

## **Health & Wellbeing Board Summary** **7 November 2018**

### **Chair's report**

Councillor Doddy introduced the Chair's report & highlighted the merger of the local Healthwatch organisations to form Healthwatch Nottingham & Nottinghamshire. He welcomed the new Healthwatch Chair, Sarah Collis, to the Board.

He also welcomed Rushcliffe's plans to become a dementia friendly borough & the national recognition of the success of the ASSIST scheme in Mansfield.

### **Joint Health & Wellbeing Strategy – A Good Start**

Kate Allen presented a report confirming the recommendations made at the joint workshop held in October with the Children & Families Alliance (CFA) about how the Good Start Ambition of the Joint Health & Wellbeing Strategy will be delivered. Recommendations include in depth reviews on topics like school readiness, family homelessness, risk taking behaviour & resilience by the CFA to identify good practice & opportunities to improve.

Board members agreed the importance of giving children & young people in Nottinghamshire a good start in life. They stressed the importance of joining up with work in the emerging Integrated Care Systems (ICSs) & making sure that their plans address the needs of children, young people & their families. Kate explained that the Children's Integrated Commissioning Hub already works across health & local government to make sure that services join up & are the best ones possible. As well as linking with the ICS's the CFA will link with the Coordination Group which has been set up to deliver the Healthy & Sustainable Places ambition of the Joint Health & Wellbeing Strategy.

### **Work programme**

Councillor Doddy reminded members that the December meeting will be a workshop to plan the work programme for 2019. Proposals will be presented so that Board members can prioritise issues for meetings & workshops. Members can also ask for issues to be included where there are opportunities to improve health & wellbeing by working together.

### **Better Care Fund**

Joanna Cooper gave an update on progress delivering the Better Care Fund (BCF) in Nottinghamshire which has improved since the first quarter of 2018/19. Three performance metrics are now on track. There are still issues around non-elective admissions to hospital, the number of people who are still at home after 91 days of being discharged from hospital & the number of people who have to a longer stay in hospital because of delays in setting up care.

Members asked about how the projects like the ASSIST scheme in Mansfield could be rolled out to other areas & Joanna explained that where pilot projects are delivering improvements they are be tailored to suit different areas. She & David Pearson also explained that of the additional £650m national funding announced in the budget for social care, £240m was to help with winter pressures in adult social care. Plans for how funding is utilised locally will be agreed during November.

### **JSNA chapter – substance misuse**

Tristan Snowden Poole & Sarah Quilty gave the Board an overview of the refreshed substance misuse chapter of the JSNA. The chapter has been refreshed to reflect changes in the current situation in Nottinghamshire & to give evidence for the recommissioning of support services.

**🕒 Next meeting 2pm, 9 January 2019 at County Hall, West Bridgford**

At this meeting:

[Health & Wellbeing Strategy – Good Start ambition](#). Plans for delivery with the Children & Families Alliance

[Better Care Fund](#) – update from Q2 performance

[Substance misuse](#) – approval of the refreshed JSNA chapter

[Nottingham & Nottinghamshire ICS](#) – prevention, person & community centred approaches. Plans to deliver & potential opportunities to work together

[PNA update](#) – approval of a supplementary statement to update the Pharmaceutical

Tris explained that the evidence in the chapter has come from different sources like the police, hospitals & service providers & has also been checked against national & regional estimates. The chapter also includes a review of what works & what is cost effective to deal with drugs & alcohol issues. All of this evidence has informed the recommendations in the chapter. Some of these have been continued from the last version of the chapter but there are some new recommendations including coordinated support for people with complex needs, introducing a treatment pathway to include mental health & looking at ways for frontline staff to be more trauma smart by asking people about their experiences of childhood adversity.

Board members raised concerns that so many of the issues & recommendations in the chapter have been in place so long but understood that the refresh of the JSNA chapter would help to drive progress. Members also asked about resilience support in schools & were assured that there are programmes in place, particularly in areas where there is an identified problem. Concerns were also raised about data sharing protocols which have been in place across some services but need to be extended, as well as emerging threats like ketamine, particularly for students. Sarah explained that there is a Professional Intelligence Network (PIN) in Nottinghamshire which includes education which aims to share information about new drugs.

### **ICS – prevention, person & community centred approaches**

Jonathan Gribbin, Jane North & Tinu Akinyosoye-Rodney presented an update on the prevention, person & community centred approaches work stream of the ICS in Nottingham & Nottinghamshire which has many parallels with the Joint Health & Wellbeing Strategy. The aim of the work stream is to put people at the centre of their own health, care & wellbeing as well as preventing ill health.

The work recognises that the leading risk factors to health is tobacco, diet & physical activity & alcohol which overlaps with the Health & Wellbeing Strategy, as does the community centred approach to delivery. It was suggested that there could be some collaboration between the Board & the ICS, particularly around the shared priorities of alcohol & tobacco.

Board members asked about how the work could be integrated into wider work programmes like the current transport review & highlighted the importance of wider issues like air pollution which have a significant impact on people's health & wellbeing. They asked about how projects could be rolled out to wider areas, like the Living Well in Rushcliffe project.

### **Pharmaceutical Needs Assessment update**

Amanda Fletcher, Consultant in Public Health, presented an update to the Pharmaceutical Needs Assessment (PNA) for Nottinghamshire. She explained that the PNA is an assessment of the pharmaceutical services in Nottinghamshire but since it was published there have been changes which need to be published as an update to the information.

Amanda explained that the update was largely to changes to the additional hours offered by pharmacies & that available services continue to meet the need of the local population.

Members agreed the supplementary statement but asked about how prescribing is being reviewed to make sure that it's cost effective. Representatives from the Clinical Commissioning Groups explained that there are medicines management teams across the County who worked with GPs to monitor prescribing. There were also questions about online pharmacies, which are monitored & regulated by NHS England.

If you have any comments or questions about this summary please contact Nicola Lane  
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