



## School Menu

### Spring - Summer 2019

### Week 1

Week commencing  
25 February, 18 March,  
23 April, 13 May, 10 June,  
1 July, 22 July



West Bridgford Infant School  
Where Bright Ideas Shine



### By Day

#### First Course

#### Second Course

Monday

Cheesy pasta bake  
& garlic bread

Soya Milk Gluten



Fruit salad



Tuesday

Venison burger in a bun  
& diced potatoes

Soya Milk Egg Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

Quorn burger in a bun  
& diced potatoes

Soya Milk Egg Gluten



Meringue nest with  
cream & mandarins

Milk Egg



Wednesday

Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish



Cornflake tart  
& custard

Milk Gluten Sulphur Dioxide



Thursday

Roast pork, stuffing,  
gravy, mashed potato  
& Yorkshire pudding

Milk Egg Gluten

TODAY'S VEGETARIAN OPTION

Quorn roast, stuffing, gravy,  
mashed potato & Yorkshire pudding

Milk Egg Gluten



Apple & Raspberry crumble  
& custard

Milk Gluten



Friday

Fish finger wrap  
& Noisette potatoes

Milk Fish Gluten

TODAY'S VEGETARIAN OPTION

Vegetable nuggets  
& mashed potato

Gluten



Fruit yoghurt  
& apple wedge

Milk



Served Daily

**Best of both bread** Gluten and Soya

**Seasonal vegetables** available daily **Coleslaw** Egg when served



## School Menu

### Spring - Summer 2019

### Week 2

Week commencing

4 March, 25 March,  
29 April, 20 May,  
17 June, 8 July



## By Day

### First Course

### Second Course

### Monday

Quorn dippers  
& baby jacket potatoes

Milk Egg Gluten



Scone with jam  
& cream

Milk Gluten Sulphur Dioxide



### Tuesday

Pork meatballs in gravy  
& mashed potatoes

Gluten Sulphur Dioxide

**TODAY'S VEGETARIAN OPTION**

Vegeballs in gravy  
& mashed potatoes  
Soya Gluten



Cheese, crackers  
& apple wedge

Milk Gluten



### Wednesday

Spaghetti Bolognese

Fish Gluten

**TODAY'S VEGETARIAN OPTION**

Quorn Spaghetti Bolognese

Egg Gluten



Honey cake

Milk Egg Gluten



### Thursday

Roast Turkey, stuffing,  
Yorkshire pudding  
& mashed potato

Milk Egg Gluten

**TODAY'S VEGETARIAN OPTION**

Quorn roast, stuffing, gravy,  
mashed potato & Yorkshire pudding  
Milk Egg Gluten



Strawberry shortbread

Milk Gluten



### Friday

MSC Breaded fish  
& chips

Fish Gluten

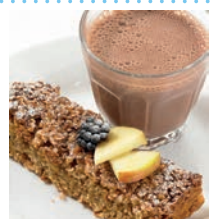
**TODAY'S VEGETARIAN OPTION**

Fishless finger  
& chips  
Gluten



Fruit flapjack  
& milkshake

Milk Gluten



Served Daily

**Best of both bread** Gluten and Soya

**Seasonal vegetables** available daily **Coleslaw** Egg when served





## School Menu

### Spring - Summer 2019

### Week 3

Week commencing

11 March, 1 April,

6 May, 3 June,

24 June, 15 July



## By Day

### First Course

### Second Course

### Monday

Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

**TODAY'S VEGETARIAN OPTION**  
Mediterranean Tagliatelle  
& garlic slice

Soya Milk Gluten



Butterscotch mousse

Milk



### Tuesday

Nottinghamshire sausage,  
Yorkshire pudding,  
mashed potato & gravy

Milk Egg Gluten Sulphur Dioxide

**TODAY'S VEGETARIAN OPTION**  
Quorn sausage, Yorkshire pudding,  
mashed potato & gravy

Milk Egg Gluten



Strawberry cupcake

Milk Egg Gluten



### Wednesday

Chicken Tikka wrap  
& savoury rice

Milk Gluten

**TODAY'S VEGETARIAN OPTION**  
BBQ Quorn wrap  
& new potatoes

Egg Gluten



Butterscotch tart

Milk Gluten



### Thursday

Roast Gammon  
& pineapple with  
mashed & roast potatoes

**TODAY'S VEGETARIAN OPTION**  
Roast Quorn with mashed  
& roast potatoes

Milk Egg



Raspberry ripple  
ice cream cake

Soya Milk Egg Gluten



### Friday

Fish goujons  
& diced potatoes

Fish Gluten

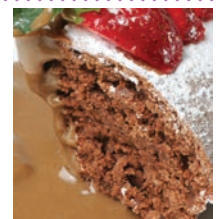
**TODAY'S VEGETARIAN OPTION**  
Fishless finger  
& diced potatoes

Gluten



Magic chocolate pudding  
& chocolate sauce

Milk Egg Gluten



Served Daily

**Best of both bread** Gluten and Soya

**Seasonal vegetables** available daily **Coleslaw** Egg when served