

# Nottinghamshire County Council



## Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan





### MONDAY



Margherita pizza, jacket wedges

#### Gluten Milk

OR



Rigatoni Florentina pasta, garlic slice

Gluten Milk

### DESSERT



Apple & blackberry crumble & custard

Milk Gluten



Spaghetti Bolognese, crusty bread

Gluten Fish Sesame VEGETARIAN OPTION AVAILAE OR



Quorn spaghetti Bolognese, crusty bread

### Egg Gluten



Pancake with frozen yoghurt & hot cherries

Milk Egg Gluten Sulphur Dioxide

### WEDNESDAY



Chicken & lentil casserole. mashed potatoes, Yorkshire pudding Egg Milk Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn casserole, mashed potatoes, Yorkshire pudding

### Celery Egg Gluten

### DESSERT



Cornflake tart & custard

Milk Gluten Sulphur Dioxide



THURSDAY

Nottinghamshire sausage, gravy & mashed potatoes

### Gluten

OR



Quorn sausage, gravy & mashed potatoes

### Egg Milk Gluten

### DESSERT



Spiced carrot cake & custard

Milk Egg Gluten Sulphur Dioxide

### FRIDAY



MSC fish finger wrap, noisette potatoes

### Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

### DESSERT



Fruit salad

Allergen free

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



# Nottinghamshire County Council



### Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb





### MONDAY



Macaroni vegetable cheese. garlic slice

Mustard Milk Gluten

### OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

### DESSERT



Butterscotch mousse & banana



Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk VEGETARIAN OPTION AVAILABLE

OR



Quorn sausage, onion gravy, mashed potatoes & Yorkshire pudding Egg Milk Gluten

### DFSSFRT



Chocolate brownie

Gluten



Pasta Bolognese, garlic slice

Milk Fish Gluten VEGETARIAN OPTION AVAILAE

OR



Quorn Bolognese, garlic slice

### Egg Gluten

DESSERT



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten



THURSDAY

Roast turkey, stuffing, gravy, roast & mashed potatoes

### Gluten

OR



Quorn roast, stuffing, gravy, roast & mashed potatoes

### Milk Egg Gluten

### DESSERT



Fruit flapjack & milkshake

Gluten Milk

# FRIDAY



MSC poached fish & cheese sauce

### Mustard Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE OR



Jacket potato & cheese or baked beans or tuna & mixed salad

### Milk Egg Fish

### DESSERT



Fruit in jelly & cream swirl

Milk

Milk

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



# Nottinghamshire



## Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 2<u>1 J</u>an, 11 Feb





### MONDAY



Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten

### OR



Pasta Neapolitan, garlic slice

#### Milk Gluten

### DESSERT



Fruit salad

Allergen free



Venison burger in a bun. jacket wedges

Soya Milk Egg Gluten VEGETARIAN OPTION AVAIL

OR



Quorn burger in a bun, jacket wedges

## Egg Gluten

Gluten Milk



Butterscotch tart

Milk Gluten Egg



Mediterranean chicken pasta, garlic slice

Gluten Milk VEGETARIAN OPTION

OR

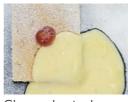
TUESDAY WEDNESDAY



Mediterranean Quorn pasta, garlic slice

### Gluten Egg

### DESSERT



Cherry shortcake & custard



THURSDAY

Yorkshire pudding, gravy, mashed & roast

VEGETARIAN OPTION AVAILABLE



Quorn roast, Yorkshire pudding, roast & mashed potatoes

#### Gluten Egg Milk

### DESSERT



Cheese crackers & apple wedge

### Milk Gluten





MSC breaded fish, ovenchips

#### Fish Gluten

VEGETARIAN OPTION AVAILABLE

### OR



Jacket potato & cheese or baked beans or tuna & mixed salad

### Milk Egg Fish

### DESSERT



Rice pudding & jam

Milk Sulphur dioxide

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



OR