

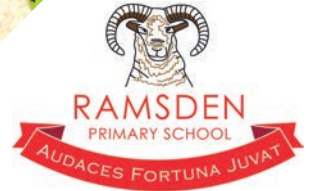


School Menu

Spring - Summer 2019

Week 1

Week commencing
25 February, 18 March,
23 April, 13 May, 10 June,
1 July, 22 July



By Day

First Course

Second Course

Monday

Cheesy pasta bake
& garlic bread

Soya Milk Gluten

TODAY'S VEGETARIAN OPTION

Jacket potatoes with cheese,
beans or tuna & mixed salad

Milk Egg Fish



Peaches in jelly
& cream swirl

Milk



Tuesday

Tomato & Mozzarella
Bruschetta & salad

Milk Gluten Sesame



BBQ pulled pork pitta
& diced potatoes

Gluten



Wednesday

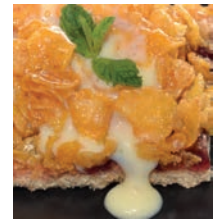
chicken & lentil curry
with rice

Mustard Celery Milk



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide



Thursday

Savoury muffin
& salad

Milk Egg Gluten



Roast beef,
Yorkshire pudding & gravy

Milk Egg Gluten



Friday

Fish nuggets
& mashed potato

Fish

TODAY'S VEGETARIAN OPTION

Jacket potatoes with cheese,
beans or tuna & mixed salad

Milk Egg Fish



Marble sponge
& custard

Milk Egg Gluten



Served Daily

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served



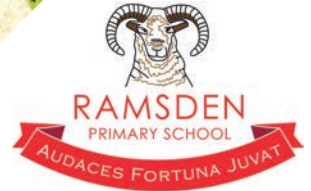
School Menu

Spring - Summer 2019

Week 2

Week commencing

4 March, 25 March,
29 April, 20 May,
17 June, 8 July



By Day

First Course

Second Course

Monday

Quorn Spaghetti Bolognese

Egg Gluten

TODAY'S VEGETARIAN OPTION

Jacket potatoes with cheese,
beans or tuna & mixed salad

Milk Egg Fish



Scone with jam
& cream

Milk Gluten Sulphur Dioxide



Tuesday

Pork Enchilada
& diced potatoes

Milk Gluten



Cheese, crackers
& apple wedge

Milk Gluten



Wednesday

Mediterranean chicken pasta
& crusty bread

Milk Gluten Sesame



Butterscotch tart

Milk Gluten



Thursday

Red pepper houmous
& crudities

Sesame



Roast beef,
Yorkshire pudding & gravy

Milk Egg Gluten



Friday

MSC Breaded fish
& chips

Fish Gluten

TODAY'S VEGETARIAN OPTION

Jacket potatoes with cheese,
beans or tuna & mixed salad

Milk Egg Fish



Chocolate brownie
& chocolate sauce

Milk Gluten



Served Daily

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Spring - Summer 2019

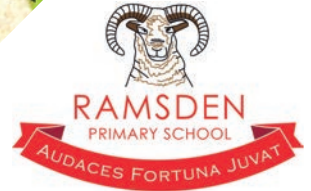
Week 3

Week commencing

11 March, 1 April,

6 May, 3 June,

24 June, 15 July



By Day

First Course

Second Course

Monday

Quorn & coconut curry with wholegrain rice

Mustard Milk Egg

TODAY'S VEGETARIAN OPTION

Jacket potatoes with cheese, beans or tuna & mixed salad

Milk Egg Fish



Butterscotch mousse

Milk



Tuesday

Nottinghamshire sausage, Yorkshire pudding, mashed potato & gravy

Milk Egg Gluten Sulphur Dioxide



Cheese, biscuits & apple wedge

Milk Gluten



Wednesday

Spaghetti Bolognese

Fish Gluten



Honey cake

Milk Egg Gluten



Thursday

Fish nuggets, BBQ dip & salad

Fish



Roast Turkey, stuffing, Yorkshire pudding & mashed potato

Milk Egg Gluten



Friday

Tuna pasta bake & garlic slice

Soya Milk Fish Gluten

TODAY'S VEGETARIAN OPTION

Jacket potatoes with cheese, beans or tuna & mixed salad

Milk Egg Fish



Magic chocolate pudding & chocolate sauce

Milk Egg Gluten



Served Daily

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served