



## School Menu

### Spring - Summer 2019

### Week 1

Week commencing  
25 February, 18 March,  
23 April, 13 May, 10 June,  
1 July, 22 July



THE FOREST VIEW ACADEMY  
LABOR OMNIA VINCIT



### By Day

#### First Course

#### Second Course

Monday

Margherita pizza  
& new potatoes

Milk Gluten



Rice pudding  
& jam

Milk Sulphur Dioxide



Tuesday

BBQ pulled pork pitta  
& diced potatoes

Gluten



Peaches in jelly  
& cream swirl

Milk



Wednesday

Chicken & coconut curry  
with wholegrain rice

Mustard Milk



Chocolate & orange cookie  
& milkshake

Milk Gluten



Thursday

Roast pork, stuffing,  
gravy, mashed potato  
& Yorkshire pudding

Milk Egg Gluten



Magic lemon pudding  
& custard

Milk Egg Gluten Sulphur Dioxide



Friday

Fish finger wrap  
& Noisette potatoes

Milk Fish Gluten



Marble sponge  
& custard

Milk Egg Gluten



Served  
Daily

Jacket potato with cheese, baked  
beans or tuna mayo with mixed salad

Milk, Fish, Egg

OR

Freshly filled roll with cheese,  
ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish

**Best of both bread** Gluten and Soya

**Seasonal vegetables** available daily **Coleslaw** Egg when served



## School Menu

### Spring - Summer 2019

### Week 2

Week commencing

4 March, 25 March,  
29 April, 20 May,  
17 June, 8 July



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### By Day

#### First Course

#### Second Course

Monday

Quorn dippers  
& baby jacket potatoes

Milk Egg Gluten



St Clement sponge  
& custard

Milk Egg Gluten



Tuesday

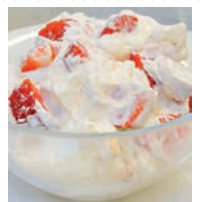
Pork meatballs  
in gravy  
& mashed potatoes

Gluten Sulphur Dioxide



Strawberry Eton mess

Milk Egg



Wednesday

Mediterranean chicken pasta  
& crusty bread

Milk Gluten Sesame



Butterscotch tart

Milk Gluten



Thursday

Roast Turkey, stuffing,  
Yorkshire pudding  
& mashed potato

Milk Egg Gluten



Oatmeal & yoghurt muffin

Milk Egg Gluten



Friday

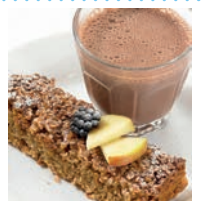
MSC Breaded fish  
& chips

Fish Gluten



Fruit flapjack  
& milkshake

Milk Gluten



Served  
Daily

Jacket potato with cheese, baked  
beans or tuna mayo with mixed salad

Milk, Fish, Egg

OR

Freshly filled roll with cheese,  
ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish

**Best of both bread** Gluten and Soya

**Seasonal vegetables** available daily **Coleslaw** Egg when served



## School Menu

### Spring - Summer 2019

### Week 3

Week commencing

11 March, 1 April,

6 May, 3 June,

24 June, 15 July



THE FOREST VIEW ACADEMY  
LABOR OMNIA VINCIT



### By Day

#### First Course

#### Second Course

Monday

Cheese & tomato parcel  
& new potatoes

Milk Gluten



Butterscotch mousse

Milk



Tuesday

Nottinghamshire sausage,  
Yorkshire pudding,  
mashed potato & gravy

Milk Egg Gluten Sulphur Dioxide



Strawberry cupcake

Milk Egg Gluten



Wednesday

Spaghetti Bolognese

Fish Gluten



Honey cake

Milk Egg Gluten



Thursday

Roast Gammon  
& pineapple with  
mashed & roast potatoes



Raspberry ripple  
ice cream cake

Soya Milk Egg Gluten



Friday

Fish goujons  
& diced potatoes

Fish Gluten



Pancake with  
frozen yoghurt & orange

Milk Egg Gluten



Served  
Daily

Jacket potato with cheese, baked  
beans or tuna mayo with mixed salad

Milk, Fish, Egg

OR

Freshly filled roll with cheese,  
ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish

**Best of both bread** Gluten and Soya

**Seasonal vegetables** available daily **Coleslaw** Egg when served