



School Menu

Spring - Summer 2019

Week 1

Week commencing
25 February, 18 March,
23 April, 13 May, 10 June,
1 July, 22 July

Redlands
Primary & Nursery
School



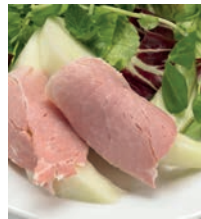
By Day

First Course

Second Course

Monday

Melon & ham salad



Margherita pizza
& new potatoes



Milk Gluten

Tuesday

Hot dog
& diced potatoes



Peaches in jelly
& cream swirl



Soya Milk Egg Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

Filled roll with cheese, ham,
egg or tuna & mixed salad

Soya Milk Egg Fish Gluten Sesame

Milk

Wednesday

Tomato & Mozzarella
Bruschetta & salad



Chicken & coconut curry
with wholegrain rice



Milk Gluten Sesame

Mustard Milk

Thursday

Roast pork, stuffing,
gravy, mashed potato
& Yorkshire pudding



Apple & Raspberry crumble
& custard



Milk Egg Gluten

Milk Gluten

Friday

Fish finger wrap
& Noisette potatoes



Marble sponge
& custard



Milk Fish Gluten

Milk Egg Gluten

Served Daily

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Spring - Summer 2019

Week 2

Week commencing
4 March, 25 March,
29 April, 20 May,
17 June, 8 July

Redlands
Primary & Nursery
School



By Day

First Course

Second Course

Monday

Melon & ham salad



Jacket potatoes with
cheese, beans or tuna
& mixed salad
Milk Egg Fish



Tuesday

Pork meatballs in gravy
& mashed potatoes



Cheese, crackers
& apple wedge



Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

Filled roll with cheese, ham,
egg or tuna & mixed salad

Soya Milk Egg Fish Gluten Sesame

Milk Gluten

Wednesday

Chicken Tikka wrap
& savoury rice



Butterscotch tart



Milk Gluten

Milk Gluten

Thursday

Fish nuggets,
BBQ dip & salad



Roast Turkey, stuffing,
Yorkshire pudding
& mashed potato



Fish

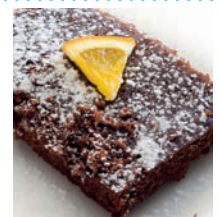
Milk Egg Gluten

Friday

MSC Fish fingers
& chips



Chocolate brownie
& chocolate sauce



Fish Gluten

Milk Gluten

Served Daily

Best of both bread **Gluten and Soya**

Seasonal vegetables available daily **Coleslaw** **Egg** when served



School Menu

Spring - Summer 2019

Week 3

Week commencing

11 March, 1 April,

6 May, 3 June,

24 June, 15 July

Redlands
Primary & Nursery
School



By Day

First Course

Second Course

Monday

Tomato & Mozzarella
Bruschetta & salad

Milk Gluten Sesame



Vegetarian roll, gravy
& jacket wedges

Soya Gluten



Tuesday

Nottinghamshire sausage,
Yorkshire pudding,
mashed potato & gravy
Milk Egg Gluten Sulphur Dioxide



Strawberry cupcake

Milk Egg Gluten



Wednesday

Melon & ham salad



Spaghetti Bolognese

Fish Gluten



Thursday

Roast Gammon
& pineapple with
mashed & roast potatoes

TODAY'S VEGETARIAN OPTION



Raspberry ripple
ice cream cake

Soya Milk Egg Gluten



Friday

Fish goujons
& diced potatoes

Fish Gluten



Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten



Served Daily

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served