# Nottinghamshire County Council



## Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan



# **By Day**

#### **First Course**

#### **Second Course**

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Cheese & bacon pinwheel & salad

Milk Gluten

VEGETARIAN OPTION AVAILABLE

Spaghetti Bolognese, crusty bread Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE

OR KS2 pupils only Freshly filled roll & salad cheese, ham, tuna or egg Soya Egg Gluten Sesame Milk Fish

Chicken pasta bake, garlic slice

Gluten Milk

VEGETARIAN OPTION AVAILABLE

Crispy potato dippers, BBQ dip & salad

Gluten

MSC fish finger wrap, noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Pancake with frozen yoghurt & hot cherries

Milk Egg Gluten Sulphur Dioxide



Fruit salad



Roast pork, stuffing, gravy, roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Magic chocolate pudding & chocolate sauce

Milk Egg Gluten







Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served





Autumn - Winter 2018/19

### Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb



**By Day** 

Monday

Tuesday

Wednesday

#### **First Course**

**Second Course** 

Tomato & mozzarella bruschetta & salad

Milk Gluten Sesame

Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

Melon & ham with salad

Allergen free

VEGETARIAN OPTION AVAILABLE

Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

Red pepper houmus & pitta bread strips

Gluten Sesame



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish





Cheesy cottage pie & gravy

Chocolate brownie

Milk Fish

Gluten

VEGETARIAN OPTION AVAILABLE





MSC fish goujons, jacket wedges



Gluten Fish

VEGETARIAN OPTION AVAILABLE

Thursday

Served Daily

Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

# Nottinghamshire County Council



Autumn - Winter 2018/19

### Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 21 Jan, 11 Feb



**By Day** 

#### **First Course**

#### **Second Course**

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Cheese & tomato quiche, potato croquettes

Milk Egg Gluten, Milk

Venison burger in a bun, jacket wedges

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE

OR KS2 pupils only Freshly filled roll & salad cheese, ham, tuna or egg Soya Egg Gluten Sesame Milk Fish

Cheese & bacon pinwheel & salad

Milk Gluten

VEGETARIAN OPTION AVAILABLE

MSC fish nuggets, tomato dip & salad

Fish

VEGETARIAN OPTION AVAILABLE

Tomato & mozzarella bruschetta & salad

Milk Gluten Sesame



Honey & oatmeal cookie & milkshake





Gluten Milk



Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE

Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk

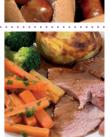
VEGETARIAN OPTION AVAILABLE

MSC breaded fish, ovenchips



Fish Gluten

VEGETARIAN OPTION AVAILABLE





Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served