

# Week 1

Week commencing 25 February, 18 March, 23 April, 13 May, 10 June, 1 July, 22 July



# MONDAY

## **TUESDAY**

# EDNESDAY THURSDA

### **FRIDAY**



Smokey bean chilli & rice

Celerv



Venison burger in a bun & diced potatoes

Soya Milk Egg Gluten Sulphur Dioxide Quorn burger in a bun

& diced potatoes
Soya Milk Egg Gluten



Chicken & broccoli bake, crusty bread

Mustard Milk Gluten Sesame

Quorn & broccoli bake, crusty bread

Mustard Milk Egg Gluten Sesame



Turkey Risotto

#### Celery Gluten Sesame

Quorn roast, stuffing, gravy, mashed potato & Yorkshire pudding Milk Egg Gluten

OR



Fish nuggets & mashed potato

Fish

Vegetable nuggets & mashed potato

#### OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

#### OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Filled roll with cheese, ham, egg or tuna & mixed salad

Soya Milk Egg Fish Gluten



OR

Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Filled roll with cheese, ham, egg or tuna & mixed salad

Soya Milk Egg Fish Gluten

#### DESSERT



Strawberry mousse & shortbread

Milk Gluten

#### **DESSERT**



Meringue nest with cream & mandarins

Milk Egg

#### **DESSERT**



Chocolate & orange cookie & milkshake

Milk Gluten

#### **DESSERT**



Magic lemon pudding & custard

Milk Egg Gluten Sulphur Dioxide

#### DESSERT



Fruit salad & frozen yoghurt

Milk Sulphur Dioxide



**Spring - Summer 2019** 

# Week 2

Week commencing 4 March, 25 March, 29 April, 20 May, 17 June, 8 July



# MONDAY

# **TUESDAY**

#### FRIDAY



Lentil Bolognese & garlic slice

Soya Celery Milk Gluten



Pork Enchilada & diced potatoes

Vegeballs in a tomato sauce & pasta

Mixed bean wrap & savoury rice

Chicken Tikka wrap

& savoury rice



Nottinghamshire sausage, Yorkshire pudding, mashed potato & gravy

Milk Egg Gluten Sulphur Dioxide

Quorn sausage, Yorkshire pudding, mashed potato & gravy Milk Egg Gluten



MSC Breaded fish & chips

Fishless finger & chips

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Filled roll with cheese, ham, egg or tuna & mixed salad

Soya Milk Egg Fish Gluten



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Filled roll with cheese, ham, egg or tuna & mixed salad

Soya Milk Egg Fish Gluten



OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

#### **DESSERT**



Scone with jam & cream

Milk Gluten Sulphur Dioxide

#### **DESSERT**



Strawberry Eton mess

Milk Egg

#### **DESSERT**



Butterscotch tart

Milk Gluten

#### **DESSERT**



Strawberry shortbread

Milk Gluten

#### **DESSERT**



Chocolate brownie & chocolate sauce



# Week 3

Week commencing 11 March, 1 April, 6 May, 3 June, 24 June, 15 July



# **MONDAY**

#### **TUESDAY**

# WEDNESDAY /

### **THURSDAY**

## **FRIDAY**



Vegetarian roll, gravy & jacket wedges

Soya Gluten



Beef pasta bolognese & garlic bread

Soya Milk Fish Gluten

Quorn pasta bolognese & garlic bread

Soya Milk Egg Gluten



Beef Tacos & jacket wedges

Quorn Tacos & jacket wedges

Egg



chicken & lentil curry with rice

Mustard Celery Milk

Vegetable curry, rice & naan bread

OR



Fish goujons & diced potatoes

Fish Glute

Fishless finger & diced potatoes

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Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Filled roll with cheese, ham, egg or tuna & mixed salad

Soya Milk Egg Fish Gluten



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Filled roll with cheese, ham, egg or tuna & mixed salad

Soya Milk Egg Fish Gluten



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

#### DESSERT



Butterscotch mousse

Milk

# DESSERT



Strawberry cupcake

Milk Egg Gluten

#### DESSERT



Honey cake

Milk Egg Gluten

#### **DESSERT**



Raspberry ripple ice cream cake

Soya Milk Egg Gluten

#### DESSERT



Pancake with frozen yoghurt & orange

Milk Egg Gluten