





## School Menu

### Spring - Summer 2019

### Week 2

Week commencing

4 March, 25 March,

29 April, 20 May,

17 June, 8 July

### St Luke's C of E Primary School



### By Day

#### First Course

#### Second Course

### Monday

Quorn dippers  
& baby jacket potatoes

**Milk Egg Gluten**

Cheesy bean pie



Scone with jam  
& cream

**Milk Gluten Sulphur Dioxide**



### Tuesday

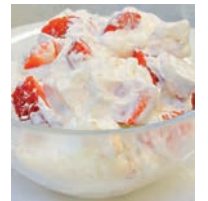
Pork meatballs  
in tomato sauce  
& pasta

**Gluten Sulphur Dioxide**



Strawberry Eton mess

**Milk Egg**



### Wednesday

Mediterranean chicken pasta  
& crusty bread

**Milk Gluten Sesame**



Butterscotch tart

**Milk Gluten**



### Thursday

Roast Turkey, stuffing,  
Yorkshire pudding  
& mashed potato

**Milk Egg Gluten**

Quorn roast, stuffing, gravy,  
mashed potato & Yorkshire  
pudding **Milk Egg Gluten**

MSC Breaded fish  
& chips

**Fish Gluten**



Oatmeal & yoghurt muffin

**Milk Egg Gluten**



### Friday

Jacket potato with cheese, baked  
beans or tuna mayo with mixed salad

**Milk, Fish, Egg**

### OR

Freshly filled roll with cheese,  
ham, tuna mayo or egg and salad

**Soya Egg Sesame Gluten, Milk Fish**



### Served Daily

**Best of both bread** **Gluten and Soya**

**Seasonal vegetables** available daily **Coleslaw** **Egg** when served



## School Menu

### Spring - Summer 2019

### Week 3

Week commencing

11 March, 1 April,

6 May, 3 June,

24 June, 15 July

### St Luke's C of E Primary School



## By Day

### First Course

### Second Course

### Monday

Vegetarian roll, gravy  
& jacket wedges

*Soya Gluten*

Mediterranean Tagliatelle  
& garlic slice

*Soya Milk Gluten*



Butterscotch mousse

*Milk*



### Tuesday

Nottinghamshire sausage,  
Yorkshire pudding,  
mashed potato & gravy

*Milk Egg Gluten Sulphur Dioxide*



Strawberry cupcake

*Milk Egg Gluten*



### Wednesday

Spaghetti Bolognese

*Fish Gluten*



Honey cake

*Milk Egg Gluten*



### Thursday

Roast Gammon  
& pineapple with  
mashed & roast potatoes



Raspberry ripple  
ice cream cake

*Soya Milk Egg Gluten*



### Friday

Roast Quorn with mashed  
& roast potatoes

*Milk Egg*



Fruit salad



Fish goujons  
& diced potatoes

*Fish Gluten*

### Served Daily

Jacket potato with cheese, baked  
beans or tuna mayo with mixed salad

*Milk, Fish, Egg*

### OR

Freshly filled roll with cheese,  
ham, tuna mayo or egg and salad

*Soya Egg Sesame Gluten, Milk Fish*

**Best of both bread** *Gluten and Soya*

**Seasonal vegetables** available daily **Coleslaw** *Egg* when served