



## School Menu

Autumn - Winter 2018/19

### Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,  
12 Nov, 3 Dec, 7 Jan,  
28 Jan

Crescent  
Primary and  
Nursery School



#### MONDAY



Margherita pizza,  
jacket wedges

Gluten Milk

OR



Jacket potato & cheese  
or baked beans or  
tuna & mixed salad

Milk Egg Fish

#### DESSERT



Apple & blackberry  
crumble & custard

Milk Gluten

#### TUESDAY



Spaghetti Bolognese,  
crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll  
& salad - cheese, ham,  
tuna or egg

Soya Egg Gluten Sesame Milk Fish

#### DESSERT



Pancake  
with frozen yoghurt  
& hot cherries

Milk Egg Gluten Sulphur Dioxide

#### WEDNESDAY



Chicken & lentil  
casserole,  
mashed potatoes,  
Yorkshire pudding

Egg Milk Gluten

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese  
or baked beans or  
tuna & mixed salad

Milk Egg Fish

#### DESSERT



Cornflake tart  
& custard

Milk Gluten Sulphur Dioxide

#### THURSDAY



Nottinghamshire  
sausage,  
gravy &  
mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll  
& salad - cheese, ham,  
tuna or egg

Soya Egg Gluten Sesame Milk Fish

#### DESSERT



Date slice  
& custard

Milk Gluten

#### FRIDAY



MSC fish finger wrap,  
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese  
or baked beans or  
tuna & mixed salad

Milk Egg Fish

#### DESSERT



Fruit salad

Allergen free

**AVAILABLE DAILY:** Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya  
Seasonal vegetables available daily Coleslaw Egg when served



## School Menu

Autumn - Winter 2018/19

### Week 2

Week commencing

10 Sept, 1 Oct, 22 Oct,  
19 Nov, 10 Dec, 14 Jan,  
4 Feb

Crescent  
Primary and  
Nursery School



#### MONDAY



Vegetarian sausage roll  
& gravy,  
roast new potatoes

Celery Milk Gluten

OR



Jacket potato & cheese  
or baked beans or  
tuna & mixed salad

Milk Egg Fish

#### DESSERT



Butterscotch mousse &  
banana

Milk

#### TUESDAY



BBQ pulled pork  
in pitta bread,  
jacket wedges

Gluten

VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll  
& salad - cheese, ham,  
tuna or egg

Soya Egg Gluten Sesame Milk Fish

#### DESSERT



Chocolate brownie

Gluten

#### WEDNESDAY



Pasta Bolognese,  
garlic slice

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese  
or baked beans or  
tuna & mixed salad

Milk Egg Fish

#### DESSERT



Chocolate ice cream  
roll & chocolate sauce

Soya Milk Egg Gluten

#### THURSDAY



Roast turkey, stuffing,  
gravy, roast & mashed  
potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll  
& salad - cheese, ham,  
tuna or egg

Soya Egg Gluten Sesame Milk Fish

#### DESSERT



Fruit medley with  
yoghurt & honey

Milk

#### FRIDAY



MSC fish goujons,  
jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese  
or baked beans or  
tuna & mixed salad

Milk Egg Fish

#### DESSERT



Fruit in jelly & cream  
swirl

Milk

**AVAILABLE DAILY:** Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya  
Seasonal vegetables available daily Coleslaw Egg when served





## School Menu

Autumn - Winter 2018/19

### Week 3

Week commencing  
17 Sept, 8 Oct, 5 Nov,  
26 Nov, 17 Dec, 21 Jan,  
11 Feb

Crescent  
Primary and  
Nursery School



#### MONDAY



Quorn dippers  
in a tortilla wrap,  
jacket wedges

Milk Egg Gluten

OR



Jacket potato & cheese  
or baked beans or  
tuna & mixed salad

Milk Egg Fish

#### DESSERT



Fruit salad

Allergen free

#### TUESDAY



Venison burger  
in a bun,  
jacket wedges

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll  
& salad - cheese, ham,  
tuna or egg

Soya Egg Gluten Sesame Milk Fish

#### DESSERT



Butterscotch tart

Gluten Milk

#### WEDNESDAY



Mediterranean chicken  
pasta,  
garlic slice

Gluten Milk

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese  
or baked beans or  
tuna & mixed salad

Milk Egg Fish

#### DESSERT



Apple & rhubarb  
crumble & custard

Milk Gluten

#### THURSDAY



Roast gammon,  
Yorkshire pudding,  
gravy, mashed  
& roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll  
& salad - cheese, ham,  
tuna or egg

Soya Egg Gluten Sesame Milk Fish

#### DESSERT



Cheese crackers &  
apple wedge

Milk Gluten

#### FRIDAY



MSC breaded fish,  
ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese  
or baked beans or  
tuna & mixed salad

Milk Egg Fish

#### DESSERT



Rice pudding & jam

Milk

**AVAILABLE DAILY:** Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya  
Seasonal vegetables available daily Coleslaw Egg when served