



School Menu

Autumn - Winter 2018/19

Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,
12 Nov, 3 Dec, 7 Jan,
28 Jan



MONDAY



Margherita pizza,
jacket wedges

Gluten Milk

OR



Rigatoni Florentina
pasta, garlic slice

Gluten Milk

DESSERT



Apple & blackberry
crumble & custard

Milk Gluten

TUESDAY



Spaghetti Bolognese,
crusty bread

Gluten Fish Sesame

OR



Quorn Bolognese,
crusty bread

Gluten Egg

DESSERT



Coconut sponge
& custard

Milk Egg Gluten Sulphur Dioxide

WEDNESDAY



Chicken pasta bake,
garlic slice

Gluten Milk

OR



Quorn pasta bake,
garlic slice

Gluten Milk Egg

DESSERT



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide

THURSDAY



Roast pork, stuffing,
gravy, roast & mashed
potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn roast, stuffing,
gravy, roast & mashed
potatoes

Milk Egg Gluten

DESSERT



Date slice
& custard

Milk Gluten

FRIDAY



MSC fish finger wrap,
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE

OR



Quorn dippers
in a wrap,
noisette potatoes

Gluten Milk

DESSERT



Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten

AVAILABLE DAILY:

Jacket potato with cheese, baked beans or
tuna mayo with mixed salad
Milk, Fish, Egg

OR

Freshly filled roll with cheese,
ham, tuna mayo or egg and salad
Soya Egg Sesame Gluten, Milk Fish

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Autumn - Winter 2018/19

Week 2

Week commencing

10 Sept, 1 Oct, 22 Oct,
19 Nov, 10 Dec, 14 Jan,
4 Feb



MONDAY



Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten

OR



Macaroni vegetable cheese, garlic slice

Mustard Milk Gluten

DESSERT



Butterscotch mousse & banana

Milk

TUESDAY



Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk

OR



Quorn sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk

DESSERT



Crispy jam tart & custard

Milk Gluten Sulphur Dioxide

WEDNESDAY



Pasta Bolognese, garlic slice

Milk Fish Gluten

OR



Quorn Bolognese, garlic slice

Egg Gluten

DESSERT



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten

THURSDAY



Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn roast, stuffing, gravy, roast & mashed potatoes

Milk Egg Gluten

DESSERT



Fruit flapjack & milkshake

Gluten Milk

FRIDAY



MSC fish goujons, jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE

OR



Vegetable nuggets, jacket wedges

Gluten

DESSERT



Fruit in jelly & cream swirl

Milk

AVAILABLE DAILY:

Jacket potato with cheese, baked beans or tuna mayo with mixed salad
Milk, Fish, Egg

OR

Freshly filled roll with cheese, ham, tuna mayo or egg and salad
Soya Egg Sesame Gluten, Milk Fish

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served



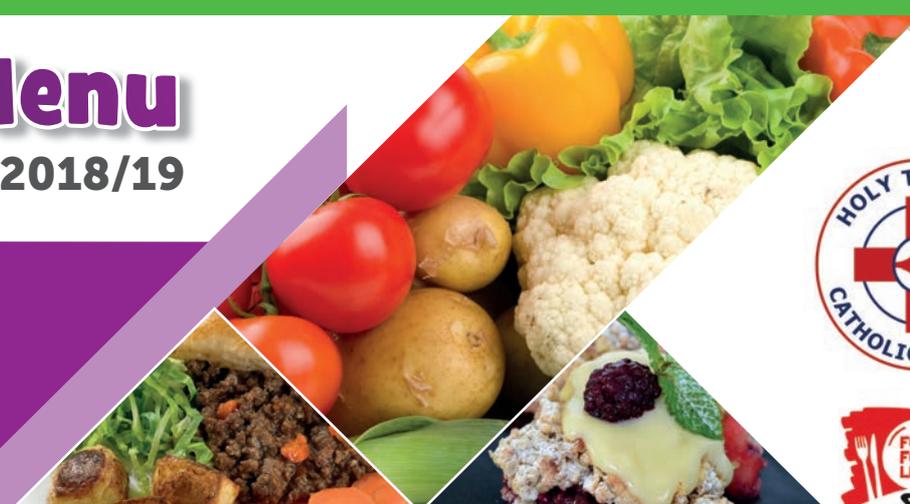
School Menu

Autumn - Winter 2018/19

Week 3

Week commencing

17 Sept, 8 Oct, 5 Nov,
26 Nov, 17 Dec, 21 Jan,
11 Feb



MONDAY



Quorn dippers
in a tortilla wrap,
jacket wedges

Milk Egg Gluten

OR



Pasta Neapolitan,
garlic slice

Milk Gluten

DESSERT



Honey & oatmeal
cookie & milkshake

Gluten Milk

TUESDAY



Venison burger
in a bun,
jacket wedges

Soya Milk Egg Gluten

OR



Quorn burger
in a bun,
jacket wedges

Soya Milk Egg Gluten

DESSERT



Butterscotch tart

Gluten Milk

WEDNESDAY



Hot dog in a roll,
potato noisette

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn hot dog
in a roll,
potato noisette

Soya Milk Egg Gluten

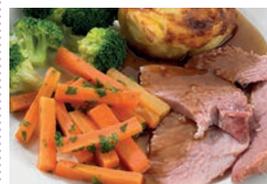
DESSERT



Cherry shortcake
& custard

Milk Gluten Egg

THURSDAY



Roast gammon,
Yorkshire pudding,
gravy, mashed & roast
potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

OR



Quorn roast,
Yorkshire pudding,
roast & mashed
potatoes

Gluten Egg Milk

DESSERT



Cheese crackers
& apple wedge

Milk Gluten

FRIDAY



MSC breaded fish,
ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Vegetable nuggets,
ovenchips

Gluten

DESSERT



Rice pudding
& jam

Milk Sulphur Dioxide

AVAILABLE DAILY:

Jacket potato with cheese, baked beans or
tuna mayo with mixed salad
Milk, Fish, Egg

OR

Freshly filled roll with cheese,
ham, tuna mayo or egg and salad
Soya Egg Sesame Gluten, Milk Fish

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served