



School Menu

Autumn - Winter 2018/19

Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,

12 Nov, 3 Dec, 7 Jan,

28 Jan



Nettleworth
Infant School



By Day

First Course

Second Course

Monday

Margherita pizza,
jacket wedges

Gluten Milk



Chocolate rice pudding

Milk



Tuesday

Beef casserole
& herby dumplings,
gravy, mashed potatoes

Gluten Sesame

VEGETARIAN OPTION AVAILABLE



Pancake
with frozen yoghurt
& hot cherries

Milk Egg Gluten Sulphur Dioxide



Wednesday

Chicken & lentil
casserole,
mashed potatoes,
Yorkshire pudding

Egg Milk Gluten

VEGETARIAN OPTION AVAILABLE



Fruit salad

Allergen free



Thursday

Roast pork,
stuffing, gravy,
roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Spiced carrot cake
& custard

Milk Egg Gluten Sulphur Dioxide



Friday

MSC fish finger wrap,
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Magic chocolate
pudding
& chocolate sauce

Milk Egg Gluten



Served Daily

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Autumn - Winter 2018/19

Week 2

Week commencing

10 Sept, 1 Oct, 22 Oct,
19 Nov, 10 Dec, 14 Jan,
4 Feb



Nettleworth
Infant School



By Day

First Course

Second Course

Monday

Vegetarian sausage roll
& gravy,
roast new potatoes

Celery Milk Gluten



Butterscotch mousse
& banana

Milk



Tuesday

BBQ pulled pork
in pitta bread,
jacket wedges

Gluten

VEGETARIAN OPTION AVAILABLE



Crispy jam tart
& custard

Milk Gluten Sulphur Dioxide



Wednesday

Beef vegetable pie
& gravy,
mashed potatoes

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE



Chocolate ice cream roll
& chocolate sauce

Soya Milk Egg Gluten



Thursday

Roast turkey,
stuffing, gravy,
roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Fruit flapjack
& milkshake

Gluten Milk



Friday

MSC fish goujons,
jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Eve's pudding
& vanilla sauce

Milk Egg Gluten



Served Daily

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Autumn - Winter 2018/19

Week 3

Week commencing

17 Sept, 8 Oct, 5 Nov,
26 Nov, 17 Dec, 21 Jan,
11 Feb



Nettleworth
Infant School



FOOD
SERVED
HERE
Soil Association

By Day

First Course

Second Course

Monday

Quorn dippers
in a tortilla wrap,
jacket wedges

Milk Egg Gluten



Fruit salad

Allergen free



Tuesday

Venison hotpot,
roast new potatoes

Celery

VEGETARIAN OPTION AVAILABLE



Butterscotch tart

Gluten Milk



Wednesday

Mediterranean
chicken pasta,
garlic slice

Gluten Milk

VEGETARIAN OPTION AVAILABLE



Cherry shortcake
& custard

Milk Gluten Egg



Thursday

Roast gammon,
Yorkshire pudding, gravy,
mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Cheese crackers
& apple wedge

Milk Gluten



Friday

MSC breaded fish,
ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE



Rice pudding
& jam

Milk Sulphur Dioxide



Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served