

Nottinghamshire County Council



Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan

By Day

Monday

Tuesday

Thursday

Friday

First Course

Margherita pizza, jacket wedges

Gluten Milk

Spaghetti Bolognese, crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE Chicken pasta bake, garlic slice

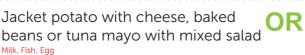
Wednesday Gluten Milk

VEGETARIAN OPTION AVAILABLE Roast pork, stuffing, gravy, roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE MSC fish finger wrap, noisette potatoes

Fish Gluten Milk VEGETARIAN OPTION AVAILABLE



Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



Apple & blackberry crumble & custard

Milk Gluten

Coconut sponge & custard

Milk Egg Gluten Sulphur Dioxide

Cornflake tart & custard

Milk Gluten Sulphur Dioxide

Spiced carrot cake & custard

Milk Egg Gluten Sulphur Dioxide

Magic chocolate pudding & chocolate sauce

Milk Egg Gluten

Freshly filled roll with cheese, ham, tuna mayo or egg and salad Sova Egg Sesame Gluten, Milk Fish

















Nottinghamshire County Council



Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb

By Day

Monday

Tuesday

Wednesday

Thursday

First Course

Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten

Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE Pasta Bolognese, garlic slice

Milk Fish Gluten VEGETARIAN OPTION AVAILABLE

Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE MSC fish goujons, jacket wedges

Gluten Fish VEGETARIAN OPTION AVAILABL

Jacket potato with cheese, baked OR beans or tuna mayo with mixed salad Milk, Fish, Egg

Fruit yoghurt Mik (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Milk



& banana

Gluten

Chocolate ice cream roll & chocolate sauce

Butterscotch mousse

Soya Milk Egg Gluten

Fruit flapjack & milkshake

Gluten Milk

Fruit in jelly & cream swirl













Freshly filled roll with cheese,

Sova Egg Sesame Gluten, Milk Fish

ham, tuna mayo or egg and salad



Daily

Friday







Nottinghamshire **County Council**



Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 2<u>1 J</u>an, 11 Feb





By Day

Monday

Tuesday

Wednesday

Thursday

Friday

Served

First Course

Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten

Venison burger in a bun, jacket wedges

Soya Milk Egg Gluten VEGETARIAN OPTION AVAILABLE Hot dog in a roll, potato noisette

Soya Milk Egg Gluten VEGETARIAN OPTION AVAILABLE

Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE MSC breaded fish, ovenchips

Gluten Fish



VEGETARIAN OPTION AVAILABI



beans or tuna mayo with mixed salad **OR** Milk, Fish, Egg Jacket potato with cheese, baked

Milk Sulphur Dioxide

Freshly filled roll with cheese, ham, tuna mayo or egg and salad Sova Egg Sesame Gluten, Milk Fish

Fruit yoghurt Mik (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



Honey & oatmeal cookie & milkshake

Gluten Milk

Butterscotch tart

Gluten Milk

Cherry shortcake & custard

Milk Gluten Egg

Cheese crackers & apple wedge

Milk Gluten

Rice pudding & jam

Blidworth Oaks Primary and Nursery school D&P 5391 UPRN 001152











