



School Menu

Autumn - Winter 2018/19

Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,

12 Nov, 3 Dec, 7 Jan,

28 Jan

Bracken Hill Special School



MONDAY



Margherita pizza,
jacket wedges

Gluten Milk

OR



Freshly filled roll
& salad - cheese, ham,
tuna or egg

Soya Egg Gluten Sesame Milk Fish

DESSERT



Chocolate rice pudding

Milk

TUESDAY



Beef casserole
& herby dumplings,
gravy,
mashed potatoes

Gluten Sesame

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Coconut sponge
& custard

Milk Egg Gluten Sulphur Dioxide

WEDNESDAY



Chicken pasta bake,
garlic slice

Milk Gluten

VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll
& salad - cheese, ham,
tuna or egg

Soya Egg Gluten Sesame Milk Fish

DESSERT



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide

THURSDAY



Roast pork, stuffing,
gravy, roast & mashed
potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn roast, stuffing,
gravy, roast & mashed
potatoes

Milk Egg Gluten

DESSERT



Spiced carrot cake
& custard

Milk Egg Gluten Sulphur Dioxide

FRIDAY



MSC fish finger wrap,
ovenchips

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll
& salad - cheese, ham,
tuna or egg

Soya Egg Gluten Sesame Milk Fish

DESSERT



Fruit salad

Allergen free

AVAILABLE DAILY: Freshly filled roll & salad - cheese, ham, tuna or egg
Jacket potato & cheese or baked beans or tuna & mixed salad
Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya
Seasonal vegetables available daily Coleslaw Egg when served



School Menu

Autumn - Winter 2018/19

Week 2

Week commencing

10 Sept, 1 Oct, 22 Oct,
19 Nov, 10 Dec, 14 Jan,
4 Feb

Bracken Hill Special School



MONDAY



Vegetarian sausage roll
& gravy,
roast new potatoes

Celery Milk Gluten

OR



Freshly filled roll
& salad - cheese, ham,
tuna or egg

Soya Egg Gluten Sesame Milk Fish

DESSERT



Butterscotch mousse
& banana

Milk

TUESDAY



Nottinghamshire
sausage, onion gravy,
mashed potatoes &
Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Chocolate brownie

Gluten

WEDNESDAY



Pasta Bolognese,
garlic slice

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll
& salad - cheese, ham,
tuna or egg

Soya Egg Gluten Sesame Milk Fish

DESSERT



Chocolate ice cream
roll & chocolate sauce

Soya Milk Egg Gluten

THURSDAY



Roast turkey,
stuffing, gravy, roast &
mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn roast, stuffing,
gravy, roast & mashed
potatoes

Milk Egg Gluten

DESSERT



Eve's pudding
& vanilla sauce

Milk Egg Gluten

FRIDAY



MSC fish goujons,
ovenchips

Gluten Fish

VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll
& salad - cheese, ham,
tuna or egg

Soya Egg Gluten Sesame Milk Fish

DESSERT



Fruit flapjack
& milkshake

Milk Gluten

AVAILABLE DAILY: Freshly filled roll & salad - cheese, ham, tuna or egg
Jacket potato & cheese or baked beans or tuna & mixed salad
Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya
Seasonal vegetables available daily Coleslaw Egg when served



School Menu

Autumn - Winter 2018/19

Week 3

Week commencing

17 Sept, 8 Oct, 5 Nov,
26 Nov, 17 Dec, 21 Jan,
11 Feb

Bracken Hill Special School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers
in a tortilla wrap,
jacket wedges

Milk Egg Gluten



Venison burger
in a bun,
jacket wedges

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE



Hot dog in a roll,
potato noisette

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE



Roast gammon,
Yorkshire pudding,
gravy, mashed & roast
potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



MSC breaded fish,
ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll
& salad - cheese, ham,
tuna or egg

Soya Egg Gluten Sesame Milk Fish



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

OR



Freshly filled roll
& salad - cheese, ham,
tuna or egg

Soya Egg Gluten Sesame Milk Fish

OR



Quorn roast, stuffing,
gravy, roast & mashed
potatoes

Milk Egg Gluten

OR



Freshly filled roll
& salad - cheese, ham,
tuna or egg

Soya Egg Gluten Sesame Milk Fish

DESSERT



Honey & oatmeal
cookie
& milkshake

Gluten Milk

DESSERT



Butterscotch tart

Gluten Milk

DESSERT



Cherry shortcake
& custard

Milk Gluten Egg

DESSERT



Lcky sticky pudding
& custard

Milk Egg Gluten

DESSERT



Apricot slice
& custard

Milk Gluten

AVAILABLE DAILY: Freshly filled roll & salad - cheese, ham, tuna or egg

Jacket potato & cheese or baked beans or tuna & mixed salad

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya

Seasonal vegetables available daily **Coleslaw** Egg when served