



School Menu

Spring - Summer 2019

Week 1

Week commencing
25 February, 18 March,
23 April, 13 May, 10 June,
1 July, 22 July



By Day

First Course

Second Course

Monday

Margherita pizza
& new potatoes

Milk Gluten



Strawberry mousse
& shortbread

Milk Gluten
Fruit salad



Tuesday

Hot dog
& diced potatoes

Soya Milk Egg Gluten Sulphur Dioxide
Quorn Hot dog
& diced potatoes
Soya Milk Egg Gluten



Peaches in jelly
& cream swirl

Milk
Fruit salad



Wednesday

Chicken & broccoli bake,
crusty bread

Mustard Milk Gluten Sesame
Quorn & broccoli bake,
crusty bread
Mustard Milk Egg Gluten Sesame



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide
Fruit salad



Thursday

Roast pork, stuffing,
gravy, mashed potato
& Yorkshire pudding

Milk Egg Gluten
Quorn roast, stuffing, gravy,
mashed potato & Yorkshire
pudding Milk Egg Gluten



Magic lemon pudding
& custard

Milk Egg Gluten Sulphur Dioxide
Fruit salad



Friday

Fish finger wrap
& Noisette potatoes

Milk Fish Gluten



Marble sponge
& custard

Milk Egg Gluten
Fruit salad



Served
Daily

Jacket potato with cheese, baked
beans or tuna mayo with mixed salad
Milk, Fish, Egg

OR

Freshly filled roll with cheese,
ham, tuna mayo or egg and salad
Soya Egg Sesame Gluten, Milk Fish

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Spring - Summer 2019

Week 2

Week commencing

4 March, 25 March,

29 April, 20 May,

17 June, 8 July



By Day

First Course

Second Course

Monday

Quorn dippers & baby jacket potatoes

Milk Egg Gluten



St Clement sponge & custard

Milk Egg Gluten

Fruit salad



Tuesday

Pork meatballs in gravy & mashed potatoes

Gluten Sulphur Dioxide

Vegeballs in gravy & mashed potatoes

Soya Gluten



Cheese, crackers & apple wedge

Milk Gluten

Fruit salad



Wednesday

Mediterranean chicken pasta & crusty bread

Milk Gluten Sesame



Butterscotch tart

Milk Gluten

Fruit salad



Thursday

Roast Turkey, stuffing, Yorkshire pudding & mashed potato

Milk Egg Gluten

Quorn roast, stuffing, gravy, mashed potato & Yorkshire pudding

Milk Egg Gluten

MSC Breaded fish & chips

Fish Gluten



Fruit yoghurt & apple wedge

Milk

Fruit salad



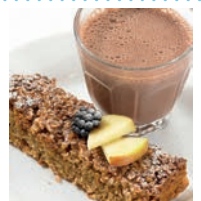
Friday



Fruit flapjack & milkshake

Milk Gluten

Fruit salad



Served Daily

Jacket potato with cheese, baked beans or tuna mayo with mixed salad

Milk, Fish, Egg

OR

Freshly filled roll with cheese, ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Spring - Summer 2019

Week 3

Week commencing

11 March, 1 April,

6 May, 3 June,

24 June, 15 July



By Day

First Course

Second Course

Monday

Vegetarian roll, gravy
& jacket wedges

Soya Gluten



Butterscotch mousse

Milk
Fruit salad



Tuesday

Nottinghamshire sausage,
Yorkshire pudding,
mashed potato & gravy
Milk Egg Gluten Sulphur Dioxide
Quorn sausage, Yorkshire
pudding, mashed potato &
gravy *Milk Egg Gluten*
Spaghetti Bolognese



Strawberry cupcake

Milk Egg Gluten
Fruit salad



Wednesday

Fish Gluten
Quorn Spaghetti Bolognese



Honey cake

Milk Egg Gluten
Fruit salad



Thursday

Egg Gluten
Roast Gammon
& pineapple with
mashed & roast potatoes



Raspberry ripple
ice cream cake

Soya Milk Egg Gluten
Fruit salad



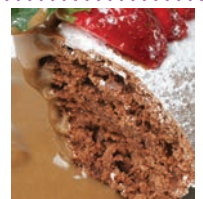
Friday

Roast Quorn with
mashed & roast potatoes
Milk Egg
Fish goujons
& diced potatoes
Fish Gluten



Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten
Fruit salad



Served Daily

Jacket potato with cheese, baked
beans or tuna mayo with mixed salad
Milk, Fish, Egg

OR

Freshly filled roll with cheese,
ham, tuna mayo or egg and salad
Soya Egg Sesame Gluten, Milk Fish

Best of both bread *Gluten and Soya*

Seasonal vegetables available daily **Coleslaw** *Egg* when served