



School Menu

Spring - Summer 2019

Week 1

Week commencing
25 February, 18 March,
23 April, 13 May, 10 June,
1 July, 22 July



Newlands Junior School
We are Proud



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Margherita pizza
& new potatoes

Milk Gluten



Venison burger in a bun
& diced potatoes

Soya Milk Egg Gluten Sulphur Dioxide



Turkey & vegetable pie,
gravy & roast potatoes

Fish Gluten



Roast pork, stuffing,
gravy, mashed potato
& Yorkshire pudding

Milk Egg Gluten



MSC Fish fingers
& diced potatoes

Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Filled roll with cheese,
ham, egg or tuna
& mixed salad

Soya Milk Egg Fish Gluten Sesame

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Filled roll with cheese,
ham, egg or tuna
& mixed salad

Soya Milk Egg Fish Gluten Sesame

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Strawberry mousse
& shortbread

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

DESSERT



Peaches in jelly
& cream swirl

Milk

Fruit yoghurt
& apple wedge

Milk

DESSERT



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide

Fruit yoghurt
& apple wedge

Milk

DESSERT



Magic lemon pudding
& custard

Milk Egg Gluten Sulphur Dioxide

Fruit yoghurt
& apple wedge

Milk

DESSERT



Marble sponge
& custard

Milk Egg Gluten

Fruit yoghurt
& apple wedge

Milk

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



School Menu

Spring - Summer 2019

Week 2

Week commencing

4 March, 25 March,

29 April, 20 May,

17 June, 8 July



Newlands Junior School
We are Proud



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers
& baby jacket potatoes

Milk Egg Gluten



Pork meatballs in gravy
& diced potatoes

Gluten Sulphur Dioxide



Chicken Tikka wrap
& savoury rice

Milk Gluten



Roast Turkey, stuffing,
Yorkshire pudding &
mashed potato

Milk Egg Gluten



MSC Fish fingers
& diced potatoes

Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Filled roll with cheese,
ham, egg or tuna
& mixed salad

Soya Milk Egg Fish Gluten Sesame

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Filled roll with cheese,
ham, egg or tuna
& mixed salad

Soya Milk Egg Fish Gluten Sesame

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



St Clement sponge
& custard

Milk Egg Gluten

Fruit yoghurt
& apple wedge

Milk

DESSERT



Cheese, crackers
& apple wedge

Milk Gluten

Fruit salad

DESSERT



Butterscotch tart

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

DESSERT



Strawberry shortbread

Milk Gluten

Fruit yoghurt
& apple wedge

Milk

DESSERT



Fruit flapjack
& milkshake

Milk Gluten

Fruit salad

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



School Menu

Spring - Summer 2019

Week 3

Week commencing
11 March, 1 April,
6 May, 3 June,
24 June, 15 July



Newlands Junior School
We are Proud



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetarian roll, gravy
& jacket wedges

Soya Gluten



Nottinghamshire sausage,
Yorkshire pudding,
mashed potato & gravy

Milk Egg Gluten Sulphur Dioxide



Spaghetti Bolognese
& crusty bread

Fish Gluten Sesame



Roast pork, stuffing,
gravy, mashed potato
& Yorkshire pudding

Milk Egg Gluten



MSC Fish fingers
& diced potatoes

Fish Gluten

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Filled roll with cheese,
ham, egg or tuna
& mixed salad

Soya Milk Egg Fish Gluten Sesame

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

OR



Filled roll with cheese,
ham, egg or tuna
& mixed salad

Soya Milk Egg Fish Gluten Sesame

OR



Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Butterscotch mousse

Milk

Fruit yoghurt
& apple wedge

Milk

DESSERT



Raspberry swirl sponge
& custard

Milk Egg Gluten

Fruit salad

DESSERT



Honey cake

Milk Egg Gluten

Fruit yoghurt
& apple wedge

Milk

DESSERT



Raspberry ripple
ice cream cake

Soya Milk Egg Gluten

Fruit yoghurt
& apple wedge

Milk

DESSERT



Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten

Fruit yoghurt
& apple wedge

Milk

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served