

Health & Wellbeing Board Summary 6 March 2019



Chair's report

Councillor Doddy highlighted a [Public Health England campaign](#) to get more women to go for cervical screening. Around 77% of women in Nottinghamshire who are eligible for screening have attended, below the national target of 80%. The multi-media campaign will explain why screening is important & encourage women to make an appointment if they missed their previous invitation.

Mental health – prevention approaches

Following a workshop in February, Susan March presented potential actions which would help promote good mental health. She explained that the actions were small steps that could make a big difference, like signing up to the [Prevention Concordat for Better Mental Health](#) to increase the focus on preventing mental health problems & promoting good mental health & supporting mental health awareness week.

Board members agreed the proposed actions to sign up to the prevention concordat & [time to change campaigns](#) as well as supporting mental health awareness week across all of the Board partners & increasing the number of mental health first aiders in each of the Board partner organisations. Board members agreed to give an update at the start of future meetings so that progress can be monitored.

Tobacco declaration

The Health & Wellbeing Board signed up to the [tobacco declaration](#) in 2014 & although the number of people who smoke has decreased, smoking is still a major cause of ill health, particularly in more deprived areas.

Cath Pritchard, Consultant in Public Health, explained that across the Board's partners there are a number of initiatives which are making a difference & that it would help if these ideas could be shared & extended to make a difference to smoking rates across the County.

A new integrated wellbeing service is being commissioned through Public Health which will help support people who want to stop smoking, along with a range of support for behaviour change like diet & physical activity. There will be a 6 month lead in to this new service which will include liaison with Board partners.

Board members were particularly keen to discourage children & young people from smoking & welcomed the impact of the ASSIST peer mentoring programme in schools.

JSNA chapter – learning disabilities

James Wheat presented the [learning disabilities JSNA chapter](#) which sets out evidence of health needs for people with learning disabilities. He explained that it had been developed through a partnership of a number of organisations & included the views of people with learning disabilities & their carers. An easy read version will be developed after it is approved.

James explained that there will be increasing numbers of people with learning disabilities, particular people aged over 65. He also highlighted the need to increase the number of people with learning disabilities who attend for a health check with their GP.

Members welcomed the chapter & noted that information about children & young people is in the SEND chapter of the JSNA. The recommendations made in the chapter will be taken forward by a partnership group & are also included in the Adult Social Care & Health Strategy.

At this meeting:

[Mental health](#) – Actions agreed to promote good mental health

[Tobacco declaration](#) – progress in implementation

JSNA chapters for approval:

- [Learning disabilities](#)
- [Avoidable injuries](#)
- [Self-harm](#)
- [Domestic abuse](#)

[BCF performance & plans](#)

JSNA chapter – avoidable injuries

Stephanie Morrissey presented a new [JSNA chapter which focusses on avoidable injuries](#) in children & young people. Avoidable injuries result from accidents & can cause physical disability as well as emotional distress for the children involved & their families.

The JSNA chapter looks at avoidable injuries in the home, on roads & through leisure activities & finds that there is a link between accidents & deprivation, that there is good evidence that there are low cost ways to reduce the number of avoidable injuries. There is a strong partnership in Nottinghamshire with reducing avoidable injuries as part of its strategic aims.

Members agreed that education of children & parent/carers is vital & supported initiatives that were already in place to provide safety equipment like stair gates & fire guards.

JSNA chapter – self-harm

Rates of self-harm in the UK are higher than in any other European country. It is more common in females and in young people aged between 11 & 25. Jane O'Brien explained that the evidence within the [JSNA chapter](#) is based on what has been reported to services but rates of self-harm could be much higher.

Board members welcomed the evidence within the chapter & noted the recommendations made to address the needs identified. They supported the resilience work within schools but raised concerns about waiting times to access services.

JSNA chapter – domestic abuse

The [domestic abuse JSNA chapter](#) was refreshed following the Health & Wellbeing Board workshop in 2018. Gill Oliver presented the refreshed chapter to the Board which reflects local & national changes regarding domestic abuse, including changes to legislation.

Gill explained that there has been an increase in reported crimes in Nottinghamshire & that recommendations in the chapter fall into 4 themes: partnerships, prevention, provision & protection. The Domestic & Sexual Abuse Executive Group will be responsible for implementing the recommendations made.

BCF performance

Joanna Cooper presented a report of performance for Q3 of 2018/19 during which time four of the six key measures are below target, mostly as a result winter pressures. Measures are in place to address the issues, identifying those people who use services most often & looking at ways to better meet their needs.

Joanna explained that although the formal guidance has not been published, the BCF is likely to continue. A draft plan has been prepared for 2019/20 & will be brought to a future meeting for approval once the national guidance is issued.

Board members asked about plans to reduce non-elective admissions, particularly for children & young people.

BCF Care Act allocation, iBCF & winter pressures grant

Sue Batty gave Board members an update how the Care Act allocation of the BCF, the Improved BCF & winter pressures grant have been used & some of the benefits of this. Nottinghamshire County Council is one of the top performers for avoiding delayed transfers of care due to social care, is leading on the use of technology to share information across health & care and has invested in a Homefirst Rapid Response Service that is supporting more people to be able to go home quickly after a stay in hospital. The Board also approved the plan for use of next year's Winter Pressures Grant 2019/20.

If you have any comments or questions about this summary please contact Nicola Lane nicola.lane@nottsc.gov.uk

🕒 **Next meeting 2pm, 5 June 2019 at County Hall, West Bridgford**