





By Day

28 Jan

12 Nov, 3 Dec, 7 Jan,

First Course

Second Course

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Margherita pizza, jacket wedges

Gluten Milk

MSC fish nuggets, tomato dip & salad

Fish

VEGETARIAN OPTION AVAILABLE

Chicken casserole, mashed potatoes, Yorkshire pudding

Egg Milk Gluten

VEGETARIAN OPTION AVAILABLE

Roast pork, stuffing, gravy, roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

MSC fish finger wrap, noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Chocolate rice pudding

Mill



Spaghetti Bolognese, crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE



Cornflake tart & custard

Milk Gluten Sulphur Dioxide

Spiced carrot cake & custard

Milk Egg Gluten Sulphur Dioxide

Fruit salad

Allergen free











Best of both bread Gluten and Soya
Seasonal vegetables available daily Coleslaw Egg when served





Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb



By Day

First Course

Second Course

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten

BBQ pulled pork in pitta bread, jacket wedges

Gluten

VEGETARIAN OPTION AVAILABLE

Beef vegetable pie & gravy, mashed potatoes

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE

Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

Tomato & mozzarella bruschetta & salad

Milk Gluten Sesame



Butterscotch mousse & banana



Chocolate brownie

Gluten



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten

Fruit medley with yoghurt & honey

Milk



MSC fish goujons, jacket wedges

Gluten Fish





Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served





Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 21 Jan, 11 Feb



By Day

First Course

Second Course

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten

Venison burger in a bun, jacket wedges

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE

BBQ chilli beef wrap, savoury rice

Gluten Milk

VEGETARIAN OPTION AVAILABLE

Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

MSC breaded fish, ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE



Honey & oatmeal cookie & milkshake

Gluten Milk



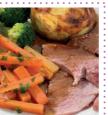
Butterscotch tart

Gluten Milk



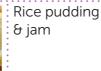
Cherry shortcake & custard

Milk Gluten Egg



Cheese crackers & apple wedge

Milk Gluten



Milk Sulphur Dioxide





Best of both bread Gluten and Soya
Seasonal vegetables available daily Coleslaw Egg when served