



School Menu

Autumn - Winter 2018/19

Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,

12 Nov, 3 Dec, 7 Jan,

28 Jan



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Margherita pizza,
jacket wedges

Gluten Milk

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish



Crispy potato dippers,
BBQ dip & salad

Gluten

OR



Spaghetti Bolognese,
crusty bread
& mixed salad

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll
& salad - cheese, ham,
tuna or egg

Soya Egg Gluten Sesame Milk Fish



Chicken pasta bake,
garlic slice

Gluten Milk

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

OR



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide



Roast pork, stuffing,
gravy, roast & mashed
potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn roast, stuffing,
gravy, roast & mashed
potatoes

Milk Egg Gluten

OR



Spiced carrot cake
& custard

Milk Egg Gluten Sulphur Dioxide



MSC fish finger wrap,
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

OR



Magic chocolate
pudding & chocolate
sauce

Milk Egg Gluten

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya
Seasonal vegetables available daily Coleslaw Egg when served



School Menu

Autumn - Winter 2018/19

Week 2

Week commencing

10 Sept, 1 Oct, 22 Oct,
19 Nov, 10 Dec, 14 Jan,
4 Feb



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Tomato & mozzarella bruschetta & salad

Milk Gluten Sesame



Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

OR



Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten



Freshly filled roll & salad - cheese, ham, tuna or egg

Soya Egg Gluten Sesame Milk Fish



Pasta Bolognese, garlic slice

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn roast, stuffing, gravy, roast & mashed potatoes

Milk Egg Gluten



MSC fish goujons, jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Chocolate brownie

Gluten



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten



Fruit flapjack & milkshake

Gluten Milk



Fruit in jelly & cream swirl

Milk

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



School Menu

Autumn - Winter 2018/19

Week 3

Week commencing

17 Sept, 8 Oct, 5 Nov,
26 Nov, 17 Dec, 21 Jan,
11 Feb



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers
in a tortilla wrap,
jacket wedges

Milk Egg Gluten



Venison hotpot,
roast new potatoes

Celery

VEGETARIAN OPTION AVAILABLE



Hot dog in a roll,
potato noisette

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE



Roast gammon,
Yorkshire pudding,
gravy, mashed & roast
potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Melon & ham
with salad

Allergen free

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

OR



Freshly filled roll
& salad - cheese, ham,
tuna or egg

Soya Egg Gluten Sesame Milk Fish

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

OR



Quorn roast,
Yorkshire pudding,
roast & mashed
potatoes

Gluten Egg Milk



MSC breaded fish,
ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Honey & oatmeal
cookie
& milkshake

Gluten Milk



Butterscotch tart

Gluten Milk



Cherry shortcake
& custard

Milk Gluten Egg



Cheese crackers
& apple wedge

Milk Gluten



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya
Seasonal vegetables available daily Coleslaw Egg when served