

Gladstone House assessment apartments

Assessment apartments

This service is aimed at people who require an assessment of their care needs within a homely, supported environment. It also helps us to understand how you can continue to live at home as independently as possible.

Your stay in the assessment apartments will be up to three weeks or shorter where possible. Your accommodation and care will be provided free of charge for this time.

Each apartment has been designed to be accessible for older adults. For example, the apartments have a level access shower, accessible kitchens and wheelchair turning circles. The apartments are fully furnished and also include assistive technology equipment to help you to regain your independence.

The apartments are based on the second floor and there is lift access to all floors. All of the apartments and communal areas are non-smoking.

Your apartment has a 'lifeline' call system. This means that you will have the reassurance of being able to call for help from the onsite care team should you need it, day or night.



Gladstone House, Newark

The assessment apartments are located within Gladstone House Extra Care Housing Scheme in Newark. There is a care team based onsite 24 hours a day, seven days a week which offers care and support to residents.

Everyone staying at Gladstone House has their own completely self-contained apartment with their own front door. There is also shared use of the communal areas within the complex and an in-house ground floor dining room which provides hot meals on a daily basis (two courses). The cost of the meals is included within the rental charges to Newark and Sherwood Homes. Other facilities onsite include a hair salon, hobbies room, treatment room for visiting health colleagues, coffee shop, two assisted bathrooms, launderette and two guest bedrooms.

Eligibility criteria

The service is short term and will aim to help you to return to independence. It is targeted at people who:

- need large packages of homecare, with potentially 2 x carers
- are at risk of requiring short term care (from the community and hospital)
- are in hospital and at risk of going into long term residential care
- are in hospital, medically safe for transfer but not quite ready to return home **and** needing a further period of assessment
- are at home but identified as 'at risk' and needing an intensive period of assessment
- are at home, with no medical needs and at risk of being admitted to hospital unnecessarily.
- have a mild to moderate dementia.

And who:

- are 65 years or older
- do not require inpatient treatment
- could be safely left alone within a supported environment
- are willing to retain or regain their independence
- have a suitable home to return to.

Care provider

Whilst you are staying in the assessment apartments, your personal care support will be provided by the care team based onsite, which is Comfort Call. They are able to respond to care emergencies or unplanned care needs as quickly as possible. However, please be aware that it may not be possible to respond immediately as the care team will need to prioritise requests for help.

The care team will work with you and your social worker and occupational therapist to agree your support plan. The support you receive will be tailored to help you to regain the skills and confidence you need to live as independently as possible, and help you to be able to return home at the end of your stay. Personal care may include

a range of support as appropriate, for example help with washing and dressing, reminders to take medication.

Useful information

Your social worker will help you to prepare for your stay at the assessment apartments and be able to advise you as to what you will need to bring with you. Ideally you should have the following things with you when you arrive at the assessment apartments:

- ✓ three weeks' supply of medication and a copy of your latest prescription.
- ✓ enough clothes for your length of stay (both day and night wear including a dressing gown)
- ✓ shoes and slippers
- ✓ toiletries
- ✓ hand and bath towels
- ✓ glasses, hearing aids, dentures, hair dryer, radio, talking book, etc
- ✓ small amount of money for sundries
- ✓ three week supply of medication and a copy of your latest prescription
- ✓ continence wear supplies (if any)
- ✓ equipment (i.e. walking frame, wheelchair)
- ✓ hospital discharge letter (if applicable).

You should talk to your social worker about any electrical items you might want to take with you. You will have to sign a disclaimer to the fact that your items may not have been PAT tested if you want to use them in the complex. Your social worker will discuss this with you further on your admission.

If you have any problems with the equipment in the apartment, please inform the onsite care team in the first instance.

Meals

Your social worker/occupational therapist will talk to you about the arrangements for meals during your stay at the assessment apartments. If you need help with meal preparation and/or shopping, this can be included on your support plan. It is expected that you will bring the food that you require for your stay, including tea, coffee, sugar, milk etc.

Your assessment

Your assessment will be carried out by your social worker during your stay at the assessment apartments.

The social worker will work closely with the care team, occupational therapist and yourself to assess what ongoing care and support you might need. This may include a financial assessment to see how much you could contribute towards your future care.

Going into hospital

If you go into hospital for more than 72 hours, your stay in the assessment apartments at Gladstone House will end. If this happens, we will communicate with the hospital team to monitor your stay and talk with you about your new plan.

Further information

If you find it difficult to talk to us about what you need or the support you want, you can get someone to help you. This person is called your advocate. This could be someone you know, or someone who acts as an advocate for many different people. For more information contact us on 0300 500 80 80.

If you would like more information about the service please speak to your social worker or contact Nottinghamshire County Council on:

Phone: 0300 500 80 80

Email: enquiries@nottsc.gov.uk

Website: www.nottinghamshire.gov.uk

Minicom: 01623 869598

Phone 0300 500 80 80 if you need the information in a different language or format.