



School Menu

Spring - Summer 2019

Week 1

Week commencing
25 February, 18 March,
23 April, 13 May, 10 June,
1 July, 22 July



By Day

First Course

Second Course

Monday

Margherita pizza
& new potatoes

Milk Gluten



Strawberry mousse
& shortbread

Milk Gluten



Tuesday

BBQ pulled pork pitta
& diced potatoes

Gluten

TODAY'S VEGETARIAN OPTION

BBQ Quorn in pitta
& diced potatoes

Milk Egg Gluten



Meringue nest with
cream & mandarins

Milk Egg



Wednesday

Chicken & coconut curry
with wholegrain rice

Mustard Milk

TODAY'S VEGETARIAN OPTION

Quorn & coconut curry
with wholegrain rice

Mustard Milk Egg



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide



Thursday

Roast pork, stuffing,
gravy, mashed potato
& Yorkshire pudding

Milk Egg Gluten

TODAY'S VEGETARIAN OPTION

Quorn roast, stuffing,
gravy, mashed potato & Yorkshire pudding

Milk Egg Gluten



Apple & Raspberry crumble
& custard

Milk Gluten



Friday

Fish nuggets
& mashed potato

Fish



Marble sponge
& custard

Milk Egg Gluten



Served Daily

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Spring - Summer 2019

Week 2

Week commencing

4 March, 25 March,

29 April, 20 May,

17 June, 8 July



By Day

First Course

Second Course

Monday

Quorn dippers
& baby jacket potatoes

Milk Egg Gluten



Scone with jam
& cream

Milk Gluten Sulphur Dioxide



Tuesday

Pork meatballs
in tomato sauce & pasta

Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

Vegeballs
in a tomato sauce & pasta
Soya Gluten



Cheese, crackers
& apple wedge

Milk Gluten



Wednesday

Mediterranean chicken pasta
& crusty bread

Milk Gluten Sesame

TODAY'S VEGETARIAN OPTION

Mediterranean Tagliatelle
& crusty bread
Gluten Sesame



Butterscotch tart

Milk Gluten



Thursday

Roast Turkey, stuffing,
Yorkshire pudding
& mashed potato

Milk Egg Gluten

TODAY'S VEGETARIAN OPTION

Quorn roast, stuffing, gravy,
mashed potato & Yorkshire pudding
Milk Egg Gluten



Oatmeal & yoghurt muffin

Milk Egg Gluten



Friday

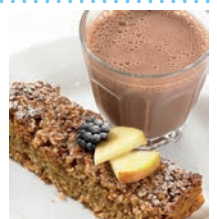
MSC Fish fingers
& chips

Fish Gluten



Fruit flapjack
& milkshake

Milk Gluten



Served Daily

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Spring - Summer 2019

Week 3

Week commencing

11 March, 1 April,

6 May, 3 June,

24 June, 15 July



By Day

First Course

Second Course

Monday

Vegetarian roll, gravy & jacket wedges

Soya Gluten



Butterscotch mousse

Milk



Tuesday

Nottinghamshire sausage, Yorkshire pudding, mashed potato & gravy
Milk Egg Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

Quorn sausage, Yorkshire pudding, mashed potato & gravy
Milk Egg Gluten



Strawberry cupcake

Milk Egg Gluten



Wednesday

Spaghetti Bolognese

Fish Gluten

TODAY'S VEGETARIAN OPTION

Quorn Spaghetti Bolognese

Egg Gluten



Pineapple cake & cream

Milk Egg Gluten



Thursday

Roast Gammon & pineapple with mashed & roast potatoes

TODAY'S VEGETARIAN OPTION

Roast Quorn with mashed & roast potatoes
Milk Egg



Raspberry ripple ice cream cake

Soya Milk Egg Gluten



Friday

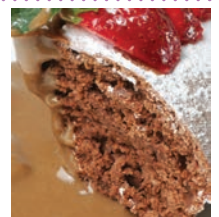
Salmon fishcake & mashed potatoes

Mustard Soya Milk Egg Fish Gluten



Magic chocolate pudding & chocolate sauce

Milk Egg Gluten



Served Daily

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served