



# Nottinghamshire County Council

Our strategy for Health and Wellbeing in Nottinghamshire  
2014 - 2017





## Our vision

We want to work together to enable the people of Nottinghamshire to live longer, be healthier and have a better quality of life, especially in the communities with the poorest health.

We will do this by providing the most efficient and effective services.

Key ambitions for the people of Nottinghamshire:

- A Good Start
- Living Well
- Coping Well
- Working Together

# Introduction

Welcome to the Health and Wellbeing Strategy for Nottinghamshire for 2014 to 2017 and thank you to everyone who has contributed to its development.

This Strategy sets out the priorities for the Health and Wellbeing Board for Nottinghamshire to improve the health and wellbeing of its residents. We have considered evidence which shows us the main local issues, and your feedback on the draft document to develop this final version. Responses to the consultation told us that you would like to see a short and clear Health and Wellbeing Strategy so we have prepared a concise Strategy document which will be supported by a more detailed Delivery Plan with clear actions and outcomes.

This document sets out our vision for improving health and wellbeing for everyone and at its heart is the belief that if we all work together to achieve our ambitions we can make a real difference. The Health and Wellbeing Board know we have to make the best use of our valuable resources and this Strategy aims to focus efforts on the areas that we can have the biggest impact.

The response to the consultation around the Strategy was wonderful and the input from those people who took the time to contribute is much appreciated. We would like health and wellbeing to be everyone's business and as a Board we hope to continue the conversation the consultation started. We will continue to involve residents and partners as we implement and monitor the delivery of the Strategy.

We fully intend that the Board will lead the delivery of better health and wellbeing across Nottinghamshire and that this Strategy sets the direction for everyone.

## **Councillor Joyce Bosnjak**

Chair of the Health and Wellbeing Board for Nottinghamshire



## **Dr Steve Kell**

Vice Chair





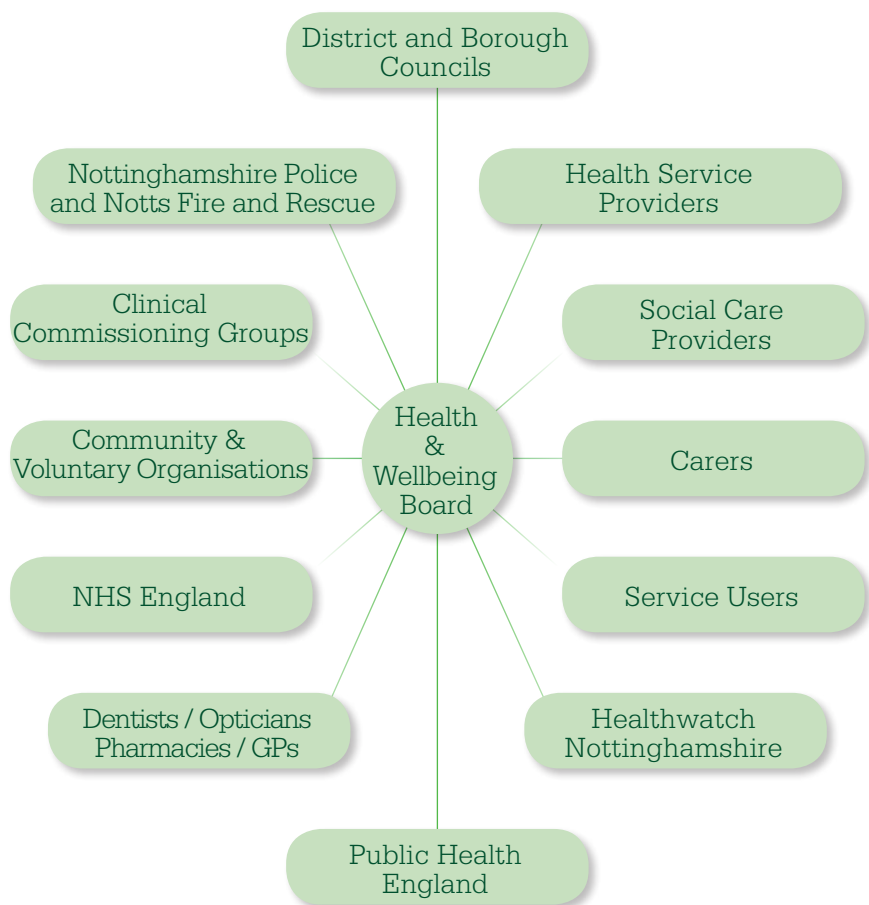
# Who are 'we'?

## 'We' are the Health and Wellbeing Board for Nottinghamshire.

The Health and Social Care Act 2012 changed the way that health and social care in England was organised. The Act allowed us to set up a Health and Wellbeing Board to bring together politicians, doctors, councils and a representative of the local people through Healthwatch. All of these people have the shared aim of working together to improve health and wellbeing.

A Board was set up in Nottinghamshire in May 2011, in shadow form to begin with, but it took on its full responsibilities from April 2013 and its main focus is to improve the health and wellbeing of the people of Nottinghamshire.

The Board cannot achieve this alone so it is supported by working groups which bring together partners from health and social care, district and borough councils, representatives of service users, carers and the public, service providers and the community and voluntary sector.



A Stakeholder Network also meets three times each year to ensure that everyone has an opportunity to tell the Board what matters to them. This involves community and voluntary organisations, service providers and the public. Details of the Network are available on the Nottinghamshire County Council website.

## What is health & wellbeing?

Health is often considered as being an absence of illness or disability. Health and wellbeing is much wider though and is a combination of physical, mental and social factors.

In developing this Strategy we have looked beyond health and social care services to bring together other issues like housing and workplace health.

## Why do we need a Strategy?

The main responsibility of the Health and Wellbeing Board is to identify current and future health and wellbeing needs, and to develop a Health and Wellbeing Strategy which sets out how to deal with those issues.

The Strategy for Nottinghamshire has been developed to get the most from the whole system locally by focussing on the areas of highest need and where the Health and Wellbeing Board

can have the biggest impact. With the Delivery Plan it also provides a framework to measure progress against our key ambitions.

The Health and Wellbeing Board in Nottinghamshire cannot deliver this Strategy alone – health and wellbeing has to be everyone's business. The Strategy gives partners and the public a clear idea about where they can help to improve health and wellbeing.

The Strategy sits alongside other plans and strategies to provide a focus on health and wellbeing and improve coordination.

Partners reflect the Health and Wellbeing Strategy within their own plans to help join up everyone's efforts to improve outcomes.

## How was the Strategy developed?

A draft Strategy was developed using information and evidence from the Joint Strategic Needs Assessment about current and future health and wellbeing needs in Nottinghamshire.

In 2013 we held a public consultation on the draft Strategy and responses were

received from the public, partners, service providers, carers, and community and voluntary organisations.

While there were a wide range of comments received about the priorities within the Strategy the core principles of the Strategy were well supported.

As a result we have developed this high level strategy document which sets out the vision of the Board, its key ambitions, and the priorities to achieve the ambitions. Specific actions and plans are outlined in the Delivery Plan document.

## What will the Strategy achieve?

The Board have identified four key ambitions for the people of Nottinghamshire:

### A GOOD START

For everyone to have a good start in life

### LIVING WELL

For people to live well, making healthier choices and living healthier lives

### COPING WELL

That people cope well and that we help and support people to improve their own health and wellbeing, to be independent and reduce their need for traditional health and social care services where we can

### WORKING TOGETHER

To get everyone to work together

All of these ambitions support our overall vision to improve health and wellbeing in Nottinghamshire. Getting the best value for money in delivering this vision is fundamental to the Board and all of its partners. During these

difficult times we must get the very best from the resources we have available.

At the heart of the Strategy for Nottinghamshire is the desire to reduce health inequalities. It is vital to the Board that unfair

and avoidable differences in health which result from where people are born, live, work and age should be reduced and removed. We will work to identify where there are inequalities across the county and to help address them.

## How will we do it?

To achieve these ambitions the Board has identified a number of priorities which represent important local needs described in the Joint Strategic Needs Assessment. We believe that these priorities are the areas

where the Board can have the biggest impact to achieve its ambitions.

These priorities have actions which are shared by the Health and Wellbeing Board members

and partner organisations to support all four ambitions. In brief these priorities are:

A GOOD START

LIVING WELL

COPING WELL

WORKING TOGETHER

- Work together to keep children and young people safe
- Improve children and young people's health outcomes through the integrated commissioning of services
- Close the gap in educational attainment
- Provide children and young people with the early help support that they need
- Deliver integrated services for children and young people with complex needs or disabilities
- Reduce the number of people who smoke
- Reduce the number of people who are overweight and obese
- Improve services to reduce drug and alcohol misuse
- Reduce sexually transmitted disease and unplanned pregnancies
- Increase the number of eligible people who have a Healthcheck
- Improve the quality of life for carers by providing appropriate support for carers and the cared for
- Supporting people with learning disabilities and Autistic Spectrum Conditions
- Support people with long term conditions
- Supporting older people to be independent, safe and well
- Providing services which work together to support individuals with dementia and their carers
- Improving services to support victims of domestic abuse
- Provide coordinated services for people with mental ill health
- Ensuring we have sufficient and suitable housing, including housing related support, particularly for vulnerable people
- Improving workplace health and wellbeing
- Improving access to primary care doctors and nurses

More detail about actions to support these priorities are available in the Health and Wellbeing Strategy Delivery Plan.



## How will we do it?

The Health and Wellbeing Strategy Delivery Plan sets out the actions which the Board agrees will achieve its ambitions for everyone in

Nottinghamshire. The Board is supported by partnerships which will deliver these actions. All of the partners will work to achieve these actions and their

plans and strategies will reflect their role in the delivery of the ambitions of the Health and Wellbeing Strategy.

## How will we know if it's working?

The Health and Wellbeing Delivery Plan will monitor progress against the specific actions to deliver the Board's priorities. The Strategy and the Delivery Plan will be public documents which will be published by the Health and Wellbeing Board on the Nottinghamshire County Council website:

[www.nottinghamshire.gov.uk/caring/yourhealth/developing-health-services/health-and-wellbeing-board](http://www.nottinghamshire.gov.uk/caring/yourhealth/developing-health-services/health-and-wellbeing-board)

Annual reports against the Delivery Plan will be made to the Board showing how we are achieving our actions and these reports will be published on the County Council's website.

We will also make the reports available to the Stakeholder Network and will continue our work to engage and consult through the working groups and networks which support the Board and via Healthwatch Nottinghamshire.

## Useful websites

### **Health & Wellbeing Board**

<http://www.nottinghamshire.gov.uk/caring/yourhealth/developing-health-services/health-and-wellbeing-board>

### **JSNA**

<http://www.nottinghamshireinsight.org.uk/insight/jsna/county-jsna-home.aspx>

### **Nottinghamshire Stakeholder Network**

<http://www.nottinghamshire.gov.uk/caring/yourhealth/developing-health-services/health-and-wellbeing-board/stakeholdernetwork>

### **NHS England – Call to Action**

<http://www.england.nhs.uk/ourwork/qual-clin-lead/calltoaction>

### **Healthwatch Nottinghamshire**

<http://www.healthwatchnottinghamshire.co.uk>

### **The Department of Health – The new Health and Care System Explained**

<https://www.gov.uk/government/publications/the-health-and-care-system-explained/the-health-and-care-system-explained>

## What did you say about the Strategy?

“

I think that the core ambitions are spot on.

Independence of the elderly who wish to remain at home is of prime importance.

I am very pleased at the focus on joined-up working and the aspiration to connect at community level.

The Strategy is good & sets out important ambitions – addressing health inequalities is vital.

Early health education should be part of the school's curriculum and included targeted work with children and parents.

We need to build self-esteem & resilience especially in young people.

Working in partnership to maximise use of resources.

Prevention, prevention, prevention.

Helping people to take responsibility for their own health...

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