

Nottinghamshire County Council



Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan

MONDAY



Jacket potato & cheese

or baked beans or tuna

& mixed salad

Milk Egg Fish

Margherita pizza, jacket wedges

Gluten Milk

OR

TUESDAY

Crispy potato dippers, BBQ dip & salad

Gluten





WEDNESDAY

Chicken pasta bake, garlic slice

Gluten Milk VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

VEGETARIAN OPTION AVAILABLE

Spaghetti Bolognese,

crusty bread

Gluten Fish Sesame

OR





Soya Egg Gluten Sesame Milk Fish Milk Gluten Sulphur Dioxide



Quorn roast, stuffing,

gravy, roast & mashed

potatoes

Milk Egg Gluten

THURSDAY

Roast pork, stuffing,

potatoes

Gluten

OR

gravy, roast & mashed

Spiced carrot cake & custard

Milk Egg Gluten Sulphur Dioxide

FRIDAY

cherwood Ju



MSC fish finger wrap, noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Magic chocolate pudding & chocolate sauce

Milk Egg Gluten

Milk

Chocolate rice pudding

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



Nottinghamshire County Council



Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb



MONDAY



Tomato & mozzarella bruschetta & salad

Vegetarian sausage roll

roast new potatoes

or baked beans or tuna

& gravy,

OR

Celery Milk Gluten

Milk Gluten Sesame



Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk VEGETARIAN OPTION AVAILABLE





b salad - cheese, ham, tuna or egg

Soya Egg Gluten Sesame Milk Fish Milk Egg Fish

Pasta Bolognese,

VEGETARIAN OPTION AVAILABLE

Jacket potato & cheese

or baked beans or tuna

& mixed salad

garlic slice

Milk Fish Gluten

OR

WEDNESDAY



THURSDAY

Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten VEGETARIAN OPTION AVAILAB

OR



Quorn roast, stuffing, gravy, roast & mashed potatoes

Milk Egg Gluten



Fruit flapjack & milkshake

FRIDAY



MSC fish goujons, jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE





Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Fruit in jelly & cream swirl

Milk

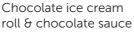
Milk Egg Fish

& mixed salad



Gluten

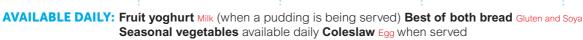
Chocolate brownie



Soya Milk Egg Gluten

Gluter







Nottinghamshire County Council



Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 2<u>1 J</u>an, 11 Feb



MONDAY



Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten

OR



Jacket potato & cheese Freshly filled roll or baked beans or tuna & mixed salad

Milk Egg Fish

Honey & oatmeal

cookie

Gluten Milk

& milkshake



Venison hotpot, roast new potatoes

VEGETARIAN OPTION AVAILABLE

& salad - cheese, ham,

tuna or egg

Butterscotch tart

Gluten Milk

Celery

OR



Hot dog in a roll, potato noisette

Soya Milk Egg Gluten VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Cherry shortcake

& custard

Milk Gluten Egg

Soya Egg Gluten Sesame Milk Fish Milk Egg Fish



THURSDAY

Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk VEGETARIAN OPTION AVAILABLE

OR



Quorn roast, Yorkshire pudding, roast & mashed potatoes

Gluten Egg Milk



Cheese crackers & apple wedge

Milk Gluten



FRIDAY

Melon & ham with salad

Alleraen free VEGETARIAN OPTION AVAILABLE



MSC breaded fish, ovenchips

Fish Gluten VEGETARIAN OPTION AVAILABLE OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

AVAILABLE DAILY: Fruit yoghurt Mik (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Sherwood Junior School D&P 5391 UPRN 001117