

Nottinghamshire County Council



Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan



MONDAY



Cheese & bacon pinwheel & salad

Margherita pizza,

Jacket potato & cheese

or baked beans or

tuna & mixed salad

Milk Egg Fish

jacket wedges

Gluten Milk

OR



VEGETARIAN OPTION AVAILABLE



Beef & vegetable fajitas, savoury rice

Gluten VEGETARIAN OPTION AVAILABLE





Freshly filled roll & salad - cheese, ham, tuna or egg

Pancake

with frozen yoghurt

Milk Egg Gluten Sulphur Dioxide

& hot cherries

OR

VEGETARIAN OPTION AVAILABLE

Chicken pasta bake,

garlic slice

Gluten Milk

WEDNESDAY

Jacket potato & cheese or baked beans or tuna & mixed salad

Soya Egg Gluten Sesame Milk Fish

Milk Egg Fish

Crispy potato dippers, BBQ dip & salad

THURSDAY

Gluten



Roast pork, stuffing, gravy, roast & mashed potatoes

Gluten OR



Quorn roast, stuffing, gravy, roast & mashed potatoes

Milk Egg Gluten

FRIDAY



MSC fish finger wrap, noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE OR



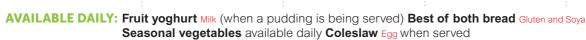
Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Magic chocolate pudding & chocolate sauce

Milk Egg Gluten



Cornflake tart

Milk Gluten Sulphur Dioxide

& custard



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Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb



MONDAY



Tomato & mozzarella bruschetta & salad

Milk Gluten Sesame



Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten

OR



Jacket potato & cheese or baked beans or tuna & mixed salad





Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk VEGETARIAN OPTION AVAILABLE



Quorn sausage, onion gravy, mashed potatoes & Yorkshire pudding Gluten Egg Milk

Chocolate brownie

Gluten



Pasta Bolognese,

garlic slice

WEDNESDAY

Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten

THURSDAY



Vegetable tartlet & salad

Milk Gluten



Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten OR



Quorn roast, stuffing, gravy, roast & mashed potatoes







MSC fish goujons, jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE OR





Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish





Milk

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



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Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 2<u>1 J</u>an, 11 Feb



MONDAY



Tomato & mozzarella bruschetta & salad

Milk Gluten Sesame



Venison burger in a bun, jacket wedges

Soya Milk Egg Gluten VEGETARIAN OPTION AVAIL





Quorn burger in a bun, jacket wedges

Soya Milk Egg Gluten



Quorn dippers

jacket wedges

Milk Egg Gluten

OR

in a tortilla wrap,



Jacket potato & cheese or baked beans or tuna & mixed salad





Butterscotch tart

Gluten Milk





Mediterranean chicken pasta garlic slice

Gluten Milk VEGETARIAN OPTION AVAILABLE



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Cherry shortcake & custard

Milk Gluten Egg



Crispy potato dippers, BBQ dip & salad

Gluten



Sweet & sour pork, wholegrain rice

Celery OR



Freshly filled roll & salad - cheese, ham, tuna or egg

Soya Egg Gluten Sesame Milk Fish Milk





MSC breaded fish, ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Fruit yoghurt

Milk Egg Fish

