



## School Menu

### Spring - Summer 2019

### Week 1

Week commencing  
25 February, 18 March,  
23 April, 13 May, 10 June,  
1 July, 22 July

Selston  
Church of England  
School



### By Day

#### First Course

#### Second Course

Monday

Cheesy pasta bake  
& garlic bread

Soya Milk Gluten



Strawberry mousse  
& shortbread

Milk Gluten



Tuesday

Venison burger in a bun  
& diced potatoes

Soya Milk Egg Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

Quorn burger in a bun & diced  
potatoes

Soya Milk Egg Gluten



Fruit yoghurt  
& apple wedge

Milk



Wednesday

Chicken & broccoli bake,  
crusty bread

Mustard Milk Gluten Sesame

TODAY'S VEGETARIAN OPTION

Quorn & broccoli bake,  
crusty bread

Mustard Milk Egg Gluten Sesame



Cornflake tart  
& custard

Milk Gluten Sulphur Dioxide



Thursday

Roast pork, stuffing,  
gravy, mashed potato  
& Yorkshire pudding

Milk Egg Gluten

TODAY'S VEGETARIAN OPTION

Quorn roast, stuffing, gravy,  
mashed potato & Yorkshire pudding

Milk Egg Gluten



Magic lemon pudding  
& custard

Milk Egg Gluten Sulphur Dioxide



Friday

Fish finger wrap  
& Noisette potatoes

Milk Fish Gluten

TODAY'S VEGETARIAN OPTION

Fishless finger wrap  
& Noisette potatoes

Milk Gluten



Marble sponge  
& custard

Milk Egg Gluten



Served Daily

**Best of both bread** Gluten and Soya

**Seasonal vegetables** available daily **Coleslaw** Egg when served



## School Menu

### Spring - Summer 2019

### Week 2

Week commencing  
4 March, 25 March,  
29 April, 20 May,  
17 June, 8 July

Selston  
Church of England  
School



### By Day

#### First Course

#### Second Course

#### Monday

Quorn dippers  
& baby jacket potatoes

Milk Egg Gluten



St Clement sponge  
& custard

Milk Egg Gluten



#### Tuesday

Pork Enchilada  
& diced potatoes

Milk Gluten

**TODAY'S VEGETARIAN OPTION**

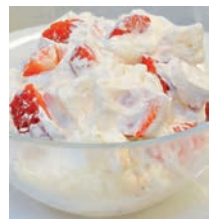
Vegetable Enchilada  
& diced potatoes

Milk Egg Gluten



Strawberry Eton mess

Milk Egg



#### Wednesday

Chicken Tikka wrap  
& savoury rice

Milk Gluten

**TODAY'S VEGETARIAN OPTION**

BBQ Quorn wrap  
& new potatoes

Egg Gluten



Butterscotch tart

Milk Gluten



#### Thursday

Nottinghamshire sausage,  
Yorkshire pudding,  
mashed potato & gravy

Milk Egg Gluten Sulphur Dioxide

**TODAY'S VEGETARIAN OPTION**

Quorn sausage, Yorkshire pudding,  
mashed potato & gravy

Milk Egg Gluten



Strawberry shortbread

Milk Gluten



#### Friday

MSC Breaded fish  
& chips

Fish Gluten

**TODAY'S VEGETARIAN OPTION**

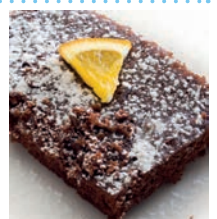
Fishless finger  
& chips

Gluten



Chocolate brownie  
& chocolate sauce

Milk Gluten



Served Daily

**Best of both bread** Gluten and Soya

**Seasonal vegetables** available daily **Coleslaw** Egg when served





## School Menu

### Spring - Summer 2019

### Week 3

Week commencing

11 March, 1 April,  
6 May, 3 June,  
24 June, 15 July

Selston  
Church of England  
School



### By Day

#### First Course

#### Second Course

Monday

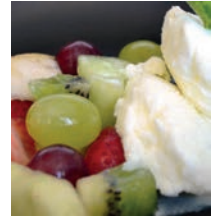
Vegetarian roll, gravy  
& jacket wedges

Soya Gluten



Fruit salad  
& frozen yoghurt

Milk Sulphur Dioxide



Tuesday

Porkies in gravy,  
Yorkshire pudding  
& mashed potatoes

Soya Milk Egg Gluten



Raspberry swirl sponge  
& custard

Milk Egg Gluten



Wednesday

Spaghetti Bolognese  
& crusty bread

Gluten Sesame

TODAY'S VEGETARIAN OPTION

Vegeballs in gravy, mashed potatoes  
& Yorkshire pudding

Soya Milk Egg Gluten



Honey cake

Milk Egg Gluten



Thursday

Roast Gammon  
& pineapple with  
mashed & roast potatoes

TODAY'S VEGETARIAN OPTION

Roast Quorn with  
mashed & roast potatoes

Milk Egg



Raspberry ripple  
ice cream cake

Soya Milk Egg Gluten



Friday

Fish goujons  
& diced potatoes

Fish Gluten

TODAY'S VEGETARIAN OPTION

Fishless finger  
& diced potatoes

Gluten



Magic chocolate pudding  
& chocolate sauce

Milk Egg Gluten



Served Daily

**Best of both bread** Gluten and Soya

**Seasonal vegetables** available daily **Coleslaw** Egg when served