5**
Tel: 01623 441130 **Advert pages 35 & 62** **OP D PD SI YA**

Sutton Manor

Priestsic Road, Sutton-in-Ashfield NG17 2AH **Band 5**
Tel: 01623 441130 **Advert page 62** **OP D PD SI YA**

West Hill, 41

Skegby, Sutton-in-Ashfield NG17 3EP
Tel: 01623 443997

LDA YA

Willis Lodge Care Home

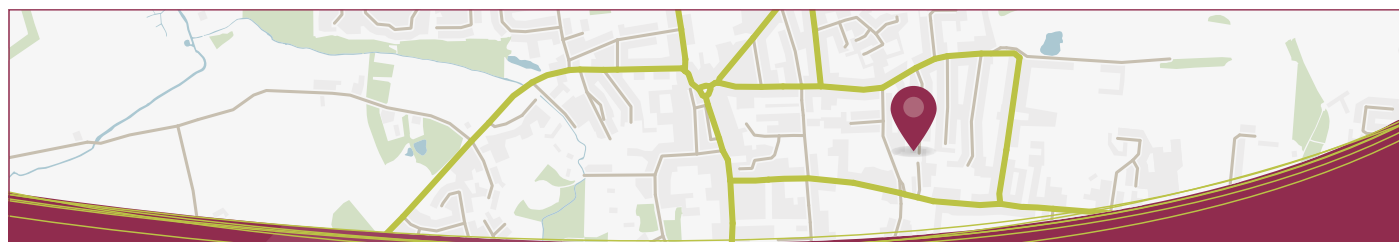
St. Thomas' Avenue,
Kirkby-in-Ashfield,
Nottingham NG17 7DX
Tel: 01623 397244

Advert page 86

OP D MH SI YA AD

See page 30 for more information on paying for care homes in Nottinghamshire.

See the checklist on page 55 for questions to ask when looking at care homes.



Search for care in your area

www.carechoices.co.uk



**With so many providers to choose from,
where do you start?**

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests



Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

Inspected and rated

Outstanding ★



Kingfisher Court

Sutton
In Ashfield

Exceptional Care in Outstanding Surroundings

“Amazing home. All the staff are wonderful and treat mum like she is their own. We spend time planting in the garden room and watching a movie in the beautiful cinema....Kingfisher Court is in a league of its own in every department. **Granddaughter of resident, Claire S**”



£895
Per Week



Our simple, All-Inclusive Guarantee means **everything is included** and you will not be charged for any extras.

We are proud to **pay our staff higher than average salaries** and provide **more staff for each resident** than most care homes.

All-Inclusive Guarantee

- | | | |
|------------------------|----------------|------------------------------|
| ✓ 24 hour care | ✓ Cinema | ✓ Hair and beauty |
| ✓ Newspapers | ✓ Chiropodist | ✓ Assisted medical visits |
| ✓ Private dining | ✓ Dry cleaning | ✓ Activities, 7 days a week |
| ✓ Chauffeur driven car | ✓ Home outings | ✓ All meals, snacks & drinks |



Respite stays
available
01623 440 325

www.oakdalecaregroup.com
kingfisher@oakdalecaregroup.com
Kingfisher Way | Sutton In Ashfield | NG17 4BR



Ashfield care homes with nursing

Band – see page 29 for more information

Advertisers are highlighted

Ashcroft Care Home

Langton Road, Sutton-in-Ashfield,
Mansfield NG17 1ER
Tel: 01623 444780 **Band 5** **OP D**

Ashfield Nursing Home

Beech Avenue, Kirkby-in-Ashfield,
Nottingham NG17 8BP
Tel: 01623 723724 **Band 1** **Advert page 53** **OP D MH**

Eastlands

Kingfisher Way, Sutton-in-Ashfield NG17 4BR
Tel: 01623 528960 **PD YA**

Forest Manor Care Home

Mansfield Road, Sutton-in-Ashfield NG17 4HG **Band 5**
Tel: 01623 442999 **Advert page 53** **OP D PD SI YA**

Hazelgrove Care Home

Farley's Lane, Hucknall,
Nottingham NG15 6DY
Tel: 0115 968 0706 **Band 5** **Advert page 58** **OP D PD**

Jubilee Court

Nabbs Lane, Hucknall,
Nottingham NG15 6HB
Tel: 0115 983 4630 **Band 4** **OP D PD SI YA**

Lawn Park Care Home

Lucknow Drive, Sutton-in-Ashfield NG17 4LS
Tel: 01623 515340 **Band 5** **OP PD**

Lowmoor Care Home

Lowmoor Road, Kirkby-in-Ashfield,
Nottingham NG17 7JE
Tel: 01623 752288 **Band 4** **Advert page 52** **OP D MH YA**

Meadowcroft Health Care Ltd

Kingfisher Way, Sutton-in-Ashfield NG17 4BR
Tel: 01623 528964 **OP PD MH YA**

Millington Springs

160 Portland Road, Selston,
Nottingham NG16 6AN
Tel: 01773 863557 **Band 4** **Advert page 66** **OP YA**

Nottingham Neurodisability Service Hucknall

Hankin Street, Hucknall NG15 7RR
Tel: 0115 968 0202 **PD YA**

Pathways Health Care Ltd

Kingfisher Way, Sutton-in-Ashfield NG17 4BR
Tel: 01623 528966 **OP LDA YA**

Shires Care Centre, The

The Oval, Sutton-in-Ashfield NG17 2FP
Tel: 01623 551099 **PD LDA YA**

Stoneyford Care Home

Stoneyford Road, Sutton-in-Ashfield NG17 2DR
Tel: 01623 441329 **Band 2** **OP D PD YA**

Willowcroft Care Home

New Street, Sutton-in-Ashfield NG17 1BW
Tel: 01623 703320 **Band 5** **OP D MH YA**

Wren Hall Nursing Home

234 Nottingham Road, Selston,
Nottingham NG16 6AB
Tel: 01773 581203 **Band 5** **Advert below** **OP D PD MH YA**

See page 30 for more information on paying for care homes in Nottinghamshire.



Wren Hall Nursing Home

www.wrenhall.com

Embracing Dementia Care Matters™ 'Feelings Matter Most' approach, our dedicated team supports a family feel and enables each person to live well having choice, control, comfort and love in their daily lives.

Telephone: **01773 581203**
Email: info@wrenhall.com
234 Nottingham Road, Selston, Notts NG16 6AB



Live every moment
laugh
everyday
Love beyond
words




Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs



CARLTON CARE HOME

We aim to provide outstanding 24-hour care by fully qualified staff. We communicate with residents, relatives and significant others to deliver high quality personalised care for our residents. We maintain independence where practical, give support when needed and offer endless loving care to all of our residents. We comfort residents, relatives and significant others throughout their journey within our homely environment. Carlton Care Home is registered with the CQC for Nursing, Residential, Respite and Palliative Care.

To arrange a visit or make an enquiry 0115 961 9959
Email us at enquiries@carltoncarehome.co.uk

WWW.CARLTONCAREHOME.CO.UK

398 Carlton Hill, Carlton, Notts NG4 1JA



MILLINGTON SPRINGS CARE FOR LIFE.

Millington Springs is a home where we Care for Life. At Millington Springs, our objective is simple; to provide the highest quality of individualised care, in the best possible surroundings, with the active involvement of our residents and their representatives. Millington Springs is registered with the CQC and provides Nursing, Residential, Respite and Palliative Care.

To arrange a visit or make an enquiry 01773 863557
Email us at enquiries@millingtonsprings.com

www.millingtonsprings.uk

160 Portland Road, Selston, Nottingham NG16 6AN



Care Home for the elderly, specialising in dementia, offering:

- 21 bedrooms, en-suite facilities • Friendly environment, promoting homely atmosphere • Fresh food cooked everyday • Central location, walking distance to local amenities including bus and rail networks
- Daily motivational & meaningful activities • Passenger lift
- Visiting Chiropodist, Dentist, Optician and Hairdresser

For further details, please contact us on **01777 702339**

E: glenesk@memento-care.co.uk www.gleneskcarehome.co.uk

Please visit us at The Crescent (off Queen Street), Retford DN22 7BX



T: 01909 472149
info@beechhouse294.com
www.beechhousecarehome.co.uk
294 Carlton Road, Worksop S81 7LL

We provide 24 hour residential and dementia care. Rated band 5 by Nottinghamshire CC (the best there is) we have also been awarded the prestigious Dementia Quality Mark for outstanding dementia care. Please come and meet our amazing team - no appointment necessary.

RATED AS OUTSTANDING BY CQC



Rose Farm Care Home

It is our intention to create a 'home' in every sense of the word with care provided by an experienced team of loving people.

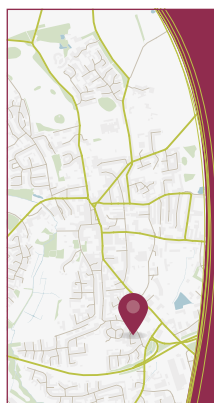
- Highly experienced staff • All bedrooms are decorated to the highest standards & some en-suite facilities • 24 hour care
- Residential and Specialist Dementia Care



www.rosefarmhome.co.uk



Main Street, Styrrup, Doncaster, DN11 8NB Tel: 01302 744 664



Search for care in your area

CareChoices

www.carechoices.co.uk



With so many providers to choose from,
where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Barnby Court Care Home

Barnby Moor, Retford DN22 8QS

Tel: 01777 705902 **Band 4**

OP D YA

Beech House Care Home

292-294 Carlton Road, Worksop S81 7LL

Tel: 01909 472149 **Band 5 Advert page 66**

OP D

Beeches

Retford Road, South Leverton,

Retford DN22 0BY

Tel: 01427 807630

OP LDA SI YA

Bracken Villa

6 Bracken Lane, Retford, Nottingham DN22 7EU

Tel: 01777 719720

LDA YA

Brailsford House

1 Main Street, Harworth, Doncaster DN11 8LE

Tel: 01302 742156 **Band 3**

OP D

Branthwaite Care Home

34 Welham Road, Retford DN22 6TN

Tel: 01777 706720 **Band 5**

OP D MH

Breagha House

40 Main Street, Hayton, Retford DN22 9LL

Tel: 01777 705713

LDA YA

Carlton Road

181-183 Carlton Road, Worksop S81 7AD

Tel: 01909 473831

LDA

Farthings Residential Care Home

Old London Road, Retford DN22 8ED

Tel: 01777 838219 **Band 5**

OP D PD MH SI

Glenesk Care Home

Queen Street, The Crescent,

Retford DN22 7BX

Tel: 01777 702339 **Band 3 Advert page 66**

OP D YA

Holles Street Short Breaks Service

Holles Street, Worksop S80 2LJ

Tel: 01909 535220

OP LDA YA

Hollies Residential Home, The

19-23 London Road, Retford DN22 6AT

Tel: 01777 707750 **Band 3**

OP D

James Hince Court Residential Care Home for Older People

Windsor Gardens, Carlton-in-Lindrick S81 9BL

Tel: 01909 733821

OP D PD

Langwith Lodge Care Home

The Park, Nether Langwith,

Mansfield NG20 9ES

Tel: 01623 742204 **Band 4 Advert page 68**

OP D

Newton House Care Home

Shireoaks Road, Shireoaks,

Worksop S81 8LX

Tel: 01909 482960 **Band 1**

OP D

Old Red Lion, The

Town Street, Treswell,

Retford DN22 0EJ

Tel: 01777 248877

LDA SI YA

Old Vicarage, The

Whitehouse Road, Bircotes,

Doncaster DN11 8EQ

Tel: 01302 745707

OP

Old Vicarage, The

Newcastle Avenue,

Worksop S80 1NJ

Tel: 01909 475521 **Band 3**

OP D YA

Orchard End

88 Welham Road, Retford DN22 6UG

Tel: 01777 701102

LDA YA

Redbank House

Town Street, South Leverton,

Retford DN22 0BT

Tel: 01427 880716

LDA YA

Rivers

Blyth Road, Oldcotes,

Worksop S81 8HU

Tel: 01909 731429

LDA MH YA

Rose Farm

Main Street, Styrrup,

Doncaster DN11 8NB

Tel: 01302 744664 **Band 3 Advert page 66**

OP D

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs



*"She has always had the best,
why should that change now?"*

At Langwith Lodge Residential Home, we endeavour to give your loved one the care that they deserve.

Inspected and rated

Good



The main Lodge is a residential care home, and Lake View cares for people with dementia.



Come and visit us at the home, and see for yourself.

Please call for further details:

01623 742204

www.yourhealthgroup.co.uk

The Park | Nether Langwith | Mansfield | Nottingham | NG20 9ES

See page 30 for more information on paying for care homes in Nottinghamshire.

See the checklist on page 55 for questions to ask when looking at care homes.



Celebrating Life

Our homes are more than care homes.
They're family homes. Friendly homes.
Homes that provide tailored care, beautiful environments and choice in every meal or activity.

**Visit our homes anytime for advice, or go to
www.barchester.com for more information.**

Forest Care Home
Mansfield, NG18 4XX
Tel: 01623 541 694

Forest Hill
Worksop, S81 0NZ
Tel: 01909 521 249

Lancaster Grange
Fernwood, NG24 3NH
Tel: 01636 880 755

Residential care • Nursing care • Dementia care • Respite breaks

Bassetlaw care homes continued

Band – see page 29 for more information

Rosekeys

Gringley on the Hill, Gainsborough Road,
Gringley, Doncaster DN10 4RJ
Tel: 01777 816923

LDA SI

South Moor Lodge Care Home

South Moor Road, Walkeringham,
Doncaster DN10 4LD
Tel: 01427 891204 **Band 5**

OP D

St Michael's View Residential Care Home for Older People

Hallcroft Road, Retford DN22 7NE
Tel: 01777 702218

OP D PD

St Saviours Care Home

5 Lidget Lane, Retford DN22 6QW
Tel: 01777 703040 **Band 5**

OP D

Tigh Fruin

40a Main Street, Hayton, Retford DN22 9LL
Tel: 01777 705713

LDA YA

Westwood

Talbot Road, Worksop S80 2PG
Tel: 01909 533690 **Band 5**

OP D PD SI YA

Whitegates

Sparken Hill, Worksop S80 1AP
Tel: 01909 477679

LDA

Bassetlaw care homes with nursing

Advertisers are highlighted

Ashley Care Centre

Sunnyside, Worksop S81 7LN
Tel: 01909 500541 **Band 5**

OP D PD MH YA

Blyth Country House Care Home

Spital House, Spital Road,
Blyth, Worksop S81 8DU
Tel: 01909 591219 **Band 3**

OP

Cherry Holt Care Home

28 Welham Road, Retford DN22 6TN
Tel: 01777 710347 **Band 5**

OP PD YA

Clumber Court Care Centre

Bolham Lane, Retford DN22 6SU
Tel: 01777 700823 **Band 2**

OP D PD MH YA

Forest Hill

Forest Hill Park, Worksop S81 0NZ
Tel: 01909 521249 **Band 5** **Advert page 68**

OP D

Gateford Hill Care Home

Gateford Hill, Gateford, Worksop S81 8AF
Tel: 01909 475402 **Band 5**

OP PD

Greenacres Grange

Greenacres Park, Wingfield Avenue, Worksop S81 0SB
Tel: 01909 517737 **Band 4**

OP YA

Jubilee Court Nursing Home

Gateford Road, Worksop S81 7BH
Tel: 01909 530233 **Band 5**

OP D PD SI YA

Lound Hall

Town Street, Lound, Retford DN22 8RS
Tel: 01777 818082 **Band 3**

OP D PD

Rose Meadow

119 Station Road, Misterton, Doncaster DN10 4DG
Tel: 01427 891190

LDA SI YA

Victoria Care Home

Memorial Avenue, Worksop S80 2BJ
Tel: 01909 476416 **Band 5**

OP D YA

Westvilla Nursing Home

Westfield Road, Retford DN22 7BT
Tel: 01777 701636 **Band 5**

OP

Westwood

Talbot Road, Worksop S80 2PG
Tel: 01909 533690 **Band 5**

OP D PD SI YA

Tell us what you think 

Share your feedback
Take our five minute survey

☐ What have you found useful?
☐ What could we do better?

 **CareChoices** www.carechoices.co.uk/reader-survey

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

Welcome to our homes...

Our care homes have built up excellent reputations within their local communities with the vast majority of our new residents coming through recommendations from others. This has been established through our commitment to the on-going provision of dedicated quality care delivered within a high quality, yet homely environment.

We welcome visitors into our homes and encourage family members and friends to get involved in their loved-ones care and become part of the care home's life. Those looking for a care home are welcome to visit at any time, an appointment is not always necessary.

- You are reading this because you are thinking about finding a care home for a loved one or even yourself
- You're trying to ensure you are making the right decision to find the best possible care for your family member
- Are you unsure what funding you are entitled to, how to work through all the paperwork?

It can be a very challenging process - We will help and advise you. Let our management team offer professional support and guidance from people who genuinely care.

Contact us now...

Residential Homes

Ashton Court

56 Three Tuns Rd, Eastwood,
Nottingham NG16 3EJ
T: 01773 712017
E: ashtoncourt@my-care.co.uk

Manorfields

47 Farley Rd, Derby
DE23 6BW
T 01332 346248
E manorfields@my-care.co.uk

Normanton Lodge

75 Mansfield Rd, South
Normanton, Alfreton DE55 2EF
T 01773 811453
E info@my-care.co.uk

Peacemills

132 Perry Road, Sherwood,
Nottingham NG5 3AH
T: 0115 9602 539
E: peacemills@btconnect.com

Edward House

175 Nottingham Road,
Eastwood NG16 3GS
T: 01773 531591
E: edwardhouse@my-care.co.uk

Moriah House

Deep Furrow Avenue, Carlton,
Nottingham NG4 1RS
T: 0115 9110 078
E: moriahhouse@my-care.co.uk

Orchard House

46 Easthorpe Street, Ruddington,
Nottingham NG11 6LA
T: 0115 9217 610
E: orchardhouse@my-care.co.uk

St. Peters

15 Vicarage Lane, Ruddington,
Nottingham NG11 6HB
T: 0115 9844 608
E: stpeters@my-care.co.uk



Assisted Living Apartments & Residential Home

Willow Tree House

3 Sutton Road, Mansfield,
Nottinghamshire NG18 5ET
T: 01623 471300
E: willowtree@my-care.co.uk

Nursing & Residential Homes

Baltimore Country House

245-247 Loughborough Road,
Ruddington, Nottingham NG11 6NY
T: 0115 9213 006
E: baltimorehouse@my-care.co.uk

Bramcote Hills

36 Sandringham Drive, Bramcote,
Nottingham NG9 3EJ
T: 0115 922 1414
E: bramcotehills@gmail.com

Acer Court Care Home

172 Nottingham Road, Nuthall NG8 6AX

Tel: 0115 977 7370 **Band 5** **Advert page 72** **OP D PD**

Alder House Care Home

172a Nottingham Road, Nuthall,

Nottingham NG8 6AX

Tel: 0115 975 8110 **Band 5** **Advert page 72** **OP D PD MH SI YA**

Ashton Court Residential Home

56 Three Tuns Road, Eastwood,

Nottingham NG16 3EJ **Band 4**

Tel: 01773 712017 **Advert page 70** **OP D PD MH**

Bramwell

Chillwell Lane, Bramcote, Nottingham NG9 3DU

Tel: 0115 967 7571 **Band 5** **OP D PD SI**

Chetwynd House

Slade Road, Chilwell, Nottingham NG9 4GS

Tel: 0115 697 9767 **Band 5** **OP D**

Church Street Care Home

84 Church Street, Eastwood NG16 3HS

Tel: 01773 765494 **OP LDA YA**

Eastwood House

24 Church Street, Eastwood, Nottingham NG16 3HS

Tel: 01773 712003 **Band 3** **OP D**

Edward House

175 Nottingham Road, Eastwood NG16 3GS

Tel: 01773 531591 **Band 5** **Advert page 70** **OP D**

Falcon House Care Home

2 Middle Street, Beeston, Nottingham NG9 1FX

Tel: 0115 922 8151 **Band 4** **OP D**

Hérons, The

Calverton Close, Toton, Nottingham NG9 6GY

Tel: 0115 946 0007 **Band 5** **OP**

Lawrence Mews

132 Church Street, Eastwood,

Nottingham NG16 3HT

Tel: 01773 760849 **PD LDA MH YA**

Little Acres

5 Spencer Drive, Nuthall, Nottingham NG16 1DQ

Tel: 0115 938 2236 **LDA YA**

Meadow Lodge

21-23 Meadow Road, Beeston,

Nottingham NG9 1JP

Tel: 0115 922 8406 **Band 2** **OP D**

McMorrow House

198 Station Road Beeston,

Nottingham NG9 2AY

Tel: 07539 875485 **MH YA**

Queenswood

Cliffgrove Avenue, Beeston,

Nottingham NG9 4DP

Tel: 0115 922 1037 **Band 5** **OP**

Rookery Care Home, The

130 Church Street, Eastwood,

Nottingham NG16 3HT

Tel: 01773 713176 **Band 2** **OP D PD YA**

Ryland Residential Home

9-11 Meadow Road, Beeston,

Nottingham NG9 1JN

Tel: 0115 943 6247 **Band 5** **OP**

Spring Bank Farm

52 Cordy Lane, Brinsley,

Nottingham NG16 5BY

Tel: 01773 765766 **LDA MH YA**

University Care

17 Derby Road, Beeston,

Nottingham NG9 2TA

Tel: 0115 875 8568 **D PD LDA MH SI YA**

University Care 2

53 Derby Road, Beeston,

Nottingham NG9 2TB

Tel: 0115 875 8568 **LDA MH YA**



Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs

Nottingham's Premium Care Community

Both Rated
Band 5
Premium by
Notts County
Council



Avery Healthcare invites you to the city's premium care community, where outstanding care is delivered alongside luxurious living. The community comprises two high quality retirement and care homes, Acer Court and Alder House, (both rated Good by the CQC) which share the same values for excellence and deliver the same first class care in friendly surroundings.

Life is centred on resident well-being, which includes a comprehensive range of activities at both homes; it's a life full of experiences within the daily calendar of events both inside the homes, in the community, and on trips out.

Both homes offer beautifully decorated en-suite rooms, quality restaurant style dining, quiet lounges and lovely landscaped gardens for relaxing in, including the delights of an aviary. They share the use of a cinema, enjoy company in the tea shop and travel together to events in the dedicated Avery minibus. There are also larger companion rooms and apartments available for couples wishing to stay together whilst in care.


An active and fulfilling life, supporting your independence, but secure in knowing support is always on hand.

Come and see for yourself.

Acer Court Care Home

Please call the Home Manager
on **0115 977 7370**

or see our lovely home life at

 www.facebook.com/AcerCourtCareHome

Alder House Care Home

Please call the Home Manager
on **0115 975 8110**

or see our lovely home life at

 www.facebook.com/AlderHouseCare

Alexandra House – Eastwood

Wroughton Court, Nottingham Road,
Eastwood NG16 3GP

Tel: 0115 979 1234 **Band 2** Advert page 93

OP

Beeston Lodge Nursing Home

15-17 Meadow Road, Beeston, Nottingham NG9 1JP

Tel: 0115 925 9014 **Band 1** **OP D PD YA**

Bramcote Hills Care Home

36 Sandringham Drive, Bramcote,
Nottingham NG9 3EJ

Tel: 0115 922 1414 **Band 2** Advert page 70 **OP D MH**

Broadgate Care Home

108-114 Broadgate, Beeston,
Nottingham NG9 2GG

Tel: 0115 925 0022 **Band 3** **OP D**

Devonshire Avenue, 1

Beeston, Nottingham NG9 1BS

Tel: 0115 925 5422 **PD LDA SI YA**

Dovecote

35 Dovecote Lane, Beeston, Nottingham NG9 1HR

Tel: 07824 877 917 **MH YA**

Gables Nursing Home, The

169-171 Attenborough Lane, Beeston,
Nottingham NG9 6AB

Tel: 0115 925 5674 **OP D**

Giltbrook Care Home

472 Nottingham Road, Giltbrook,
Nottingham NG16 2GE

Tel: 0115 938 3535 **Band 2** **OP D PD**

Grange Nursing Home, The

9 Elm Avenue, Beeston, Nottingham NG9 6BH

Tel: 0115 925 3758 **Band 3** **OP D**

Landermeads Care Home

265 High Road, Chilwell, Beeston,
Nottingham NG9 5DD

Tel: 0115 968 3888 **Band 5** **OP D PD LDA MH YA**

Moorlands Care Home

104 Church Lane, Brinsley NG16 5AB

Tel: 01773 781381 **Band 2** **OP D PD SI**

Silverwood (Nottingham)

Imperial Road, Beeston, Nottingham NG9 1FN

Tel: 0115 925 3699 **Band 2** **OP D PD LDA YA**



- Family owned homes dedicated to providing the best.
- Full time Chaplain leading pastoral care team.
- Residential, dementia, nursing, respite and day care for the over 50's.
- Set in mature gardens with premium and ensuite accommodation:
Wi-Fi and TVs throughout.
- Home cooked locally sourced food.



Woodleigh Christian Care Home Nursing, Residential & Dementia Care

Norfolk Drive, Mansfield, Nottingham NG19 7AG

t: 01623 420459

e: care@woodleighcare.co.uk

w: woodleighcare.co.uk

Baily House Care Home Residential & Dementia Care

Botany Avenue, Mansfield, Nottingham NG18 5QN

t: 01623 620719

e: care@bailyhouse.co.uk

w: bailyhouse.co.uk

Call in any time or contact the Home Managers

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **PA** People who misuse alcohol or drugs



www.carechoices.co.uk



Search for care in your area

**With so many providers
to choose from,
where do you start?**

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Gedling care homes

Band – see page 29 for more information

Advertisers are highlighted

Braywood Gardens

Millbrook Drive, Carlton, Nottingham NG4 3SR

Tel: 0115 938 1300 **Band 4** **OP D PD SI YA**

Bridle Lodge

80 Bridle Road, Burton Joyce, Nottingham NG14 5FS

Tel: 0115 931 3851 **LDA YA**

Camellia House

109 Main Street, Calverton, Nottingham NG14 6FG

Tel: 0115 845 8876 **Band 5** **OP**

Care @ Rainbow's End

Bosworth Farm, Main Street, Shelford,
Nottingham NG12 1EE

Tel: 0115 933 2878 **LDA YA**

Coppice Lodge

117 Coppice Road, Arnold, Nottingham NG5 7GS

Tel: 0113 385 3800 **Band 5** **Advert page 78** **OP D**

Eden Lodge Residential Care Home

Park Road, Bestwood Village,
Nottingham NG6 8TQ

Tel: 0115 977 0700 **Band 3** **OP D PD MH SI**

Ellington Road

6 Ellington Road, Arnold, Nottingham NG5 8SJ

Tel: 0345 241 5398 **LDA YA**

Gedling Village Care Home

73 Arnold Lane, Gedling, Nottingham NG4 4HA

Tel: 0115 987 7330 **Band 3** **OP D PD YA**

Hawthorne Nursing Home

School Walk, Bestwood Village, Nottingham NG6 8UU

Tel: 0115 977 0331 **Band 2** **OP D YA**

Ivy Leaf

29 Gedling Road, Gedling, Nottingham NG4 3EX

Tel: 0115 961 6785 **Band 3** **OP D PD MH SI**

Leivers Court Residential Care Home for Older People

Douro Drive, off Kilbourne Road, Arnold,
Nottingham NG5 8AX

Tel: 0115 920 9501 **Band 1** **OP D PD LDA SI**

Loreto Cottage

Mapperley Plains, Nottingham NG3 5RT

Tel: 0115 926 9357 **LDA**

Manor Residential Home (Arnold) Ltd

28 Church Street, Arnold, Nottingham NG5 8FB

Tel: 0115 953 5577 **Band 5** **OP**

Millbeck House

Oakdale Road, Arnold, Nottingham NG5 8BX

Tel: 0115 956 9790 **Band 4** **OP YA**

Nottingham Care Village

168 Spring Lane, Lambley, Nottingham NG4 4PE

Tel: 0115 920 9328 **Band 3** **OP D YA**

Orla House

317 Mapperley Plains, Nottingham NG3 5RG

Tel: 0115 920 3754 **LDA**

Oxclose Lane Care Home

154-156 Oxclose Lane, Arnold, Nottingham NG5 6FF

Tel: 0115 920 6814 **LDA**

Sheepwalk House

39 Sheepwalk Lane, Ravenshead,
Nottingham NG15 9FD

Tel: 01623 797074 **LDA YA**

Sherwood House Residential Care Home

Main Street, Linby, Nottingham NG15 8AE

Tel: 0115 964 2721 **Band 5** **OP D PD MH SI YA**

Spinnles, The

Linby Lane, Linby, Nottingham NG15 8AF

Tel: 0115 963 1844 **LDA YA**

Sycamore House

700 Mansfield Road, Sherwood, Nottingham NG5 3FW

Tel: 0115 956 5205 **OP D YA**

Vines, The

315 Westdale Lane, Mapperley, Nottingham NG3 6EW

Tel: 0115 960 6038 **OP PD LDA SI YA**

Westwolds

4 Park Avenue, Burton Joyce, Nottingham NG14 5AF

Tel: 0115 931 3659 **Band 3** **OP D**

Willow Brook Care Home

112 Burton Road, Carlton, Nottingham NG4 3BG

Tel: 0115 961 3399 **Band 4** **OP PD**

Woodthorpe View Care Home

53 Woodthorpe Drive, Woodthorpe,
Nottingham NG5 4GY

Tel: 0115 962 4556 **Band 4** **OP**

Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs

Expert care when it matters most

Albemarle Hall Tel: 0115 960 7339



4 Albemarle Road, Woodthorpe, Nottingham NG5 4FE

- Choice of single/companion room
- Small and large lounge
- Large dining room with high cuisine standards
- Extra wide corridors
- Parker bath with shower and assisted baths
- New large conservatory which is enjoyed by all the residents
- Secluded garden and patio
- TV in every bedroom / Modern nurse call system
- Doctor, Chiropodist and Optician available
- Hairdressing and dental treatment
- Laundry facilities and passenger lift
- Specialised diets catered for
- Registered for Nursing and Dementia
- 28 beds with 18 en-suite of which 6 have shower rooms



Albemarle Court Nursing Home Tel: 0115 960 4516



738 Mansfield Road, Woodthorpe, Nottingham NG5 3FY

- The Purpose built home offers 31 single bedrooms all en-suite of which 13 have shower rooms
- Modern security facilities in place
- Extra wide corridors
- One lounge and a large dining room
- One parker bath and assisted baths and shower
- Regular visits by Doctor
- TV / Telephone point in every bedroom
- Modern nurse call system
- Dentist, chiropodist & optician available
- Modern passenger lift
- Hairdressing
- Registered for Nursing and Dementia



Clarendon Court Care Home Tel: 0115 969 1681



13-15 Clumber Avenue, Sherwood Rise, Nottingham NG5 1AG

- Registered for Residential care including Dementia Care
- Spacious lounges with kitchenette and dining areas for residents' comfort
- Complete laundry service provided
- Modern nurse call system
- Up to date passenger lift for freedom of movement between floors
- 54 spacious bedrooms with en-suite facilities in each room
- Fully trained staff on duty 24 hours a day
- Home cooked meals catering for all dietary needs
- Regular visits from GP, district nurses, chiropodist, dentist, optician and hairdresser



Parker House Tel: 0115 960 8862



6 Albemarle Road, Woodthorpe, Nottingham NG5 4FE

- Registered for dementia, palliative and respite care
- Fully trained registered nurse on duty 24 hours a day
- Up to date lifting and handling equipment
- Home cooked meals catering for special dietary requirements
- Large dining area for residents' comfort during meal time
- Large lounge area and conservatory to relax and enjoy
- Social activities provided
- Complete laundry services provided
- Passenger lift for freedom of movement between floors
- Regular visits from GP, chiropodist, dentist, dietician, hairdresser and optician
- 21 single rooms with 8 en-suite, plus 2 doubles
- Registered for Nursing and Dementia (25 beds)



Gedling care homes with nursing

Band – see page 29 for more information

Advertisers are highlighted

Albemarle Court (Nottingham) Ltd – T/A Albermarle Court Nursing Home

738 Mansfield Road, Woodthorpe,
Nottingham NG5 3FY
Tel: 0115 960 4516 **Band 5**

Advert page 76
OP D PD MH SI

Albemarle Hall Nursing Home

4 Albemarle Road, Woodthorpe,
Nottingham NG5 4FE
Tel: 0115 960 7339 **Band 3**

Advert page 76
OP D PD MH SI YA

Beeches Care Home (Nottingham)

55 Furlong Street, Arnold,
Nottingham NG5 7AJ
Tel: 0115 926 2838 **Band 3**

OP PD YA

Carlton Care Home

398 Carlton Hill, Carlton, Nottingham NG4 1JA
Tel: 0115 961 9959 **Band 4** **Advert page 66**

OP YA

Charnwood

24 Station Road, Carlton, Nottingham NG4 3AX
Tel: 0115 940 4441 **Band 1**

OP PD YA

Elmbank Care Home

35 Robinson Road, Mapperley,
Nottingham NG3 6BB
Tel: 0115 962 1262 **Band 4**

Advert below right
OP D PD LDA

Ernehale Lodge Care Home

82a Furlong Street, Arnold, Nottingham NG5 7BP
Tel: 0115 967 0322 **Band 1**

OP D PD YA

Hawthorne Nursing Home

School Walk, Bestwood Village,
Nottingham NG6 8UU
Tel: 0115 977 0331 **Band 2**

OP D YA

Moriah House Ltd

Deep Furrow Avenue, Carlton,
Nottingham NG4 1RS
Tel: 0115 911 0078 **Band 4** **Advert page 70**

OP D PD

Oakleigh Lodge

4 Oakleigh Avenue, Nottingham NG3 6GA
Tel: 0115 960 2383

OP PD LDA SI YA

Parker House Nursing Home

6 Albemarle Road, Woodthorpe,
Nottingham NG5 4FE
Tel: 0115 960 8862 **Band 4**

Advert page 76
OP D

Springwater Lodge Care Home

10 Smithy View, Calverton,
Nottingham NG14 6FA
Tel: 0115 965 5527 **Band 4**

OP D PD YA

Stoke House Care Home

24-26 Stoke Lane, Gedling,
Nottingham NG4 2QP
Tel: 0115 940 0635 **Band 2** **Advert page 79**

OP D

Woodthorpe Manor Nursing Home

1 Egerton Road, Woodthorpe,
Nottingham NG5 4FF
Tel: 0115 920 6021 **Band 4**

OP

**If you are considering a care home with nursing,
see the checklist on page 55.**

**See page 30 for more information on paying for
care homes in Nottinghamshire.**

**Tell us what
you think** 

**Share your
feedback**

Take our five
minute survey

Ⓐ What have you
found useful?

Ⓐ What could we
do better?

 CareChoices

www.carechoices.co.uk/reader-survey

Elmbank Care Home

35 Robinson Road, Mapperley, Nottingham NG3 6BB

- 24 hour nursing care
- Quality dementia care
- Palliative care
- Highly qualified & experienced staff
- Single rooms, some en-suite
- Extensive activities programme
- Traditional style cooking with varied menu, special diets catered for

- Secluded gardens with patio & sensory garden
- Warm homely environment
- Visiting hairdressers, chiropodist, dentist, reflexologist and clergy
- Passenger lift and nurse call

For further information please contact the Manager Isabel Mantle.

Tel: 0115 962 1262 Fax: 0115 952 3726

Email: isabel.mantle@redwoodcare.co.uk



Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs



*A home is more than just bricks and mortar,
it is a place you feel safe, well cared for and relaxed.*

Ideal Carehomes makes a real difference to the lives of our residents. Offering 24 hour residential and dementia care with an inclusive fee offer, Ideal Carehome's caring and highly trained staff cherish our residents, assisting them to remain independent and ensuring they enjoy an active lifestyle.



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*Fairway View,
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idealcarehomes.co.uk

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Inspected and rated

Good



CareQuality
Commission



At Stoke House we offer full time residential and nursing care to older people who find managing in their own homes increasingly difficult. We have a dedicated activity team whose focus is to ensure that all residents lives have meaning and purpose, from helping out in our tuck shop to caring for our pets. We have strong links with the local community and we arrange regular trips to surrounding areas of interest.



To ensure that the care we provide matches the individual needs and preferences, we encourage people living with us and their loved ones to be actively involved in creating comprehensive care plans, with dignity and respect at the centre of what we do.



We have recently been awarded Nottingham Post Carer's award where our activities co-ordinator won **Care Home Worker of the Year** and we were also a Runner Up for **Care Home of the Year**.

For more information please call us on **0115 940 0635**
or email us at **admin@stokehouse.com**
www.stokehouse.com

24-26 Stoke Lane, Gedling, Nottingham, Nottinghamshire, NG4 2QP

Ashlands

Residential Care Home for the Elderly

Ashlands is a family run Care Home where excellence of care is the standard. With half an acre of pretty gardens backing on to woodlands, our residents have the space for quiet reflection while being close to local amenities. The two South facing sitting rooms and large sunroom all have full length windows and, along with the dining room, all overlook the rear garden.

Our Services Include:

- Our care manager has several years care experience and leads a team of highly trained staff
- Capacity for 30 residents, both for old age and dementia
- The majority of our rooms have en-suite WC facilities
- Long and short stay, respite and day care available
- Full-time activities co-ordinator, music, entertainment and regular outings
- Hair dressing, Chiropody and motivation therapy
- Award winning gardens giving a safe and quiet area to relax
- In-house cooks producing a varied range of freshly made meals, with special diets catered for
- Second floor accessed by lift, with wheelchair access throughout
- TV and phone available for every room
- All rooms have Nurse call points and are decorated and furnished to a high standard
- Close to local shops and public transport
- Registered with the CQC and Nottinghamshire County Council



We welcome visits at any time to come and meet the staff and residents and have a tour of the grounds and facilities.

Tel: **01623 792711** • www.ashlandscarehome.co.uk

152 Southwell Road, East Rainworth, Mansfield, Nottinghamshire, NG21 0EH

Ashlands Care Home

152 Southwell Road East, Rainworth,
Mansfield NG21 0EH

Tel: 01623 792711 **Band 3** Advert page 80 **OP D**

Baily House

Advert pages 73 & 84

Botany Avenue, Mansfield NG18 5QN

Tel: 01623 620719 **Band 5** **OP D YA**

Beechdene Care Home

29-30 Woodhouse Road, Mansfield NG18 2AY

Tel: 01623 649351 **LDA**

Beeches, The

59 High Street, Mansfield Woodhouse,
Mansfield NG19 8BB

Tel: 01623 421032 **Band 2** Advert page 86 **OP D**

Church Street, 19-23

Market Warsop, Mansfield NG20 0AU

Tel: 01623 840000 **OP PD LDA SI YA**

Clipstone Hall and Lodge

Mansfield Road, Clipstone Village,
Mansfield NG21 9FL

Tel: 01623 636350 **Band 5** Advert page 82 **OP D**

Corner House Residential Care Home

1-3-5 St Margaret Street, Mansfield NG18 2RE

Tel: 01623 657117 **PD LDA MH SI**

Dahlia House

38 Chesterfield Road South, Mansfield NG19 7AD

Tel: 01623 655100 **MH YA**

Dovecote Residential Care Home, The

69 Bagshaw Street, Pleasley, Mansfield NG19 7SA

Tel: 01623 480445 **LDA**

Dovetail House

The Park, Mansfield NG18 2AT

Tel: 01623 420690 **PD LDA MH YA AD**

Elizabeth House Residential Care Home

2 Church Hill Avenue, Mansfield Woodhouse,
Mansfield NG19 9JU

Tel: 01623 657368 **Band 2** Advert page 86 **OP D**

Elm

Forest Avenue, Mansfield NG18 4BX

Tel: 01623 626252 **PD MH SI YA**

Fernleaf Residential Home

26 Chesterfield Road South, Mansfield NG19 7AD

Tel: 01623 655455 **Band 3** **OP D YA**

Hatzfeld House

10b Mansfield Road, Blidworth,
Mansfield NG21 0PN

Tel: 01623 464541 **Band 5** Advert page 86 **OP D MH YA**

Haywood Oaks Care Home

Kirby Close, Blidworth, Mansfield NG21 0TT

Tel: 01623 795085 **Band 3** Advert page 84 **OP D**

Heathcotes (Mansfield)

11 Lindhurst Lane, Mansfield NG18 4JE

Tel: 01623 424833 **PD LDA MH SI YA**

Helmsley Road Short Breaks Service

29 Helmsley Road, Rainworth, Mansfield NG21 0DQ

Tel: 01623 476939 **LDA**

Indigo

2 Forest Avenue, Mansfield NG18 4BX

Tel: 01623 626252 **LDA MH SI YA**

Innova House – CBIR

Forest Avenue, Mansfield NG18 4BX

Tel: 01623 626252 **PD LDA MH**

Lilac

24 Greasley Court, Mansfield NG18 4ND

Tel: 01623 626252 **OP D PD LDA MH SI YA**

Magnolia House Residential Care Home

Chesterfield Road North, Pleasley,
Mansfield NG19 7RA

Tel: 01623 811580 **Band 4** **OP D**

Maun View

261 Chesterfield Road South,
Mansfield NG19 7EL

Tel: 01623 423125 **Band 5** **OP D PD SI**

Montague Street Care Home

28-30 Montague Street, Mansfield NG18 2PN

Tel: 01623 651368 **LDA**

Newgate Lodge Care Home

Newgate Lane, Mansfield NG18 2LG

Tel: 01623 622322 **Band 5** Advert page 52 **OP D**

Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs

Orchard Care Homes in Your Area

Rooms available for long
or short term stays

Quality care from a dedicated
team of experts at...



Clipstone Hall and Lodge Residential & Dementia Care Home

Mansfield Road, Clipstone,
Nottingham NG21 9FL
Telephone: **01623 636 350**



The Grange Care Home

Field Drive, Shirebrook,
Mansfield, Nottinghamshire
NG20 8BS
Telephone: **01623 747 070**

For more information call

01423 859 859

or visit www.orchardcarehomes.com
www.facebook.com/orchardcarehome



Orchard at the heart of the community

Oakdene

Stacey Road, Mansfield NG19 7JJ
Tel: 01623 655123

MH YA AD
Oaklands, The

Oakfield Lane, Warsop, Mansfield NG20 0JE
Tel: 01623 842080

LDA
Pines

203 Park Hall Road,
Mansfield Woodhouse NG19 8QX
Tel: 01623 633152

LDA YA
Redcliffe House

Redcliffe Road, Mansfield NG18 2QN
Tel: 01623 635599

LDA YA
Rowan – Innova House CLD

93 Windsor Road, Mansfield NG18 4BX
Tel: 01623 626252

PD LDA MH
Southwell Road, 304

304-306 Southwell Road East, Rainworth,
Mansfield NG21 0EB
Tel: 01623 793929

OP LDA YA
Thistle Hill Hall

Debdale Lane, Mansfield Woodhouse,
Mansfield NG19 7EZ
Tel: 01623 655100

MH
Westfield Care Home

Devon Drive, Mansfield NG19 6SQ
Tel: 01623 427846

OP D PD MH SI YA
Willow Tree House

3 Sutton Road, Mansfield NG18 5ET

Tel: 01623 471300 **Band 4 Advert page 70** **OP D PD YA**

Woodhouse Road Care Home

31 Woodhouse Road, Mansfield NG18 2AY
Tel: 01623 651398

LDA
Woodlands Care Home, The

Woodlands Way, Spion Kop, Warsop,
Mansfield NG20 0FN
Tel: 01623 845258

OP D PD MH SI
Woodlands – Innova House CLD

78-86 Forest Road, Mansfield NG18 4BU
Tel: 01623 626252 **Band 5**

LDA
Mansfield care homes with nursing
Ashdale Care Home

42 The Park, off Park Avenue, Mansfield NG18 2AT
Tel: 01623 631838 **Band 4**

OP PD
Berry Hill Care Home

Berry Hill Lane, Mansfield NG18 4JR
Tel: 01623 421211 **Band 5**

OP D
Churchfield Care Centre

Churchfield Drive, Rainworth, Mansfield NG21 0BJ
Tel: 01623 490109 **Band 4**

OP D YA
Forest Care Home
Advert page 68

Southwell Road West, Mansfield NG18 4XX
Tel: 01623 541694

OP D PD MH YA AD
Limes Care Home, The

Park Road, Mansfield Woodhouse,
Mansfield NG19 8AX
Tel: 01623 632681 **Advert page 60**

OP D
Mansfield Manor Care Home

30-32 Chesterfield Road South, Mansfield NG19 7AD
Tel: 01623 631163 **Band 5 Advert page 54**

OP D
Maun View

261 Chesterfield Road South, Mansfield NG19 7EL
Tel: 01623 423125

OP D PD SI
Nightingale Care Home

Fourth Avenue, Edwinstowe,
Mansfield NG21 9PA
Tel: 01623 824480

OP D PD MH SI YA
Parkside Nursing Home

Olive Grove, Forest Town,
Mansfield NG19 0AR

Tel: 01623 655341 **Band 5 Advert page 93**

OP D
Portland College

Nottingham Road, Mansfield NG18 4TJ
Tel: 01623 499111

PD LDA YA
Service
OP

Older people (65+)

D

Dementia

PD

Physical disability

LDA

Learning disability, autism

User Bands
MH

Mental health

SI

Sensory impairment

YA

Younger adults

AD

People who misuse alcohol or drugs



- Family owned homes dedicated to providing the best.
 - Full time Chaplain leading pastoral care team.
- Residential, dementia, nursing, respite and day care for the over 50's.
 - Set in mature gardens with premium and ensuite accommodation:
 - Wi-Fi and TVs throughout.
 - Home cooked locally sourced food.

Baily House Care Home **Residential & Dementia Care**

Botany Avenue, Mansfield, Nottingham NG18 5QN

t: 01623 620719

e: care@bailyhouse.co.uk

w: bailyhouse.co.uk

Woodleigh Christian Care Home **Nursing, Residential & Dementia Care**

Norfolk Drive, Mansfield, Nottingham NG19 7AG

t: 01623 420459

e: care@woodleighcare.co.uk

w: woodleighcare.co.uk

Call in any time or contact the Home Managers

Haywood Oaks Care Home

Kirby Close, Haywood Oaks Estate,
Blidworth, Nottinghamshire NG21 0TT



Haywood Oaks is a small, family owned care home for older people, located on the outskirts of beautiful Sherwood Forest, in a village setting. Haywood Oaks is a purpose-built care home that provides outstanding care for older people in a bright, airy and relaxed environment. Our communal areas are tastefully decorated and furnished to a high standard.

- Friendly & relaxed atmosphere
- A dedicated and committed staff team
- Person-centred care plans to cater for individual needs
- All rooms individually furnished to personal taste
- Extensive menu with locally sourced, home cooked food
- Long term, short-term and respite stay available
- Families & friends are made most welcome

“ We provide a happy, caring, safe and companionable home for our residents, where independence and individuality are encouraged and respected. ”

T: 01623 795 085 • www.haywood-oaks.co.uk

Red Oaks Care Community

116 Clipstone Road West, Forest Town,
Mansfield NG19 0HL

Tel: 01623 644195 **Band 3**

OP D YA

Sycamores, The and The Poplars

High Street, Warsop, Mansfield NG20 0AA

Tel: 01623 846446 **Band 4**

OP D YA

Thistle Hill Hall

Debdale Lane, Mansfield Woodhouse,
Mansfield NG19 7EZ

Tel: 01623 655100

MH

Westfield Care Home

Devon Drive, Mansfield NG19 6SQ

Tel: 01623 427846 **Band 1**

OP D PD MH SI YA

Woodlands Care Home, The

Woodlands Way, Spion Kop, Warsop,
Mansfield NG20 0FN

Tel: 01623 845258

OP D PD MH SI

Woodleigh Christian Care Home

Norfolk Drive, Mansfield,
Nottingham NG19 7AG

Tel: 01623 420459 **Band 3**

Advert page 73 & 84

OP D YA

Newark care homes

Applewood House & Apartments

Kirklington Road, Bilsthorpe, Newark NG22 8TT

Tel: 01623 343050

OP PD LDA MH SI YA

Barley View

Kirklington Road, Bilsthorpe, Newark NG22 8TT

Tel: 01623 343050

OP PD LDA MH SI YA

Birches

Eton Avenue, Newark NG24 4JD

Tel: 01636 550576

LDA YA

Bishops Court Residential Care Home for Older People

Tuxford Road, Boughton, Newark NG22 9HY

Tel: 01623 862043 **Band 1**

OP D PD

Bowbridge Court

Bowbridge Road, Newark-on-Trent NG24 4DF

Tel: 01636 614821 **Band 5**

OP D

Brooklyn Care Homes Ltd

Lodge Farm, Wheatgrass Hill, Upton, Newark NG23 5TJ

Tel: 01636 815553

OP PD LDA MH SI YA AD

Cedars (Mansfield), The

67 Mansfield Road, Blidworth, Mansfield NG21 0RB

Tel: 01623 491033

LDA YA

Chestnut Grange

Main Street, Weston, Newark NG23 6ST

Tel: 01636 821438

OP LDA YA

Christie Development Centre

Mansfield Road, Blidworth, Mansfield NG21 0LR

Tel: 01623 798889

PD LDA MH YA

Copper Beeches

138 High Street, Collingham, Newark NG23 7NH

Tel: 01636 892789 **Band 3**

OP D PD YA

Dannsa House

Dannsa House, Lincoln Road, East Markham,
Newark NG22 0SS

Tel: 01522 868279

LDA

Elston House

Top Street, Elston, Newark NG23 5NP

Tel: 01636 525384

LDA

Farm Field View

Kirklington Road, Bilsthorpe,
Newark NG22 8TT

Tel: 01623 343050

OP PD LDA MH SI YA

Friary Fields Care Home

21 Friary Road, Newark NG24 1LE

Tel: 01636 706105 **Band 1** **Advert page 86**

OP D

Greenfields Close

Newark Road, Coddington, Newark NG24 2QQ

Tel: 01636 677981

LDA

Hazelford Residential Care Home

Boat Lane, Bleasby, Nottingham NG14 7FT

Tel: 01636 830207 **Band 4** **Advert page 86**

OP D

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

Hazelford Care Home - Quality Residential & Dementia Care in Beautiful Surroundings



Overlooking the River Trent, Hazelford provides a warm and friendly home for loved ones. Offering stimulating and gentle support from our friendly team of staff.

- Permanent, Respite or Day Care
- Highly & qualified trained staff
- 35 private bedrooms with en-suite facilities
- Stunning period building and grounds



HAZELFORD CARE HOME

T: 01636 830207 • E: hazelford@btconnect.com • Boat Lane, Bleasby, Nottingham NG14 7FT • www.hazelfordcarehome.co.uk

Friary Fields Care Home

21 Friary Road, Newark NG24 1LE

- Dementia Care Specialists
- Private rooms with en-suite facilities
- Warm and friendly atmosphere
- Town centre location
- Set in landscaped, mature gardens
- Well-trained and friendly staff available 24 hours per day
- Visiting Dentist, Chiropodist & Optician
- Person-centred approach to care & Cognitive Stimulation Therapy offered
- Regular entertainment & activities

Tel: 01636 706105 Web: www.friaryfields.co.uk



THE BYARS REGISTERED CARE HOME



The Byars is an independent Care Home situated in an idyllic Trent Valley village. We provide the highest quality care in the highest quality accommodation.

The Byars offers accommodation for people requiring nursing or personal care. We are able to meet the needs of individuals experiencing dementia.

Please contact us to discuss specific care needs and how they could be met at The Byars.

T: 0115 966 3981

www.byarscarehome.co.uk

Caythorpe, Nr Lowdham, Nottinghamshire NG14 7EB

CQC rating

Outstanding ☆

Elizabeth House Care Home

2 Church Hill Avenue, Mansfield Woodhouse, Mansfield NG19 9JU

Tel: 01623 657368 • Fax: 01623 657368

- Respite Care / Holidays
- Physiotherapy
- Own GP if required
- Own Furniture if required
- Pets by arrangement
- Smoking not permitted
- Close to Local shops & Public Transport
- A small smoking room
- Double room available for couples
- Minibus or other transport available
- Lift & Wheelchair access
- Gardens for residents
- Phone Point in own room / Mobile
- Television point in own room
- Residents Internet Access
- Daily activities
- Excellent personal care and homely environment



The Beeches

Specialising in caring for people with a dementia.

Extended Listed period building providing en-suite rooms for 25 residents.

- Providing long term care, respite care, and day care for older people, and people with a dementia.
- Supportive and friendly staff.
- Varied menu with home cooked food.
- Flexible visiting hours and activities co-ordinator.

Please feel free to call in.

59 High Street • Mansfield Woodhouse • Mansfield • NG19 8BB

Tel: 01623 421032 Fax: 01623 421234

Email: the.beeches@live.co.uk Web: www.thebeecheesmansfield.co.uk



hatzfeld care limited



Hatzfeld House Blidworth and Willis Lodge Kirkby in Ashfield

At Hatzfeld House and Willis Lodge, we provide person-focused residential care covering a range of individual needs.

With a focus on **dementia care and mental health**, including alcohol related brain disease, our aim is to provide a **safe, stimulating environment** in which residents are enabled to care for themselves as independently as possible, supported by our team.

Some of the services we provide:

- Personal care & support
- Assistance with health needs including medication management
- Carers short breaks and holiday support
- Wellbeing clinic
- Escorting to appointments and social activities
- Assistance with mobility
- Dementia screening
- Re-enablement programmes to encourage independence

Hatzfeld House
01623 464541

hatzfeldhouse@hatzfeld.co.uk

Willis Lodge
01623 397244

willislodge@hatzfeld.co.uk

Hatzfeld House



Heathcotes Enright Lodge

2-4 Enright Close, Newark NG24 4EB

Tel: 01636 707211

PD LDA MH SI YA

Heathcotes Enright View

1-3 Enright Close, Newark NG24 4EB

Tel: 01636 707211

PD LDA MH SI YA

Millbank

109 Mill Gate, Newark NG24 4UA

Tel: 01636 703625 **Band 5**

OP D PD SI YA

Nightingale Care Home

Fourth Avenue, Edwinstowe,
Mansfield NG21 9PA

Tel: 01623 824480 **Band 2**

OP D PD MH SI YA

Old Orchard, The

242 Beacon Hill Road, Newark NG24 2JP

Tel: 01636 700227

LDA YA

Old Vicarage, The

Wellow Road, Old Ollerton, Mansfield NG22 9AD

Tel: 01623 824689

LDA YA

Red Roofs Residential Care Home

35a Grange Road, Newark NG24 4LH

Tel: 01636 707298 **Band 5**

OP D YA

Royal Mencap Society – 97b Barnby Gate

Newark NG24 1QZ

Tel: 01636 676198

LDA YA

South Collingham Hall

Newark Road, Collingham, Newark NG23 7LE

Tel: 01636 892308 **Band 1**

OP D PD MH

Southwell Court Care Home

Racecourse Road, Southwell NG25 0TX

Tel: 01636 815599 **Band 5**

OP D

St Marys

The Old Vicarage, Main Street, Blidworth,
Mansfield NG21 0QH

Tel: 01623 795231 **Band 1**

OP D

Sternhill Paddock

Back Lane, Eakring, Newark NG22 0DJ

Tel: 01623 411410

LDA YA

Strawberry Fields Care Home

Strawberry Hall Lane, Newark NG24 2EP

Tel: 01636 700770 **Band 3**

OP D

Tigh Cranntail

1 King Johns Court, Main Road, Kings Clipstone,
Mansfield NG21 9BT

Tel: 01522 868279

LDA YA

Troc Care Home, The

256 Beacon Hill Road, Newark NG24 2JP

Tel: 01636 671342 **Band 4**

OP D PD MH SI

Tuxford Manor Care Home

143 Lincoln Road, Tuxford, Newark NG22 0JQ

Tel: 01777 872555 **Band 5**

OP D PD MH YA

Victoria Cottage Residential Home

13-15 Station Road, Lowdham, Nottingham NG14 7DU

Tel: 0115 9663375

OP D

Winthorpe Hall Care Home

74 Gainsborough Road, Winthorpe,
Newark NG24 2NR

Tel: 01636 701826

OP D

Woodland Grove

Kirklington Road, Bilsthorpe, Newark NG22 8TT

Tel: 01623 343050

OP PD LDA MH SI YA

Tell us what you think



☉ What have you found useful?

☉ What could we do better?

Share your feedback – take our five minute survey

www.carechoices.co.uk/reader-survey

Service	OP Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism
User Bands	MH Mental health	SI Sensory impairment	YA Younger adults	AD People who misuse alcohol or drugs

Boughton Manor

Church Road, Boughton, Newark NG22 9JX

Tel: 01623 860436 **Band 4**

OP D MH

Byars Nursing Home, The

Caythorpe Road, Caythorpe,

Nottingham NG14 7EB

Tel: 0115 966 3981 **Band 5 Advert page 86 OP D PD SI**

Highfields Care Home

Station Road, Edingley, Newark NG22 8BX

Tel: 01623 549057 **Band 5 Advert below**

OP

Lancaster Grange

Cross Lane, Fernwood, Newark NG24 3NH

Tel: 01636 880755 **Band 2 Advert page 68 OP D PD YA**

Oaks and Little Oaks, The

172 London Road, Balderton,

Newark NG24 3JF

Tel: 01636 605365 **Band 2**

OP

Pathfinders Neurological Care Centre

Darwin Drive, New Ollerton,

Newark NG22 9GW

Tel: 01623 836639

OP PD LDA SI YA

Red Rose Care Community

32 Brockton Avenue, Farndon,

Newark NG24 4TH

Tel: 01636 673017 **Band 3**

OP D YA

Sherwood Grange Care Centre

Mansfield Road, Edwinstowe,

Mansfield NG21 9HF

Tel: 01623 824601 **Band 2**

OP PD YA

Tuxford Manor Care Home

143 Lincoln Road, Tuxford,

Newark NG22 0JQ

Tel: 01777 872555 **Band 5**

OP D PD MH YA

Edenhurst Care Home



Facilities & Services: Own Furniture if required • Pets by arrangement • Smoking not permitted • Close to Local shops • Near Public Transport • Minibus or other transport • Lift • Wheelchair access • Gardens for residents • Phone Point in own room/Mobile • Television point in own room

T: 0115 960 6595

11 Denmark Grove,
Nottingham NG3 4JG



Care Homes in Nottingham

When you love every day, it's magic.

Every day in our Nottingham homes is sprinkled with 'Magic Moments'. One day our residents might be out and about visiting local sights, the next, taking part in our exercise classes or alternatively they may just choose to 'stick to their knitting!'. When everything is right, bright and beautifully done – it's a place where you can truly love every day.

For more information please call us to find out more.

Highfields Care Home, Edingley, Tel: 01623 549057

Hall Park Care Home, Nottingham, Tel: 0115 828 3597

www.brighterkind.com

brighterkind

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

Acorn House

1 Oak Street, Nottingham NG5 2AT

Tel: 0115 960 5981 **Advert page 98**

OP D LDA

Alexandra Lodge Care Home

2 Lucknow Drive, Mapperley Park,
Nottingham NG3 5EU

Tel: 0115 962 6580

OP D SI

Arnold Road, 514

Bestwood, Nottingham NG5 5HN

Tel: 0115 960 8091

OP PD LDA SI YA

Ascot House – Nottingham

30-40 Percival Road, Sherwood, Nottingham NG5 2EY

Tel: 0115 960 6506

OP

Ashleigh House

18-20 Devon Drive, Sherwood, Nottingham NG5 2EN

Tel: 0115 969 1165

OP

Beechdale House Care Home

Beechdale Road, Aspley, Nottingham NG8 3EZ

Tel: 0115 929 2792

OP D PD

Beechwood

60 Burlington Road, Sherwood, Nottingham NG5 2GS

Tel: 0115 924 5893

LDA

Belvoir Lodge

243 Edwards Lane, Nottingham NG5 6EQ

Tel: 0115 967 9287

OP PD LDA SI YA

Burlington Villa

15 Burlington Villa, Sherwood, Nottingham NG5 2GR

Tel: 0115 960 2738 **Advert page 98**

LDA

Carrington House Care Home

25 Mayo Road, Nottingham NG5 1BL

Tel: 0115 962 1100

OP D PD YA

Cherry Trees Resource Centre

Chippenham Road, Bestwood Park Estate,
Nottingham NG5 5TA

Tel: 0115 915 9193

OP D

Claremont Road, 4

Nottingham NG5 1BH

Tel: 0115 960 4618

OP LDA YA

Clarendon Court Care Home

13-15 Clumber Avenue, Sherwood Rise,
Nottingham NG5 1AG

Tel: 0115 969 1681 **Advert page 76**

OP D PD SI YA

Clifton Manor Residential Home

Rivergreen, Clifton, Nottingham NG11 8AW

Tel: 0115 984 5859

OP D

Cockington House

38 Cockington Road, Nottingham NG8 4BZ

Tel: 0115 928 8013

LDA YA

Conifers Rest Home, The

11-15 Bakerdale Road, Bakersfield,
Nottingham NG3 7GJ

Tel: 0115 911 0024

OP D

Dales, The

37 Ridsdale Road, Sherwood, Nottingham

Tel: 0115 837 5426

OP LDA MH YA

Devonshire Manor

2 Devonshire Road, Sherwood,
Nottingham NG5 2EW

Tel: 0115 962 2538

PD LDA MH YA AD

Edenhurst Rest Home

5-11 Denmark Grove, Alexandra Park,
Nottingham NG3 4JG

Tel: 0115 960 6595 **Advert page 88**

OP D

Fairview

Sutherland Road, Nottingham NG3 7AP

Tel: 0115 976 4652

LDA YA

Fairway View

Swale Close, Bulwell, Nottingham NG6 9LZ

Tel: 0113 385 3800 **Advert page 78**

OP D

Forest Lodge Rest Home

20 Forest Road East, Arboretum,
Nottingham NG1 4HH

Tel: 0115 978 0617

OP D MH

Gregory Court

Noel Street, Hyson Green, Nottingham NG7 6AJ

Tel: 0115 979 0750

PD YA

Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs



Acorn House



Caring Communities, Loving Life

We feel life is to be lived and loved, and that shouldn't change as the years go by. Many of our residents find that their world expands when they join us, they revive abandoned interests, explore new hobbies, widen their social circle and rediscover their zest for life. Personal choice, without pressure, defines everyone's lifestyle here at Acorn House.



Acorn House offers 24-hour residential accommodation for later years and specialist dementia care in a purpose-built, 64-bedroom home in Nottingham.

Live life your way at Acorn House

Contact us:

T | 0115 960 5981

E | enquiries@acornhousecare.co.uk

or visit: www.acornhousecare.co.uk

Acorn House Care Home,
Oak Street,
Nottingham
NG5 2AT

Gregory House II

391-393 Mansfield Road,
Nottingham NG5 2DG
Tel: 0115 969 2320

MH YA

Hall Park Care Home

Squires Avenue, Bulwell, Nottingham NG6 8GH
Tel: 0115 828 3597 **Advert page 88**

OP D PD

Hawthorn Lodge Care Home

Beckhampton Road, Bestwood Park,
Nottingham NG5 5LF
Tel: 0115 967 6735

OP D PD SI

Heathcotes (Arnold)

Redhill Farm, Bestwood Lodge Drive, Arnold,
Nottingham NG5 8NE
Tel: 0115 967 9619

LDA MH

Heathcotes (Basford)

55a Hadbury Road, Nottingham NG5 1JZ
Tel: 0115 970 4850

PD LDA MH SI YA

Heathcotes (Blenheim)

Blenheim Mount, St Anns Hill,
Nottingham NG3 4LA
Tel: 0115 960 6446

PD LDA MH SI YA

Heathcotes (Carrington Park)

2 Clinton Avenue, Nottingham NG5 1AW
Tel: 0115 962 4949

PD LDA MH SI YA

Heathcotes (Mapperley Lodge)

24 Ebers Road, Mapperley Park,
Nottingham NG3 5DZ
Tel: 0115 960 3675

PD LDA MH SI YA

Heathcotes (Woodborough)

2 Corporation Oaks, Nottingham NG3 4JY
Tel: 0115 960 8188

PD LDA MH YA

Hegarty Care

201 University Boulevard, Beeston,
Nottingham NG9 2GJ
Tel: 0115 808 5898

MH YA

Kingfisher Court Care Centre

Sturgeon Avenue, Clifton, Nottingham NG11 8HE
Tel: 0115 940 5031 **Advert page 93**

OP D

Kingsbury House Ltd

103-105 Mansfield Street,
Nottingham NG5 4BH
Tel: 01623 798656

OP MH YA

Langdale Court Care Home

1 Colville Street, Nottingham NG1 4HQ
Tel: 0115 947 2167

OP MH YA

Langdale House Residential Home

Grove Avenue, Southey Street,
Nottingham NG7 4BP
Tel: 0115 978 3822

OP MH YA

Levina House

17 Victoria Embankment, Nottingham NG2 2JY
Tel: 0115 986 1555

LDA YA

Lime Lodge

575 Nuthall Road, Nottingham NG8 6AD
Tel: 0115 875 8349

OP LDA YA

Limes, The

6 Lime Tree Avenue, Aspley, Nottingham NG8 6AB
Tel: 0115 875 8349

OP PD LDA YA

Linwood House

1 Mount Hooton Road, Nottingham NG7 4AY
Tel: 0115 978 6736

OP LDA YA

Lynton House

Sutherland Road, Nottingham NG3 7AP
Tel: 0115 976 4652

LDA YA

Mayfield House

43 Langtry Grove, Nottingham NG7 7AX
Tel: 0115 844 0085

MH YA

Mount Vernon Terrace

23-25 Waverley Street, Arboretum,
Nottingham NG7 4DX
Tel: 0115 978 4345

MH

Oakdene Residential Care Home

10 Woodborough Road, St Anns, Nottingham NG3 1AZ
Tel: 0115 958 0172

OP LDA YA

Oaks Residential home, The

Campbell Street, St Anns, Nottingham NG3 1GZ
Tel: 0115 876 2997

OP D YA

Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs

Oxclose Lodge

231 Edwards Lane, Nottingham NG5 6EQ

Tel: 0115 926 9617

OP PD LDA SI YA

Palmwood Court, 14-17

The Woodlands, Highbury Road, Nottingham NG6 9BZ

Tel: 0115 975 3987

OP MH YA

Park View Nursing Home

13 Gedling Grove, Radford, Nottingham NG7 4DU

Tel: 0115 979 0776

OP D PD LDA MH YA

Peacemills Care Home

132 Perry Road, Nottingham NG5 3AH

Tel: 0115 960 2539 **Advert page 70** **OP D PD LDA YA**

Seely Hirst House

62-68 Mapperley Road, Nottingham NG3 5AS

Tel: 0115 960 6610

OP D PD MH SI

Springfield Care Home

Lawton Drive, Bulwell, Nottingham NG6 8BL

Tel: 0115 927 9111

OP D

Springfield Lodge Care Home

45 Watcombe Circus, Carrington,

Nottingham NG5 2DU

Tel: 0115 962 0745

OP D MH

St Martins

42 St Martins Road, Nottingham NG8 3AR

Tel: 0115 929 7325

OP D

Turning Point– Alfred Minto House Care Home

26-28 Zulu Road, New Basford,

Nottingham NG7 7DR

Tel: 0115 978 3826

MH YA

Victoria House

19 Victoria Embankment, Nottingham NG2 2JY

Tel: 0115 998 1026

LDA YA

Watcombe Circus, 2-4

Carrington, Nottingham NG5 2DT

Tel: 0115 960 9592

OP MH YA

Wells Road, 280-282

Nottingham NG3 3AA

Tel: 0115 941 2743

OP LDA YA

Wollaton View Care Home

21 Lambourne Drive, Wollaton,

Nottingham NG8 1GR

Tel: 0115 928 9119 **Advert page 56**

OP D

Wycar Leys Bulwell

Snape Wood Road, Bulwell,

Nottingham NG6 7GH

Tel: 0115 976 2111

OP PD LDA MH SI YA

Yolanta House Residential Home

1-3-5 Herbert Road, Sherwood Rise,

Nottingham NG5 1BS

Tel: 0115 962 6316

OP D

See page 30 for more information on paying for care homes in Nottinghamshire.

If you are considering a care home with nursing, see the checklist on page 55.



Search for care in your area

www.carechoices.co.uk 

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

 CareChoices

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

Autumn Grange

Linden Road, Creswell
Worksop, Notts S80 4JT
T: **01909 714098**

Clifton Manor

Rivergreen, Clifton,
Notts NG11 8AW
T: **01159 848485 / 845859**

Croft

43/44 Main Street,
Stapenhill,
Burton on Trent,
Staffs DE15 9AR
T: **01283 561227**

Fernedene

Park Springs Road,
Gainsborough DN21 1NY
T: **01427 810700**

Haddon House

32-34 High Street
Clowne, Chesterfield,
Derbyshire S43 4JU
T: **01246 811106**

Kingfisher Court

Sturgeon Avenue
Clifton, Notts NG11 8HE
T: **01159 405031**

Parkside

Olive Grove,
Forest Town, Mansfield,
Notts NG19 0AR
T: **01623 655341**

Pinxton Manor

Church Street West,
Pinxton, Notts NG16 6PX
T: **01773 819191**

Poplars

Rolleston Road,
Burton on Trent,
Staffs DE13 0JT
T: **01283 562842**

Rutland Manor

99/109 Heanor Road
Ilkeston,
Derbyshire DE7 8TA
T: **01159 440322**

Woodlands

Butterley Hill, Ripley,
Derbyshire DE5 3LW
T: **01773 744919**



01159 844839

Offering Residential & Nursing Care for Older People
and Specialist Dementia and Palliative Care for
Adults Aged 50+



Nursing Care | Dementia Care | Residential Care | Respite Care | Day Care



We understand how confusing it can be choosing a care home for yourself, or a loved one. Monarch Healthcare homes have an open-door policy and we're happy to give impartial advice and a tour of our homes without obligation. Our dedicated team of nurses and carers are expertly trained to discuss your requirements and advise you about the specialist dementia care and devoted palliative care services we offer.

We encourage you to visit our homes, sample a meal from our restaurant or join in with one of our social events to help make up your mind.

Monarch Healthcare works hard on its dementia strategy and believes in a completely person-centred approach to care. In all our homes we put the needs of our residents first, we're dedicated to understanding the needs of our residents, providing excellent standards in our hospitality services and making each day fulfilling and meaningful.

Our homes are shaped by our residents needs and preferences, from décor to menu choices. We work in your home.

www.monarchhealthcare.co.uk



For more information, or to request a brochure, please contact the home, or head office on tel: **01159 844839** email: **info@monarchhealthcare.co.uk**

Acacia Care Centre

12 Sherwood Rise, Sherwood, Nottingham NG7 6JE
Tel: 0115 962 1186 **OP D PD YA**

Beechdale House Care Home

Beechdale Road, Aspley, Nottingham NG8 3EZ
Tel: 0115 929 2792 **OP D PD**

Beechdale Manor Care Home

40 Beechdale Road, Nottingham NG8 3AJ
Tel: 0115 849 6400 **OP D YA**

Belle Vue Lodge

680 Woodborough Road,
Nottingham NG3 5FS
Tel: 0115 979 1234 **Advert page 95** **OP D**

Clifton Manor Nursing Home

Rivergreen, Clifton, Nottingham NG11 8AW
Tel: 0115 984 8485 **Advert page 93** **OP D**

Clifton View Care Home

67 Widecombe Lane, Clifton, Nottingham NG11 9GH
Tel: 0115 984 2021 **Advert page 56** **OP D**

Connect House

Riber Crescent, Basford,
Nottingham NG5 1LP
Tel: 0115 924 5467 **Advert page 56**
OP D PD LDA MH SI YA AD

Edwin House

Millers Court, off Radford Boulevard,
Nottingham NG7 3DP
Tel: 07939 224746 **OP MH YA AD**

Firs Nursing Home, The

700 Mansfield Road, Sherwood, Nottingham NG5 3FS
Tel: 0115 953 1123 **OP YA**

Highfields Nursing Home

330 Highbury Road, Bulwell, Nottingham NG6 9AF
Tel: 0115 927 8847 **OP D PD**

Huntercombe Centre, The – Sherwood

8 First Avenue, Sherwood Rise, Nottingham NG7 6JL
Tel: 0115 924 6220 **LDA MH**

Huws

93 Harlaxton Drive, Nottingham NG7 1JD
Tel: 0115 908 1560 **PD LDA SI**

Kingsthorpe View Care Home

Kildare Road, off Wells Road,
Nottingham NG3 3AF
Tel: 0115 950 7896 **OP D PD MH SI YA**

Melbourne House

Grannis Drive, Aspley,
Nottingham NG8 5RU
Tel: 0115 979 1234 **Advert page 95** **OP**

Mulberry Court Care Home

61 Darnhall Crescent, Bilborough,
Nottingham NG8 4QA
Tel: 0115 929 4483 **OP D PD YA**

Park House

Cinderhill Road, Bulwell,
Nottingham NG6 8SB
Tel: 0115 979 1234 **Advert page 95** **OP D**

Park View Nursing Home

13 Gedling Grove, Radford,
Nottingham NG7 4DU
Tel: 0115 979 0776 **OP D PD LDA MH YA**

St Andrew's Healthcare

– Winslow
401 Bestwood Road, Bestwood Village,
Nottingham NG6 8SS
Tel: 01604 745926 **LDA MH YA**

St Augustine's Court Care Home

105-113 The Wells Road,
Nottingham NG3 3AP
Tel: 0115 959 0473 **OP D PD MH SI YA**

Sycamore Lodge Nursing Home

3-5 Hardy Street, Nottingham NG7 4BB
Tel: 0115 978 4299 **OP LDA YA**

West Lodge Care Home

238 Hucknall Road, Nottingham NG5 1FB
Tel: 0115 960 6075 **OP D PD**

Wollaton Park Care Home

2a Lambourne Drive, Wollaton,
Nottingham NG8 1GR
Tel: 0115 928 3030 **Advert page 56** **OP D PD MH YA**

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

Eastgate Care

Our priorities are quality care and comfort for all residents

- Dementia, Nursing, Convalescence, Respite, Personal & Residential care
- Single spacious en-suite rooms tastefully decorated
- Flat screen TV & Wifi access
- Fully qualified Nursing Staff & 24 hour specialist nurse call systems
- Links with local GP, chiropodist, optician, dentist, hairdresser, minister
- Dedicated Activities Co-ordinators & regularly organised pastimes and pursuits
- Comfortable welcoming lounges with fabulous canal-side or garden views



ALEXANDRA HOUSE

Eastwood, Notts NG16 3GP



BELLE VUE LODGE

Mapperley, Notts NG3 5FS



MELBOURNE HOUSE

Aspley, Notts NG8 5RU



PARK HOUSE

Bulwell, Notts NG6 8SB



"The staff know my mother really well, likes and dislikes. They are kind, caring and always willing to have a joke with her. She loves the food and enjoys sitting in the music lounge. There is regular entertainment, which all the residents seem to love. They do a great job, I can not thank them enough."

*Eastgate Care
- an established
local company.*

Canal Vue (Residential
with Dementia Care)
Awworth Road, Ilkeston,
Derbys DE7 8JF



Call to arrange a visit, all homes Tel: **0115 979 1234**

Full details at: **www.eastgatecare.co.uk**

Email: **enquiries@eastgatecare.co.uk**

As recommended on carehome.co.uk

30 years providing care - September 2020



Westdale

home for the elderly

Your life, your care, your choice

Westdale is a small, friendly home for retired people looking for high quality residential care. The home offers a full social programme, with the emphasis on choice and flexibility for our residents. Relationships between staff and residents are excellent, leading to enduring friendships and a strong community feel.



Westdale Home for the Elderly,
129 Melton Road, West Bridgford,
Nottingham, NG2 6FG

Why choose Westdale?

- Reasonable fees
- Excellent facilities including a peaceful garden
- Highly trained, qualified staff
- Low staff turnover
- Open door policy

Westdale Quaker Housing Association Ltd.
Co-operative and Community Benefit Societies Act 2014 Reg no - 20126R

Find out more

For more information about Westdale, including pricing and availability details, please contact us.

tel: **0115 923 3128**
email: westdale1@btconnect.com
www.westdalecarehome.org.uk

Helping you stay
independent
for longer



Church Farm at Cotgrave

FOR LIVING WITH DEMENTIA

Church Lane, Cotgrave
0115 989 4595
churchfarmcare.co.uk/cotgrave



Church Farm at Skylarks

FOR LIVING WITH DEMENTIA

Adbolton Lane, West Bridgford
0115 982 5568
churchfarmcare.co.uk/skylarks



Church Farm at Field House

NURSING & PALLIATIVE CARE

11 Main Road, Radcliffe-on-Trent
0115 933 5811
churchfarmcare.co.uk/fieldhouse



Church Farm at Rusticus

RESIDENTIAL DEMENTIA & NURSING CARE

Owthorpe Road, Cotgrave
0115 989 9545
churchfarmcare.co.uk/rusticus



SENIOR LIVING AT ITS VERY BEST

Band 5 and holders of the Dementia Quality Mark

OUR VISION – To provide a relaxed, friendly atmosphere in a safe, yet rewarding and stimulating environment; a place that allows residents to conduct life as near to how they would in their own home, with as few house rules as possible.

No need to book an appointment. Call in and see us at any time.

Tel: **0115 933 5197**

Email: westcliffecarehome78@gmail.com

www.westcliffecarehome.co.uk

78 Shelford Road, Radcliffe-on-Trent NG12 1AW



Search for care in your area



www.carechoices.co.uk



With so many providers to choose from,
where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Ash Villa

159 Musters Road, West Bridgford,
Nottingham NG2 7AF

Tel: 0115 981 9761 **Advert page 98**

D LDA SI

Belvoir Vale Care Home

Old Melton Road, Widmerpool, Nottingham NG12 5QL

Tel: 01949 222475 **Band 5**

OP D

Broadlands Residential Care Home

28 Shelford Road, Radcliffe-on-Trent,
Nottingham NG12 1AF

Tel: 0115 933 2727 **Band 3**

OP D

Brookside Avenue, 26

East Leake, Loughborough LE12 6PA

Tel: 01509 559502

LDA MH YA

Bungalow, The

159 Musters Road, West Bridgford,
Nottingham NG2 7AF

Tel: 0115 981 7545 **Advert page 98**

LDA YA

Cherry Tree Cottage

6 Kinoulton Lane, Kinoulton, Nottingham NG12 3EQ

Tel: 01949 823951

OP LDA YA

Cherry Tree Lodge

34-36 Holme Road, West Bridgford,
Nottingham NG2 5AA

Tel: 0115 914 3499 **Advert page 98**

LDA

Church Farm at Field House

11 Main Road, Radcliffe-on-Trent,
Nottingham NG12 2FD

Tel: 0115 933 5811 **Band 5 Advert page 96**

OP

Coach House, The

9 Radcliffe Mount, West Bridgford,
Nottingham NG2 5FY

Tel: 0115 981 8901

LDA YA

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OP PD

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– Care Home Physical Disabilities

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Melton Mowbray LE14 3QG

Tel: 01949 81867

PD LDA SI YA

Mac Mae

2 Crosby Road, West Bridgford, Nottingham NG2 5GH

Tel: 0115 981 5841

LDA YA

Old Orchard Care Home, The

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Nottingham NG12 1AZ

Tel: 0115 933 5113

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Orchard House

46 Easthorpe Street, Ruddington,
Nottingham NG11 6LA

Tel: 0115 921 7610 **Band 5 Advert page 70**

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Patrick House

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52 Main Road, Radcliffe-on-Trent,
Nottingham NG12 2AA

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OP

Richmand House Residential Home Ltd

88-90 Melton Road, West Bridgford,
Nottingham NG2 7NF

Tel: 0115 914 2609 **Band 5**

OP D MH

Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs



**MGB
Care Services Ltd**
Specialist care for people with learning disabilities

Specialist care for people with learning disabilities

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Cherry Tree Lodge



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West Bridgford NG2 5AA
Tel: **0115 914 3499**

The Bungalow



159A Musters Road,
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Greenwood Lodge



49-55 Gotham Lane,
Bunny NG11 6QJ
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Sutton House



57 Kirkby Road,
Sutton-in-Ashfield NG17 1GG
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Burlington Villa



15 Burlington Road,
Sherwood NG5 2GR
Tel: **0115 9602 738**

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Tel: **0115 982 6644** | Email: **info@mgbcareservices.co.uk**

www.mgbcareservices.co.uk



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Nottingham NG2 7JX
Tel: 0115 846 2251

OP LDA MH YA

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LDA YA

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Nottingham NG11 6HB
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OP D

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OP

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OP D

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OP D

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Wynhill Lodge Short Breaks Service

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LDA

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Greenwood Lodge

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PD LDA SI

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
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**With so many providers
to choose from,
where do you start?**

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
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RESPECTFUL CARE
There's No Place Like Home

The choice for care that you deserve!

At Respectful Care, we know how difficult it can be to place your trust in strangers who will go into the home of your loved one and provide them with the vital daily care they need. We recognise that each of our clients is an individual, someone with their own diverse needs and requirements. That's why we invest our time getting to know you, and together create a personalised plan to enable you to live a life that is as independent, active and fulfilled as possible.

"We had previously been terribly let down by a care provider and this has been detrimental to dad's health and our confidence in care agencies. But I am happy to report that Respectful Care have been a breath of fresh air and have demonstrated how care can be and should be. We are very lucky to have them play a part with dad's care." – Mrs B.B

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- Dementia Care
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- Companionship Services
- Medication Assistance
- Shopping & Meal Preparation
- Social Activities
- Respite Care
- Live In Care
- Domestic Services

"Initial anxiety about the adequacy of care for our mum has quickly changed to great surprise and relief. We are thrilled with the patience, professionalism and compassion shown towards her. Your carers work hard as a team providing the right encouragement to get mum up and about in the morning and throughout the day." – Mr P.B



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Respectful Care Nottingham North
and **Respectful Care Mansfield**
received an **OUTSTANDING** in caring
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