

Nottinghamshire County Council



Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan





MONDAY



Margherita pizza, jacket wedges

Gluten Milk

OR



Rigatoni Florentina pasta, garlic slice

Gluten Milk

DESSERT



Apple & blackberry crumble & custard

Milk Gluten



Spaghetti Bolognese, crusty bread

Gluten Fish Sesame VEGETARIAN OPTION AVAILAE OR



Quorn spaghetti Bolognese, crusty bread

Egg Gluten



Pancake with frozen yoghurt & hot cherries

Milk Egg Gluten Sulphur Dioxide

WEDNESDAY



Chicken & lentil casserole. mashed potatoes, Yorkshire pudding Egg Milk Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn casserole, mashed potatoes, Yorkshire pudding

Celery Egg Gluten

DESSERT



Cornflake tart & custard

Milk Gluten Sulphur Dioxide



THURSDAY

Nottinghamshire sausage, gravy & mashed potatoes

Gluten

OR



Quorn sausage, gravy & mashed potatoes

Egg Milk Gluten

DESSERT



Spiced carrot cake & custard

Milk Egg Gluten Sulphur Dioxide

FRIDAY



MSC fish finger wrap, noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

DESSERT



Fruit salad

Allergen free

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



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Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb





MONDAY



Macaroni vegetable cheese. garlic slice

Mustard Milk Gluten

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

DESSERT



Butterscotch mousse & banana



Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk VEGETARIAN OPTION AVAILABLE

OR



Quorn sausage, onion gravy, mashed potatoes & Yorkshire pudding Egg Milk Gluten

DFSSFRT



Chocolate brownie

Gluten



Pasta Bolognese, garlic slice

Milk Fish Gluten VEGETARIAN OPTION AVAILAE

OR



Quorn Bolognese, garlic slice

Egg Gluten

DESSERT



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten



THURSDAY

Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten

OR



Quorn roast, stuffing, gravy, roast & mashed potatoes

Milk Egg Gluten

DESSERT



Fruit flapjack & milkshake

Gluten Milk

FRIDAY



MSC poached fish & cheese sauce

Mustard Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

DESSERT



Fruit in jelly & cream swirl

Milk

Milk

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



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Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 2<u>1 J</u>an, 11 Feb





MONDAY



Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten

OR



Pasta Neapolitan, garlic slice

Milk Gluten

DESSERT



Fruit salad

Allergen free



Venison burger in a bun. jacket wedges

Soya Milk Egg Gluten VEGETARIAN OPTION AVAIL

OR



Quorn burger in a bun, jacket wedges

Egg Gluten

Gluten Milk



Butterscotch tart

Milk Gluten Egg



Mediterranean chicken pasta, garlic slice

Gluten Milk VEGETARIAN OPTION

OR

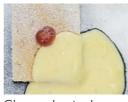
TUESDAY WEDNESDAY



Mediterranean Quorn pasta, garlic slice

Gluten Egg

DESSERT



Cherry shortcake & custard



THURSDAY

Yorkshire pudding, gravy, mashed & roast

VEGETARIAN OPTION AVAILABLE



Quorn roast, Yorkshire pudding, roast & mashed potatoes

Gluten Egg Milk

DESSERT



Cheese crackers & apple wedge

Milk Gluten





MSC breaded fish, ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

DESSERT



Rice pudding & jam

Milk Sulphur dioxide

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



OR