



School Menu

Spring - Summer 2019

Week 1

Week commencing
25 February, 18 March,
23 April, 13 May, 10 June,
1 July, 22 July



Believe to Achieve and Succeed
Killisick Junior School



By Day

First Course

Second Course

Monday

Margherita pizza
& new potatoes

Milk Gluten



Rice pudding
& jam

Milk Sulphur Dioxide



Tuesday

Fish nuggets,
BBQ dip
& salad

Fish



Venison burger in a bun
& diced potatoes

Soya Milk Egg Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

Quorn burger in a bun
& diced potatoes

Soya Milk Egg Gluten



Wednesday

Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide



Thursday

Roast pork, stuffing,
gravy, mashed potato
& Yorkshire pudding

Milk Egg Gluten

TODAY'S VEGETARIAN OPTION

Quorn roast, stuffing, gravy,
mashed potato & Yorkshire pudding

Milk Egg Gluten



Apple & Raspberry crumble
& custard

Milk Gluten



Friday

Fish finger wrap
& Noisette potatoes

Milk Fish Gluten

TODAY'S VEGETARIAN OPTION

Fishless finger wrap
& Noisette potatoes

Milk Gluten



Marble sponge
& custard

Milk Egg Gluten



Served Daily

Best of both bread Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Spring - Summer 2019

Week 2

Week commencing
4 March, 25 March,
29 April, 20 May,
17 June, 8 July



Believe to Achieve and Succeed
Killisick Junior School



By Day

First Course

Second Course

Monday

Quorn dippers
& baby jacket potatoes

Milk Egg Gluten



St Clement sponge
& custard

Milk Egg Gluten



Tuesday

Pork meatballs
in tomato sauce
& pasta

Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

Vegeballs in a tomato sauce
& pasta

Soya Gluten



Cheese, crackers
& apple wedge

Milk Gluten



Wednesday

Tomato & Mozzarella
Bruschetta & salad

Milk Gluten Sesame



Chicken Tikka wrap
& savoury rice

Milk Gluten

TODAY'S VEGETARIAN OPTION

BBQ Quorn wrap
& new potatoes

Egg Gluten



Thursday

Nottinghamshire sausage,
Yorkshire pudding,
mashed potato & gravy

Milk Egg Gluten Sulphur Dioxide

TODAY'S VEGETARIAN OPTION

Quorn sausage, Yorkshire pudding,
mashed potato & gravy

Milk Egg Gluten



Fruit salad



Friday

MSC Breaded fish
& chips

Fish Gluten

TODAY'S VEGETARIAN OPTION

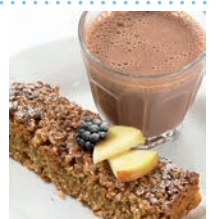
Fishless finger
& chips

Gluten



Fruit flapjack
& milkshake

Milk Gluten



Served Daily

Best of both bread Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Spring - Summer 2019

Week 3

Week commencing

11 March, 1 April,
6 May, 3 June,
24 June, 15 July



Believe to Achieve and Succeed
Killisick Junior School



By Day

First Course

Second Course

Monday

Vegetarian roll, gravy
& jacket wedges

Soya Gluten



Butterscotch mousse

Milk



Tuesday

Porkies in gravy,
Yorkshire pudding
& mashed potatoes

Soya Milk Egg Gluten



Raspberry swirl sponge
& custard

Milk Egg Gluten



TODAY'S VEGETARIAN OPTION
Vegeballs in gravy, mashed potatoes
& Yorkshire pudding

Soya Milk Egg Gluten

Wednesday

Jacket potatoes with cheese,
beans or tuna & mixed salad

Milk Egg Fish



Honey cake

Milk Egg Gluten



Thursday

Roast Gammon
& pineapple with
mashed & roast potatoes

TODAY'S VEGETARIAN OPTION
Roast Quorn with
mashed & roast potatoes

Milk Egg



Raspberry ripple
ice cream cake

Soya Milk Egg Gluten



Friday

Fish goujons
& diced potatoes

Fish Gluten

TODAY'S VEGETARIAN OPTION
Fishless finger
& diced potatoes

Gluten



Pancake with
frozen yoghurt & orange

Milk Egg Gluten



Served Daily

Best of both bread Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served