



School Menu

Spring - Summer 2019

Week 1

Week commencing
25 February, 18 March,
23 April, 13 May, 10 June,
1 July, 22 July



Costock C of E
Primary School



By Day

First Course

Second Course

Monday

Jacket potatoes with
cheese, beans or tuna
& mixed salad
Milk Egg Fish



Strawberry mousse
& shortbread

Milk Gluten



Tuesday

Hot dog
& diced potatoes

Soya Milk Egg Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

Quorn Hot dog
& diced potatoes
Soya Milk Egg Gluten



Peaches in jelly
& cream swirl

Milk



Wednesday

Chicken & broccoli bake,
crusty bread

Mustard Milk Gluten Sesame

TODAY'S VEGETARIAN OPTION

Quorn & broccoli bake,
crusty bread
Mustard Milk Egg Gluten Sesame



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide



Thursday

Roast pork, stuffing,
gravy, mashed potato
& Yorkshire pudding
Milk Egg Gluten

TODAY'S VEGETARIAN OPTION

Quorn roast, stuffing, gravy,
mashed potato & Yorkshire pudding
Milk Egg Gluten



Apple & Raspberry crumble
& custard

Milk Gluten



Friday

Fish finger wrap
& Noisette potatoes

Milk Fish Gluten

TODAY'S VEGETARIAN OPTION

Fishless finger wrap
& Noisette potatoes
Milk Gluten



Marble sponge
& custard

Milk Egg Gluten



Served Daily

Best of both bread **Gluten and Soya**

Seasonal vegetables available daily **Coleslaw** **Egg** when served



School Menu

Spring - Summer 2019

Week 2

Week commencing
4 March, 25 March,
29 April, 20 May,
17 June, 8 July



Costock C of E
Primary School



By Day

First Course

Second Course

Monday

Quorn dippers
& baby jacket potatoes

Milk Egg Gluten



Scone with jam
& cream

Milk Gluten Sulphur Dioxide



Tuesday

Pork meatballs in gravy
& mashed potatoes

Gluten Sulphur Dioxide

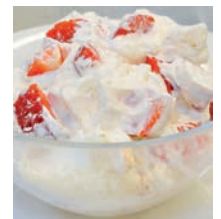
TODAY'S VEGETARIAN OPTION

Vegeballs in gravy
& mashed potatoes
Soya Gluten



Strawberry Eton mess

Milk Egg



Wednesday

BBQ Turkey wrap
& new potatoes

Gluten

TODAY'S VEGETARIAN OPTION

BBQ Quorn wrap
& new potatoes
Egg Gluten



Butterscotch tart

Milk Gluten



Thursday

Nottinghamshire sausage,
Yorkshire pudding,
mashed potato & gravy

Milk Egg Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

Quorn sausage, Yorkshire pudding,
mashed potato & gravy
Milk Egg Gluten



Strawberry shortbread

Milk Gluten



Friday

MSC Breaded fish
& chips

Fish Gluten

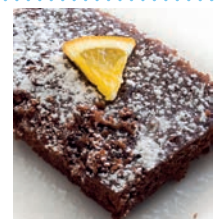
TODAY'S VEGETARIAN OPTION

Fishless finger
& chips
Gluten



Chocolate brownie
& chocolate sauce

Milk Gluten



Served Daily

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Spring - Summer 2019

Week 3

Week commencing

11 March, 1 April,

6 May, 3 June,

24 June, 15 July



Costock C of E
Primary School



By Day

First Course

Second Course

Monday

Vegetarian roll, gravy
& jacket wedges

Soya Gluten



Fruit salad



Tuesday

Nottinghamshire sausage,
Yorkshire pudding,
mashed potato & gravy

Milk Egg Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

Quorn sausage, Yorkshire pudding,
mashed potato & gravy

Milk Egg Gluten



Strawberry cupcake

Milk Egg Gluten



Wednesday

Spaghetti Bolognese

Fish Gluten

TODAY'S VEGETARIAN OPTION

Quorn Spaghetti Bolognese

Egg Gluten



Honey cake

Milk Egg Gluten



Thursday

Roast Gammon
& pineapple with
mashed & roast potatoes

TODAY'S VEGETARIAN OPTION

Roast Quorn with
mashed & roast potatoes

Milk Egg



Raspberry ripple
ice cream cake

Soya Milk Egg Gluten



Friday

Fish goujons
& diced potatoes

Fish Gluten

TODAY'S VEGETARIAN OPTION

Fishless finger
& diced potatoes

Gluten



Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten



Served Daily

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served