



## School Menu

### Spring - Summer 2019

### Week 1

Week commencing  
25 February, 18 March,  
23 April, 13 May, 10 June,  
1 July, 22 July



Forest Glade  
Primary School



#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY



Margherita pizza  
& new potatoes

Milk Gluten



Venison burger in a bun  
& diced potatoes

Soya Milk Egg Gluten Sulphur Dioxide



Hot dog  
& diced potatoes

Soya Milk Egg Gluten Sulphur Dioxide



Roast pork, stuffing, gravy,  
mashed potato  
& Yorkshire pudding

Milk Egg Gluten



Fish nuggets  
& mashed potato

Fish

#### OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

#### OR



Filled roll with cheese,  
ham, egg or tuna  
& mixed salad

Soya Milk Egg Fish Gluten

#### OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

#### OR



Filled roll with cheese,  
ham, egg or tuna  
& mixed salad

Soya Milk Egg Fish Gluten

#### OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

#### DESSERT



Strawberry mousse  
& shortbread

Milk Gluten

#### DESSERT



Peaches in jelly  
& cream swirl

Milk

#### DESSERT



Meringue nest with  
cream & mandarins

Milk Egg

#### DESSERT



Magic lemon pudding  
& custard

Milk Egg Gluten Sulphur Dioxide

#### DESSERT



Marble sponge  
& custard

Milk Egg Gluten

**AVAILABLE DAILY:** Best of both bread **Gluten and Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served



## School Menu

### Spring - Summer 2019

## Week 2

Week commencing

4 March, 25 March,

29 April, 20 May,

17 June, 8 July



Forest Glade  
Primary School



### MONDAY



Cheesy bean pie

Milk

#### OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

#### DESSERT



Scone with jam  
& cream

Milk Gluten Sulphur Dioxide

### TUESDAY



Pork meatballs in gravy  
& mashed potatoes

Gluten Sulphur Dioxide

Vegeballs in gravy  
& mashed potatoes

Soya Gluten

#### OR



Filled roll with cheese,  
ham, egg or tuna  
& mixed salad

Soya Milk Egg Fish Gluten

#### DESSERT



Cheese, crackers  
& apple wedge

Milk Gluten

### WEDNESDAY



BBQ Turkey wrap  
& new potatoes

Gluten

BBQ Quorn wrap  
& new potatoes

Egg Gluten

#### OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

#### DESSERT



Butterscotch tart

Milk Gluten

### THURSDAY



Roast Turkey, stuffing,  
Yorkshire pudding &  
mashed potato

Milk Egg Gluten

Quorn roast, stuffing, gravy,  
mashed potato & Yorkshire  
pudding

Milk Egg Gluten

#### OR



Filled roll with cheese,  
ham, egg or tuna  
& mixed salad

Soya Milk Egg Fish Gluten

#### DESSERT



Strawberry shortbread

Milk Gluten

### FRIDAY



MSC Fish fingers  
& chips

Fish Gluten

#### OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

#### DESSERT



Chocolate brownie  
& chocolate sauce

Milk Gluten

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



## School Menu

### Spring - Summer 2019

### Week 3

Week commencing

11 March, 1 April,

6 May, 3 June,

24 June, 15 July



Forest Glade  
Primary School



#### MONDAY



Vegetarian roll, gravy  
& jacket wedges

Soya Gluten

#### TUESDAY



Nottinghamshire sausage,  
Yorkshire pudding,  
mashed potato & gravy

Milk Egg Gluten Sulphur Dioxide

#### WEDNESDAY



Spaghetti Bolognese

Fish Gluten

#### THURSDAY



Roast Gammon  
& pineapple with  
mashed & roast potatoes

Fish Gluten

#### FRIDAY



Fish goujons  
& diced potatoes

Fish Gluten

#### OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

#### OR



Filled roll with cheese,  
ham, egg or tuna  
& mixed salad

Soya Milk Egg Fish Gluten

#### OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

#### OR



Filled roll with cheese,  
ham, egg or tuna  
& mixed salad

Soya Milk Egg Fish Gluten

#### OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

#### DESSERT



Fruit salad  
& frozen yoghurt

Milk Sulphur Dioxide

#### DESSERT



Strawberry cupcake

Milk Egg Gluten

#### DESSERT



Fruit salad

#### DESSERT



Raspberry ripple  
ice cream cake

Soya Milk Egg Gluten

#### DESSERT



Magic chocolate pudding  
& chocolate sauce

Milk Egg Gluten

**AVAILABLE DAILY:** Best of both bread **Gluten and Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served