Download it today **FREE!**

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Create your own go-to baby expert and virtual friend who'll support you through pregnancy and being a new parent

The free Baby Buddy app includes:



Today's information - a daily notification with personalised key messages relevant for each day of your journey



Ask me - type in any question and your Buddy will answer with expert information



Videos - a growing range of clips to help you look after yourself and your baby



Crisis Messenger - a free, confidential and anonymous text support service available 24/7 if you are in crisis or experiencing



Create your Baby Buddy

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Google Play

GET IT ON

Today's information

32 Weeks 1 Day pregnant

Tom's kicks are getting

As Tom gets bigger, you'll feel his movements more and

more strongly, and you may

be able to tell whether it's a

hand or foot pushing at your

You could try gently pressing your belly back in the same

stronger

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al**l 📋** 7:05 PM

painful emotions

...plus many more great features

Baby Buddy is endorsed by the following organisations:





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