

Nottinghamshire



Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan

MONDAY



Margherita pizza, jacket wedges

Gluten Milk

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

DESSERT



Apple & blackberry crumble & custard





Spaghetti Bolognese, crusty bread

Gluten Fish Sesame VEGETARIAN OPTION AVAILAB

OR



Freshly filled roll & salad - cheese, ham, tuna or egg

Soya Egg Gluten Sesame Milk Fish

DESSERT

Pancake

with frozen yoghurt

Milk Egg Gluten Sulphur Dioxide

& hot cherries

Jacket potato & cheese or baked beans or

Turkey & vegetable

roast baby potatoes

VEGETARIAN OPTION AVAILA

pie, gravy,

Milk Fish Gluten

OR

tuna & mixed salad

DESSERT



Fruit salad

Milk Egg Fish

Allergen free



THURSDAY

Roast pork, stuffing, gravy, roast & mashed potatoes

Gluten

OR



Freshly filled roll & salad - cheese, ham, tuna or egg

Soya Egg Gluten Sesame Milk Fish Milk Egg Fish



Spiced carrot cake & custard

Milk Egg Gluten Sulphur Dioxide

FRIDAY

CHURCH OF EN



MSC fish finger wrap, noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE OR



Jacket potato & cheese or baked beans or tuna & mixed salad

DFSSFRT



Magic chocolate puddina & chocolate sauce

Milk Egg Gluten

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



Nottinghamshire County Council



Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb

MONDAY



Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

DESSERT



Butterscotch mousse & banana



TUESDAY

Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk VEGETARIAN OPTION AVAILABLE



Freshly filled roll & salad - cheese, ham, tuna or egg

Soya Egg Gluten Sesame Milk Fish

DFSSFRT

Chocolate brownie

Gluten

Jacket potato & cheese

Cheesy cottage pie

VEGETARIAN OPTION AVAILABLE

& gravy

Milk Fish

OR

WEDNESDAY

or baked beans or tuna & mixed salad

Milk Egg Fish

DESSERT



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten



Gluten Milk



THURSDAY

Roast turkey, stuffing,

gravy, roast & mashed

potatoes

Gluten

Freshly filled roll & salad - cheese, ham, tuna or egg

Soya Egg Gluten Sesame Milk Fish Milk Egg Fish

DESSERT



FRIDAY

CHURCH OF



MSC fish goujons, jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

DESSERT





Milk

Milk

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



Nottinghamshire County Council



Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 21 Jan, 11 Feb

MONDAY



Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

DESSERT



Honey & oatmeal cookie & milkshake

Gluten Milk



Venison burger in a bun. jacket wedges

OR

Soya Milk Egg Gluten VEGETARIAN OPTION AVAILABLE



Freshly filled roll & salad - cheese, ham, tuna or egg

DESSERT

Fruit salad

Milk

& frozen yoghurt

Jacket potato & cheese or baked beans or

tuna & mixed salad

Soya Egg Gluten Sesame Milk Fish Milk Egg Fish

DESSERT



Cherry shortcake & custard

Milk Gluten Egg



Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll & salad - cheese, ham, tuna or egg

Soya Egg Gluten Sesame Milk Fish Milk Egg Fish



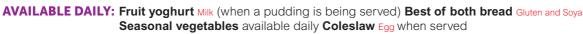
Cheese crackers & apple wedge

Milk Gluten





Milk Gluten



FRIDAY

CHURCH OF EN



MSC breaded fish, ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

DESSERT



Apricot slice & custard







BBQ chilli beef wrap,