**School Menu**

**Autumn - Winter 2018/19**

**Week 1**

Week commencing
5 Sept, 24 Sept, 15 Oct,
12 Nov, 3 Dec, 7 Jan,
28 Jan

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Margherita pizza, jacket wedges</td>
<td>Spaghetti Bolognese, crusty bread</td>
<td>Chicken pasta bake, garlic slice</td>
<td>Nottinghamshire sausage, gravy &amp; mashed potatoes</td>
<td>MSC fish finger wrap, noisette potatoes</td>
</tr>
<tr>
<td>Gluten Milk</td>
<td>Gluten Fish Sesame</td>
<td>Gluten Milk</td>
<td>Gluten</td>
<td>Fish Gluten Milk</td>
</tr>
<tr>
<td>OR</td>
<td>OR</td>
<td>VEGETARIAN OPTION AVAILABLE</td>
<td>VEGETARIAN OPTION AVAILABLE</td>
<td>VEGETARIAN OPTION AVAILABLE</td>
</tr>
<tr>
<td>Jacket potato &amp; cheese or baked beans or tuna &amp; mixed salad</td>
<td>Quorn Bolognese, crusty bread</td>
<td>Jacket potato &amp; cheese or baked beans or tuna &amp; mixed salad</td>
<td>Quorn roast, stuffing, gravy, roast &amp; mashed potatoes</td>
<td>Quorn dippers in a tortilla wrap, noisette potatoes</td>
</tr>
<tr>
<td>Milk Egg Fish</td>
<td>Gluten Egg</td>
<td>Milk Egg Fish</td>
<td>Milk Egg Gluten</td>
<td>Egg Gluten Milk</td>
</tr>
</tbody>
</table>

**DESSERT**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apple &amp; blackberry crumble &amp; custard</td>
<td>Pancake with frozen yoghurt &amp; hot cherries</td>
<td>Cornflake tart &amp; custard</td>
<td>Spiced carrot cake &amp; custard</td>
<td>Magic chocolate pudding &amp; chocolate sauce</td>
</tr>
<tr>
<td>Milk Gluten</td>
<td>Milk Egg Gluten Sulphur Dioxide</td>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Milk Egg Gluten Sulphur Dioxide</td>
<td>Milk Egg Gluten</td>
</tr>
</tbody>
</table>

**AVAILABLE DAILY:**

- Fruit yoghurt Milk (when a pudding is being served)
- Best of both bread Gluten and Soya
- Seasonal vegetables available daily
- Coleslaw Egg when served
## School Menu
### Autumn - Winter 2018/19

#### Week 2
**Week commencing**
10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegetarian sausage roll &amp; gravy, roast new potatoes</td>
<td>BBQ pulled pork in pitta bread, jacket wedges</td>
<td>Cheesy cottage pie &amp; gravy</td>
<td>Turkey wrap, roast potatoes</td>
<td>MSC fish goujons, jacket wedges</td>
</tr>
<tr>
<td>Celery Milk Gluten</td>
<td>Gluten</td>
<td>Milk Fish</td>
<td>Egg Gluten</td>
<td>Gluten Fish</td>
</tr>
<tr>
<td>OR</td>
<td>OR</td>
<td>OR</td>
<td>OR</td>
<td>OR</td>
</tr>
<tr>
<td>Macaroni vegetable cheese, garlic slice</td>
<td>Quorn Pitta Bread, jacket wedges</td>
<td>Quorn cottage pie &amp; gravy</td>
<td>Quorn roast, stuffing, gravy, roast &amp; mashed potatoes</td>
<td>Jacket potato &amp; cheese or baked beans or tuna &amp; mixed salad</td>
</tr>
<tr>
<td>Mustard Milk Gluten</td>
<td>Milk Egg Gluten</td>
<td>Celery Milk Gluten</td>
<td>Milk Egg Gluten</td>
<td>Milk Egg Fish</td>
</tr>
</tbody>
</table>

### Dessert
| Butterscotch mousse & banana | Chocolate brownie | Chocolate ice cream roll & chocolate sauce | Fruit flapjack & milkshake | Fruit in jelly & cream swirl |
| Milk | Gluten | Soya Milk Egg Gluten | Gluten Milk | Milk |

**Available daily:** Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served
### School Menu
#### Autumn - Winter 2018/19

**Week 3**

Week commencing
17 Sept, 8 Oct, 5 Nov,
26 Nov, 17 Dec, 21 Jan,
11 Feb

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<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>OR</strong></td>
<td><strong>OR</strong></td>
<td><strong>OR</strong></td>
<td><strong>OR</strong></td>
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</tr>
</tbody>
</table>

- **MONDAY**
  - Quorn dippers in a tortilla wrap, jacket wedges
    - Milk Egg Gluten
  - Cheese & tomato quiche, potato croquettes
    - Milk Egg Gluten
  - DESSERT
    - Fruit salad
    - Allergen free

- **TUESDAY**
  - Venison burger in a bun, jacket wedges
    - Soya Milk Egg Gluten
  - Jacket potato & cheese or baked beans or tuna & mixed salad
    - Milk Egg Fish
  - DESSERT
    - Butterscotch tart
    - Gluten Milk

- **WEDNESDAY**
  - BBQ chilli beef wrap, savoury rice
    - Gluten Milk
  - Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes
    - Gluten Egg Milk
  - DESSERT
    - Cherry shortcake & custard
    - Milk Gluten Egg

- **THURSDAY**
  - Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes
    - Gluten Egg Milk
  - Quorn roast, jacket potato & cheese or baked beans or tuna & mixed salad
    - Milk Egg Fish
  - DESSERT
    - Icky sticky pudding & custard
    - Milk Egg Gluten

- **FRIDAY**
  - MSC breaded fish, ovenchips
    - Fish Gluten
  - Jacket potato & cheese or baked beans or tuna & mixed salad
    - Milk Egg Fish
  - DESSERT
    - Rice pudding & jam
    - Milk Sulphur Dioxide

**AVAILABLE DAILY:**
- Fruit yoghurt: Milk (when a pudding is being served)
- Best of both bread: Gluten and Soya
- Seasonal vegetables: available daily
- Coleslaw: Egg when served