



School Menu

Spring - Summer 2019

Week 1

Week commencing
25 February, 18 March,
23 April, 13 May, 10 June,
1 July, 22 July

Dean Hole
C of E Primary School



By Day

First Course

Second Course

Monday

Margherita pizza
& new potatoes

Milk Gluten



Strawberry mousse
& shortbread

Milk Gluten



Tuesday

Fish nuggets,
BBQ dip & salad

Fish



Hot dog
& diced potatoes

Soya Milk Egg Gluten Sulphur Dioxide

Quorn Hot dog
& diced potatoes

Soya Milk Egg Gluten



Wednesday

Chicken & coconut curry
with wholegrain rice

Mustard Milk



Chocolate & orange cookie
& milkshake

Milk Gluten



Thursday

Roast pork, stuffing,
gravy, mashed potato
& Yorkshire pudding

Milk Egg Gluten



Fruit yoghurt
& apple wedge

Milk



Friday

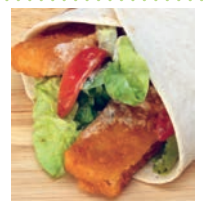
Tomato & Mozzarella
Bruschetta & salad

Milk Gluten Sesame



Fish finger wrap
& Noisette potatoes

Milk Fish Gluten



Served
Daily

Jacket potato with cheese, baked
beans or tuna mayo with mixed salad

Milk, Fish, Egg

OR

Freshly filled roll with cheese,
ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Spring - Summer 2019

Week 2

Week commencing

4 March, 25 March,

29 April, 20 May,

17 June, 8 July

Dean Hole
C of E Primary School



By Day

First Course

Second Course

Monday

Red pepper houmous
& crudities

Sesame



Quorn dippers
& baby jacket potatoes

Milk Egg Gluten



Tuesday

Pork meatballs
in tomato sauce & pasta

Gluten Sulphur Dioxide



Cheese, crackers
& apple wedge

Milk Gluten



Wednesday

Chicken Tikka wrap
& savoury rice

Milk Gluten



Butterscotch tart

Milk Gluten



Thursday

Roast Turkey, stuffing,
Yorkshire pudding
& mashed potato

Milk Egg Gluten



Strawberry shortbread

Milk Gluten



Friday

MSC Breaded fish
& chips

Fish Gluten



Fruit flapjack
& milkshake

Milk Gluten



Served
Daily

Jacket potato with cheese, baked
beans or tuna mayo with mixed salad

Milk, Fish, Egg

OR

Freshly filled roll with cheese,
ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Spring - Summer 2019

Week 3

Week commencing

11 March, 1 April,

6 May, 3 June,

24 June, 15 July



Dean Hole
C of E Primary School



By Day

First Course

Second Course

Monday

Tomato & Mozzarella
Bruschetta & salad

Milk Gluten Sesame



Cheese & tomato parcel
& new potatoes

Milk Gluten



Tuesday

Nottinghamshire sausage,
Yorkshire pudding,
mashed potato & gravy
Milk Egg Gluten Sulphur Dioxide
Quorn sausage, Yorkshire
pudding, mashed potato &
gravy Milk Egg Gluten
Spaghetti Bolognese

Fish Gluten



Raspberry swirl sponge
& custard

Milk Egg Gluten



Wednesday

Roast Gammon
& pineapple with
mashed & roast potatoes

Mustard Soya Milk Egg Fish Gluten



Honey cake

Milk Egg Gluten



Thursday

Salmon fishcake
& mashed potatoes

Mustard Soya Milk Egg Fish Gluten



Raspberry ripple
ice cream cake

Soya Milk Egg Gluten



Friday

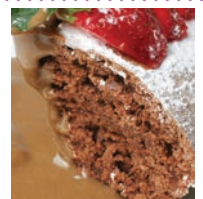
Jacket potato with cheese, baked
beans or tuna mayo with mixed salad

Milk, Fish, Egg

OR

Freshly filled roll with cheese,
ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish



Served
Daily

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served