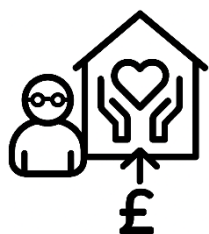


Extra Care factsheet



This easy read document tells you about “Extra Care” – which allows older people live as independently as possible, with live-in care.

What is Extra Care?



Extra Care is a housing option which allows older people to live as independently as possible.



This is done with the care and help of carers on site 24 hours a day, 7 days a week.



Extra Care is sometimes called “Housing with Care”.



Living in an Extra Care accommodation scheme may help prevent or delay the need for more expensive residential care.



This is because the housing is more suited to meet people's changing health needs, including level access accommodation.

What does Extra Care offer?



The Extra Care scheme provides **privacy, independence and security** – people living in Extra care live in their own home with their own tenancy.



People in Extra Care accommodation have the freedom to live their own lives how they want to live it, in their own home with their own front door.



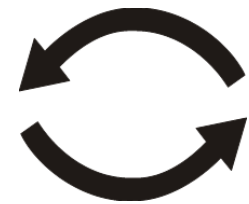
In addition to having a locked front door, many schemes also work with a buzzer entry system.



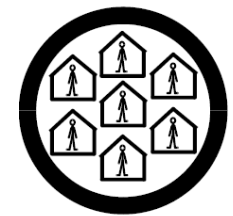
The Extra Care service also provides **support and flexibility**.



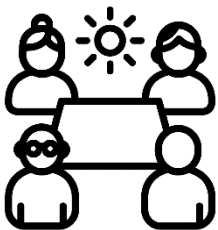
Care staff are on site 24 hours a day, 7 days a week to meet your needs.



They can adapt if your needs change



The Extra Care service also provides a **sense of community**.



Extra Care homes have communal areas where residents can socialise with each other and join in group activities.



Some Extra Care homes have a café or communal dining area with a daily meals service, hairdressers, a library or guest accommodation for your visitors.

Local amenities



Extra care schemes are often based within local communities, so a range of good neighbourhood services may be close by such as:



- leisure centres
- shops
- GP surgeries
- accessible public transport

Who is eligible?



Anyone who meets the housing criteria can apply to live in an Extra Care scheme.



The Extra Care service, arranged by Nottinghamshire County Council, is subject to additional criteria.

To be eligible, a person must:



- have a care and support assessment by Nottinghamshire County Council which shows they are eligible for social care support.



- have a financial assessment by Nottinghamshire County Council which shows they are likely to receive financial support towards the cost of care.



- have less than £23,250 in savings



- have an identified need for accommodation that meets your care and support needs now or in the future



A person who is not eligible for the “Extra Care” services can still live in an Extra Care home but won’t receive the extra support.

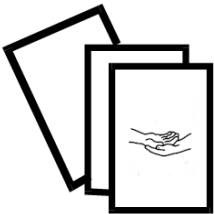
What support is available?



People who have an Extra Care service will have a support plan.



The resident helps to write their support plan.



The support plan sets out what help and support the resident needs. It can include things like:



- helping with washing, dressing, getting to and from the toilet



- reminders to take medication



- preparing snacks and heating up meals



- Shopping and laundry



- Some domestic tasks.



Care staff are on site 24 hours a day to offer support with practical tasks. All staff are highly professional



The staff receive ongoing training and support to ensure they deliver the highest quality care



Some Extra Care schemes have dementia units which can provide specialist care while allowing people to live in the community

What Extra Care doesn't cover



With Extra Care you live as independently as possible.



Care staff are available 24 hours a day, but you must be able to manage on your own for certain parts of the day

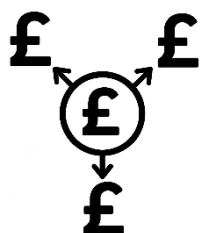


Staff are not nurses and cannot change dressings or catheters or give medication.



Staff can remind you to you to take medication.

How much does Extra Care cost?



There are three parts to the cost of living in an Extra Care plan:



- **housing** – the cost of buying, renting or shared ownership of your home. This is payable directly to the housing provider



- **service charge** – for home maintenance and communal facilities. This is payable directly to the housing provider



- **care and support costs** – for the cost of meeting your care needs. The amount you pay will be calculated after a financial assessment. This is payable to Nottinghamshire County Council.

Where are Nottinghamshire's Extra Care schemes?

- **Bilsthorpe** – Armstrong Gardens
(Bilsthorpe Bungalows)
- **Boughton** – Broadleaves
- **Edwalton** – Hilton Grange
- **Hucknall** – Darlison Court
- **Mansfield** – Poppy Fields
- **Mansfield** – Town view
- **Mapperley** – St Andrew's House
- **Newark** – Gladstone House
- **Newark** – Vale view
- **Southwell** – Moorfield Court
- **West Bridgeford** – Cricketers Court
- **Worksop** – Priory Court



Customer Service Centre



Our Customer Service Centre can answer most of your questions and help with information and form filling.

There are several ways to contact them, including:



Web: [Use our online contact form](#)



Telephone: 0300 500 80 80



Text Relay: 18001 0115 977 4050

People who have hearing or speech difficulties and prefer to communicate via text can use the Text Relay service through the [Relay UK app](#).



Sign Video

People who use British Sign Language to communicate can use [the SignVideo app](#) to speak with us.

Links in this document

Nottinghamshire County Council – contact us form

nottinghamshire.gov.uk/contactform

Relay UK app

www.relayuk.bt.com/how-to-use-relay-uk/download-app.html

SignVideo app

signvideo.co.uk/download

For plain English web page version of this information, go to:

[Extra Care factsheet \(Nottinghamshire County Council\)](http://nottinghamshire.gov.uk/care/adult-social-care/social-care-publications/extra-care-housing)

nottinghamshire.gov.uk/care/adult-social-care/social-care-publications/extra-care-housing

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