



School Menu

Spring - Summer 2019

Week 1

Week commencing
25 February, 18 March,
23 April, 13 May, 10 June,
1 July, 22 July



By Day

First Course

Second Course

Monday

Cheesy pasta bake
& garlic bread

Soya Milk Gluten



Fruit salad



Tuesday

Venison burger in a bun
& diced potatoes

Soya Milk Egg Gluten Sulphur Dioxide



Meringue nest with
cream & mandarins



Wednesday

Quorn burger in a bun
& diced potatoes

Soya Milk Egg Gluten



Milk Egg

Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

Cornflake tart
& custard



Milk Gluten Sulphur Dioxide

Thursday

Roast pork, stuffing,
gravy, mashed potato
& Yorkshire pudding

Milk Egg Gluten



Apple & Raspberry crumble
& custard



Milk Gluten

Quorn roast, stuffing, gravy,
mashed potato & Yorkshire
pudding

Milk Egg Gluten

Fish finger wrap
& Noisette potatoes

Milk Fish Gluten



Fruit yoghurt
& apple wedge



Milk

Friday

Vegetable nuggets
& mashed potato

Gluten

Jacket potato with cheese, baked
beans or tuna mayo with mixed salad

Milk, Fish, Egg

OR

Freshly filled roll with cheese,
ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish

Served
Daily

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Spring - Summer 2019

Week 2

Week commencing

4 March, 25 March,

29 April, 20 May,

17 June, 8 July



By Day

First Course

Second Course

Monday

Quorn dippers
& baby jacket potatoes

Milk Egg Gluten



Scone with jam
& cream

Milk Gluten Sulphur Dioxide



Tuesday

Pork meatballs in gravy
& mashed potatoes

Gluten Sulphur Dioxide

Vegeballs in gravy
& mashed potatoes

Soya Gluten

Spaghetti Bolognese



Cheese, crackers
& apple wedge

Milk Gluten



Wednesday

Quorn Spaghetti Bolognese

Egg Gluten

Roast Turkey, stuffing,
Yorkshire pudding
& mashed potato

Milk Egg Gluten

Quorn roast, stuffing, gravy,
mashed potato & Yorkshire
pudding

Milk Egg Gluten

MSC Breaded fish
& chips

Fish Gluten

Fishless finger
& chips

Gluten



Honey cake

Milk Egg Gluten



Thursday



Strawberry shortbread

Milk Gluten



Friday



Fruit flapjack
& milkshake

Milk Gluten



Served
Daily

Jacket potato with cheese, baked
beans or tuna mayo with mixed salad

Milk, Fish, Egg

OR

Freshly filled roll with cheese,
ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Spring - Summer 2019

Week 3

Week commencing

11 March, 1 April,

6 May, 3 June,

24 June, 15 July



By Day

First Course

Second Course

Monday

Jacket potatoes with cheese, beans or tuna & mixed salad

Milk Egg Fish

Mediterranean Tagliatelle & garlic slice

Soya Milk Gluten



Butterscotch mousse

Milk



Tuesday

Nottinghamshire sausage, Yorkshire pudding, mashed potato & gravy

Milk Egg Gluten Sulphur Dioxide

Quorn sausage, Yorkshire pudding, mashed potato & gravy

Milk Egg Gluten



Strawberry cupcake

Milk Egg Gluten



Wednesday

Chicken Tikka wrap & savoury rice

Milk Gluten

BBQ Quorn wrap & new potatoes

Egg Gluten



Butterscotch tart

Milk Gluten



Thursday

Roast Gammon & pineapple with mashed & roast potatoes



Raspberry ripple ice cream cake

Soya Milk Egg Gluten



Friday

Roast Quorn with mashed & roast potatoes

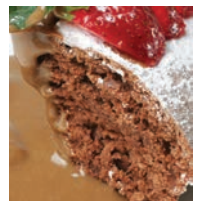
Milk Egg

Fish goujons & diced potatoes



Magic chocolate pudding & chocolate sauce

Milk Egg Gluten



Served Daily

Jacket potato with cheese, baked beans or tuna mayo with mixed salad

Milk, Fish, Egg

OR

Freshly filled roll with cheese, ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish

Best of both bread *Gluten and Soya*

Seasonal vegetables available daily **Coleslaw** *Egg* when served